

Plaça de la Constitució, 1 Sant Francesc Xavier | 07860 | Formentera Tel. 971 32 10 87 | Fax 971 32 25 56 www.consellinsulardeformentera.cat www.consellinsulardeformentera.es consell@formentera.es



XXVII PUJADA A LA MOLA 2025

PRESENTATION

The event called "XXVII PUJADA A LA MOLA 2025", will be held in Es Caló de Sant Agustí, a town in Formentera on SUNDAY 12/10/2025 at 10:30 am. It is a mountain athletics event of approximately 8.6 km distance and FEDERATED by the FAIB.

The only motivation for organizing this event is exclusively to promote and provide athletics and sports events in general within the society of the Island, since we believe that it favors social relations and the physical and mental health of the practitioners, especially in the youngest participants. At no time and in any of the organizing entities, Grup Esportiu Espalmador and Consell Insular de Formentera and Comissió de festes del Pilar de La Mola is there an intention of economic benefit in the organization of this event.

The starts will be given successively from 10:30 am by categories and modalities according to the distances.

All those who wish to can take part in the race, according to the age limits established for each category.

The technical control of the event will oversee by Grup Esportiu Espalmador, with the obligation of the athletes to obey their orders, as well as those orders that come from any of the collaborators who participate in the organization of the race such as civil protection, municipal police, health care or correctly identified volunteers.

TIMETABLES AND DISTANCES

Start time:

10:30 am Start Absolute category Pujada a la Mola (8.6 km approximately)

10:30 am Start U16 and U18 (4 km)

11:45 am Start U6 (100-meter straight)

11:50 am Start U8 (300-meter straight)

11:55 am Start U10 and U12 (A 600-meter lap on a closed circuit)

11:25 am Start U14 (Two 1200--meter lap on a closed circuit)



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The organization reserves the right to change, advance or delay the schedules due to unforeseen circumstances that require it.

Arrival time limit:

The finishing time for the athletes of the 8.6 km race is scheduled for 11:45 a.m. or in the event of a delay in the start for any reason, the race will be closed 1 hour and 15 minutes after the start time.

The organization interprets that the established time is sufficient to finish the race, since it is an athletic race where the objective of the participants is to finish the course in the shortest possible time.

From 11:45 a.m. or 1 hour and 15 minutes from the start time, the 8.6 km race will be declared finished, therefore all those participants who are still in competition will be disqualified, and the organization from that moment will not be responsible for any physical or psychological damage they may suffer.

The organization will have motorized volunteers who, at the end of the race, will travel the entire route, picking up those who have been disqualified and who, for various reasons, have not been able to finish the race in the established time and will be taken to the Start/Finish point so that they are not exposed to the dangers that may arise from completing the race alone without any safety control.

TRANSPORT AND SERVICES

The organization provides athletes with a free bus service from the port of Formentera to the start in Es Caló de Sant Agustí and back.

The pick-up times are:

- 09:00 am Port de La Savina Es Caló de Sant Agustí. (Ferry BALEARIA ECO at 08:15 am from Eivissa)
- 13:00 pm Es Caló de Sant Agustí Port de La Savina. (ferry BALEARIA ECO at 13:30 pm from Formentera)
- 3. IMPORTANT: These schedules may change depending on BALEARIA ferries schedules.

Participants will obtain a discount on the journey with the Balearia company by presenting the registration slip at the corresponding ticket offices. The ticket office information telephone number is 971 190 269.

CATEGORIES

A minimum of 3 participants per category is required. If this minimum is not met, they may participate in the immediately higher category with the adapted distance.

- ABSOLUTE female and male.
- MASTER 60: From 60 years old.
- MASTER 45: From 45 years old.



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- SENIOR: Athletes who turn 20 or older in the year
- SUB 20: Athletes who turn 18 or 19 in the year.
- **SUB 18:** Athletes who turn 16 or 17 in the year.
- SUB 16: Athletes who turn 14 or 15 in the year.
- SUB 14: Athletes who turn 12 or 13 in the year.
- SUB 12: Athletes who turn 10 or 11 in the year.
- SUB 10: Athletes who turn 8 or 9 in the year.
- **SUB 8:** Athletes who turn 6 or 7 in the year. 200m (straight to the finish line). Unified gender.
- SUB 6: Athletes 5 years old or younger. 100m (straight to the finish line). Unified gender.

REGISTRATION, PRICE AND BIBS

Registration is open until Friday, October 10, 2025.

Registration location: Bienvenido! - Elitechip

All events will be controlled and timed by the Chip timing system.

Participants in the category equal to or greater than SUB - 18 who run the 8.6 km distance must pay a registration fee of €15.

Delivery of race T-shirts while supplies last!

The lower categories up to U16, included, will have FREE participation in the race.

Members of the Grup Esportiu Espalmador, the organizing club of the race, will have a 50% discount.

The price of registrations on site, on the same day of the race, will be €20 for all participants over 16 years of age, including members of the co-organizing club, Grup Esportiu Espalmador.

The delivery of race numbers for this event and also on-site registrations will take place at the Formentera Island Council tent set up in Plaça Europa for the delivery of race numbers for the II 15-5 km Formentera Sunset Run 2025, at these times:

10/10 from 4 pm to 9 pm 11/10 from 10 am to 5 pm 12/10 from 9 am to 10 am Es Caló de Sant Agustí in the Start/Finish area.

COMPLAINTS

Complaints must be made to the organization within 60 minutes of the end of the race and must be accompanied by a payment of €100, registration receipt and national identity document.

ONLY THOSE OVER 18 YEARS OF AGE CAN SUBMIT COMPLAINTS. Participants under the mandatory age must be accompanied by an identified adult.



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ROUTE

It is recommended to use SUITABLE FOOTWEAR for MOUNTAIN paths, cobblestone and dirt paths, significant differences in altitude both uphill and downhill, possibility of damp or wet soil and rock, etc.

THE ROUTE COMPLETES A DISTANCE OF APPROXIMATELY 8.6 KM

The circuit will start and end in Es Caló de Sant Agustí and involves covering the old path from La Pujada a La Mola, plus a loop around a circuit in La Mola that reaches Sa Talaiassa.

ROUTE BY SECTIONS

Starting in Es Caló de Sant Agustí, the first and last km of the 8.6 km race are easy to run as they are a consolidated and sufficiently wide path until reaching the Hotel Entrepinos and Apartaments Entrepinos, where we will take the Camí Romà or Camí de Sa Pujada and begin the ascent to La Mola

At km 4 there will be a liquid refreshment point. We will reach the intersection with the PM-820 road, which we will cross below, that is, through the drainage tunnel that is wide and safe enough not to suffer for the integrity of the participants and that will be visibly signposted to avoid any incident.



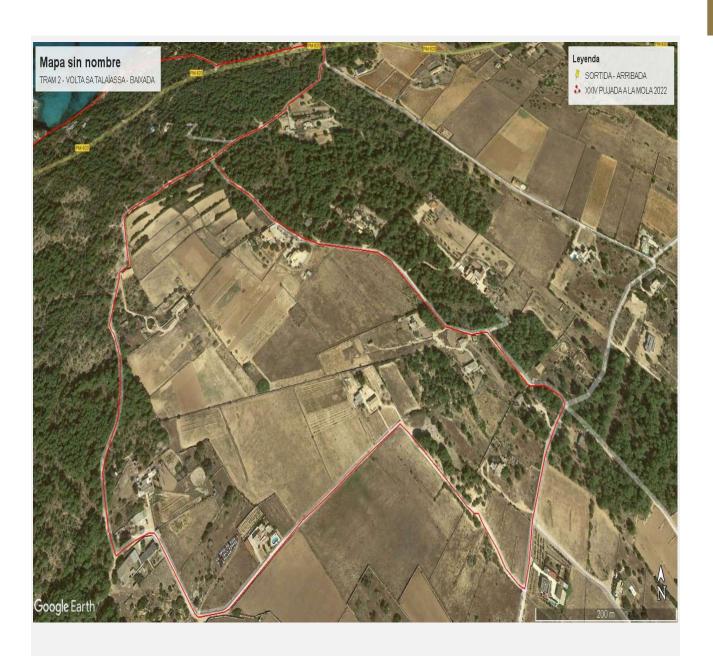
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We will begin a route along fully consolidated, wide dirt roads, reaching the highest part of La Mola (Sa Talaiassa), where we will have the time control or flying finish line, as well as a refreshment stop. Following the circuit, we will again reach the underpass at the junction with the PM 820 road and begin the descent along the Roman road to Es Caló de Sant Agustí, where the finish line is located.



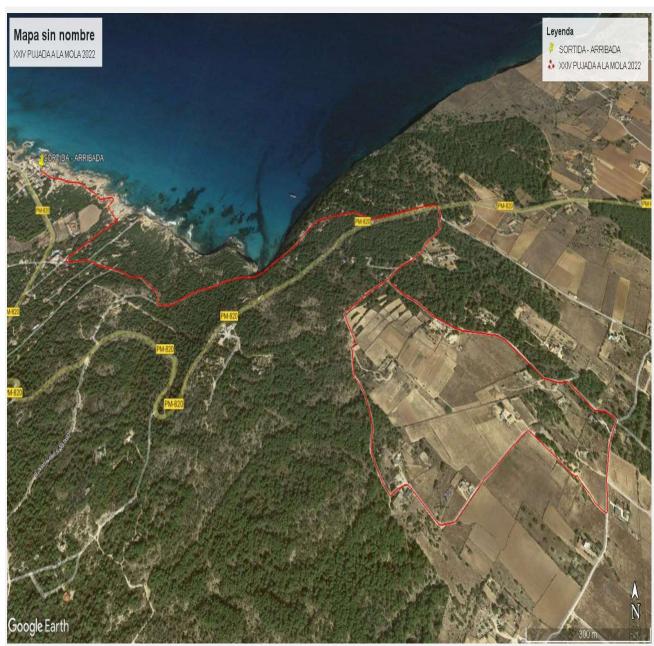
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Here below we see the complete route:



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The Under 16 and Under 18 categories will start from Es Caló de Sant Agustí, taking the Camí Romà until halfway up, they will divert towards the Water Reservoir and will take the Camí Romà again to go down again to Es Caló de Sant Agustí, thus completing a 4 km route.



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RACE SAFETY

All routes of the sports day, both those corresponding to the starts of the smaller categories and the 8.6 km start, will be closed to traffic for the entire duration of the race, although only the first and last km of the race will be on a passable area for vehicles.

The races will be opened and closed by volunteers from the Grup Esportiu Espalmador, and we will have an ambulance with a full assistance team always connected with the circuit guards so that in the event of an accident, those affected can be quickly assisted by appropriate personnel. There will also be members of the Civil Protection patrol and volunteers from the organization controlling the entrances and exits of vehicles that may be present throughout the circuit.

The circuit will be duly marked with "sports event" signs specifying the day and time of the event. The points of greatest danger of accident or confusion will be indicated, if necessary, with arrows or volunteers directing runners in the correct direction of the event.

The collaborators and those in charge of controlling the event will be properly uniformed with reflective vests so as not to confuse the runners. The organization is not responsible for any moral or material damages that accredited participants may suffer, before or during the event. In any case, however, the necessary measures will be taken for the best development of the race, placing at the service of the runners, local police, an ambulance, volunteers from the Grup Esportiu Espalmador, private insurance for the runners and medical assistance if necessary.

The safety of the race includes liquid and solid refreshments for all the races of any of the distances. In the 8.6 km race there will be liquid refreshments at km 4 (once you reach the top of the climb) and liquid and solid refreshments at the Finish, so runners can hydrate during and after the test if it's needed.

PRIZES

The organization will award trophies to the first three male and female finishers in each category and to the first 3 overall male and female absolutes. PRIZES FOR CATEGORIES AND ABSOLUTES ARE NOT ACCUMULATED.

ACCEPTANCE OF THE REGULATIONS AND THE ENVIRONMENTAL INFORMATION DOCUMENT FOR PARTICIPANTS - ANNEX I.

By registering for the test, participants accept these regulations and ANNEX I, the environmental information document. The participants read, understand and therefore accept these regulations and ANNEX I thereof.

In case of doubt, the organization reserves the right to freely interpret these regulations if necessary. The sportsmanship and the promotion of athletics among popular runners and younger athletes is what inspires the call for this event. Participants who display unsportsmanlike or antisocial behavior before, during or immediately after the event will be disqualified from the event by the organization and excluded from the classification and therefore from the award of trophies if the organization deems it appropriate.



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Francisco Javier Enguix Torres Sports department head

Formentera, with date of electronic signature.

ANNEX I

Sports event information document:

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Environmental information to be transmitted by participants.

1. Areas of environmental relevance around the area where the tests will be held:

- The areas of the Natura 2000 network:
 - ✓ LIC-ZEPA-ZEC1: ES5310024 La Mola
 - ✓ Link Management Plan of the area: <u>Decret-17-2020-de-22-de-maig-pel-qual-s-aprova-el-</u> Pla de Gestió Xarxa Natura 2000 Formentera
 - ✓ Cartography Plan: Cartografia

• Other protection figures related to these spaces:

Other protection figures related to these areas:

Natural Areas of Special Interest (ANEI). In the terrestrial area of the territorial area where the tests will be carried out, it coincides with Natural Areas of Special Interest (ANEI) declared on the island of Formentera. Specifically, the ZEC/ZEPA ES5310024 La Mola coincides with ANEI 7 La Mola, according to Law 1/1991, of 30 January, which establishes an urban planning regime for these areas regulating certain uses and activities to guarantee the protection of their natural values.

<u>Sites of Geological Interest (LIG) or Points of Geological Interest (PIG).</u> In the spatial area delimited by the ZEC-ZEPA ES5310024 La Mola, 2 PIGs are identified: Rasa de la Mola (825115) and Falla del Racó de Sa Pujada (825114).

Important Bird Areas (IBA). The spatial area delimited by the ZEC-ZEPA ES5310024 La Mola coincides with the terrestrial IBA nº 314 La Mola de Formentera and, partially, with the marine IBA nº 412 Aigües de Formentera i Sud d'Eivissa.

2. Applicable local regulations:

- Final approval of the modification of the Ordinance for the use and exploitation of beaches and bathing areas of Formentera. (BOIB No. 133 of 31 October 2017).
- Regulation regulating the public service for the collection and transport of urban solid waste, road cleaning, maintenance of green areas and beach cleaning and the use of municipal waste facilities on the island of Formentera (BOIB No. 67 of 31 May 2018).
- Municipal Ordinance for the Protection of the Environment and Health against Pollution by Noise and Vibrations. (BOIB No. 169 of December 11, 2014).

3. Obligations to be respected by all participants:

Decree 17-2020, may 22th, which approves the Management Nature Plan 2000 Formentera. (BOIB No. 92, 2020-05-25).



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- 1. Do not leave the established route. The route of the tests has been designed according to the existing marked road and mapped in the IDEIB.
- 2. Do not throw waste of any kind either on the land sections or outside the supply points where the necessary bins will be available for selective collection.
- 3. Any supply must be marked with the participant's bib.
- 4. The attending public must not bring pets into spaces of environmental relevance.
- 5. Access to non-packaged water or in reusable bottles for drinking must be guaranteed.
- **6.** Do not use vegetated areas to see participants during the route and use the existing parking areas within the space. Possible gatherings of people must be located outside areas of the Natura 2000 network.
- 7. Avoid noise emissions outside the established regulatory ranges and do not use sound devices (only in case of emergency and safety for people).
- 8. Do not disturb, in case of sighting any animal species in the vicinity.
- 9. Respect the route signage.
- 10. Do not use sprays or similar.
- 11. Do not use tools that could cause fires, such as flares, and similar.
- 12. Do not use nailing tools on the ground, trees and bushes.
- 13. Do not do cross-country routes.
- **14.** Respect the ethnological elements that may be found when accessing the areas where the events are held.
- **15.** Comply with the requirements given in the Circular of the Minister of the Environment, Agriculture and Fisheries of February 14th of 2018 on the processing and evaluation of the impact of sports activities on areas of environmental relevance, published in BOIB No. 28 of March 3, 2018.
- **16.** If you have any questions, contact the environmental referees of the event, or the Environmental Agents.

The organization