



# THOMAS COOK IRONMAN 70.3 MALLORCA

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - Femenino

Rank	Bib	Name	Pos Cat	Ofical Time	Pos SWIM	T1	Bike splits			Pos BIKE	Vel	T2	Run splits				Pos RUN	Vel
							35,5 km	70,4 km	90,1 km				5,1 km	10,2 km	15,3km	21,1km		
1	105	Maja Stage Nielsen	F 1 / F18-24	4:52:07	938 / 35:13	02:30	1:20:01	0:56:14	0:29:34	475 / 2:45:48	32,6 km/h	02:42	20:04	20:53	20:55	24:07	31 / 1:25:57	4:06 m/km
2	151	Tine Holst Christensen	F 1 / F30-34	5:03:10	619 / 33:10	03:23	1:19:44	0:55:30	0:29:06	420 / 2:44:19	32,9 km/h	02:53	22:17	23:24	24:51	28:58	238 / 1:39:28	4:44 m/km
3	121	Diane Lee	F 1 / F25-29	5:05:52	44 / 26:17	03:35	1:20:37	0:57:10	0:29:52	520 / 2:47:38	32,2 km/h	02:26	24:06	25:19	26:18	30:16	442 / 1:45:58	5:03 m/km
4	315	Claudia Hille	F 1 / F45-49	5:06:00	493 / 32:23	02:33	1:26:44	0:59:38	0:30:22	802 / 2:56:43	30,6 km/h	02:36	21:14	21:28	22:00	27:07	102 / 1:31:47	4:22 m/km
5	159	Anja Leuendorff	F 2 / F30-34	5:08:15	311 / 31:01	03:12	1:22:20	0:56:19	0:29:45	543 / 2:48:23	32,1 km/h	03:04	23:35	24:40	24:58	29:25	336 / 1:42:37	4:53 m/km
6	314	Christine Heidemann	F 2 / F45-49	5:11:24	257 / 30:22	03:22	1:24:40	0:56:28	0:29:24	604 / 2:50:31	31,7 km/h	02:58	23:39	24:47	25:55	29:52	385 / 1:44:13	4:58 m/km
7	188	Chiin-Hooi Tan	F 3 / F30-34	5:12:12	705 / 33:33	03:04	1:28:29	0:58:44	0:30:46	849 / 2:57:59	30,3 km/h	02:36	22:09	22:52	22:57	27:06	153 / 1:35:03	4:32 m/km
8	153	Helen Jones	F 4 / F30-34	5:12:41	181 / 29:18	03:35	1:24:52	0:58:34	0:30:19	718 / 2:53:45	31,1 km/h	03:06	23:10	24:28	25:01	30:22	353 / 1:42:59	4:54 m/km
9	237	Wiebke Schubien	F 1 / F35-39	5:13:33	1078 / 36:17	03:29	1:19:46	0:56:03	0:29:41	458 / 2:45:28	32,6 km/h	03:29	22:57	24:46	26:00	31:11	406 / 1:44:52	5:00 m/km
10	220	Marina Klemm	F 2 / F35-39	5:14:18	486 / 32:20	02:42	1:22:31	0:57:58	0:29:56	602 / 2:50:24	31,7 km/h	02:43	23:50	25:06	26:05	31:11	448 / 1:46:10	5:03 m/km
11	231	Phil Richards	F 3 / F35-39	5:15:17	856 / 34:30	03:24	1:26:39	0:57:00	0:29:45	705 / 2:53:23	31,1 km/h	03:27	22:50	24:09	24:52	28:46	274 / 1:40:34	4:47 m/km
12	196	Simone Wirth	F 5 / F30-34	5:17:53	506 / 32:30	02:59	1:27:54	0:58:24	0:31:05	823 / 2:57:22	30,4 km/h	03:00	23:50	24:42	24:53	28:41	315 / 1:42:04	4:52 m/km
13	141	Xisca Garau	F 6 / F30-34	5:18:55	1232 / 38:14	04:00	1:21:57	0:57:28	0:28:53	538 / 2:48:18	32,1 km/h	02:53	23:36	25:16	26:03	30:38	424 / 1:45:32	5:02 m/km
14	129	Dana Wagner	F 3 / F25-29	5:19:22	140 / 28:40	02:51	1:21:22	0:55:10	0:29:12	471 / 2:45:43	32,6 km/h	02:47	23:32	27:19	31:46	36:48	893 / 1:59:23	5:41 m/km
15	199	Carmen Beran	F 4 / F35-39	5:19:59	813 / 34:16	03:30	1:21:21	0:56:32	0:30:54	559 / 2:48:46	32,0 km/h	02:54	24:56	26:48	27:37	31:15	603 / 1:50:34	5:16 m/km
16	250	Genoveva Alvarez de Toledo	F 1 / F40-44	5:21:10	210 / 29:44	04:05	1:23:43	0:58:04	0:30:32	665 / 2:52:18	31,3 km/h	04:00	24:38	26:55	26:57	32:37	619 / 1:51:06	5:17 m/km
17	132	Nadia Boffetti	F 7 / F30-34	5:21:17	354 / 31:16	02:48	1:24:10	0:55:52	0:29:16	572 / 2:49:17	31,9 km/h	03:00	27:32	26:46	27:46	32:55	757 / 1:54:58	5:28 m/km
18	179	Melissa Pritchard	F 8 / F30-34	5:22:13	774 / 33:54	04:11	1:27:24	0:59:53	0:31:38	880 / 2:58:55	30,2 km/h	03:42	22:45	24:31	25:06	29:13	295 / 1:41:33	4:50 m/km
19	184	Linda Sernfalk	F 9 / F30-34	5:22:42	584 / 33:00	03:17	1:27:28	0:57:21	0:28:45	715 / 2:53:34	31,1 km/h	03:04	25:46	25:47	27:33	30:45	570 / 1:49:50	5:14 m/km
20	185	Vanessa Soulavý	F 10 / F30-34	5:22:52	529 / 32:39	03:22	1:24:07	0:58:30	0:30:40	700 / 2:53:16	31,2 km/h	03:31	24:53	25:23	26:59	32:53	583 / 1:50:06	5:15 m/km
21	202	Esther Brakenhoff	F 5 / F35-39	5:23:02	209 / 29:44	02:39	1:29:56	0:59:12	0:30:02	889 / 2:59:09	30,1 km/h	03:36	23:45	25:36	27:13	31:23	511 / 1:47:55	5:08 m/km
22	162	Bente Lobach	F 11 / F30-34	5:23:23	962 / 35:22	03:23	1:24:07	0:56:58	0:30:14	627 / 2:51:18	31,5 km/h	03:28	25:02	25:59	27:08	31:46	572 / 1:49:53	5:14 m/km
23	137	Sandra Ehlers	F 12 / F30-34	5:23:23	640 / 33:18	03:10	1:29:23	1:02:10	0:31:49	1010 / 3:03:21	29,5 km/h	03:19	22:25	23:32	24:51	29:31	263 / 1:40:17	4:47 m/km
24	165	Christy McKee	F 13 / F30-34	5:24:06	418 / 31:39	03:41	1:24:32	0:58:53	0:30:26	723 / 2:53:51	31,1 km/h	03:28	25:03	26:19	27:15	32:54	627 / 1:51:30	5:19 m/km

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Rank	Bib	Name	Pos	Cat	Oficial Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
25	223	Sarah LaHausse	F 6	/ F35-39	5:24:19	417	/ 31:38	03:14	1:28:24	0:59:23	0:32:29	915	/ 3:00:15	30,0 km/h	03:50	23:59	25:02	25:25	31:00	419	/ 1:45:25	5:01 m/km
26	253	Avril Byrne	F 2	/ F40-44	5:24:32	1031	/ 35:54	03:19	1:29:12	1:00:59	0:32:25	991	/ 3:02:35	29,6 km/h	03:15	23:24	23:07	23:55	29:07	240	/ 1:39:32	4:44 m/km
27	207	Lisa Dunne	F 7	/ F35-39	5:25:36	1103	/ 36:33	03:39	1:25:25	0:59:49	0:30:47	781	/ 2:55:59	30,7 km/h	03:49	23:57	25:39	26:18	29:44	429	/ 1:45:38	5:02 m/km
28	1911	Jakobsen, Kaisa	F 3	/ F45-49	5:25:41	812	/ 34:16	04:08	1:27:40	0:59:12	0:29:57	803	/ 2:56:48	30,5 km/h	03:04	24:49	25:41	26:05	30:54	493	/ 1:47:27	5:07 m/km
29	292	Sandra Richter	F 3	/ F40-44	5:25:42	1137	/ 37:00	05:43	1:24:29	0:58:19	0:31:29	736	/ 2:54:16	31,0 km/h	04:21	24:27	24:46	25:26	29:45	393	/ 1:44:24	4:58 m/km
30	317	Laurel Johnson	F 4	/ F45-49	5:26:43	389	/ 31:29	03:36	1:27:03	0:57:51	0:30:34	769	/ 2:55:27	30,8 km/h	03:17	25:14	26:19	27:42	33:43	682	/ 1:52:55	5:23 m/km
31	178	Nikki Porter	F 14	/ F30-34	5:27:17	647	/ 33:19	03:33	1:23:59	0:58:01	0:30:13	655	/ 2:52:12	31,4 km/h	02:50	24:51	28:11	28:49	33:37	772	/ 1:55:26	5:30 m/km
32	334	Brigitte Beil	F 1	/ F50-54	5:28:49	684	/ 33:28	03:54	1:27:37	0:58:44	0:31:03	822	/ 2:57:22	30,4 km/h	04:09	25:10	26:21	26:55	31:34	580	/ 1:49:59	5:14 m/km
33	319	Dominique Maas	F 5	/ F45-49	5:29:19	290	/ 30:47	03:29	1:28:17	0:59:54	0:32:07	916	/ 3:00:17	30,0 km/h	04:11	25:02	26:46	27:36	31:15	606	/ 1:50:37	5:16 m/km
34	140	Maria Gabriels	F 15	/ F30-34	5:29:47	961	/ 35:22	04:58	1:24:40	0:59:10	0:30:32	739	/ 2:54:21	31,0 km/h	03:13	25:37	26:32	27:22	32:26	643	/ 1:51:55	5:20 m/km
35	194	Verena Volz	F 16	/ F30-34	5:30:10	592	/ 33:01	03:15	1:28:06	0:57:12	0:29:19	748	/ 2:54:36	30,9 km/h	03:08	26:53	27:29	28:04	33:48	796	/ 1:56:12	5:32 m/km
36	161	Emma Lindwall	F 17	/ F30-34	5:31:12	435	/ 31:50	03:10	1:24:51	0:57:50	0:30:17	686	/ 2:52:58	31,2 km/h	02:56	25:12	33:24	29:05	32:42	928	/ 2:00:20	5:44 m/km
37	189	Adel Tyson-Bloor	F 18	/ F30-34	5:31:34	806	/ 34:13	03:39	1:23:03	0:56:46	0:29:33	577	/ 2:49:21	31,9 km/h	04:59	26:26	28:57	29:19	34:43	894	/ 1:59:24	5:41 m/km
38	113	Grit Hagen	F 4	/ F25-29	5:31:44	1023	/ 35:48	02:57	1:26:34	0:58:52	0:31:47	819	/ 2:57:12	30,5 km/h	02:41	25:53	27:08	27:53	32:16	695	/ 1:53:09	5:23 m/km
39	183	Natalie Schneider	F 19	/ F30-34	5:32:09	239	/ 30:10	03:24	1:26:22	0:56:57	0:30:36	724	/ 2:53:54	31,1 km/h	04:58	25:37	28:26	30:04	35:39	904	/ 1:59:44	5:42 m/km
40	210	Manuela Garelli	F 8	/ F35-39	5:32:10	570	/ 32:56	04:16	1:32:00	1:00:41	0:32:32	1056	/ 3:05:11	29,2 km/h	04:58	24:34	25:08	25:31	29:38	404	/ 1:44:50	5:00 m/km
41	323	Anne-Marie Nicoud	F 6	/ F45-49	5:32:12	572	/ 32:56	03:49	1:29:20	1:00:26	0:32:13	974	/ 3:01:58	29,7 km/h	03:36	25:02	26:11	26:52	31:50	575	/ 1:49:54	5:14 m/km
42	300	Linda Van Wely	F 4	/ F40-44	5:32:12	742	/ 33:44	03:02	1:29:28	1:02:23	0:32:18	1032	/ 3:04:07	29,3 km/h	05:03	27:19	25:08	24:45	29:07	452	/ 1:46:18	5:04 m/km
43	120	Emma Lamont	F 5	/ F25-29	5:33:33	225	/ 30:01	02:41	1:28:12	0:57:33	0:30:57	800	/ 2:56:41	30,6 km/h	03:38	24:48	27:50	29:58	38:00	935	/ 2:00:34	5:44 m/km
44	343	Penny Rother	F 2	/ F50-54	5:34:56	134	/ 28:34	03:44	1:25:54	0:59:40	0:32:00	827	/ 2:57:33	30,4 km/h	03:44	24:46	28:20	30:43	37:36	960	/ 2:01:24	5:47 m/km
45	309	Mariella Bighelli	F 7	/ F45-49	5:35:06	1096	/ 36:28	04:11	1:32:43	1:01:01	0:34:13	1128	/ 3:07:56	28,7 km/h	03:21	23:08	24:44	25:11	30:10	358	/ 1:43:12	4:55 m/km
46	143	Bianca Grosse	F 20	/ F30-34	5:35:17	461	/ 32:04	03:48	1:27:11	1:00:29	0:32:18	909	/ 2:59:56	30,0 km/h	04:15	28:00	29:25	27:20	30:32	767	/ 1:55:15	5:29 m/km
47	136	Toni Duff	F 21	/ F30-34	5:35:38	517	/ 32:33	03:40	1:31:04	0:58:40	0:31:21	946	/ 3:01:05	29,8 km/h	04:19	26:03	27:06	28:22	32:32	723	/ 1:54:01	5:26 m/km
48	338	Jeannie Fry	F 3	/ F50-54	5:36:03	861	/ 34:33	03:15	1:26:48	0:59:37	0:30:39	815	/ 2:57:03	30,5 km/h	02:59	26:28	28:10	29:24	34:14	855	/ 1:58:15	5:38 m/km

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							35,5 km	70,4 km	90,1 km				5,1 km	10,2 km	15,3km	21,1km			
49	149	Hilde Hoff	F 22 / F30-34	5:36:16	855 / 34:30	03:28	1:31:39	0:58:58	0:31:17	968 / 3:01:53	29,7 km/h	03:19	25:30	27:26	27:50	32:23	694 / 1:53:08	5:23 m/km	
50	227	Nicole Mocigemba	F 9 / F35-39	5:36:28	1041 / 35:59	05:44	1:30:59	0:57:38	0:31:48	924 / 3:00:24	29,9 km/h	03:45	25:12	26:37	27:06	31:43	605 / 1:50:37	5:16 m/km	
51	277	Angela Kidd	F 5 / F40-44	5:36:42	818 / 34:17	05:01	1:29:53	1:02:01	0:32:31	1041 / 3:04:24	29,3 km/h	03:55	25:07	26:13	26:57	30:51	548 / 1:49:07	5:12 m/km	
52	236	Katrin Saly	F 10 / F35-39	5:37:41	1595 / 46:58	05:30	1:26:18	1:01:30	0:31:25	890 / 2:59:12	30,1 km/h	04:50	23:09	24:02	24:46	29:17	290 / 1:41:13	4:49 m/km	
53	305	Anja Zimmermann	F 6 / F40-44	5:37:48	1097 / 36:30	04:36	1:29:07	0:58:58	0:30:55	883 / 2:58:59	30,2 km/h	05:11	25:43	26:42	27:32	32:37	670 / 1:52:33	5:22 m/km	
54	215	Louise James	F 11 / F35-39	5:37:51	663 / 33:24	03:09	1:32:17	1:00:34	0:31:45	1045 / 3:04:34	29,3 km/h	03:07	25:15	27:40	27:00	33:45	711 / 1:53:38	5:25 m/km	
55	268	Paola Goldoni	F 7 / F40-44	5:38:26	852 / 34:29	03:58	1:27:22	1:01:23	0:33:04	965 / 3:01:48	29,7 km/h	03:16	24:17	27:45	28:23	34:32	755 / 1:54:56	5:28 m/km	
56	240	Karin Stump	F 12 / F35-39	5:38:40	1461 / 41:52	05:48	1:24:20	0:54:52	0:29:08	540 / 2:48:20	32,1 km/h	04:53	25:23	28:00	29:45	34:42	841 / 1:57:49	5:37 m/km	
57	234	Janet Roxburgh	F 13 / F35-39	5:39:17	1148 / 37:07	08:14	1:32:59	1:05:37	0:34:39	1243 / 3:13:15	27,9 km/h	05:08	21:52	22:45	23:23	27:35	160 / 1:35:35	4:33 m/km	
58	276	Doro Karbach	F 8 / F40-44	5:39:30	494 / 32:24	03:36	1:29:22	0:57:19	0:30:20	810 / 2:57:00	30,5 km/h	04:20	28:07	29:13	30:19	34:36	987 / 2:02:13	5:49 m/km	
59	321	Helga Monsieur	F 8 / F45-49	5:40:20	1322 / 39:04	03:55	1:25:51	0:58:05	0:30:34	744 / 2:54:29	30,9 km/h	04:00	26:02	27:13	29:34	36:05	877 / 1:58:53	5:40 m/km	
60	200	Linda Blakely	F 14 / F35-39	5:40:32	682 / 33:28	03:54	1:34:26	1:03:33	0:33:48	1217 / 3:11:46	28,2 km/h	03:17	24:55	25:38	26:35	31:03	516 / 1:48:09	5:09 m/km	
61	208	Bianca Feuerbach	F 15 / F35-39	5:40:57	1382 / 40:07	04:38	1:30:30	0:59:58	0:32:30	997 / 3:02:57	29,5 km/h	03:37	25:28	25:53	26:36	31:45	564 / 1:49:41	5:13 m/km	
62	101	Leonela Clair	F 2 / F18-24	5:41:19	500 / 32:26	02:51	1:29:18	1:01:25	0:33:11	1026 / 3:03:53	29,4 km/h	02:45	25:16	28:12	29:46	36:14	895 / 1:59:27	5:41 m/km	
63	127	Caryn Stanley	F 6 / F25-29	5:41:41	218 / 29:55	03:14	1:33:07	1:00:09	0:31:43	1050 / 3:04:58	29,2 km/h	02:48	25:30	28:23	30:26	36:31	941 / 2:00:48	5:45 m/km	
64	282	Melissa Mckendry	F 9 / F40-44	5:41:52	1090 / 36:23	03:57	1:34:11	1:00:27	0:31:15	1074 / 3:05:52	29,1 km/h	03:18	24:52	26:42	27:50	33:01	661 / 1:52:23	5:21 m/km	
65	274	Heike Jakob	F 10 / F40-44	5:42:27	1000 / 35:38	04:46	1:31:37	0:57:46	0:30:20	904 / 2:59:42	30,1 km/h	03:46	26:45	28:07	28:56	34:51	868 / 1:58:38	5:39 m/km	
66	257	Jona Dahlqvist	F 11 / F40-44	5:42:35	947 / 35:18	03:05	1:30:26	1:01:19	0:33:27	1055 / 3:05:10	29,2 km/h	03:38	27:12	28:00	27:15	33:00	773 / 1:55:27	5:30 m/km	
67	146	Julie Ham	F 23 / F30-34	5:43:02	1267 / 38:38	04:33	1:36:45	1:03:07	0:34:34	1273 / 3:14:26	27,8 km/h	03:45	22:31	24:24	25:18	29:31	300 / 1:41:42	4:51 m/km	
68	340	Monika Heindl	F 4 / F50-54	5:43:32	1011 / 35:44	03:05	1:29:33	0:59:18	0:32:02	938 / 3:00:53	29,9 km/h	03:07	26:30	28:10	30:03	36:04	940 / 2:00:45	5:45 m/km	
69	192	Nin Van vlaanderen	F 24 / F30-34	5:43:43	153 / 28:53	04:00	1:29:54	0:57:17	0:30:03	820 / 2:57:13	30,5 km/h	03:44	28:40	31:09	31:35	38:32	1173 / 2:09:55	6:11 m/km	
70	320	Michaela Millius Dirren	F 9 / F45-49	5:44:30	1344 / 39:22	04:46	1:27:36	0:59:31	0:31:39	872 / 2:58:45	30,2 km/h	03:37	25:55	27:05	29:22	35:41	849 / 1:58:02	5:37 m/km	
71	206	Sara Davis	F 16 / F35-39	5:44:31	1290 / 38:51	05:51	1:27:11	1:01:24	0:32:21	941 / 3:00:55	29,8 km/h	03:49	27:40	26:51	27:58	32:39	760 / 1:55:07	5:29 m/km	
72	324	Nancy Obreno	F 10 / F45-49	5:44:43	201 / 29:36	02:59	1:30:10	0:57:35	0:31:02	874 / 2:58:46	30,2 km/h	03:29	28:33	31:11	32:43	37:29	1175 / 2:09:55	6:11 m/km	

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Rank	Bib	Name	Pos	Cat	Oficial Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
73	168	Sabrina Mirnig	F 25	/ F30-34	5:45:51	925	/ 35:05	03:35	1:30:51	1:00:38	0:32:31	1029	/ 3:03:59	29,3 km/h	03:21	26:52	28:24	29:17	35:21	914	/ 1:59:53	5:43 m/km
74	1925	Isabel Sunana Pittius	F 17	/ F35-39	5:46:32	432	/ 31:44	04:09	1:30:27	1:01:27	0:31:48	1020	/ 3:03:42	29,4 km/h	04:43	27:40	28:37	29:56	36:05	990	/ 2:02:17	5:49 m/km
75	187	Ulrike Syring	F 26	/ F30-34	5:47:31	1058	/ 36:05	03:20	1:32:12	1:02:32	0:32:48	1116	/ 3:07:32	28,8 km/h	03:23	27:56	28:28	28:16	32:33	819	/ 1:57:12	5:35 m/km
76	156	Jacqueline Koch	F 27	/ F30-34	5:47:46	687	/ 33:29	03:46	1:32:53	1:03:01	0:31:56	1123	/ 3:07:49	28,8 km/h	03:51	26:03	28:12	29:22	35:19	876	/ 1:58:53	5:40 m/km
77	172	Nicole Oh	F 28	/ F30-34	5:47:56	950	/ 35:19	03:59	1:24:29	1:05:33	0:30:24	925	/ 3:00:25	29,9 km/h	04:13	28:27	29:55	29:35	36:07	1034	/ 2:04:02	5:54 m/km
78	150	Monica Hoff	F 29	/ F30-34	5:48:34	1491	/ 42:34	05:25	1:32:36	0:59:51	0:31:58	1042	/ 3:04:24	29,3 km/h	06:03	25:35	25:46	27:14	31:38	588	/ 1:50:11	5:15 m/km
79	311	Kath Donnelly	F 11	/ F45-49	5:48:44	1083	/ 36:18	04:20	1:32:14	1:02:33	0:33:10	1127	/ 3:07:56	28,7 km/h	03:54	25:26	28:03	29:31	33:18	797	/ 1:56:17	5:32 m/km
80	256	Silvia Cubero	F 12	/ F40-44	5:50:38	666	/ 33:25	04:14	1:32:43	1:01:59	0:33:26	1131	/ 3:08:06	28,7 km/h	04:03	27:05	28:22	29:50	35:38	943	/ 2:00:53	5:45 m/km
81	316	Jolanta Jaworska	F 12	/ F45-49	5:50:53	1427	/ 41:03	04:16	1:35:51	1:01:00	0:34:01	1197	/ 3:10:51	28,3 km/h	05:01	25:02	27:03	26:48	30:52	566	/ 1:49:44	5:14 m/km
82	197	Claudia Witzig	F 30	/ F30-34	5:51:02	1352	/ 39:29	04:54	1:29:03	0:58:47	0:31:11	885	/ 2:59:00	30,2 km/h	04:29	27:58	29:21	30:17	35:36	1011	/ 2:03:11	5:52 m/km
83	351	Dr. Felicitas Kuld	F 1	/ F55-59	5:51:25	1348	/ 39:27	05:12	1:32:13	1:01:43	0:32:39	1093	/ 3:06:35	28,9 km/h	05:18	25:25	27:26	28:50	33:16	753	/ 1:54:55	5:28 m/km
84	170	Katia Leylén Montú	F 31	/ F30-34	5:51:41	854	/ 34:29	03:34	1:36:14	1:00:13	0:31:10	1118	/ 3:07:36	28,8 km/h	03:08	28:00	29:31	30:06	35:19	1007	/ 2:02:55	5:51 m/km
85	287	Simone Otten	F 13	/ F40-44	5:51:43	1116	/ 36:46	04:20	1:34:30	1:04:36	0:34:56	1264	/ 3:14:01	27,8 km/h	03:18	26:28	26:47	27:44	32:22	699	/ 1:53:19	5:24 m/km
86	307	Joanne Bednall	F 13	/ F45-49	5:52:10	753	/ 33:47	04:51	1:30:29	1:00:23	0:31:04	970	/ 3:01:55	29,7 km/h	04:06	27:12	28:48	31:44	39:50	1119	/ 2:07:32	6:04 m/km
87	181	Catalina Sampol Bas	F 32	/ F30-34	5:52:42	519	/ 32:34	04:07	1:40:27	1:03:49	0:33:44	1338	/ 3:17:59	27,3 km/h	03:56	26:55	27:57	27:12	32:06	732	/ 1:54:08	5:26 m/km
88	303	Stephanie Volland	F 14	/ F40-44	5:52:52	1373	/ 39:52	03:45	1:32:46	1:00:36	0:33:11	1091	/ 3:06:32	28,9 km/h	03:59	25:19	28:22	30:44	34:22	873	/ 1:58:45	5:39 m/km
89	296	Elisabeth Stampa	F 15	/ F40-44	5:52:57	1309	/ 38:59	04:50	1:36:49	1:03:47	0:34:54	1293	/ 3:15:28	27,6 km/h	04:49	24:47	26:02	26:46	31:18	537	/ 1:48:51	5:11 m/km
90	272	Imke Höfling	F 16	/ F40-44	5:53:35	412	/ 31:37	03:43	1:37:15	1:06:14	0:34:22	1335	/ 3:17:51	27,3 km/h	03:58	26:46	27:34	28:21	33:49	804	/ 1:56:28	5:33 m/km
91	204	Laura Colvin	F 18	/ F35-39	5:54:54	788	/ 34:02	04:44	1:38:17	1:04:08	0:33:23	1298	/ 3:15:47	27,6 km/h	04:44	26:41	27:49	28:27	32:43	780	/ 1:55:38	5:30 m/km
92	128	Samantha Stewart	F 7	/ F25-29	5:55:26	258	/ 30:23	03:09	1:34:15	1:02:46	0:33:48	1195	/ 3:10:48	28,3 km/h	03:58	26:28	32:06	31:44	36:54	1110	/ 2:07:11	6:03 m/km
93	288	Melanie Pryke	F 17	/ F40-44	5:55:56	1091	/ 36:25	07:32	1:27:50	1:02:24	0:33:51	1031	/ 3:04:04	29,3 km/h	04:30	30:26	29:07	29:02	34:53	1016	/ 2:03:26	5:53 m/km
94	171	Anette Nielsen	F 33	/ F30-34	5:56:05	1173	/ 37:24	05:19	1:31:17	1:01:28	0:33:15	1076	/ 3:05:59	29,0 km/h	03:39	27:30	30:28	29:38	36:11	1027	/ 2:03:46	5:54 m/km
95	228	Louise O shea	F 19	/ F35-39	5:56:16	1073	/ 36:13	05:22	1:33:44	1:02:20	0:34:19	1187	/ 3:10:23	28,4 km/h	05:57	27:33	28:47	29:06	33:00	859	/ 1:58:24	5:38 m/km
96	355	Monika Wille	F 2	/ F55-59	5:57:53	1365	/ 39:42	06:19	1:32:25	1:01:04	0:30:51	1039	/ 3:04:19	29,3 km/h	03:52	27:31	29:29	30:16	36:27	1025	/ 2:03:43	5:53 m/km



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## Results Overall : Ironman 70.3 - Femenino

Rank	Bib	Name	Pos Cat	Oficial Time	Pos SWIM	T1	Bike splits			Pos BIKE	Vel	T2	Run splits				Pos	RUN	Vel
							35,5 km	70,4 km	90,1 km				5,1 km	10,2 km	15,3km	21,1km			
97	186	Constanze Claudia Stackfleth	F 34 / F30-34	5:59:42	1067 / 36:11	05:55	1:33:26	1:02:11	0:33:55	1163 / 3:09:31	28,5 km/h	04:18	27:40	29:35	30:04	36:31	1028 / 2:03:49	5:54 m/km	
98	115	Anna Heywood	F 8 / F25-29	5:59:49	254 / 30:21	03:05	1:32:48	1:02:28	0:33:53	1154 / 3:09:08	28,6 km/h	03:47	27:39	30:54	34:11	40:47	1233 / 2:13:30	6:21 m/km	
99	252	Tamsin Booth	F 18 / F40-44	6:01:02	1469 / 42:06	05:10	1:33:31	1:00:30	0:33:05	1105 / 3:07:06	28,9 km/h	05:30	27:16	28:37	29:53	35:28	954 / 2:01:12	5:46 m/km	
100	297	Anita Stephens	F 19 / F40-44	6:01:09	611 / 33:08	05:29	1:34:40	1:06:59	0:36:31	1341 / 3:18:08	27,3 km/h	04:17	26:43	28:22	30:19	34:47	925 / 2:00:09	5:43 m/km	
101	341	Deborah Munton	F 5 / F50-54	6:01:32	643 / 33:19	03:24	1:40:36	1:02:19	0:33:20	1303 / 3:16:14	27,5 km/h	04:21	27:49	29:51	31:11	35:25	1038 / 2:04:15	5:55 m/km	
102	145	Myriam Gwerder	F 35 / F30-34	6:03:14	1428 / 41:04	05:54	1:35:24	1:01:55	0:32:38	1174 / 3:09:56	28,4 km/h	05:07	26:48	28:30	29:59	36:00	955 / 2:01:15	5:46 m/km	
103	203	Laura Colombo	F 20 / F35-39	6:03:38	1386 / 40:11	05:11	1:42:33	1:05:42	0:35:58	1412 / 3:24:12	26,4 km/h	04:15	23:24	25:50	27:20	33:17	571 / 1:49:50	5:14 m/km	
104	339	Glenda Goscomb	F 6 / F50-54	6:04:21	1573 / 45:45	04:09	1:37:54	1:04:47	0:33:54	1311 / 3:16:33	27,5 km/h	05:02	25:47	26:54	27:23	32:49	681 / 1:52:53	5:23 m/km	
105	134	Daniela Conti	F 36 / F30-34	6:04:22	1378 / 39:59	04:24	1:36:42	1:03:09	0:33:16	1239 / 3:13:05	28,0 km/h	04:35	27:50	29:07	30:01	35:24	994 / 2:02:20	5:50 m/km	
106	271	Megan Hoefler	F 20 / F40-44	6:05:22	1171 / 37:23	06:02	1:36:33	1:06:34	0:32:33	1296 / 3:15:39	27,6 km/h	06:36	28:12	28:25	28:34	34:34	905 / 1:59:44	5:42 m/km	
107	111	Annika Eggers	F 9 / F25-29	6:05:31	1110 / 36:43	06:22	1:40:52	1:08:02	0:34:49	1407 / 3:23:41	26,5 km/h	04:47	26:03	27:34	27:44	32:40	722 / 1:54:00	5:26 m/km	
108	357	Cristina Milton	F 1 / F60-64	6:05:36	1082 / 36:18	04:20	1:40:33	1:02:30	0:34:36	1332 / 3:17:38	27,3 km/h	03:24	26:55	30:35	30:11	36:18	1032 / 2:03:58	5:54 m/km	
109	222	Heli Koivisto	F 21 / F35-39	6:06:18	1123 / 36:51	05:46	1:42:13	1:04:51	0:33:20	1373 / 3:20:23	26,9 km/h	04:21	27:48	28:33	29:29	33:11	882 / 1:59:00	5:40 m/km	
110	327	Vicky Ronald	F 14 / F45-49	6:06:46	1249 / 38:27	05:22	1:40:13	1:06:10	0:34:40	1381 / 3:21:02	26,9 km/h	03:54	26:25	27:58	28:42	34:59	850 / 1:58:03	5:37 m/km	
111	258	Jo Dean	F 21 / F40-44	6:07:00	978 / 35:29	04:58	1:38:51	1:05:18	0:35:38	1362 / 3:19:45	27,0 km/h	04:20	26:53	30:04	30:24	35:09	1000 / 2:02:28	5:50 m/km	
112	131	Marie Blanner	F 37 / F30-34	6:07:38	1108 / 36:38	05:54	1:35:18	1:01:00	0:32:33	1145 / 3:08:50	28,6 km/h	05:54	29:22	32:21	32:41	36:02	1187 / 2:10:24	6:13 m/km	
113	335	Amanda Benstead	F 7 / F50-54	6:09:08	1346 / 39:24	04:11	1:44:45	1:13:16	0:37:18	1506 / 3:35:17	25,1 km/h	03:50	23:18	24:36	26:06	32:31	458 / 1:46:28	5:04 m/km	
114	308	Helena Bellini Ferrer	F 15 / F45-49	6:09:20	1092 / 36:26	04:14	1:33:09	1:00:31	0:32:53	1089 / 3:06:31	29,0 km/h	03:56	29:38	33:01	33:57	41:41	1331 / 2:18:15	6:35 m/km	
115	312	Donna Elliott	F 16 / F45-49	6:09:51	1339 / 39:16	04:00	1:33:31	0:59:04	0:32:59	1072 / 3:05:33	29,1 km/h	04:52	31:46	33:13	33:00	38:16	1285 / 2:16:13	6:29 m/km	
116	216	Caroline Janes	F 23 / F35-39	6:10:13	1364 / 39:41	05:33	1:37:11	1:03:33	0:33:58	1279 / 3:14:41	27,7 km/h	04:33	27:10	30:09	31:28	37:01	1073 / 2:05:47	5:59 m/km	
117	198	Kathryn Bell	F 24 / F35-39	6:10:31	1062 / 36:08	04:13	1:40:56	1:12:05	0:36:47	1462 / 3:29:48	25,7 km/h	05:04	26:36	27:38	28:05	33:02	770 / 1:55:20	5:30 m/km	
118	103	Brittany Roderman	F 3 / F18-24	6:11:43	697 / 33:31	05:03	1:46:29	1:07:54	0:36:32	1472 / 3:30:53	25,6 km/h	05:49	26:05	27:44	28:51	33:50	805 / 1:56:29	5:33 m/km	
119	251	Tarne Bevan	F 22 / F40-44	6:12:31	1337 / 39:13	05:23	1:35:47	1:00:52	0:32:08	1143 / 3:08:46	28,6 km/h	06:27	31:41	31:43	31:58	37:23	1223 / 2:12:43	6:19 m/km	
120	177	Xahra Pollard	F 38 / F30-34	6:13:29	858 / 34:31	04:17	1:40:37	1:04:12	0:35:06	1364 / 3:19:55	27,0 km/h	04:25	27:44	30:50	32:44	39:07	1188 / 2:10:24	6:13 m/km	

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - Femenino

Rank	Bib	Name	Pos Cat	Oficial Time	Pos SWIM	T1	Bike splits			Pos BIKE	Vel	T2	Run splits				Pos	RUN	Vel
							35,5 km	70,4 km	90,1 km				5,1 km	10,2 km	15,3km	21,1km			
121	328	Anja Schwidtal	F 17 / F45-49	6:14:27	1514 / 43:16	04:38	1:38:43	1:06:06	0:34:56	1361 / 3:19:45	27,0 km/h	04:08	29:20	29:00	30:04	34:20	1002	/2:02:42	5:51 m/km
122	310	Belinda Bobst	F 18 / F45-49	6:15:23	1120 / 36:49	04:53	1:38:21	1:01:22	0:34:39	1269 / 3:14:21	27,8 km/h	04:52	30:22	31:42	32:51	39:36	1249	/2:14:29	6:24 m/km
123	239	Claire Strong	F 25 / F35-39	6:15:50	1311 / 38:59	05:54	1:44:39	1:07:20	0:37:42	1459 / 3:29:40	25,8 km/h	05:50	27:11	27:34	28:02	32:44	776	/1:55:30	5:30 m/km
124	283	Ana Mora de Sambricio	F 23 / F40-44	6:17:42	566 / 32:55	04:01	1:33:15	1:03:09	0:33:48	1181 / 3:10:11	28,4 km/h	05:38	30:38	34:16	35:52	44:15	1418	/2:24:59	6:54 m/km
125	255	Sandra Colamartino	F 24 / F40-44	6:18:08	975 / 35:28	04:52	1:40:17	1:03:52	0:36:01	1370 / 3:20:08	27,0 km/h	04:35	29:07	30:41	33:22	39:58	1228	/2:13:07	6:20 m/km
126	295	Marta Seró Oromí	F 25 / F40-44	6:18:41	1127 / 36:52	05:14	1:36:45	1:03:01	0:34:59	1281 / 3:14:44	27,7 km/h	04:34	30:45	33:20	33:45	39:30	1311	/2:17:19	6:32 m/km
127	107	Isabel Bange	F 10 / F25-29	6:19:00	894 / 34:51	04:29	1:44:13	1:07:12	0:35:43	1435 / 3:27:07	26,1 km/h	04:01	30:25	31:32	31:06	35:31	1142	/2:08:33	6:07 m/km
128	126	Samantha See	F 11 / F25-29	6:19:43	879 / 34:42	04:39	1:41:16	1:04:23	0:35:29	1382 / 3:21:08	26,8 km/h	04:07	30:10	34:25	31:51	38:45	1262	/2:15:09	6:26 m/km
129	142	Ana Isabel Garcia del Monte	F 39 / F30-34	6:20:27	631 / 33:15	03:30	1:42:20	1:06:39	0:36:59	1423 / 3:25:58	26,2 km/h	03:20	30:36	32:12	32:25	39:15	1247	/2:14:26	6:24 m/km
130	190	Raffaella Valentino	F 40 / F30-34	6:20:30	1455 / 41:43	07:42	1:40:21	1:09:02	0:35:55	1418 / 3:25:18	26,3 km/h	06:51	27:36	28:33	29:16	33:34	880	/1:58:58	5:40 m/km
131	313	Rosa Gonzalez del Olmo	F 19 / F45-49	6:20:47	1331 / 39:10	05:04	1:43:26	1:07:06	0:35:44	1429 / 3:26:15	26,2 km/h	03:36	29:22	30:04	30:35	36:43	1098	/2:06:43	6:02 m/km
132	166	Rebecca McLoughlin	F 41 / F30-34	6:21:38	1418 / 40:44	05:24	1:43:12	1:17:21	0:37:39	1528 / 3:38:12	24,7 km/h	05:44	25:03	26:13	27:56	32:25	632	/1:51:36	5:19 m/km
133	333	Dorothee Barth-Schultheiss	F 8 / F50-54	6:21:47	1111 / 36:44	05:56	1:40:23	1:07:15	0:35:34	1398 / 3:23:11	26,6 km/h	05:57	30:28	31:01	31:07	37:24	1179	/2:09:59	6:11 m/km
134	275	Elina Jouhki	F 26 / F40-44	6:23:18	1534 / 44:05	06:54	1:43:22	1:06:13	0:36:22	1422 / 3:25:56	26,2 km/h	05:31	26:46	29:15	29:56	34:57	944	/2:00:53	5:45 m/km
135	164	Ana Belen Martin	F 42 / F30-34	6:23:55	1520 / 43:32	06:23	1:39:59	1:10:54	0:37:26	1448 / 3:28:18	25,9 km/h	06:23	27:55	28:07	29:16	34:03	892	/1:59:21	5:41 m/km
136	195	Susan Webber	F 43 / F30-34	6:25:02	1098 / 36:30	03:38	1:44:06	1:06:09	0:36:19	1432 / 3:26:33	26,1 km/h	03:38	29:12	33:15	33:19	38:59	1251	/2:14:45	6:25 m/km
137	221	Nicole Köhler	F 26 / F35-39	6:25:18	1493 / 42:40	04:14	1:44:57	1:06:09	0:36:06	1436 / 3:27:11	26,1 km/h	03:34	30:12	31:04	31:17	35:10	1121	/2:07:42	6:05 m/km
138	331	Susanne Ude-Lomb	F 20 / F45-49	6:25:29	1167 / 37:17	06:24	1:51:42	1:06:41	0:36:49	1504 / 3:35:11	25,1 km/h	05:30	28:47	28:29	29:13	34:42	952	/2:01:09	5:46 m/km
139	235	Andrea Rudser-Rusin	F 27 / F35-39	6:25:32	362 / 31:19	05:09	1:42:59	1:05:16	0:36:11	1413 / 3:24:26	26,4 km/h	07:28	29:47	34:47	32:49	39:51	1308	/2:17:12	6:32 m/km
140	259	Gillian Deane	F 27 / F40-44	6:25:39	614 / 33:09	08:15	1:47:12	1:16:29	0:39:27	1545 / 3:43:07	24,2 km/h	04:10	27:07	28:00	28:22	33:32	814	/1:56:59	5:34 m/km
141	267	Roberta Giolitto	F 28 / F40-44	6:25:57	1457 / 41:45	05:59	1:38:00	1:03:51	0:35:11	1315 / 3:17:02	27,4 km/h	06:22	29:59	33:01	32:24	39:30	1255	/2:14:52	6:25 m/km
142	244	Tamara Vilhar	F 28 / F35-39	6:26:04	1314 / 39:01	05:56	1:36:47	1:07:05	0:36:09	1367 / 3:20:00	27,0 km/h	05:17	29:27	34:42	33:25	38:18	1276	/2:15:51	6:28 m/km
143	104	Katharina Siebenhaar	F 4 / F18-24	6:26:22	1199 / 37:49	06:02	1:46:32	1:06:20	0:38:39	1477 / 3:31:30	25,5 km/h	04:46	28:07	29:36	30:55	37:40	1087	/2:06:17	6:01 m/km
144	270	Diane Hamilton	F 29 / F40-44	6:26:22	1423 / 40:54	04:15	1:40:02	1:05:11	0:34:15	1358 / 3:19:27	27,1 km/h	05:56	30:21	32:21	32:48	40:23	1277	/2:15:52	6:28 m/km

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - Femenino

Rank	Bib	Name	Pos	Cat	Oficial Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
145	158	Jennifer Kunkel	F 44	/ F30-34	6:27:32	1587	/ 46:33	05:30	1:41:25	1:09:51	0:35:59	1437	/ 3:27:14	26,1 km/h	03:54	28:09	30:04	31:08	35:03	1044	/ 2:04:22	5:55 m/km
146	110	Laura Eastwood	F 12	/ F25-29	6:27:37	741	/ 33:44	04:28	1:37:42	1:03:56	0:35:57	1328	/ 3:17:34	27,3 km/h	07:24	31:19	35:55	35:28	41:48	1411	/ 2:24:30	6:53 m/km
147	247	Claire Whitehead	F 29	/ F35-39	6:27:52	916	/ 35:02	04:47	1:44:59	1:03:27	0:35:17	1408	/ 3:23:42	26,5 km/h	04:54	31:16	33:29	34:08	40:36	1350	/ 2:19:28	6:38 m/km
148	214	Kerry Ismay	F 30	/ F35-39	6:27:54	945	/ 35:17	04:53	1:46:04	1:09:27	0:38:05	1489	/ 3:33:34	25,3 km/h	04:12	29:31	30:28	31:43	38:19	1178	/ 2:09:59	6:11 m/km
149	114	Susannah Heathcote-Hacker	F 13	/ F25-29	6:27:59	1099	/ 36:31	03:42	1:46:57	1:11:52	0:37:11	1511	/ 3:35:59	25,0 km/h	04:48	28:06	30:20	31:49	36:46	1107	/ 2:07:00	6:03 m/km
150	242	Nicole Tempel	F 31	/ F35-39	6:28:06	1462	/ 41:55	07:55	1:44:50	1:10:04	0:37:21	1481	/ 3:32:14	25,4 km/h	06:03	27:12	28:07	29:52	34:52	919	/ 2:00:01	5:43 m/km
151	109	Kate Connelly	F 14	/ F25-29	6:28:20	1263	/ 38:34	03:25	1:47:06	1:08:15	0:37:43	1484	/ 3:33:04	25,3 km/h	04:01	27:47	30:57	32:18	38:18	1160	/ 2:09:18	6:09 m/km
152	139	Lynsay Falconer	F 45	/ F30-34	6:29:04	460	/ 32:04	04:24	1:47:13	1:10:23	0:38:31	1513	/ 3:36:06	25,0 km/h	06:17	28:00	30:48	32:33	38:55	1184	/ 2:10:15	6:12 m/km
153	123	Danielle Malone	F 15	/ F25-29	6:29:08	1452	/ 41:38	05:04	1:44:34	1:10:47	0:36:09	1476	/ 3:31:28	25,5 km/h	05:41	30:02	28:48	31:19	35:11	1062	/ 2:05:17	5:58 m/km
154	148	Tiffany Hill	F 46	/ F30-34	6:29:21	1563	/ 45:13	05:15	1:42:47	1:14:42	0:37:09	1498	/ 3:34:37	25,2 km/h	05:03	26:56	27:00	29:12	36:08	889	/ 1:59:15	5:41 m/km
155	122	Evelina Lundström	F 16	/ F25-29	6:30:29	1481	/ 42:26	04:15	1:40:06	1:05:50	0:35:37	1386	/ 3:21:32	26,8 km/h	04:38	30:49	31:16	35:16	40:20	1319	/ 2:17:40	6:33 m/km
156	245	Amy Wales	F 32	/ F35-39	6:30:59	1602	/ 48:04	06:12	1:42:47	1:03:48	0:34:58	1385	/ 3:21:32	26,8 km/h	04:08	28:09	31:09	32:59	38:49	1198	/ 2:11:04	6:14 m/km
157	273	Silvia Huget	F 30	/ F40-44	6:32:17	1159	/ 37:11	04:51	1:38:30	1:00:59	0:34:41	1268	/ 3:14:09	27,8 km/h	03:52	33:35	37:13	37:57	43:32	1486	/ 2:32:16	7:15 m/km
158	130	Claire Wells	F 17	/ F25-29	6:32:22	1392	/ 40:15	04:38	1:35:13	1:04:41	0:37:35	1322	/ 3:17:27	27,3 km/h	04:56	30:43	32:01	38:13	44:11	1421	/ 2:25:07	6:55 m/km
159	330	Sylvia Than	F 21	/ F45-49	6:33:48	1370	/ 39:48	04:57	1:43:30	1:06:59	0:36:10	1433	/ 3:26:39	26,1 km/h	05:43	31:01	32:47	33:20	39:37	1291	/ 2:16:43	6:31 m/km
160	155	Geraldine Kim	F 47	/ F30-34	6:33:58	1503	/ 42:54	04:48	1:47:12	1:15:17	0:42:54	1556	/ 3:45:22	24,0 km/h	05:26	27:47	28:11	27:54	31:39	777	/ 1:55:30	5:30 m/km
161	102	Darby Driscoll	F 5	/ F18-24	6:34:12	241	/ 30:11	03:24	1:48:44	1:08:19	0:37:43	1499	/ 3:34:46	25,1 km/h	05:48	30:45	33:09	35:28	40:44	1356	/ 2:20:05	6:40 m/km
162	246	Stephanie Wheatley	F 33	/ F35-39	6:35:21	1095	/ 36:27	05:10	1:36:49	1:04:55	0:35:17	1314	/ 3:17:00	27,4 km/h	04:12	31:59	35:56	38:38	46:02	1489	/ 2:32:35	7:16 m/km
163	218	Imke Jürgens	F 34	/ F35-39	6:36:04	1218	/ 38:04	05:23	1:43:52	1:06:06	0:36:07	1424	/ 3:26:04	26,2 km/h	06:55	30:24	33:01	34:28	41:49	1351	/ 2:19:41	6:39 m/km
164	176	Shimul Patel	F 48	/ F30-34	6:36:29	1425	/ 41:01	05:07	1:45:04	1:09:20	0:36:18	1467	/ 3:30:41	25,6 km/h	04:43	29:46	32:23	33:57	38:53	1259	/ 2:14:58	6:26 m/km
165	182	Elena Christina Schaaf	F 49	/ F30-34	6:37:06	1560	/ 44:55	05:44	1:39:13	1:05:27	0:34:01	1346	/ 3:18:41	27,2 km/h	05:38	31:47	33:10	35:07	42:07	1383	/ 2:22:10	6:46 m/km
166	291	Sophie Reeves	F 31	/ F40-44	6:37:13	1014	/ 35:46	08:43	1:40:39	1:08:20	0:37:09	1425	/ 3:26:06	26,2 km/h	09:12	30:26	31:58	34:41	40:25	1315	/ 2:17:29	6:33 m/km
167	294	Monica Scheel	F 32	/ F40-44	6:38:59	1566	/ 45:18	06:44	1:39:47	1:07:50	0:34:45	1391	/ 3:22:21	26,7 km/h	06:29	30:51	32:25	33:41	41:13	1328	/ 2:18:08	6:35 m/km
168	325	Diane Parperis	F 22	/ F45-49	6:39:34	1075	/ 36:16	04:33	1:31:37	0:59:12	0:32:36	1012	/ 3:03:24	29,4 km/h	04:02	30:58	44:41	43:57	51:46	1576	/ 2:51:20	8:10 m/km



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## Results Overall : Ironman 70.3 - Femenino

Rank	Bib	Name	Pos Cat	Ofical Time	Pos SWIM	T1	Bike splits			Pos BIKE	Vel	T2	Run splits				Pos	RUN	Vel
							35,5 km	70,4 km	90,1 km				5,1 km	10,2 km	15,3km	21,1km			
169	119	Sofie Junger	F 18 / F25-29	6:40:58	1470 / 42:09	06:21	1:43:54	1:04:44	0:37:33	1427 / 3:26:11	26,2 km/h	05:14	33:02	34:20	34:32	39:13	1366	/2:21:05	6:43 m/km
170	144	Christina Guillaume	F 50 / F30-34	6:41:48	1086 / 36:20	06:06	1:44:38	1:04:52	0:35:25	1415 / 3:24:53	26,4 km/h	05:17	34:12	35:28	36:44	42:51	1462	/2:29:14	7:06 m/km
171	254	Mireia Castella Kastner	F 33 / F40-44	6:43:06	1385 / 40:09	06:43	1:51:20	1:13:50	0:41:53	1568 / 3:47:02	23,8 km/h	07:58	27:27	28:37	29:41	35:32	956	/2:01:16	5:46 m/km
172	354	Elly Van der Zijden	F 3 / F55-59	6:45:16	1482 / 42:29	04:49	1:48:32	1:10:17	0:36:16	1502 / 3:35:04	25,1 km/h	05:35	30:34	32:05	33:54	40:50	1313	/2:17:22	6:32 m/km
173	230	Bobby Radakovich	F 35 / F35-39	6:45:21	1358 / 39:37	05:26	1:35:13	1:03:15	0:36:49	1291 / 3:15:15	27,7 km/h	08:22	34:14	36:07	38:07	48:17	1517	/2:36:43	7:28 m/km
174	248	Anja Wittig	F 36 / F35-39	6:48:31	994 / 35:36	05:03	1:46:58	1:08:05	0:38:07	1485 / 3:33:10	25,3 km/h	04:45	32:32	38:11	36:34	42:44	1469	/2:29:59	7:09 m/km
175	289	Nicky Quant	F 34 / F40-44	6:48:47	953 / 35:19	04:09	1:47:57	1:04:02	0:37:07	1455 / 3:29:05	25,8 km/h	04:32	34:20	38:06	39:39	43:41	1508	/2:35:45	7:25 m/km
176	147	Hanna Heikkilä	F 51 / F30-34	6:50:01	1582 / 46:08	04:24	1:50:34	1:08:34	0:37:56	1520 / 3:37:03	24,9 km/h	04:21	31:39	33:47	34:54	37:48	1326	/2:18:06	6:35 m/km
177	241	Carola Tali	F 37 / F35-39	6:50:30	1278 / 38:46	04:17	1:46:07	1:08:38	0:35:21	1464 / 3:30:05	25,7 km/h	05:43	34:55	36:10	38:38	41:59	1480	/2:31:40	7:13 m/km
178	284	Merche Navarro	F 35 / F40-44	6:51:05	1254 / 38:30	05:22	1:53:56	1:13:16	0:42:01	1574 / 3:49:13	23,6 km/h	06:22	30:18	31:25	32:00	37:57	1212	/2:11:39	6:16 m/km
179	301	Mirentxu Vignau	F 36 / F40-44	6:51:05	1330 / 39:10	04:45	1:54:15	1:12:57	0:41:55	1573 / 3:49:06	23,6 km/h	06:27	30:18	31:24	32:01	37:57	1211	/2:11:39	6:16 m/km
180	106	Clara Luz Acosta Barrera	F 19 / F25-29	6:51:06	1306 / 38:58	06:04	1:49:11	1:08:16	0:38:52	1515 / 3:36:19	25,0 km/h	04:55	31:23	34:10	35:33	43:46	1417	/2:24:51	6:54 m/km
181	135	Katharine Dimon	F 52 / F30-34	6:51:18	1049 / 36:03	05:18	1:51:01	1:10:34	0:37:30	1533 / 3:39:04	24,7 km/h	05:52	34:10	36:00	35:08	39:47	1420	/2:25:04	6:54 m/km
182	154	Amanda Karlin	F 53 / F30-34	6:51:24	1504 / 42:57	08:15	1:44:25	1:05:12	0:35:39	1417 / 3:25:15	26,3 km/h	05:00	33:25	39:01	36:19	41:15	1468	/2:29:59	7:09 m/km
183	174	Nicole Paine	F 54 / F30-34	6:51:39	1226 / 38:10	05:55	1:50:28	1:06:37	0:36:30	1488 / 3:33:34	25,3 km/h	05:09	32:50	35:03	37:13	43:49	1459	/2:28:53	7:05 m/km
184	226	Laura Macchi	F 38 / F35-39	6:52:31	875 / 34:39	07:37	1:37:00	1:07:02	0:37:36	1387 / 3:21:37	26,8 km/h	11:47	33:00	38:15	41:10	44:30	1519	/2:36:53	7:28 m/km
185	344	Lieke Van Beek	F 9 / F50-54	6:52:49	888 / 34:49	04:25	1:37:24	1:02:37	0:33:58	1261 / 3:13:58	27,8 km/h	06:01	34:12	36:58	43:31	58:58	1580	/2:53:38	8:16 m/km
186	265	Isabel Garcia-Munte	F 37 / F40-44	6:53:43	1596 / 47:11	08:10	1:50:23	1:14:53	0:39:10	1551 / 3:44:25	24,1 km/h	05:50	29:27	30:34	31:25	36:44	1130	/2:08:09	6:06 m/km
187	219	Spela Kariz	F 39 / F35-39	6:54:16	1533 / 44:02	05:41	1:49:41	1:07:07	0:39:27	1514 / 3:36:14	25,0 km/h	05:11	33:10	34:20	34:49	40:54	1397	/2:23:10	6:49 m/km
188	332	Jacqueline Ward	F 23 / F45-49	6:55:13	1589 / 46:45	04:44	1:39:12	1:08:53	0:35:13	1400 / 3:23:17	26,6 km/h	06:00	32:50	37:17	40:34	43:48	1498	/2:34:28	7:21 m/km
189	304	Myriam Weißenborn	F 38 / F40-44	6:56:05	1517 / 43:28	05:52	1:49:17	1:08:28	0:40:07	1525 / 3:37:52	24,8 km/h	04:21	32:04	34:18	35:23	42:51	1413	/2:24:35	6:53 m/km
190	342	Sue O'Dowd	F 10 / F50-54	6:57:00	1458 / 41:47	06:33	1:46:43	1:06:19	0:35:14	1447 / 3:28:15	25,9 km/h	04:57	34:05	36:59	38:15	46:11	1505	/2:35:28	7:24 m/km
191	212	Helen Gorman	F 40 / F35-39	6:58:28	85 / 27:44	03:46	1:38:41	1:04:40	0:35:28	1347 / 3:18:49	27,2 km/h	05:46	32:25	38:08	48:23	03:30	1588	/3:02:24	8:41 m/km
192	279	Anja Kraft	F 39 / F40-44	6:58:59	1576 / 45:52	04:48	1:48:15	1:10:13	0:37:35	1512 / 3:36:02	25,0 km/h	05:46	33:43	36:35	35:59	40:16	1439	/2:26:32	6:59 m/km



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## Results Overall : Ironman 70.3 - Femenino

Rank	Bib	Name	Pos	Cat	Oficial Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
193	280	Ana Lopez	F 40	/ F40-44	7:00:30	1397	/ 40:23	05:11	1:48:54	1:08:43	0:36:04	1491	/ 3:33:40	25,3 km/h	06:23	34:26	35:53	38:42	45:55	1500	/2:34:54	7:23 m/km
194	266	Anthea Gardner	F 41	/ F40-44	7:02:05	1416	/ 40:43	05:15	2:00:25	1:12:39	0:39:21	1585	/ 3:52:24	23,2 km/h	04:34	31:05	34:11	35:03	38:54	1344	/2:19:11	6:38 m/km
195	285	Pernilla Ny	F 42	/ F40-44	7:03:02	1590	/ 46:48	08:57	1:49:52	1:14:57	0:38:39	1547	/ 3:43:27	24,2 km/h	07:41	31:43	31:50	33:33	39:06	1282	/2:16:11	6:29 m/km
196	118	Brianna Huot	F 20	/ F25-29	7:04:49	1618	/ 49:15	05:05	1:42:47	1:07:49	0:38:31	1457	/ 3:29:06	25,8 km/h	06:04	35:07	38:35	37:01	44:40	1503	/2:35:22	7:24 m/km
197	117	Camilla Howard	F 21	/ F25-29	7:05:46	1040	/ 35:59	05:51	1:53:53	1:07:54	0:36:31	1530	/ 3:38:17	24,7 km/h	07:58	35:47	37:43	38:51	45:24	1528	/2:37:44	7:31 m/km
198	191	Nathalie Van Ende	F 55	/ F30-34	7:07:33	1538	/ 44:11	05:16	1:50:25	1:14:23	0:39:23	1550	/ 3:44:09	24,1 km/h	06:23	31:37	34:28	37:10	44:23	1448	/2:27:36	7:02 m/km
199	298	Johanna Valks	F 43	/ F40-44	7:09:14	1539	/ 44:13	05:02	1:50:47	1:12:35	0:42:01	1557	/ 3:45:22	24,0 km/h	07:26	32:00	34:27	37:11	43:36	1445	/2:27:13	7:01 m/km
200	358	Susie Phillips	F 2	/ F60-64	7:14:54	1510	/ 43:08	03:52	1:57:28	1:17:20	0:42:08	1599	/ 3:56:55	22,8 km/h	05:12	31:33	34:30	35:31	44:16	1429	/2:25:48	6:57 m/km
201	167	Bairbre McNicholas	F 56	/ F30-34	7:16:58	1617	/ 49:03	05:45	1:58:09	1:17:45	0:40:20	1597	/ 3:56:14	22,9 km/h	06:41	32:00	33:21	34:10	39:48	1349	/2:19:17	6:38 m/km
202	302	Claudia Vives-fierro	F 44	/ F40-44	7:19:00	1600	/ 47:48	08:40	1:59:25	1:11:54	0:40:27	1582	/ 3:51:45	23,3 km/h	05:39	31:59	33:31	35:07	44:34	1422	/2:25:10	6:55 m/km
203	318	Martina Kürbis	F 24	/ F45-49	7:24:13	1614	/ 48:59	10:06	1:49:58	1:15:48	0:43:18	1572	/ 3:49:03	23,6 km/h	08:14	32:05	36:32	36:16	43:02	1452	/2:27:53	7:03 m/km
204	173	Eghosa Oriaikhi	F 57	/ F30-34	7:24:20	1630	/ 51:45	09:13	1:57:11	1:13:26	0:39:53	1580	/ 3:50:30	23,4 km/h	08:59	33:17	34:21	35:25	40:54	1404	/2:23:56	6:51 m/km
205	299	Maite Vallet	F 45	/ F40-44	7:24:37	660	/ 33:22	06:48	1:48:48	1:08:29	1:02:57	1605	/ 4:00:13	22,5 km/h	06:47	35:36	39:51	37:37	44:25	1525	/2:37:27	7:30 m/km
206	347	Barbara Dähnst-Sandmann	F 4	/ F55-59	7:25:07	1487	/ 42:32	08:30	1:59:56	1:16:42	0:40:20	1600	/ 3:56:56	22,8 km/h	06:16	33:41	38:35	36:20	42:20	1473	/2:30:54	7:11 m/km
207	133	Christina Theresa Büttner	F 58	/ F30-34	7:25:58	1552	/ 44:47	00:00	1:55:06	1:17:12	0:43:10	1593	/ 3:55:27	22,9 km/h	06:39	34:12	38:19	41:16	45:22	1537	/2:39:07	7:35 m/km
208	229	Helene Potgieter	F 41	/ F35-39	7:27:19	1634	/ 53:18	06:11	1:54:36	1:09:37	0:37:34	1543	/ 3:41:46	24,3 km/h	05:22	36:20	37:19	38:59	48:07	1545	/2:40:44	7:39 m/km
209	116	Nicole Horsley	F 22	/ F25-29	7:28:12	1474	/ 42:13	04:27	1:51:41	1:15:19	0:43:16	1577	/ 3:50:16	23,5 km/h	06:57	36:02	37:05	42:07	49:09	1559	/2:44:22	7:50 m/km
210	225	Helene Lesund	F 42	/ F35-39	7:29:27	1562	/ 45:09	10:01	2:07:48	1:15:48	0:53:37	1617	/ 4:17:11	21,0 km/h	05:26	29:45	32:53	32:22	36:43	1213	/2:11:41	6:16 m/km
211	348	Liz Elliott	F 5	/ F55-59	7:34:23	1551	/ 44:47	07:12	1:53:55	1:17:34	0:44:35	1596	/ 3:56:04	22,9 km/h	06:56	34:21	36:33	38:49	49:45	1541	/2:39:26	7:36 m/km
212	353	Anneli Sundström	F 6	/ F55-59	7:41:04	1612	/ 48:36	07:17	1:55:40	1:16:14	0:43:17	1592	/ 3:55:10	23,0 km/h	08:08	34:44	39:18	40:28	47:27	1551	/2:41:55	7:43 m/km
213	346	Jane Clayton	F 7	/ F55-59	7:41:18	1447	/ 41:25	04:28	1:54:39	1:15:13	0:39:44	1575	/ 3:49:35	23,5 km/h	06:26	38:32	41:55	45:55	53:06	1586	/2:59:26	8:33 m/km
214	356	Aida Milinarsky	F 3	/ F60-64	7:43:05	1604	/ 48:14	07:34	1:54:23	1:17:42	0:42:24	1589	/ 3:54:28	23,0 km/h	05:14	39:46	40:20	40:33	47:00	1569	/2:47:37	7:59 m/km
215	175	Hannah Parsons Smith	F 59	/ F30-34	7:50:35	1611	/ 48:36	06:16	2:12:10	1:30:30	0:49:03	1621	/ 4:31:42	19,9 km/h	05:50	31:20	32:54	34:22	39:38	1330	/2:18:12	6:35 m/km
216	281	Cristina Lozano	F 46	/ F40-44	7:58:01	1580	/ 46:04	06:09	2:16:57	1:22:45	0:54:54	1622	/ 4:34:35	19,7 km/h	00:00	34:29	36:01	37:57	42:47	1476	/2:31:14	7:12 m/km

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - Femenino

Rank	Bib	Name	Pos	Cat	Oficial Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
217	125	Claudia Scholz	F 23	/ F25-29	8:01:34	1620	/ 49:25	04:17	2:03:08	1:14:13	0:45:49	1609	/ 4:03:09	22,2 km/h	05:44	41:15	42:22	46:26	49:00	1585	/2:59:01	8:31 m/km
218	264	Rebeca Garcés Pina	F 47	/ F40-44	8:09:05	1616	/ 49:00	11:54	2:08:12	1:26:56	0:00:00	1503	/ 3:35:08	25,1 km/h	53:46	34:24	36:46	38:22	49:48	1540	/2:39:19	7:35 m/km
219	286	Sandra O'Toole	F 48	/ F40-44	9:00:42	1645	/ 02:53	12:20	2:13:30	1:36:59	0:48:57	1623	/ 4:39:25	19,3 km/h	13:55	39:24	46:07	40:01	46:41	1578	/2:52:12	8:12 m/km
220	352	Pamela Nightingale	F 8	/ F55-59	9:15:24	1603	/ 48:12	05:03	2:28:56	1:23:33	0:52:42	1625	/ 4:45:10	18,9 km/h	09:15	47:44	47:36	50:18	02:09	1595	/3:27:46	9:54 m/km
	224	Camilla Larsson	F	F35-39	Ret.	0	/					0	/							0	/	
	233	Silke Roßkopf	F	F35-39	Ret.	0	/					0	/							0	/	
	337	Gabriela Frey	F	F50-54	Ret.	882	/ 34:46	04:06				0	/							0	/	
	260	Dannette Duggan	F	F40-44	Ret.	1643	/ 01:23	07:35				0	/							0	/	
	306	Maria Austin	F	F45-49	Ret.	1638	/ 57:55	06:43				0	/							0	/	
	169	Elizabeta Mis	F	F30-34	Ret.	1406	/ 40:35	06:11				0	/							0	/	
	326	Brigitte Riesenbürger	F	F45-49	Ret.	1345	/ 39:23	07:07	1:41:51	1:06:21	0:35:01	1397	/ 3:23:11	26,6 km/h	04:22	29:13	32:34			0	/	
	329	Caroline Slaughter	F	F45-49	Ret.	1051	/ 36:03	03:38	1:48:43	1:10:40	0:39:15	1531	/ 3:38:38	24,7 km/h	05:57					0	/	
	345	Gabriele Wenker	F	F50-54	Ret.	1597	/ 47:17	06:02	1:54:20	1:12:00	0:40:20	1565	/ 3:46:39	23,8 km/h	07:36	45:01				0	/	
	112	Camila Ellero	F	F25-29	Ret.	1609	/ 48:31	07:13				1624	/ 4:42:56	19,1 km/h						0	/	

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M18-24 / M25-29

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
1	548	Timothy Van Houtem	F 1	/ M25-29	4:15:11	173	/ 29:13	03:17	1:06:17	0:49:20	0:25:48	19	/ 2:21:24	38,2 km/h	02:15	17:39	18:42	19:28	23:18	7	/ 1:19:05	3:46 m/km
2	392	Michael Van Cleven	F 1	/ M18-24	4:21:46	48	/ 26:24	02:19	1:08:22	0:49:16	0:25:47	26	/ 2:23:24	37,7 km/h	02:34	19:22	20:01	20:59	26:46	40	/ 1:27:07	4:09 m/km
3	474	Geert Laurysen	F 2	/ M25-29	4:24:15	92	/ 27:52	02:37	1:08:53	0:48:55	0:25:40	27	/ 2:23:26	37,6 km/h	02:29	19:10	20:37	21:46	26:21	54	/ 1:27:52	4:11 m/km
4	475	Graham Leitch	F 3	/ M25-29	4:25:19	32	/ 25:24	02:19	1:11:02	0:50:34	0:26:35	55	/ 2:28:10	36,4 km/h	02:18	18:46	20:54	22:18	25:13	41	/ 1:27:09	4:09 m/km
5	470	Jens Isbak Kristensen	F 4	/ M25-29	4:27:58	150	/ 28:49	03:49	1:09:40	0:48:29	0:25:06	24	/ 2:23:15	37,7 km/h	02:32	21:31	21:04	21:46	25:16	76	/ 1:29:35	4:16 m/km
6	360	Fredrik Ahlinder	F 2	/ M18-24	4:29:33	12	/ 22:44	02:44	1:13:49	0:52:22	0:27:56	129	/ 2:34:06	35,0 km/h	02:48	20:49	20:53	20:43	24:49	42	/ 1:27:12	4:09 m/km
7	374	Philipp Heinz	F 3	/ M18-24	4:29:54	205	/ 29:39	03:13	1:10:26	0:51:52	0:27:39	70	/ 2:29:56	36,0 km/h	02:41	19:22	20:11	20:32	24:23	22	/ 1:24:27	4:01 m/km
8	457	Llewellyn Holmes	F 5	/ M25-29	4:31:09	157	/ 28:58	02:35	1:09:58	0:51:21	0:27:12	59	/ 2:28:31	36,4 km/h	02:15	20:07	21:26	21:43	25:38	67	/ 1:28:52	4:14 m/km
9	486	Marco Maurer	F 6	/ M25-29	4:31:43	58	/ 26:45	03:12	1:10:46	0:49:45	0:26:14	46	/ 2:26:44	36,8 km/h	02:55	20:08	22:09	23:01	26:52	105	/ 1:32:08	4:23 m/km
10	418	Martin Capriotti	F 7	/ M25-29	4:32:33	80	/ 27:35	02:42	1:14:57	0:53:57	0:28:58	218	/ 2:37:51	34,2 km/h	03:14	18:52	19:51	19:37	22:54	13	/ 1:21:13	3:52 m/km
11	430	Luca Michele Della Giacoma	F 8	/ M25-29	4:32:36	483	/ 32:17	03:40	1:09:57	0:49:29	0:24:49	30	/ 2:24:15	37,4 km/h	03:20	21:24	21:54	21:12	24:38	72	/ 1:29:07	4:15 m/km
12	367	Cameron Dorn	F 4	/ M18-24	4:33:55	414	/ 31:38	03:33	1:12:07	0:52:23	0:28:03	104	/ 2:32:33	35,4 km/h	02:26	19:15	19:38	20:19	24:37	19	/ 1:23:47	3:59 m/km
13	446	Anthony Genin	F 9	/ M25-29	4:37:32	88	/ 27:48	02:36	1:12:10	0:52:38	0:28:22	112	/ 2:33:09	35,3 km/h	02:33	21:37	22:01	21:50	26:02	95	/ 1:31:28	4:21 m/km
14	375	Hauke Claas Heller	F 5	/ M18-24	4:38:41	21	/ 24:15	02:38	1:15:29	0:52:35	0:28:50	198	/ 2:36:54	34,4 km/h	02:41	20:19	22:13	22:27	27:18	109	/ 1:32:16	4:24 m/km
15	388	Jens Roegiers	F 6	/ M18-24	4:38:53	93	/ 27:53	02:42	1:14:16	0:53:34	0:28:01	177	/ 2:35:51	34,6 km/h	03:30	19:26	20:33	21:09	27:53	70	/ 1:28:59	4:14 m/km
16	416	Lorenzetti Brian	F 10	/ M25-29	4:39:03	99	/ 27:59	03:15	1:11:23	0:49:49	0:26:31	52	/ 2:27:43	36,6 km/h	02:45	21:46	22:53	23:37	29:09	187	/ 1:37:24	4:38 m/km
17	458	Allan Hovda	F 11	/ M25-29	4:40:03	496	/ 32:24	02:46	1:14:40	0:51:02	0:27:43	116	/ 2:33:24	35,2 km/h	02:29	20:20	20:50	21:58	25:56	71	/ 1:29:02	4:14 m/km
18	554	Ross Welton	F 12	/ M25-29	4:40:39	237	/ 30:09	03:51	1:15:42	0:52:14	0:27:49	172	/ 2:35:44	34,7 km/h	02:43	19:59	20:53	21:44	25:39	60	/ 1:28:13	4:12 m/km
19	502	Philipp Overbeck	F 13	/ M25-29	4:42:48	569	/ 32:56	03:10	1:13:54	0:50:37	0:27:13	91	/ 2:31:43	35,6 km/h	02:47	21:03	22:03	22:08	27:01	108	/ 1:32:13	4:23 m/km
20	455	Andreas Höfler	F 14	/ M25-29	4:45:09	227	/ 30:02	03:37	1:13:38	0:53:13	0:28:14	155	/ 2:35:04	34,8 km/h	02:29	21:33	22:25	22:36	27:25	132	/ 1:33:58	4:28 m/km
21	391	Mikael Stær Nathan	F 7	/ M18-24	4:48:29	36	/ 25:48	02:29	1:13:24	0:51:15	0:27:04	90	/ 2:31:42	35,6 km/h	02:37	19:13	21:54	25:37	39:11	435	/ 1:45:54	5:03 m/km
22	423	Anders Clarin	F 15	/ M25-29	4:50:34	261	/ 30:24	03:59	1:21:48	0:55:11	0:28:33	461	/ 2:45:31	32,6 km/h	02:45	20:25	20:52	21:23	25:20	56	/ 1:27:58	4:11 m/km
23	362	Simon Belleflamme	F 8	/ M18-24	4:50:52	596	/ 33:02	03:19	1:15:56	0:50:33	0:26:14	107	/ 2:32:42	35,4 km/h	03:06	22:25	23:50	24:40	27:50	219	/ 1:38:45	4:42 m/km
24	499	Francisco Javier Oficial	F 16	/ M25-29	4:51:53	20	/ 24:12	02:30	1:15:03	0:51:13	0:28:37	149	/ 2:34:53	34,9 km/h	02:45	21:05	26:49	26:49	32:53	496	/ 1:47:35	5:07 m/km

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M18-24 / M25-29

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
25	370	Jeff Frydenlund	F 9	/ M18-24	4:52:41	63	/ 26:57	02:42	1:12:56	0:51:54	0:27:35	103	/ 2:32:24	35,4 km/h	02:42	23:17	24:27	25:13	35:02	513	/ 1:47:57	5:08 m/km
26	487	Miro Mavc	F 17	/ M25-29	4:53:56	105	/ 28:06	02:49	1:15:45	0:52:34	0:29:09	210	/ 2:37:27	34,3 km/h	02:59	22:09	23:35	24:57	31:58	333	/ 1:42:36	4:53 m/km
27	529	Daniel Sims	F 18	/ M25-29	4:54:56	64	/ 26:57	02:51	1:15:18	0:56:12	0:31:24	371	/ 2:42:54	33,2 km/h	03:18	21:39	22:41	24:14	30:27	224	/ 1:38:59	4:43 m/km
28	540	Ramon Alonso Tijeras	F 19	/ M25-29	4:57:09	579	/ 32:58	02:43	1:14:36	0:53:32	0:28:54	200	/ 2:37:01	34,4 km/h	02:47	22:05	22:40	23:59	33:00	299	/ 1:41:42	4:51 m/km
29	473	Benjamin Lantrebecq	F 20	/ M25-29	4:57:43	91	/ 27:51	02:52	1:15:31	0:55:53	0:28:08	259	/ 2:39:31	33,9 km/h	02:43	22:31	24:34	26:51	30:54	403	/ 1:44:48	4:59 m/km
30	547	Toon Van Herck	F 21	/ M25-29	4:57:48	423	/ 31:41	05:15	1:16:21	1:02:34	0:27:29	490	/ 2:46:23	32,5 km/h	03:09	22:22	22:20	21:44	24:56	93	/ 1:31:21	4:21 m/km
31	521	Paco Ruiz	F 22	/ M25-29	4:57:59	229	/ 30:03	03:27	1:21:20	0:55:55	0:30:23	519	/ 2:47:37	32,2 km/h	02:20	20:00	21:35	23:28	29:32	143	/ 1:34:34	4:30 m/km
32	517	Markus Roggen	F 23	/ M25-29	4:59:08	897	/ 34:52	03:41	1:14:25	0:51:34	0:28:34	141	/ 2:34:32	34,9 km/h	03:26	23:23	24:33	24:51	29:52	335	/ 1:42:37	4:53 m/km
33	456	Matthias Holitzer	F 24	/ M25-29	4:59:11	679	/ 33:28	03:09	1:22:54	0:56:42	0:28:42	539	/ 2:48:18	32,1 km/h	03:12	20:53	21:46	22:20	26:10	85	/ 1:31:07	4:20 m/km
34	536	David Summer	F 25	/ M25-29	5:01:08	242	/ 30:13	02:58	1:17:23	0:54:10	0:28:40	279	/ 2:40:13	33,7 km/h	02:10	22:10	25:32	26:54	31:02	428	/ 1:45:37	5:02 m/km
35	511	Mark Rafferty	F 26	/ M25-29	5:01:26	454	/ 32:00	02:47	1:18:25	0:53:04	0:28:01	256	/ 2:39:29	33,9 km/h	03:07	22:20	23:14	28:24	30:09	381	/ 1:44:05	4:57 m/km
36	389	Victor Rullan	F 10	/ M18-24	5:03:20	335	/ 31:09	04:07	1:17:00	0:55:45	0:29:52	363	/ 2:42:36	33,2 km/h	02:57	22:47	23:13	24:43	31:52	332	/ 1:42:34	4:53 m/km
37	459	Russell Hughes	F 27	/ M25-29	5:04:42	431	/ 31:44	03:28	1:24:42	0:58:38	0:31:14	745	/ 2:54:33	30,9 km/h	03:14	20:03	21:43	22:43	27:19	101	/ 1:31:46	4:22 m/km
38	468	Alexander Klapper	F 28	/ M25-29	5:05:15	767	/ 33:50	04:51	1:18:10	0:52:49	0:28:37	261	/ 2:39:35	33,8 km/h	04:09	23:11	24:31	24:55	30:16	347	/ 1:42:52	4:54 m/km
39	363	Lorenzo Bellucco	F 11	/ M18-24	5:06:15	382	/ 31:25	03:33	1:17:41	0:53:54	0:29:39	315	/ 2:41:14	33,5 km/h	03:25	23:59	24:55	26:58	30:50	468	/ 1:46:40	5:05 m/km
40	449	Danny Haack	F 29	/ M25-29	5:06:39	202	/ 29:37	03:13	1:19:00	0:54:03	0:29:16	354	/ 2:42:19	33,3 km/h	03:14	23:22	25:38	26:50	32:30	521	/ 1:48:18	5:09 m/km
41	452	Cedric Haven	F 30	/ M25-29	5:06:48	704	/ 33:33	04:00	1:18:04	0:53:00	0:28:07	249	/ 2:39:09	33,9 km/h	03:56	24:12	25:24	25:44	30:54	449	/ 1:46:12	5:03 m/km
42	477	Jonas Lerneteg	F 31	/ M25-29	5:07:21	345	/ 31:12	03:17	1:24:02	0:49:41	0:27:02	301	/ 2:40:44	33,6 km/h	03:16	23:44	25:26	26:36	33:09	538	/ 1:48:54	5:11 m/km
43	411	Stephen Blake	F 32	/ M25-29	5:07:28	343	/ 31:12	04:45	1:17:36	0:55:09	0:28:31	316	/ 2:41:15	33,5 km/h	03:52	22:31	24:18	26:49	32:49	456	/ 1:46:26	5:04 m/km
44	369	Luke Finney	F 12	/ M18-24	5:07:44	280	/ 30:41	03:22	1:25:55	0:55:40	0:30:06	640	/ 2:51:41	31,5 km/h	03:55	22:15	23:27	24:03	28:23	202	/ 1:38:07	4:40 m/km
45	371	Nikolaj Grønbeik	F 13	/ M18-24	5:08:00	787	/ 34:02	03:05	1:21:21	0:56:26	0:27:40	457	/ 2:45:27	32,6 km/h	04:11	22:51	23:27	24:50	30:11	291	/ 1:41:18	4:49 m/km
46	410	Andrew Blake	F 33	/ M25-29	5:09:08	340	/ 31:11	04:18	1:19:23	0:56:52	0:28:54	446	/ 2:45:09	32,7 km/h	02:47	23:13	24:44	25:50	32:00	431	/ 1:45:45	5:02 m/km
47	504	Bruno Pereira	F 34	/ M25-29	5:10:19	471	/ 32:08	03:15	1:20:19	0:54:17	0:29:48	421	/ 2:44:23	32,9 km/h	02:26	23:14	25:19	26:44	32:54	519	/ 1:48:10	5:09 m/km
48	387	Jose Quaresma	F 14	/ M18-24	5:10:29	87	/ 27:46	04:06	1:18:03	0:54:36	0:29:04	328	/ 2:41:41	33,4 km/h	03:29	23:55	25:18	27:29	36:47	705	/ 1:53:28	5:24 m/km





# THOMAS COOK IRONMAN 70.3 MALLORCA

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M18-24 / M25-29

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
49	432	Michael Diamond	F 35	/ M25-29	5:11:00	733	/ 33:42	03:17	1:24:56	1:00:08	0:32:44	841	/ 2:57:48	30,4 km/h	03:42	20:59	22:05	22:19	27:12	116	/ 1:32:33	4:24 m/km
50	542	Joe Turner	F 36	/ M25-29	5:11:11	191	/ 29:27	02:37	1:20:03	0:55:18	0:30:01	454	/ 2:45:21	32,7 km/h	03:17	23:19	25:13	27:00	35:00	600	/ 1:50:31	5:16 m/km
51	444	Jorge Garí	F 37	/ M25-29	5:12:51	247	/ 30:14	03:49	1:22:23	0:53:23	0:28:43	425	/ 2:44:29	32,8 km/h	03:52	24:23	25:25	27:01	33:42	599	/ 1:50:30	5:16 m/km
52	528	Carlos Silva	F 38	/ M25-29	5:13:07	208	/ 29:43	04:36	1:18:27	0:56:09	0:29:12	398	/ 2:43:47	33,0 km/h	02:28	27:33	23:55	27:49	33:21	671	/ 1:52:35	5:22 m/km
53	443	Mark Garcia	F 39	/ M25-29	5:13:19	347	/ 31:13	03:55	1:22:22	0:54:20	0:28:57	466	/ 2:45:37	32,6 km/h	03:37	25:41	25:26	26:25	31:28	543	/ 1:48:59	5:11 m/km
54	512	Robert Reid	F 40	/ M25-29	5:14:15	860	/ 34:33	03:47	1:14:31	0:53:10	0:28:49	189	/ 2:36:29	34,5 km/h	03:09	24:58	25:47	32:18	33:18	798	/ 1:56:19	5:32 m/km
55	541	Joan Tomàs Acosta	F 41	/ M25-29	5:14:30	1030	/ 35:54	03:38	1:24:12	0:54:22	0:29:25	531	/ 2:47:58	32,1 km/h	02:55	23:06	24:02	25:19	31:43	382	/ 1:44:07	4:57 m/km
56	397	Peter Andersen	F 42	/ M25-29	5:14:58	1313	/ 39:00	04:18	1:17:48	0:55:29	0:30:42	405	/ 2:43:58	32,9 km/h	04:24	23:52	24:47	25:06	29:35	361	/ 1:43:19	4:55 m/km
57	461	Guillaume Icart	F 43	/ M25-29	5:15:08	1121	/ 36:50	03:23	1:18:45	0:53:26	0:27:56	272	/ 2:40:06	33,7 km/h	04:15	24:58	26:33	26:12	32:55	604	/ 1:50:35	5:16 m/km
58	535	Andrew Suenson-Taylor	F 44	/ M25-29	5:16:21	712	/ 33:35	05:18	1:19:52	0:54:10	0:29:13	380	/ 2:43:15	33,1 km/h	03:18	23:50	25:35	27:42	33:51	614	/ 1:50:57	5:17 m/km
59	525	Aleix Olivé Sala	F 45	/ M25-29	5:17:43	315	/ 31:02	03:19	1:23:49	0:56:27	0:30:45	618	/ 2:51:00	31,6 km/h	04:02	27:39	26:20	25:19	29:04	525	/ 1:48:22	5:10 m/km
60	462	Harry Iles	F 46	/ M25-29	5:18:30	287	/ 30:46	04:29	1:21:00	0:57:26	0:31:24	591	/ 2:49:49	31,8 km/h	04:11	21:48	25:47	27:55	33:50	556	/ 1:49:17	5:12 m/km
61	483	Iain Macleod	F 47	/ M25-29	5:19:04	309	/ 31:00	03:58	1:24:21	0:56:21	0:30:28	624	/ 2:51:08	31,6 km/h	03:58	23:08	27:39	26:46	31:30	544	/ 1:49:02	5:12 m/km
62	453	Jorge Herrera	F 48	/ M25-29	5:19:12	836	/ 34:24	03:38	1:19:23	0:54:07	0:29:03	360	/ 2:42:32	33,2 km/h	05:50	23:39	26:05	27:49	35:18	679	/ 1:52:49	5:22 m/km
63	385	Florian Pfeiffer	F 15	/ M18-24	5:19:42	350	/ 31:14	04:49	1:18:46	0:54:00	0:28:12	305	/ 2:40:57	33,6 km/h	02:50	24:51	26:57	29:05	39:02	915	/ 1:59:54	5:43 m/km
64	435	Andrew Downey	F 49	/ M25-29	5:21:25	746	/ 33:46	04:17	1:20:52	0:56:07	0:30:49	524	/ 2:47:47	32,2 km/h	04:00	23:34	26:58	29:14	31:52	633	/ 1:51:37	5:19 m/km
65	552	Mark Walden	F 50	/ M25-29	5:21:53	366	/ 31:20	03:18	1:24:16	0:55:22	0:29:43	575	/ 2:49:20	31,9 km/h	03:13	24:07	27:24	29:11	34:03	749	/ 1:54:44	5:28 m/km
66	441	Javier Galbally	F 51	/ M25-29	5:23:10	310	/ 31:00	05:26	1:21:14	0:56:32	0:31:12	563	/ 2:48:56	32,0 km/h	05:50	23:45	26:28	27:55	33:53	645	/ 1:52:00	5:20 m/km
67	519	Stefano Roth	F 52	/ M25-29	5:23:45	1017	/ 35:47	03:52	1:23:42	0:56:07	0:30:47	605	/ 2:50:35	31,7 km/h	03:26	24:52	26:40	27:50	30:46	585	/ 1:50:06	5:15 m/km
68	472	Joris Lankers	F 53	/ M25-29	5:23:50	79	/ 27:33	03:01	1:14:34	0:51:41	0:27:51	128	/ 2:34:05	35,0 km/h	03:21	26:30	32:09	33:31	43:41	1275	/ 2:15:50	6:28 m/km
69	361	Sven Alex	F 16	/ M18-24	5:23:54	265	/ 30:28	03:57	1:22:23	0:59:37	0:33:45	775	/ 2:55:45	30,7 km/h	03:21	26:00	27:22	26:56	30:08	597	/ 1:50:25	5:15 m/km
70	428	Christoph Daum	F 54	/ M25-29	5:25:26	1161	/ 37:12	04:06	1:19:27	0:56:03	0:29:32	443	/ 2:45:02	32,7 km/h	05:12	24:22	27:49	27:49	33:57	719	/ 1:53:56	5:26 m/km
71	433	Miguel Domenech Orfila	F 55	/ M25-29	5:26:15	243	/ 30:13	03:53	1:22:38	0:55:36	0:31:20	582	/ 2:49:33	31,8 km/h	03:30	25:44	27:25	29:59	36:00	888	/ 1:59:07	5:40 m/km
72	439	Andreas Fabricius	F 56	/ M25-29	5:26:36	892	/ 34:50	04:05	1:28:29	1:00:29	0:32:54	967	/ 3:01:52	29,7 km/h	03:46	23:00	23:55	25:19	29:52	314	/ 1:42:04	4:52 m/km

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M18-24 / M25-29

Rank	Bib	Name	Pos Cat	Ofical Time	Pos SWIM	T1	Bike splits			Pos BIKE	Vel	T2	Run splits				Pos	RUN	Vel
							35,5 km	70,4 km	90,1 km				5,1 km	10,2 km	15,3km	21,1km			
73	405	Darren Base	F 57 / M25-29	5:27:31	182 / 29:19	09:12	1:24:48	0:57:02	0:31:33	706 / 2:53:23	31,1 km/h	04:00	23:37	25:31	26:14	36:20	638 / 1:51:40	5:19 m/km	
74	500	Jose Olmos Escamilla	F 58 / M25-29	5:28:22	881 / 34:43	05:40	1:27:27	0:58:35	0:30:59	811 / 2:57:00	30,5 km/h	03:45	24:04	24:35	25:58	32:40	485 / 1:47:16	5:06 m/km	
75	407	Dennis Bender	F 59 / M25-29	5:28:36	546 / 32:46	03:09	1:28:07	0:56:54	0:31:43	801 / 2:56:42	30,6 km/h	04:47	25:41	26:07	27:01	32:26	623 / 1:51:14	5:18 m/km	
76	380	Rob Macnamara	F 17 / M18-24	5:28:52	891 / 34:50	05:43	1:15:59	0:54:51	0:31:19	345 / 2:42:09	33,3 km/h	07:12	26:35	26:36	30:14	35:37	885 / 1:59:01	5:40 m/km	
77	364	Davide Bellucco	F 18 / M18-24	5:29:25	538 / 32:43	03:30	1:26:07	0:58:34	0:31:20	780 / 2:55:59	30,7 km/h	03:17	25:09	26:48	27:47	34:16	721 / 1:53:58	5:26 m/km	
78	417	Matti Bröcher	F 60 / M25-29	5:29:33	1166 / 37:16	03:03	1:18:57	0:53:13	0:27:23	258 / 2:39:31	33,9 km/h	04:05	27:53	30:08	31:06	36:33	1071 / 2:05:39	5:59 m/km	
79	420	David Castol	F 61 / M25-29	5:29:42	75 / 27:26	03:03	1:18:18	0:55:05	0:29:34	374 / 2:42:56	33,1 km/h	03:17	23:43	34:24	35:40	39:16	1227 / 2:13:02	6:20 m/km	
80	409	Peter Bianco	F 62 / M25-29	5:29:59	769 / 33:51	03:55	1:26:41	0:58:15	0:29:48	750 / 2:54:43	30,9 km/h	03:47	25:55	27:24	28:28	32:01	713 / 1:53:46	5:25 m/km	
81	501	Kim Steinmo Olsen	F 63 / M25-29	5:30:16	1214 / 37:58	04:13	1:17:30	0:50:58	0:27:49	185 / 2:36:17	34,6 km/h	03:18	27:27	31:53	30:57	38:17	1141 / 2:08:32	6:07 m/km	
82	489	Bartosz Michalski	F 64 / M25-29	5:31:37	690 / 33:30	03:44	1:22:11	0:57:26	0:31:14	615 / 2:50:50	31,6 km/h	03:34	24:26	28:08	30:41	36:47	918 / 2:00:00	5:43 m/km	
83	550	Thomas Vestergaard	F 65 / M25-29	5:31:57	717 / 33:37	05:03	1:24:01	0:54:27	0:29:09	518 / 2:47:36	32,2 km/h	04:17	26:33	29:16	29:50	35:49	964 / 2:01:26	5:47 m/km	
84	445	Christian Gawlik	F 66 / M25-29	5:33:12	811 / 34:16	04:06	1:26:51	0:56:27	0:31:36	755 / 2:54:53	30,9 km/h	03:15	25:50	25:30	31:21	34:06	809 / 1:56:45	5:34 m/km	
85	427	Bart Czulak	F 67 / M25-29	5:34:51	857 / 34:30	03:54	1:24:21	0:58:10	0:32:32	759 / 2:55:01	30,9 km/h	03:37	25:52	28:01	29:51	34:09	845 / 1:57:51	5:37 m/km	
86	492	Brian Mont-Roig Carme	F 68 / M25-29	5:35:59	37 / 25:50	04:24	1:22:58	0:56:48	0:30:15	596 / 2:50:01	31,8 km/h	04:24	26:14	29:16	31:55	43:58	1205 / 2:11:22	6:15 m/km	
87	382	Marcel Navarro	F 19 / M18-24	5:36:44	170 / 29:11	06:11	1:35:04	1:02:41	0:33:09	1198 / 3:10:53	28,3 km/h	03:52	23:56	24:53	25:52	32:00	466 / 1:46:39	5:05 m/km	
88	431	Thomas DeLuca	F 69 / M25-29	5:37:09	117 / 28:16	05:32	1:33:34	1:05:12	0:35:22	1266 / 3:14:06	27,8 km/h	05:58	23:53	24:20	25:39	29:29	362 / 1:43:19	4:55 m/km	
89	522	Borja Ruiz Peinado	F 70 / M25-29	5:37:11	217 / 29:52	04:10	1:30:53	0:58:30	0:31:52	953 / 3:01:14	29,8 km/h	04:45	23:08	25:58	29:29	38:39	821 / 1:57:13	5:35 m/km	
90	394	Ricard Abadías	F 71 / M25-29	5:37:48	1354 / 39:31	06:38	1:22:22	0:55:30	0:29:21	509 / 2:47:13	32,3 km/h	05:27	25:21	27:35	30:38	35:29	884 / 1:59:01	5:40 m/km	
91	366	Henry Donaghy	F 20 / M18-24	5:38:09	515 / 32:33	06:01	1:26:58	1:04:57	0:37:23	1157 / 3:09:17	28,5 km/h	04:53	22:57	24:36	26:36	31:19	422 / 1:45:27	5:01 m/km	
92	497	Marcel Benjamin Neumann	F 72 / M25-29	5:38:52	548 / 32:46	04:39	1:26:57	0:56:14	0:30:59	733 / 2:54:09	31,0 km/h	03:42	25:25	27:08	31:22	39:45	1022 / 2:03:38	5:53 m/km	
93	496	Henning Müller	F 73 / M25-29	5:38:58	735 / 33:42	05:54	1:30:32	0:58:52	0:31:15	931 / 3:00:38	29,9 km/h	04:23	26:35	27:16	27:39	32:54	740 / 1:54:23	5:27 m/km	
94	469	Oliver Knoblich	F 74 / M25-29	5:39:35	610 / 33:07	04:08	1:32:10	0:56:07	0:29:46	850 / 2:58:03	30,3 km/h	04:45	26:04	28:49	30:02	34:40	899 / 1:59:34	5:42 m/km	
95	549	Simon Verrall	F 75 / M25-29	5:40:44	270 / 30:31	06:10	1:25:28	0:59:44	0:32:00	818 / 2:57:11	30,5 km/h	04:22	25:55	28:04	29:44	38:50	1001 / 2:02:32	5:50 m/km	
96	527	Martin Selzner	F 76 / M25-29	5:40:59	1140 / 37:02	06:36	1:27:03	0:56:15	0:29:47	693 / 2:53:05	31,2 km/h	05:43	26:35	28:03	30:47	33:12	866 / 1:58:35	5:39 m/km	

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M18-24 / M25-29

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
97	400	Juan Baez	F 77	/ M25-29	5:42:05	1304	/ 38:58	05:28	1:27:55	0:59:38	0:32:46	920	/ 3:00:19	29,9 km/h	04:00	24:32	26:23	27:34	34:54	701	/ 1:53:22	5:24 m/km
98	543	Dirk Uhlitzsch	F 78	/ M25-29	5:43:32	693	/ 33:31	04:09	1:25:56	0:56:21	0:28:59	626	/ 2:51:14	31,5 km/h	04:05	27:33	31:20	32:08	39:36	1191	/ 2:10:35	6:13 m/km
99	378	Ian Leith	F 21	/ M18-24	5:43:43	943	/ 35:15	04:49	1:36:49	1:00:44	0:34:02	1212	/ 3:11:34	28,2 km/h	05:36	24:09	25:25	26:09	30:50	462	/ 1:46:31	5:04 m/km
100	490	Pieter Moll	F 79	/ M25-29	5:43:45	876	/ 34:40	06:02	1:28:20	1:00:53	0:33:14	988	/ 3:02:26	29,6 km/h	05:22	25:19	26:48	28:01	35:10	769	/ 1:55:16	5:29 m/km
101	518	Matthew Roszkowski	F 80	/ M25-29	5:44:29	1181	/ 37:34	03:58	1:29:13	0:57:08	0:32:06	859	/ 2:58:26	30,3 km/h	05:00	27:51	29:51	29:14	32:39	897	/ 1:59:33	5:42 m/km
102	467	Jef Kegels	F 81	/ M25-29	5:44:31	1233	/ 38:14	04:15	1:26:28	0:54:17	0:29:06	592	/ 2:49:50	31,8 km/h	03:20	28:36	30:12	32:19	37:48	1151	/ 2:08:54	6:08 m/km
103	513	Adrian Rewig	F 82	/ M25-29	5:45:28	829	/ 34:22	04:10	1:29:41	0:59:06	0:32:00	936	/ 3:00:46	29,9 km/h	02:53	25:16	31:21	31:12	35:30	1014	/ 2:03:18	5:52 m/km
104	482	Rory MacDonald	F 83	/ M25-29	5:45:40	504	/ 32:28	03:14	1:27:47	1:00:51	0:31:53	927	/ 3:00:30	29,9 km/h	03:43	26:55	29:48	31:00	38:05	1074	/ 2:05:48	5:59 m/km
105	377	Harris King	F 22	/ M18-24	5:46:12	701	/ 33:33	03:18	1:21:11	0:56:55	0:34:08	660	/ 2:52:13	31,4 km/h	03:16	26:43	33:08	33:36	40:27	1237	/ 2:13:53	6:23 m/km
106	381	Anders Næstholt	F 23	/ M18-24	5:47:10	300	/ 30:53	04:23	1:24:36	0:58:02	0:30:55	713	/ 2:53:32	31,1 km/h	03:29	23:44	29:45	36:25	45:03	1258	/ 2:14:56	6:26 m/km
107	539	John Thelwell	F 84	/ M25-29	5:47:19	467	/ 32:06	04:38	1:17:03	0:53:36	0:29:58	297	/ 2:40:36	33,6 km/h	05:34	33:15	34:53	33:55	42:26	1410	/ 2:24:27	6:53 m/km
108	413	Thomas Bord	F 85	/ M25-29	5:47:28	1380	/ 40:00	06:02	1:29:38	1:00:10	0:33:11	999	/ 3:02:58	29,5 km/h	08:05	25:12	26:28	27:26	31:20	598	/ 1:50:25	5:15 m/km
109	491	David Monegal	F 86	/ M25-29	5:47:36	1299	/ 38:56	04:10	1:22:33	0:56:18	0:30:37	580	/ 2:49:27	31,9 km/h	05:02	26:55	31:10	31:48	40:10	1182	/ 2:10:02	6:12 m/km
110	507	Henrik Persson	F 87	/ M25-29	5:47:44	1301	/ 38:56	05:12	1:26:24	0:59:25	0:31:48	833	/ 2:57:37	30,4 km/h	05:23	27:23	28:33	30:33	34:10	937	/ 2:00:38	5:45 m/km
111	526	Roger Salvadó Bosch	F 88	/ M25-29	5:48:12	1149	/ 37:08	04:55	1:34:08	1:03:32	0:37:00	1277	/ 3:14:39	27,7 km/h	04:11	24:42	25:25	26:17	30:58	487	/ 1:47:21	5:07 m/km
112	506	José Miguel Perez Segura	F 89	/ M25-29	5:50:12	946	/ 35:17	04:12	1:26:47	0:57:39	0:31:44	784	/ 2:56:08	30,7 km/h	03:53	29:00	31:13	32:45	37:47	1194	/ 2:10:44	6:14 m/km
113	494	Alberto Javier Moreno Garcia	F 90	/ M25-29	5:50:26	1434	/ 41:09	06:08	1:32:40	0:58:41	0:34:08	1068	/ 3:05:29	29,1 km/h	03:14	25:25	28:59	28:28	31:38	742	/ 1:54:28	5:27 m/km
114	429	Maxim De laet	F 91	/ M25-29	5:50:30	800	/ 34:10	04:13	1:29:15	0:54:11	0:28:19	644	/ 2:51:44	31,4 km/h	02:59	31:11	34:01	34:43	37:32	1314	/ 2:17:26	6:33 m/km
115	376	Ismael Jutzi	F 24	/ M18-24	5:51:07	1131	/ 36:54	03:58	1:24:59	0:57:31	0:33:19	776	/ 2:55:48	30,7 km/h	05:09	26:55	29:19	35:55	37:13	1162	/ 2:09:20	6:10 m/km
116	485	Vicente Marqués Colás	F 93	/ M25-29	5:51:44	1288	/ 38:51	04:14	1:30:18	0:56:34	0:30:53	838	/ 2:57:43	30,4 km/h	06:18	27:26	28:33	28:58	39:44	1052	/ 2:04:40	5:56 m/km
117	481	Joan Miquel Luque Oliver	F 94	/ M25-29	5:51:58	799	/ 34:10	03:31	1:28:48	1:01:53	0:34:16	1049	/ 3:04:55	29,2 km/h	05:09	26:09	28:56	30:33	38:39	1040	/ 2:04:16	5:55 m/km
118	533	Daniel Sommerkorn	F 95	/ M25-29	5:52:05	1079	/ 36:17	06:47	1:30:31	1:03:35	0:35:25	1162	/ 3:09:30	28,5 km/h	05:21	25:49	27:09	28:41	32:34	734	/ 1:54:12	5:26 m/km
119	553	Douglas Wellington	F 96	/ M25-29	5:52:08	1553	/ 44:48	04:10	1:29:01	0:59:49	0:32:36	956	/ 3:01:25	29,8 km/h	04:21	24:35	27:39	28:17	36:58	830	/ 1:57:28	5:36 m/km
120	425	Joshua Colter	F 97	/ M25-29	5:53:26	593	/ 33:01	04:07	1:29:36	0:54:22	0:29:09	694	/ 2:53:05	31,2 km/h	05:23	28:08	32:16	34:32	42:57	1320	/ 2:17:52	6:34 m/km



Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M18-24 / M25-29

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
121	401	Nicolas Bailey	F 98	/ M25-29	5:53:40	756	/ 33:47	04:15	1:38:22	1:00:52	0:32:04	1208	/ 3:11:18	28,2 km/h	04:48	27:11	28:54	29:11	34:20	898	/ 1:59:34	5:42 m/km
122	508	Angel Puente Torruella	F 99	/ M25-29	5:53:57	599	/ 33:02	05:06	1:37:02	1:01:53	0:33:57	1234	/ 3:12:51	28,0 km/h	04:31	26:12	28:01	28:55	35:23	861	/ 1:58:28	5:38 m/km
123	523	Antonio Rus	F100	/ M25-29	5:54:21	1176	/ 37:28	03:50	1:27:00	0:58:19	0:33:18	867	/ 2:58:36	30,2 km/h	04:32	26:59	32:47	33:01	37:12	1176	/ 2:09:57	6:11 m/km
124	373	Craig Handley	F 25	/ M18-24	5:55:12	719	/ 33:38	03:26	1:24:20	0:59:11	0:31:53	766	/ 2:55:23	30,8 km/h	02:54	25:38	34:57	36:49	42:30	1352	/ 2:19:53	6:40 m/km
125	524	Matthieu Sagnier	F101	/ M25-29	5:56:05	996	/ 35:37	02:37	1:30:43	1:00:00	0:34:30	1057	/ 3:05:12	29,2 km/h	03:17	28:08	29:41	32:49	38:46	1163	/ 2:09:23	6:10 m/km
126	534	Jonathan Spencer	F102	/ M25-29	5:56:44	1194	/ 37:42	03:23	1:39:44	0:58:41	0:31:49	1182	/ 3:10:13	28,4 km/h	05:14	26:04	28:52	29:09	36:10	926	/ 2:00:14	5:44 m/km
127	480	Michael Lorentzen	F103	/ M25-29	5:57:45	698	/ 33:31	06:45	1:33:28	1:02:27	0:35:46	1215	/ 3:11:41	28,2 km/h	05:29	26:04	28:51	31:08	34:20	929	/ 2:00:22	5:44 m/km
128	493	Luis Gustavo Moreira	F104	/ M25-29	5:58:50	718	/ 33:38	04:21	1:31:10	1:02:53	0:35:21	1159	/ 3:09:24	28,5 km/h	04:18	30:46	31:02	30:37	34:48	1112	/ 2:07:11	6:03 m/km
129	509	Roberto Puyol	F105	/ M25-29	6:01:18	370	/ 31:21	04:25	1:28:53	0:58:32	0:32:15	903	/ 2:59:40	30,1 km/h	04:36	28:21	34:00	34:44	44:15	1373	/ 2:21:18	6:44 m/km
130	516	Roberto Rodrigo Medina	F106	/ M25-29	6:01:53	834	/ 34:24	05:08	1:37:16	1:01:30	0:34:45	1249	/ 3:13:30	27,9 km/h	04:30	26:45	29:11	31:47	36:42	1045	/ 2:04:23	5:55 m/km
131	398	Pau Aragonès	F107	/ M25-29	6:02:06	1266	/ 38:37	05:36	1:32:34	1:04:09	0:35:21	1223	/ 3:12:03	28,1 km/h	08:33	25:53	27:26	28:30	35:31	822	/ 1:57:18	5:35 m/km
132	365	Ferran Buxeda	F 26	/ M18-24	6:02:23	1528	/ 43:52	05:44	1:33:02	1:01:24	0:32:45	1107	/ 3:07:10	28,9 km/h	03:56	26:21	29:19	31:25	34:39	971	/ 2:01:43	5:48 m/km
133	434	Sebastian Dornberger	F108	/ M25-29	6:02:31	487	/ 32:20	04:38	1:22:24	0:56:44	0:30:40	589	/ 2:49:47	31,8 km/h	03:51	29:53	38:46	38:21	45:00	1483	/ 2:31:57	7:14 m/km
134	503	Phil Payne	F109	/ M25-29	6:02:37	1446	/ 41:23	06:58	1:34:09	1:07:47	0:35:28	1321	/ 3:17:24	27,4 km/h	03:26	24:47	27:27	27:49	33:27	704	/ 1:53:28	5:24 m/km
135	396	Luke Allen	F110	/ M25-29	6:03:07	1529	/ 43:53	04:15	1:30:46	1:00:03	0:34:36	1063	/ 3:05:24	29,1 km/h	04:04	28:53	29:32	32:08	35:01	1066	/ 2:05:33	5:59 m/km
136	406	Cameron Bellamy	F111	/ M25-29	6:03:21	520	/ 32:35	05:26	1:28:47	0:59:17	0:32:39	933	/ 3:00:41	29,9 km/h	06:07	28:33	33:49	34:20	41:52	1336	/ 2:18:34	6:36 m/km
137	545	Francisco Utrera	F112	/ M25-29	6:03:54	673	/ 33:27	05:40	1:37:41	1:01:32	0:34:32	1256	/ 3:13:45	27,9 km/h	06:14	28:04	29:06	31:04	36:38	1054	/ 2:04:50	5:57 m/km
138	510	Miguel Angel Quetglas barcelona	F113	/ M25-29	6:04:30	1019	/ 35:47	04:53	1:34:40	1:01:04	0:36:09	1219	/ 3:11:51	28,1 km/h	04:51	27:19	30:02	31:36	38:13	1109	/ 2:07:09	6:03 m/km
139	436	Marc Durà	F114	/ M25-29	6:06:36	526	/ 32:37	06:50	1:36:32	1:07:30	0:33:53	1336	/ 3:17:54	27,3 km/h	06:31	28:41	30:43	29:45	33:38	1003	/ 2:02:46	5:51 m/km
140	368	Peter Errebo	F 27	/ M18-24	6:10:17	1433	/ 41:07	06:25	1:31:02	1:02:59	0:35:41	1168	/ 3:09:42	28,5 km/h	04:38	28:17	28:36	28:57	42:41	1136	/ 2:08:28	6:07 m/km
141	479	Carlos Lopez Salazar	F115	/ M25-29	6:11:45	798	/ 34:10	10:21	1:36:54	1:03:50	0:36:07	1312	/ 3:16:51	27,4 km/h	06:19	28:01	30:00	31:30	34:37	1036	/ 2:04:06	5:55 m/km
142	384	Johan Öhlund	F 28	/ M18-24	6:12:35	457	/ 32:00	05:03	1:37:01	1:07:37	0:33:56	1344	/ 3:18:32	27,2 km/h	08:00	27:53	30:38	35:33	35:01	1156	/ 2:09:02	6:09 m/km
143	412	Luis Boada	F116	/ M25-29	6:12:36	558	/ 32:51	07:36	1:34:32	1:02:00	0:33:28	1175	/ 3:09:59	28,4 km/h	05:24	30:12	33:16	34:27	38:53	1294	/ 2:16:47	6:31 m/km
144	393	Nathan Weeks	F 29	/ M18-24	6:14:19	1319	/ 39:03	05:06	1:36:05	0:59:56	0:34:54	1199	/ 3:10:54	28,3 km/h	05:21	26:18	31:04	35:22	41:15	1240	/ 2:13:57	6:23 m/km



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## Results Overall : Ironman 70.3 - M18-24 / M25-29

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel			
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km						
145	464	Rune Martin Jensen	F117	/M25-29	6:16:05	956	/	35:21	05:06	1:25:00	0:57:14	0:30:37	684	/	2:52:51	31,2 km/h	05:44	34:24	34:38	40:50	47:15	1521	/	2:37:05	7:29 m/km
146	450	Karl-Johan Hagman	F118	/M25-29	6:16:59	1629	/	50:48	05:42	1:43:47	1:07:57	0:36:38	1451	/	3:28:20	25,9 km/h	04:47	25:00	25:37	25:59	30:49	490	/	1:47:24	5:07 m/km
147	471	Teemu Lampinen	F119	/M25-29	6:17:05	1422	/	40:50	06:06	1:38:57	1:03:55	0:35:35	1343	/	3:18:26	27,2 km/h	05:05	25:44	29:02	31:54	40:03	1097	/	2:06:41	6:02 m/km
148	463	Allard Jacobs	F120	/M25-29	6:17:10	1499	/	42:49	06:17	1:37:41	1:03:27	0:35:46	1313	/	3:16:53	27,4 km/h	06:19	26:56	29:28	32:26	36:05	1055	/	2:04:54	5:57 m/km
149	484	Jorge Manrique	F121	/M25-29	6:17:51	1478	/	42:18	08:22	1:34:35	1:04:14	0:41:02	1363	/	3:19:50	27,0 km/h	07:30	26:46	28:31	28:31	36:06	913	/	1:59:53	5:43 m/km
150	448	Enric Gómez Marín	F122	/M25-29	6:17:57	831	/	34:23	05:23	1:32:02	1:01:12	0:35:53	1152	/	3:09:06	28,6 km/h	07:52	30:45	33:03	32:29	44:59	1371	/	2:21:15	6:44 m/km
151	447	Oliver Geraghty	F123	/M25-29	6:18:17	1403	/	40:30	04:41	1:31:44	1:00:33	0:34:36	1098	/	3:06:53	28,9 km/h	04:35	27:29	32:55	35:54	45:24	1377	/	2:21:41	6:45 m/km
152	426	Edward Cook	F124	/M25-29	6:18:33	540	/	32:43	09:53	1:35:17	1:04:19	0:34:26	1265	/	3:14:02	27,8 km/h	07:06	28:27	31:33	33:27	41:24	1254	/	2:14:50	6:25 m/km
153	498	Alexander O'Rourke	F125	/M25-29	6:18:50	473	/	32:10	02:55	1:31:31	0:59:34	0:32:32	1019	/	3:03:36	29,4 km/h	02:36	29:15	33:11	38:45	56:25	1527	/	2:37:36	7:30 m/km
154	476	Javier Lerma Bauza	F126	/M25-29	6:26:35	796	/	34:10	09:13	1:42:24	1:08:08	0:35:40	1428	/	3:26:11	26,2 km/h	08:34	27:31	28:23	33:20	39:16	1138	/	2:08:28	6:07 m/km
155	390	Marcel Seip	F 30	/M18-24	6:28:40	491	/	32:21	03:55	1:25:26	1:00:15	0:32:02	836	/	2:57:42	30,4 km/h	03:17	29:37	39:35	48:52	53:25	1577	/	2:51:27	8:10 m/km
156	559	Koji Yasuda	F127	/M25-29	6:31:51	1561	/	45:00	04:43	1:41:25	1:05:00	0:36:32	1396	/	3:22:57	26,6 km/h	05:17	27:56	31:50	34:35	39:36	1238	/	2:13:55	6:23 m/km
157	402	Michael Balbick	F128	/M25-29	6:31:51	1516	/	43:23	05:28	1:45:24	1:09:44	0:38:30	1490	/	3:33:37	25,3 km/h	05:09	26:37	29:06	29:44	38:51	1041	/	2:04:16	5:55 m/km
158	460	Christian Hunscha	F129	/M25-29	6:34:48	1456	/	41:45	04:38	1:34:19	1:03:30	0:35:30	1246	/	3:13:18	27,9 km/h	05:53	34:31	36:31	36:41	41:35	1463	/	2:29:16	7:06 m/km
159	383	Adam Nethercot	F 31	/M18-24	6:36:10	726	/	33:40	05:25	1:44:12	1:10:19	0:39:21	1494	/	3:33:51	25,3 km/h	05:06	29:10	32:29	34:12	42:20	1329	/	2:18:10	6:35 m/km
160	424	Michael Claxton	F130	/M25-29	6:39:21	883	/	34:48	05:58	1:38:59	1:07:40	0:38:56	1419	/	3:25:34	26,3 km/h	04:47	26:22	33:52	38:06	49:59	1457	/	2:28:17	7:04 m/km
161	419	Miguel Carvallo	F131	/M25-29	6:39:22	1549	/	44:44	05:03	1:44:53	1:06:42	0:35:51	1439	/	3:27:26	26,0 km/h	05:14	30:56	32:51	39:42	33:28	1300	/	2:16:56	6:31 m/km
162	379	Michael Libert	F 32	/M18-24	6:41:04	1537	/	44:11	09:07	1:41:53	1:06:57	0:39:21	1444	/	3:28:11	25,9 km/h	05:41	29:10	33:02	33:23	38:23	1239	/	2:13:56	6:23 m/km
163	544	Enrique Uribe	F132	/M25-29	6:49:53	1234	/	38:15	04:57	1:39:18	1:12:44	0:38:06	1465	/	3:30:07	25,7 km/h	04:14	35:01	37:00	39:47	40:37	1488	/	2:32:23	7:15 m/km
164	555	Philip Wessels	F133	/M25-29	6:49:57	1547	/	44:43	05:30	1:38:27	1:03:16	0:34:17	1299	/	3:15:58	27,6 km/h	05:01	34:16	37:24	40:21	46:48	1535	/	2:38:47	7:34 m/km
165	558	Chris Wood	F134	/M25-29	6:52:03	1421	/	40:49	04:30	1:43:39	1:04:25	0:37:05	1416	/	3:25:08	26,3 km/h	05:22	33:44	35:14	38:17	49:04	1511	/	2:36:16	7:26 m/km
166	403	Alex Bardera	F135	/M25-29	6:53:56	1155	/	37:09	06:33	2:00:06	1:17:43	0:39:27	1601	/	3:57:15	22,8 km/h	04:31	27:07	29:49	32:14	39:21	1139	/	2:08:29	6:07 m/km
167	451	Lance Harris	F136	/M25-29	6:54:49	1558	/	44:53	09:20	1:36:39	1:17:25	0:38:30	1482	/	3:32:33	25,4 km/h	08:01	28:15	30:09	37:01	44:40	1355	/	2:20:04	6:40 m/km
168	546	Konstantinos Valakis	F137	/M25-29	6:57:14	1574	/	45:47	08:31	1:46:30	1:09:20	0:38:45	1497	/	3:34:34	25,2 km/h	07:17	31:11	35:00	34:47	40:10	1367	/	2:21:06	6:43 m/km

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## Results Overall : Ironman 70.3 - M18-24 / M25-29

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel		
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km					
169	515	Graeme Roberts	F138	/M25-29	6:57:20	1384	/	40:08	10:18	1:45:27	1:06:51	0:37:30	1461	/	3:29:47	25,7 km/h	08:16	32:55	34:54	37:33	43:33	1460	/2:28:53	7:05 m/km
170	514	Ian Roberts	F139	/M25-29	6:57:20	1281	/	38:46	11:40	1:45:24	1:06:49	0:37:37	1463	/	3:29:50	25,7 km/h	08:13	32:54	34:54	37:32	43:34	1461	/2:28:53	7:05 m/km
171	386	Dylan Potts	F 33	/ M18-24	6:58:05	1578	/	46:01	06:33	1:40:44	1:07:14	0:40:31	1452	/	3:28:28	25,9 km/h	05:09	30:57	35:16	36:12	49:33	1482	/2:31:56	7:14 m/km
172	538	Cameron Taylor	F140	/M25-29	7:06:26	1608	/	48:30	05:02	1:40:46	1:10:00	0:40:15	1473	/	3:31:00	25,6 km/h	05:11	31:07	36:53	40:41	48:06	1518	/2:36:45	7:28 m/km
173	505	Jesus Perez creso	F141	/M25-29	7:14:25	1343	/	39:19	07:01	1:55:36	1:14:24	0:41:21	1581	/	3:51:19	23,3 km/h	06:56	31:01	36:19	37:09	45:24	1467	/2:29:52	7:08 m/km
174	395	Pedro Albuquerque	F142	/M25-29	7:15:50	1557	/	44:53	07:10	1:45:01	1:06:24	0:37:19	1453	/	3:28:42	25,9 km/h	09:37	33:14	41:49	44:45	45:44	1564	/2:45:29	7:53 m/km
175	404	Ruben Barea Valdepeñas	F143	/M25-29	7:17:25	1217	/	38:03	07:33	2:01:40	1:06:53	0:37:08	1558	/	3:45:39	23,9 km/h	07:55	29:49	32:10	50:45	45:32	1532	/2:38:15	7:32 m/km
176	532	Adam Solomon	F144	/M25-29	7:31:39	729	/	33:41	08:19	1:55:42	1:19:45	0:43:43	1603	/	3:59:09	22,6 km/h	06:46	35:45	39:33	39:49	48:41	1557	/2:43:46	7:48 m/km
177	372	Jack Grylls	F 34	/ M18-24	7:36:06	1178	/	37:28	05:08	2:06:04	1:14:20	0:43:48	1610	/	4:04:11	22,1 km/h	05:21	34:26	38:15	44:50	46:31	1558	/2:44:00	7:49 m/km
	399	Andrew Atthowe	F	M25-29	Ret.	172	/	29:13	03:36				0	/								0	/	
	478	Carlos Llano	F	M25-29	Ret.	1191	/	37:39	06:40			0:35:29	1177	/	3:10:03	28,4 km/h							0	/
	531	Giuliano Soldati	F	M25-29	Ret.	328	/	31:06	02:54	1:13:29			1627	/	5:41:57	15,8 km/h	00:00						0	/

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## Results Overall : Ironman 70.3 - M30-34

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
1	761	Gonzalo Esteban Pardo	F 1	/ M30-34	4:18:57	102	/ 28:02	03:10	1:08:53	0:48:57	0:26:52	34	/ 2:24:41	37,3 km/h	02:22	18:30	18:58	19:24	23:53	11	/ 1:20:44	3:51 m/km
2	682	Sven Imhoff	F 2	/ M30-34	4:22:29	111	/ 28:13	02:55	1:09:00	0:48:45	0:26:18	29	/ 2:24:02	37,5 km/h	02:27	19:25	19:28	20:28	25:34	24	/ 1:24:53	4:03 m/km
3	684	Marco Iseli	F 3	/ M30-34	4:23:38	67	/ 27:04	03:27	1:08:31	0:50:02	0:26:52	38	/ 2:25:24	37,1 km/h	02:41	19:58	20:15	20:12	24:41	26	/ 1:25:05	4:03 m/km
4	632	Ernesto Espinoza Mendiola	F 4	/ M30-34	4:25:03	22	/ 24:40	02:38	1:09:28	0:52:12	0:27:01	61	/ 2:28:39	36,3 km/h	02:27	19:22	20:26	21:11	25:43	34	/ 1:26:40	4:08 m/km
5	748	Bjoern Mueller	F 5	/ M30-34	4:25:15	90	/ 27:50	02:39	1:08:48	0:49:31	0:26:21	33	/ 2:24:39	37,3 km/h	02:38	20:18	20:52	21:19	25:04	47	/ 1:27:31	4:10 m/km
6	1913	Hendrik Becker	F 6	/ M30-34	4:26:10	28	/ 25:12	02:20	1:09:14	0:51:37	0:27:33	58	/ 2:28:24	36,4 km/h	02:23	18:27	20:19	21:55	27:13	55	/ 1:27:54	4:11 m/km
7	631	Matt Ellis	F 7	/ M30-34	4:27:28	41	/ 26:07	02:36	1:07:55	0:48:44	0:25:38	20	/ 2:22:15	38,0 km/h	02:30	19:37	21:12	23:48	29:26	134	/ 1:34:01	4:29 m/km
8	697	Lars Kobbelgaard	F 8	/ M30-34	4:29:51	292	/ 30:48	02:47	1:12:12	0:51:31	0:26:38	77	/ 2:30:19	35,9 km/h	02:19	19:39	20:01	20:17	23:43	18	/ 1:23:39	3:59 m/km
9	1915	Joakim Glenn Magnus	F 9	/ M30-34	4:30:23	197	/ 29:33	02:46	1:12:35	0:50:34	0:27:06	76	/ 2:30:15	35,9 km/h	03:00	19:35	20:09	20:35	24:34	23	/ 1:24:51	4:02 m/km
10	693	Lukas Jutzi	F 10	/ M30-34	4:30:53	739	/ 33:43	02:44	1:09:12	0:49:49	0:27:05	43	/ 2:26:05	37,0 km/h	02:45	19:50	20:35	20:39	24:36	30	/ 1:25:38	4:05 m/km
11	1926	Andreas Marquitz	F 11	/ M30-34	4:31:41	97	/ 27:57	02:45	1:09:25	0:48:59	0:26:08	32	/ 2:24:31	37,4 km/h	03:46	21:28	22:08	22:28	26:42	120	/ 1:32:44	4:25 m/km
12	606	Jef Clouzet	F 12	/ M30-34	4:32:05	120	/ 28:19	02:36	1:09:56	0:52:43	0:29:05	92	/ 2:31:44	35,6 km/h	02:30	19:30	20:27	21:17	25:46	38	/ 1:26:58	4:08 m/km
13	685	Martin Janousek	F 13	/ M30-34	4:32:23	33	/ 25:25	02:48	1:14:03	0:52:05	0:27:54	125	/ 2:34:01	35,1 km/h	02:36	20:11	20:55	21:13	25:15	49	/ 1:27:34	4:10 m/km
14	626	Nick Dunn	F 14	/ M30-34	4:34:01	42	/ 26:12	02:30	1:08:05	0:52:14	0:27:31	53	/ 2:27:49	36,5 km/h	02:31	20:03	22:32	26:51	25:36	150	/ 1:35:01	4:31 m/km
15	803	Julien Seidel	F 15	/ M30-34	4:34:11	807	/ 34:14	03:54	1:09:17	0:49:23	0:26:51	39	/ 2:25:31	37,1 km/h	02:48	20:16	21:03	21:19	25:09	52	/ 1:27:47	4:11 m/km
16	831	Frederik Van Crombrugge	F 16	/ M30-34	4:35:05	30	/ 25:20	03:43	1:11:03	0:51:18	0:26:49	64	/ 2:29:09	36,2 km/h	02:49	20:11	20:40	22:15	31:00	136	/ 1:34:05	4:29 m/km
17	822	Kai Timmermann	F 17	/ M30-34	4:36:31	47	/ 26:23	03:21	1:12:28	0:51:08	0:27:36	84	/ 2:31:11	35,7 km/h	02:57	21:13	22:06	22:23	27:01	119	/ 1:32:41	4:25 m/km
18	721	Leif Lundstrøm	F 18	/ M30-34	4:37:25	528	/ 32:38	03:26	1:12:19	0:50:51	0:26:33	67	/ 2:29:42	36,1 km/h	02:53	20:36	21:38	21:15	25:20	66	/ 1:28:48	4:14 m/km
19	614	Jens Dahlman	F 19	/ M30-34	4:38:29	184	/ 29:21	03:10	1:14:57	0:51:56	0:28:31	162	/ 2:35:23	34,8 km/h	03:06	20:15	20:43	21:11	25:24	48	/ 1:27:32	4:10 m/km
20	1914	Ondrej Carnanski	F 20	/ M30-34	4:38:33	82	/ 27:41	02:55	1:12:53	0:51:33	0:27:41	98	/ 2:32:06	35,5 km/h	02:38	20:31	22:20	23:36	26:49	125	/ 1:33:15	4:26 m/km
21	795	Enrico Schmöller	F 21	/ M30-34	4:39:02	484	/ 32:18	03:20	1:13:41	0:52:24	0:27:54	124	/ 2:33:59	35,1 km/h	02:34	20:04	20:31	21:14	25:06	37	/ 1:26:54	4:08 m/km
22	635	Neil Ferguson	F 22	/ M30-34	4:40:16	23	/ 24:53	03:30	1:12:37	0:51:25	0:27:55	95	/ 2:31:57	35,5 km/h	03:18	20:32	22:43	24:18	29:08	174	/ 1:36:40	4:36 m/km
23	767	Gregory Pienaar	F 23	/ M30-34	4:40:25	27	/ 25:06	03:43	1:14:37	0:52:57	0:27:18	148	/ 2:34:52	34,9 km/h	03:16	21:35	22:36	22:44	26:36	129	/ 1:33:31	4:27 m/km
24	573	Luca Berardini	F 24	/ M30-34	4:41:11	206	/ 29:40	03:20	1:13:17	0:51:38	0:28:00	111	/ 2:32:54	35,3 km/h	02:20	20:21	21:51	23:19	27:29	123	/ 1:32:59	4:26 m/km

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## Results Overall : Ironman 70.3 - M30-34

Rank	Bib	Name	Pos	Cat	Oficial Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
25	797	Robert Schopplich	F 25	/ M30-34	4:42:02	657	/ 33:22	04:00	1:11:22	0:50:31	0:26:22	56	/ 2:28:14	36,4 km/h	03:09	21:54	22:21	22:31	26:35	126	/ 1:33:19	4:27 m/km
26	715	PEP LLITERES	F 26	/ M30-34	4:42:16	299	/ 30:52	02:37	1:11:52	0:50:22	0:27:37	69	/ 2:29:50	36,0 km/h	02:18	21:07	23:07	23:58	28:31	175	/ 1:36:41	4:36 m/km
27	750	Nuno Neves	F 27	/ M30-34	4:43:23	72	/ 27:19	02:38	1:16:32	0:52:17	0:28:28	206	/ 2:37:16	34,3 km/h	02:43	21:30	21:50	22:41	27:29	128	/ 1:33:29	4:27 m/km
28	660	Raivis Grube	F 28	/ M30-34	4:44:31	284	/ 30:44	02:58	1:10:23	0:51:25	0:27:51	65	/ 2:29:38	36,1 km/h	02:56	21:19	23:10	24:43	29:07	206	/ 1:38:17	4:41 m/km
29	585	Andy Brodziak	F 29	/ M30-34	4:44:57	108	/ 28:09	02:35	1:16:20	0:52:21	0:27:40	186	/ 2:36:20	34,5 km/h	02:40	21:01	22:33	23:22	28:19	154	/ 1:35:14	4:32 m/km
30	597	Nicolas Carreras	F 30	/ M30-34	4:45:45	282	/ 30:42	03:34	1:08:54	0:49:44	0:26:33	37	/ 2:25:10	37,2 km/h	02:48	22:20	23:50	26:06	31:18	369	/ 1:43:33	4:56 m/km
31	812	Tom Skelton	F 31	/ M30-34	4:46:51	771	/ 33:52	04:34	1:14:51	0:53:12	0:28:26	188	/ 2:36:28	34,5 km/h	03:02	20:27	21:17	21:48	25:26	68	/ 1:28:57	4:14 m/km
32	785	Iván Rodríguez Hernández	F 32	/ M30-34	4:46:59	349	/ 31:13	03:35	1:15:28	0:52:55	0:28:05	187	/ 2:36:26	34,5 km/h	04:06	21:23	21:56	22:13	26:10	100	/ 1:31:41	4:22 m/km
33	813	Bjørn Skollerud	F 33	/ M30-34	4:48:43	31	/ 25:23	02:50	1:14:52	0:51:55	0:27:42	138	/ 2:34:28	35,0 km/h	03:07	22:24	25:07	25:29	29:58	350	/ 1:42:56	4:54 m/km
34	687	Palle Martin Jensen	F 34	/ M30-34	4:49:15	96	/ 27:55	02:53	1:16:17	0:54:10	0:28:34	245	/ 2:39:00	34,0 km/h	03:10	22:25	22:59	23:36	27:20	169	/ 1:36:18	4:35 m/km
35	841	Christoffer Wikman	F 35	/ M30-34	4:49:44	142	/ 28:42	02:53	1:14:34	0:52:36	0:28:08	157	/ 2:35:16	34,8 km/h	02:45	22:46	23:58	24:36	28:51	257	/ 1:40:10	4:46 m/km
36	654	Martin Giacchetta Pistone	F 37	/ M30-34	4:50:40	77	/ 27:30	03:41	1:19:19	0:53:42	0:26:45	265	/ 2:39:45	33,8 km/h	02:51	22:02	22:18	23:14	29:23	179	/ 1:36:55	4:37 m/km
37	773	Rob Quantrell	F 38	/ M30-34	4:50:50	118	/ 28:18	03:45	1:15:02	0:52:42	0:28:47	190	/ 2:36:31	34,5 km/h	02:55	21:26	22:45	25:08	30:05	235	/ 1:39:23	4:44 m/km
38	628	Richard Easton	F 39	/ M30-34	4:51:02	45	/ 26:21	03:00	1:16:16	0:53:04	0:27:56	205	/ 2:37:14	34,3 km/h	02:46	22:57	24:27	25:09	29:12	301	/ 1:41:43	4:51 m/km
39	571	Arne Bentin	F 40	/ M30-34	4:51:14	452	/ 31:59	03:23	1:15:05	0:51:34	0:27:37	132	/ 2:34:15	35,0 km/h	02:47	21:48	23:41	24:01	29:24	223	/ 1:38:52	4:42 m/km
40	705	Chris Lee	F 41	/ M30-34	4:51:39	413	/ 31:37	03:30	1:19:23	0:55:23	0:29:21	410	/ 2:44:06	32,9 km/h	02:51	19:53	21:01	21:56	26:48	78	/ 1:29:37	4:16 m/km
41	570	Antony Bell-Scott	F 42	/ M30-34	4:51:59	326	/ 31:06	03:06	1:17:09	0:53:23	0:28:17	241	/ 2:38:49	34,0 km/h	02:40	22:04	22:45	23:43	27:50	170	/ 1:36:21	4:35 m/km
42	584	Robert Braun	F 43	/ M30-34	4:52:19	116	/ 28:16	03:41	1:18:43	0:54:07	0:29:16	342	/ 2:42:05	33,3 km/h	02:44	21:56	22:54	23:12	27:33	159	/ 1:35:34	4:33 m/km
43	743	Markos Mölsä	F 44	/ M30-34	4:52:32	114	/ 28:14	03:24	1:16:45	0:52:32	0:28:47	224	/ 2:38:02	34,2 km/h	02:41	21:59	23:22	24:13	30:41	260	/ 1:40:13	4:46 m/km
44	565	Luis Baon	F 45	/ M30-34	4:52:45	132	/ 28:32	03:48	1:14:44	0:52:40	0:28:33	179	/ 2:35:56	34,6 km/h	02:57	22:27	24:05	24:29	30:35	296	/ 1:41:34	4:50 m/km
45	791	David Sanfeliu Marco	F 46	/ M30-34	4:54:58	101	/ 28:01	02:48	1:19:50	0:55:27	0:28:46	407	/ 2:44:03	32,9 km/h	02:44	21:37	22:59	23:07	29:42	188	/ 1:37:24	4:38 m/km
46	680	Steve Husistein	F 47	/ M30-34	4:55:44	297	/ 30:51	03:34	1:12:40	0:50:46	0:27:37	82	/ 2:31:03	35,8 km/h	03:16	23:10	24:43	26:04	33:07	480	/ 1:47:02	5:06 m/km
47	827	Damon Turner	F 48	/ M30-34	4:55:49	325	/ 31:05	04:10	1:16:03	0:54:00	0:28:12	229	/ 2:38:14	34,1 km/h	02:50	22:35	23:33	24:23	29:02	239	/ 1:39:31	4:44 m/km
48	762	Rene Paris	F 49	/ M30-34	4:56:01	174	/ 29:13	03:04	1:15:30	0:53:37	0:28:27	211	/ 2:37:34	34,3 km/h	03:17	23:34	24:22	24:47	30:13	351	/ 1:42:56	4:54 m/km



Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M30-34

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
49	686	Stefan Jansen	F 50	/ M30-34	4:57:12	936	/ 35:12	04:38	1:11:27	0:50:47	0:27:46	72	/ 2:29:59	36,0 km/h	03:32	23:46	24:52	25:49	29:28	379	/ 1:43:54	4:57 m/km
50	678	Eric Hübsch	F 51	/ M30-34	4:57:13	1010	/ 35:44	05:01	1:17:53	0:53:18	0:28:50	268	/ 2:40:00	33,7 km/h	03:28	21:37	22:16	22:59	26:10	124	/ 1:33:00	4:26 m/km
51	673	Christian Horn	F 52	/ M30-34	4:57:23	113	/ 28:14	03:06	1:17:30	0:52:00	0:27:33	202	/ 2:37:02	34,4 km/h	03:04	23:20	25:09	26:35	30:56	443	/ 1:45:59	5:03 m/km
52	840	Ben Weimerskirch	F 53	/ M30-34	4:57:29	552	/ 32:47	03:38	1:15:32	0:49:56	0:27:55	115	/ 2:33:22	35,2 km/h	03:29	23:31	25:24	25:41	29:40	386	/ 1:44:15	4:58 m/km
53	839	Sven Waschow	F 54	/ M30-34	4:57:35	428	/ 31:42	03:35	1:19:11	0:52:42	0:27:46	263	/ 2:39:39	33,8 km/h	02:52	21:24	22:47	25:12	30:29	245	/ 1:39:50	4:45 m/km
54	713	Rene List	F 55	/ M30-34	4:57:59	162	/ 29:01	03:28	1:14:32	0:52:36	0:28:51	180	/ 2:35:58	34,6 km/h	02:52	24:03	25:07	25:54	31:40	469	/ 1:46:42	5:05 m/km
55	708	Michael Leouzon	F 56	/ M30-34	4:58:18	604	/ 33:05	03:20	1:15:48	0:51:21	0:27:45	147	/ 2:34:52	34,9 km/h	03:34	23:06	24:05	25:31	30:48	367	/ 1:43:28	4:56 m/km
56	683	Michael Impey	F 57	/ M30-34	4:58:20	89	/ 27:48	04:45	1:18:35	0:52:57	0:28:45	283	/ 2:40:16	33,7 km/h	04:59	22:47	23:33	25:08	29:07	273	/ 1:40:34	4:47 m/km
57	642	Andreas Karl Fuchshofer	F 58	/ M30-34	4:59:09	909	/ 35:00	04:29	1:16:43	0:53:13	0:28:37	236	/ 2:38:32	34,1 km/h	02:50	22:11	23:07	24:01	29:03	208	/ 1:38:21	4:41 m/km
58	798	Martin Schøsler	F 59	/ M30-34	4:59:21	266	/ 30:29	03:13	1:16:52	0:51:29	0:27:33	178	/ 2:35:53	34,6 km/h	03:50	24:06	25:06	25:37	31:11	441	/ 1:45:58	5:03 m/km
59	808	Ingus Silins	F 60	/ M30-34	4:59:35	762	/ 33:49	03:55	1:19:11	0:53:06	0:27:48	269	/ 2:40:03	33,7 km/h	03:34	22:46	23:49	24:07	27:35	204	/ 1:38:16	4:41 m/km
60	765	Damian Perello Rigo	F 61	/ M30-34	5:00:11	450	/ 31:58	02:45	1:19:09	0:54:04	0:28:54	343	/ 2:42:06	33,3 km/h	02:47	22:42	23:47	24:17	29:52	275	/ 1:40:37	4:47 m/km
61	618	Paul De Groof	F 62	/ M30-34	5:01:40	381	/ 31:25	04:45	1:20:44	0:52:43	0:28:48	350	/ 2:42:13	33,3 km/h	03:01	23:03	23:18	24:47	29:11	264	/ 1:40:18	4:47 m/km
62	774	Mario Radevic	F 63	/ M30-34	5:02:13	533	/ 32:40	03:27	1:16:04	0:51:35	0:27:39	158	/ 2:35:16	34,8 km/h	03:00	23:33	24:54	26:47	32:40	508	/ 1:47:52	5:08 m/km
63	810	Ivan Simunkovic	F 64	/ M30-34	5:02:32	119	/ 28:18	03:37	1:14:41	0:52:08	0:28:06	150	/ 2:34:54	34,9 km/h	04:21	22:38	26:41	28:22	33:45	625	/ 1:51:25	5:18 m/km
64	674	Heiko Hornung	F 65	/ M30-34	5:02:33	148	/ 28:46	04:30	1:19:04	0:54:51	0:29:30	384	/ 2:43:24	33,0 km/h	03:00	22:38	24:22	25:15	30:41	349	/ 1:42:55	4:54 m/km
65	800	Martin Schulze	F 66	/ M30-34	5:03:26	437	/ 31:51	03:07	1:22:01	0:55:57	0:29:52	525	/ 2:47:48	32,2 km/h	03:14	23:13	23:30	23:52	26:55	189	/ 1:37:28	4:38 m/km
66	637	Domenico Finocchiaro	F 67	/ M30-34	5:03:34	288	/ 30:47	04:16	1:19:53	0:54:41	0:28:50	383	/ 2:43:23	33,1 km/h	03:24	23:17	24:12	25:09	29:10	305	/ 1:41:47	4:51 m/km
67	662	Gerrit Hamacher	F 68	/ M30-34	5:03:45	1025	/ 35:48	02:53	1:14:24	0:51:43	0:28:14	134	/ 2:34:21	35,0 km/h	03:10	23:30	25:22	27:02	31:42	495	/ 1:47:35	5:07 m/km
68	717	Gary Lock	F 69	/ M30-34	5:04:20	341	/ 31:11	03:20	1:14:29	0:51:42	0:28:14	136	/ 2:34:24	35,0 km/h	03:02	24:26	27:02	28:20	32:39	665	/ 1:52:25	5:21 m/km
69	754	Mitchell Nova	F 70	/ M30-34	5:04:29	595	/ 33:02	05:16	1:20:04	0:56:11	0:28:18	429	/ 2:44:32	32,8 km/h	04:11	21:21	22:55	23:47	29:30	190	/ 1:37:31	4:39 m/km
70	796	Jens Schönhofen	F 71	/ M30-34	5:04:36	336	/ 31:09	03:42	1:21:48	0:54:58	0:29:02	474	/ 2:45:47	32,6 km/h	04:40	22:51	23:39	24:38	28:14	231	/ 1:39:20	4:44 m/km
71	586	Tobias Burkhardt	F 72	/ M30-34	5:05:58	609	/ 33:07	03:47	1:15:21	0:53:47	0:28:54	222	/ 2:38:01	34,2 km/h	03:18	21:36	23:27	27:51	34:54	503	/ 1:47:47	5:08 m/km
72	747	Juan Gabriel Moya	F 73	/ M30-34	5:06:16	167	/ 29:07	04:07	1:24:47	0:55:56	0:30:52	638	/ 2:51:35	31,5 km/h	04:07	23:48	23:04	22:58	27:32	185	/ 1:37:22	4:38 m/km

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M30-34

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
73	667	Steve Hellmann	F 74	/ M30-34	5:06:28	301	/ 30:55	07:06	1:19:13	0:56:00	0:30:04	450	/ 2:45:15	32,7 km/h	03:42	22:47	23:04	24:13	29:29	241	/ 1:39:32	4:44 m/km
74	615	Christian Damboldt	F 75	/ M30-34	5:06:29	334	/ 31:09	04:15	1:21:51	0:55:54	0:30:07	529	/ 2:47:52	32,2 km/h	03:14	22:00	24:05	25:55	28:03	252	/ 1:40:01	4:46 m/km
75	605	David Clère	F 76	/ M30-34	5:06:43	665	/ 33:24	03:44	1:20:56	0:55:30	0:29:09	464	/ 2:45:34	32,6 km/h	03:51	22:14	23:48	24:17	29:55	259	/ 1:40:13	4:46 m/km
76	645	Luis Garcia	F 77	/ M30-34	5:06:49	989	/ 35:33	03:11	1:15:51	0:53:20	0:28:58	227	/ 2:38:09	34,1 km/h	03:06	23:06	24:54	26:38	32:16	475	/ 1:46:53	5:05 m/km
77	613	Jose Luis Cuesta	F 78	/ M30-34	5:07:02	672	/ 33:26	03:40	1:20:39	0:55:50	0:29:04	462	/ 2:45:31	32,6 km/h	03:13	21:23	23:14	25:04	31:33	289	/ 1:41:13	4:49 m/km
78	782	Alvaro Rodriguez	F 79	/ M30-34	5:07:34	344	/ 31:12	03:12	1:21:14	0:53:56	0:28:31	393	/ 2:43:40	33,0 km/h	03:01	23:51	24:28	25:30	32:43	461	/ 1:46:31	5:04 m/km
79	676	Gijs Houtman	F 80	/ M30-34	5:07:44	455	/ 32:00	03:16	1:16:43	0:51:48	0:27:46	184	/ 2:36:15	34,6 km/h	03:36	25:39	25:54	27:45	33:21	672	/ 1:52:38	5:22 m/km
80	646	Miguel Angel Garcia Barcelo	F 81	/ M30-34	5:08:06	198	/ 29:33	03:53	1:18:18	0:55:03	0:29:41	376	/ 2:43:01	33,1 km/h	03:44	24:37	25:49	26:02	31:30	512	/ 1:47:56	5:08 m/km
81	778	Matthias Reinthaler	F 82	/ M30-34	5:08:07	1124	/ 36:52	04:10	1:15:26	0:53:38	0:29:12	231	/ 2:38:15	34,1 km/h	03:10	23:29	24:35	26:05	31:34	430	/ 1:45:41	5:02 m/km
82	737	Feargal McVeigh	F 83	/ M30-34	5:08:09	110	/ 28:12	05:17	1:21:00	0:55:29	0:28:57	455	/ 2:45:24	32,6 km/h	06:12	23:12	23:58	24:52	31:06	355	/ 1:43:07	4:55 m/km
83	723	Iain Macara	F 84	/ M30-34	5:08:11	34	/ 25:30	04:05	1:25:22	0:58:39	0:31:20	763	/ 2:55:21	30,8 km/h	02:56	22:16	23:27	24:11	30:29	269	/ 1:40:22	4:47 m/km
84	643	David Gallego	F 85	/ M30-34	5:08:22	298	/ 30:52	03:50	1:16:00	0:56:02	0:30:28	358	/ 2:42:29	33,2 km/h	03:37	22:13	24:46	26:10	34:28	497	/ 1:47:36	5:07 m/km
85	821	Jonathan Thomas	F 86	/ M30-34	5:08:27	622	/ 33:11	04:36	1:17:18	0:56:04	0:28:54	353	/ 2:42:16	33,3 km/h	04:02	24:06	25:24	25:54	29:02	394	/ 1:44:24	4:58 m/km
86	811	Mattias Sjöberg	F 87	/ M30-34	5:09:19	307	/ 30:59	04:04	1:19:47	0:57:55	0:29:59	521	/ 2:47:40	32,2 km/h	03:10	22:43	26:40	25:16	28:49	366	/ 1:43:28	4:56 m/km
87	592	Nico Canet	F 88	/ M30-34	5:09:24	475	/ 32:11	04:54	1:21:51	0:55:57	0:30:29	537	/ 2:48:15	32,1 km/h	03:04	23:36	24:04	24:08	29:14	282	/ 1:41:01	4:49 m/km
88	575	Anthony BEYNE	F 89	/ M30-34	5:09:25	139	/ 28:40	04:34	1:19:05	0:56:30	0:30:02	465	/ 2:45:36	32,6 km/h	02:59	23:33	26:08	26:59	31:00	499	/ 1:47:39	5:08 m/km
89	775	Luke Reed	F 90	/ M30-34	5:09:34	594	/ 33:01	04:08	1:22:40	0:56:25	0:30:28	581	/ 2:49:32	31,9 km/h	03:07	21:47	23:54	24:52	29:18	244	/ 1:39:49	4:45 m/km
90	564	Kieran Bailey	F 91	/ M30-34	5:09:39	1024	/ 35:48	03:38	1:17:25	0:54:54	0:27:54	276	/ 2:40:12	33,7 km/h	02:37	23:45	25:17	26:05	32:21	492	/ 1:47:25	5:07 m/km
91	701	Nicholas Lamb	F 92	/ M30-34	5:11:22	430	/ 31:43	04:32	1:21:40	0:54:56	0:29:47	489	/ 2:46:22	32,5 km/h	03:22	22:57	25:13	26:40	30:35	421	/ 1:45:25	5:01 m/km
92	579	Andres Bolumburu	F 93	/ M30-34	5:11:48	511	/ 32:31	03:51	1:26:15	0:56:50	0:30:16	702	/ 2:53:20	31,2 km/h	02:54	22:21	23:20	23:49	29:46	230	/ 1:39:15	4:44 m/km
93	836	Franck Vuailat	F 94	/ M30-34	5:12:46	302	/ 30:56	04:19	1:23:35	0:58:31	0:31:26	710	/ 2:53:30	31,1 km/h	03:05	21:22	23:11	25:13	31:12	280	/ 1:40:58	4:48 m/km
94	817	Michel Stradiotto	F 95	/ M30-34	5:13:26	747	/ 33:46	03:16	1:24:25	0:54:19	0:27:59	499	/ 2:46:43	32,4 km/h	03:20	25:27	25:45	26:13	28:59	454	/ 1:46:23	5:04 m/km
95	805	Enrique Sendagorta	F 96	/ M30-34	5:13:31	539	/ 32:43	04:12	1:23:14	0:56:46	0:29:58	595	/ 2:49:57	31,8 km/h	03:44	23:58	24:47	24:42	29:31	352	/ 1:42:57	4:54 m/km
96	611	Guy Cotter	F 97	/ M30-34	5:13:32	692	/ 33:30	03:05	1:24:04	0:57:52	0:31:38	714	/ 2:53:33	31,1 km/h	03:35	23:26	24:33	24:27	27:27	247	/ 1:39:51	4:45 m/km

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M30-34

Rank	Bib	Name	Pos	Cat	Ofical Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
97	582	Daniel Boultyby	F 98	/ M30-34	5:13:49	832	/ 34:23	04:10	1:23:20	0:55:28	0:30:52	585	/ 2:49:39	31,8 km/h	03:26	23:05	24:14	25:19	29:37	318	/ 1:42:13	4:52 m/km
98	786	Oriol Rubio Carbó	F 99	/ M30-34	5:13:52	874	/ 34:39	03:56	1:20:44	0:58:44	0:29:58	578	/ 2:49:25	31,9 km/h	03:05	23:09	25:05	25:15	29:21	343	/ 1:42:49	4:54 m/km
99	755	Julien Noye	F100	/M30-34	5:14:58	706	/ 33:34	04:52	1:18:27	0:58:04	0:28:55	456	/ 2:45:24	32,6 km/h	03:23	23:45	25:54	27:17	30:51	504	/ 1:47:47	5:08 m/km
100	699	Robert Kretzer	F101	/M30-34	5:15:10	532	/ 32:40	03:34	1:20:00	0:54:53	0:28:48	392	/ 2:43:39	33,0 km/h	03:41	23:33	26:53	28:35	32:39	635	/ 1:51:38	5:19 m/km
101	649	Marc Garciapons	F102	/M30-34	5:15:13	476	/ 32:11	06:08	1:22:20	0:57:57	0:31:56	659	/ 2:52:13	31,4 km/h	05:30	23:10	23:50	24:21	27:55	229	/ 1:39:14	4:44 m/km
102	580	Peter Boronkay	F103	/M30-34	5:15:54	464	/ 32:04	05:31	1:27:32	0:56:43	0:28:11	669	/ 2:52:25	31,3 km/h	04:19	23:21	23:04	25:15	29:59	297	/ 1:41:37	4:50 m/km
103	588	Joan Calvera	F104	/M30-34	5:15:55	567	/ 32:56	04:14	1:23:01	0:57:48	0:32:01	682	/ 2:52:49	31,2 km/h	03:40	21:51	23:59	26:07	30:23	325	/ 1:42:19	4:52 m/km
104	769	Adam Poole	F105	/M30-34	5:16:21	626	/ 33:13	04:05	1:25:53	0:58:31	0:30:25	753	/ 2:54:48	30,9 km/h	04:13	22:48	23:16	24:47	29:15	256	/ 1:40:04	4:46 m/km
105	668	Mario Hennemann	F106	/M30-34	5:16:35	1015	/ 35:46	04:51	1:26:14	0:58:00	0:30:54	761	/ 2:55:08	30,8 km/h	04:06	22:15	23:14	23:49	27:31	178	/ 1:36:47	4:37 m/km
106	677	Kim Højberg-Jensen	F107	/M30-34	5:16:49	73	/ 27:21	07:13	1:19:59	0:55:41	0:30:17	476	/ 2:45:56	32,5 km/h	03:33	23:29	26:02	28:22	34:56	677	/ 1:52:47	5:22 m/km
107	694	MOSCHOS KANTIS	F108	/M30-34	5:16:53	1190	/ 37:38	04:53	1:21:22	0:54:08	0:28:35	409	/ 2:44:04	32,9 km/h	06:07	24:38	27:17	25:18	26:59	384	/ 1:44:11	4:58 m/km
108	634	Nathan Fenton	F109	/M30-34	5:17:12	388	/ 31:29	04:19	1:17:43	0:56:23	0:30:44	438	/ 2:44:50	32,8 km/h	03:05	24:29	26:04	29:04	33:56	707	/ 1:53:31	5:24 m/km
109	616	James davies	F110	/M30-34	5:17:50	1363	/ 39:40	04:59	1:21:32	0:57:49	0:31:47	623	/ 2:51:07	31,6 km/h	03:34	22:18	23:24	24:28	28:25	213	/ 1:38:33	4:42 m/km
110	578	Matthew Blake	F111	/M30-34	5:18:06	585	/ 33:00	06:45	1:16:31	0:55:23	0:29:19	311	/ 2:41:11	33,5 km/h	03:05	24:03	25:59	28:36	35:30	729	/ 1:54:07	5:26 m/km
111	692	José Antonio Julián Morillas	F112	/M30-34	5:18:18	923	/ 35:05	03:10	1:17:56	0:55:23	0:30:45	408	/ 2:44:03	32,9 km/h	03:41	24:59	28:14	28:17	30:52	660	/ 1:52:22	5:21 m/km
112	623	Sergi Domeño Baztan	F113	/M30-34	5:18:48	1088	/ 36:22	04:24	1:16:30	0:53:06	0:29:18	242	/ 2:38:53	34,0 km/h	05:09	23:37	26:23	30:05	33:58	724	/ 1:54:02	5:26 m/km
113	700	Kris Lachor	F114	/M30-34	5:19:50	582	/ 32:59	04:52	1:20:30	0:53:26	0:27:55	332	/ 2:41:50	33,4 km/h	04:17	25:34	29:03	28:40	32:38	788	/ 1:55:54	5:31 m/km
114	655	Gastón Gonzalez	F115	/M30-34	5:20:13	103	/ 28:04	03:52	1:23:14	0:57:51	0:31:09	658	/ 2:52:13	31,4 km/h	03:48	24:39	26:17	26:46	34:37	658	/ 1:52:18	5:21 m/km
115	707	Peep Leino	F116	/M30-34	5:20:14	1429	/ 41:04	03:33	1:17:50	0:54:30	0:29:28	330	/ 2:41:47	33,4 km/h	03:30	23:32	25:36	27:33	33:42	595	/ 1:50:22	5:15 m/km
116	816	Sven Storm	F117	/M30-34	5:20:16	365	/ 31:20	03:46	1:21:52	0:54:34	0:28:51	452	/ 2:45:16	32,7 km/h	03:06	28:26	25:28	31:09	31:49	811	/ 1:56:50	5:34 m/km
117	621	Jean Demuth	F118	/M30-34	5:20:31	816	/ 34:17	05:06	1:24:00	0:56:29	0:30:08	608	/ 2:50:36	31,7 km/h	03:45	24:24	26:07	26:42	29:36	473	/ 1:46:48	5:05 m/km
118	818	Kristof Swalens	F119	/M30-34	5:20:47	304	/ 30:57	04:15	1:25:17	0:53:58	0:28:44	532	/ 2:47:59	32,1 km/h	04:34	25:40	27:09	28:21	31:54	691	/ 1:53:03	5:23 m/km
119	627	Barry Dunne	F120	/M30-34	5:21:14	1021	/ 35:48	05:09	1:19:02	0:54:19	0:28:56	352	/ 2:42:16	33,3 km/h	06:29	23:49	26:01	29:11	32:33	629	/ 1:51:33	5:19 m/km
120	656	Juan Ignacio Nacho Gonzalez	F121	/M30-34	5:21:17	130	/ 28:30	04:34	1:24:47	0:58:05	0:30:54	717	/ 2:53:45	31,1 km/h	06:00	23:45	24:58	26:20	33:30	530	/ 1:48:31	5:10 m/km





# THOMAS COOK IRONMAN 70.3 MALLORCA

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M30-34

Rank	Bib	Name	Pos	Cat	Ofical Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel			
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km						
121	744	Jose Manuel Morales Chico	F122	/M30-34	5:21:44	838	/	34:25	04:03	1:23:15	0:57:06	0:31:11	634	/	2:51:31	31,5 km/h	05:11	24:04	25:10	26:18	31:04	465	/	1:46:35	5:05 m/km
122	710	Stephan Lewerenz	F123	/M30-34	5:21:56	678	/	33:28	04:59	1:22:26	0:54:25	0:28:38	459	/	2:45:29	32,6 km/h	03:39	24:43	26:41	28:38	34:22	741	/	1:54:23	5:27 m/km
123	691	Gregg Jones	F124	/M30-34	5:22:03	759	/	33:48	04:50	1:23:51	0:54:13	0:28:18	487	/	2:46:21	32,5 km/h	04:11	25:21	26:17	27:38	33:41	684	/	1:52:56	5:23 m/km
124	752	Markus Nivala	F125	/M30-34	5:22:17	448	/	31:56	04:47	1:23:50	0:56:17	0:29:11	570	/	2:49:17	31,9 km/h	04:12	25:44	27:24	28:07	30:53	649	/	1:52:07	5:20 m/km
125	612	Alessandro Cristini	F126	/M30-34	5:22:47	715	/	33:37	04:39	1:25:58	0:59:51	0:32:24	853	/	2:58:12	30,3 km/h	02:55	24:32	24:35	25:06	29:15	365	/	1:43:26	4:56 m/km
126	820	Patrick Thevis	F127	/M30-34	5:23:18	755	/	33:47	04:20	1:22:47	0:56:26	0:29:33	557	/	2:48:45	32,0 km/h	03:24	25:40	26:13	28:02	33:10	692	/	1:53:03	5:23 m/km
127	824	David Torrijos	F128	/M30-34	5:23:39	498	/	32:25	03:43	1:22:03	0:56:32	0:29:37	535	/	2:48:11	32,1 km/h	03:15	29:38	28:20	26:24	31:46	794	/	1:56:07	5:32 m/km
128	665	Derek Hayden	F130	/M30-34	5:24:22	1070	/	36:11	03:03	1:23:37	0:58:01	0:31:39	701	/	2:53:17	31,2 km/h	03:58	23:22	25:02	26:55	32:37	510	/	1:47:55	5:08 m/km
129	792	Tom Sas	F131	/M30-34	5:24:44	833	/	34:24	04:47	1:26:11	0:55:59	0:30:35	678	/	2:52:44	31,3 km/h	03:55	23:17	24:24	26:29	34:48	541	/	1:48:57	5:11 m/km
130	681	Robin Hutchison	F132	/M30-34	5:24:53	346	/	31:13	05:24	1:25:39	0:56:28	0:31:15	703	/	2:53:21	31,2 km/h	03:55	24:50	25:38	26:40	33:56	616	/	1:51:02	5:17 m/km
131	749	Miguel Murray	F133	/M30-34	5:25:12	695	/	33:31	04:58	1:27:13	0:58:46	0:31:08	816	/	2:57:07	30,5 km/h	04:04	22:45	23:55	26:08	32:48	426	/	1:45:34	5:02 m/km
132	563	Ronan Allen	F134	/M30-34	5:25:31	1081	/	36:18	03:42	1:21:16	0:55:33	0:29:50	496	/	2:46:37	32,4 km/h	02:56	26:16	27:48	28:02	33:55	790	/	1:55:59	5:31 m/km
133	561	Simon Aguila	F135	/M30-34	5:25:46	331	/	31:08	04:43	1:28:49	0:57:28	0:31:37	846	/	2:57:53	30,4 km/h	03:19	24:39	25:59	27:05	31:03	535	/	1:48:44	5:11 m/km
134	799	Tommy Schrick	F136	/M30-34	5:26:20	83	/	27:43	03:42	1:18:22	0:53:51	0:30:26	364	/	2:42:38	33,2 km/h	02:30	23:41	32:34	31:36	41:59	1172	/	2:09:49	6:11 m/km
135	753	Nikolai Nogovitsin	F137	/M30-34	5:26:35	913	/	35:01	06:41	1:26:57	1:00:33	0:31:22	877	/	2:58:51	30,2 km/h	03:17	22:50	24:38	25:28	29:52	341	/	1:42:46	4:54 m/km
136	807	Borja Sierra calvo	F138	/M30-34	5:26:43	906	/	34:59	04:44	1:22:24	0:56:33	0:30:22	573	/	2:49:18	31,9 km/h	03:49	25:15	26:56	27:58	33:47	718	/	1:53:56	5:26 m/km
137	731	FerrAn Marsà	F139	/M30-34	5:26:48	576	/	32:57	05:22	1:24:28	0:58:15	0:31:22	731	/	2:54:04	31,0 km/h	04:21	24:35	25:24	27:10	32:59	582	/	1:50:06	5:15 m/km
138	704	Nick Lawry	F140	/M30-34	5:26:52	236	/	30:05	04:56	1:26:21	0:57:44	0:30:41	751	/	2:54:45	30,9 km/h	03:20	24:34	28:04	28:12	32:58	714	/	1:53:47	5:25 m/km
139	583	John Brame	F141	/M30-34	5:27:21	94	/	27:53	03:08	1:17:42	0:57:13	0:31:18	485	/	2:46:12	32,5 km/h	03:25	29:51	28:41	32:25	35:50	1099	/	2:06:45	6:02 m/km
140	758	Borja Ortiz	F142	/M30-34	5:27:52	625	/	33:12	03:00	1:27:52	0:57:37	0:32:05	829	/	2:57:33	30,4 km/h	03:37	26:33	26:06	25:21	32:32	601	/	1:50:31	5:16 m/km
141	779	Sergi Riba Massana	F143	/M30-34	5:28:01	408	/	31:36	05:33	1:25:24	0:56:46	0:31:06	699	/	2:53:15	31,2 km/h	05:59	24:06	26:23	28:21	32:52	637	/	1:51:40	5:19 m/km
142	595	Robbie Caraher	F144	/M30-34	5:28:03	1437	/	41:13	03:10	1:20:16	0:54:57	0:27:38	369	/	2:42:50	33,2 km/h	04:27	25:39	27:45	29:07	33:55	801	/	1:56:24	5:33 m/km
143	732	Sergi Martin Gomez	F145	/M30-34	5:28:54	873	/	34:39	04:34	1:23:22	0:56:22	0:30:01	588	/	2:49:45	31,8 km/h	03:52	25:30	27:38	28:54	34:06	793	/	1:56:06	5:32 m/km
144	622	Steven DeQuincey	F146	/M30-34	5:29:58	109	/	28:10	04:43	1:19:36	0:55:51	0:29:22	436	/	2:44:49	32,8 km/h	03:26	26:14	32:21	32:22	37:58	1150	/	2:08:53	6:08 m/km





# THOMAS COOK IRONMAN 70.3 MALLORCA

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M30-34

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel			
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km						
145	745	Ezequiel Manuel Moreno	F147	/M30-34	5:30:15	203	/	29:37	03:34	1:31:11	0:58:50	0:32:53	995	/	3:02:53	29,5 km/h	02:46	25:38	26:24	27:32	31:54	626	/	1:51:27	5:18 m/km
146	568	Patrick Becker	F148	/M30-34	5:30:50	1064	/	36:09	04:39	1:21:49	0:56:37	0:30:47	568	/	2:49:12	31,9 km/h	02:51	24:09	28:34	29:10	36:10	848	/	1:58:01	5:37 m/km
147	804	Joris Sels	F149	/M30-34	5:31:07	601	/	33:04	03:17	1:29:50	0:54:36	0:28:48	698	/	2:53:13	31,2 km/h	04:05	25:31	27:53	30:33	33:34	831	/	1:57:30	5:36 m/km
148	720	Eric Louw	F150	/M30-34	5:31:26	180	/	29:17	04:36	1:27:24	0:59:43	0:31:59	887	/	2:59:05	30,2 km/h	03:18	24:12	27:24	28:28	35:10	763	/	1:55:12	5:29 m/km
149	599	Dean Carroll	F151	/M30-34	5:32:06	1241	/	38:21	03:42	1:30:48	0:57:27	0:32:06	919	/	3:00:19	29,9 km/h	02:44	23:46	24:10	26:30	32:38	482	/	1:47:03	5:06 m/km
150	672	Per Holenmark	F152	/M30-34	5:33:27	1409	/	40:37	06:42	1:31:05	1:02:17	0:34:52	1134	/	3:08:14	28,7 km/h	04:25	22:06	23:32	22:26	25:28	130	/	1:33:31	4:27 m/km
151	666	Ronni Heis	F153	/M30-34	5:33:33	1053	/	36:03	03:53	1:20:47	0:54:53	0:29:24	445	/	2:45:03	32,7 km/h	03:56	24:29	27:04	33:16	39:51	1051	/	2:04:39	5:56 m/km
152	764	Josep Perello	F154	/M30-34	5:33:42	1213	/	37:58	04:44	1:22:15	0:55:12	0:29:21	500	/	2:46:47	32,4 km/h	03:14	26:43	27:55	30:47	35:38	948	/	2:01:01	5:46 m/km
153	770	Christian Powell	F155	/M30-34	5:34:40	870	/	34:38	03:46	1:24:18	1:13:41	0:35:25	1248	/	3:13:23	27,9 km/h	03:48	21:37	23:22	24:45	29:23	227	/	1:39:05	4:43 m/km
154	718	Tomas Lopez castellanos	F156	/M30-34	5:35:16	545	/	32:46	07:07	1:28:51	1:00:41	0:32:49	984	/	3:02:21	29,6 km/h	05:43	22:42	24:18	26:29	33:53	488	/	1:47:21	5:07 m/km
155	1912	Antonio Salas Ferrer	F157	/M30-34	5:36:21	901	/	34:54	06:32	1:21:32	0:58:08	0:32:32	654	/	2:52:11	31,4 km/h	05:20	23:47	27:47	30:22	35:31	828	/	1:57:26	5:36 m/km
156	562	Greg Albiston	F158	/M30-34	5:36:29	618	/	33:10	04:59	1:18:27	0:55:02	0:30:57	423	/	2:44:25	32,8 km/h	05:42	28:23	29:57	32:07	37:48	1132	/	2:08:14	6:06 m/km
157	659	Paul Griffin	F159	/M30-34	5:36:39	574	/	32:57	03:43	1:21:16	0:57:24	0:28:57	517	/	2:47:36	32,2 km/h	04:03	25:58	28:06	35:32	38:46	1134	/	2:08:21	6:07 m/km
158	619	Pablo De Roda	F160	/M30-34	5:37:11	295	/	30:50	05:26	1:26:37	0:56:35	0:30:47	726	/	2:53:57	31,0 km/h	05:36	25:58	28:28	30:46	36:13	959	/	2:01:23	5:47 m/km
159	703	David Law	F161	/M30-34	5:37:23	1465	/	41:58	05:00	1:11:38	0:53:11	0:28:04	110	/	2:32:52	35,3 km/h	10:04	28:35	31:01	31:06	36:49	1117	/	2:07:30	6:04 m/km
160	742	Béla Mittelholcz	F162	/M30-34	5:38:10	1581	/	46:08	04:16	1:27:51	0:58:47	0:31:56	865	/	2:58:33	30,2 km/h	04:48	23:25	25:29	25:35	30:00	396	/	1:44:28	4:58 m/km
161	609	Vicente Cortina	F163	/M30-34	5:38:42	776	/	33:56	04:17	1:26:28	1:03:38	0:30:51	942	/	3:00:56	29,8 km/h	03:49	26:31	27:25	28:41	33:10	784	/	1:55:45	5:31 m/km
162	661	Herman Alexis Gunther	F164	/M30-34	5:39:15	849	/	34:28	04:08	1:20:37	0:55:20	0:29:45	467	/	2:45:41	32,6 km/h	03:54	27:11	30:50	33:25	39:40	1200	/	2:11:06	6:15 m/km
163	788	Dani Salas	F165	/M30-34	5:40:10	200	/	29:34	03:43	1:35:17	1:03:38	0:34:40	1250	/	3:13:34	27,9 km/h	03:15	24:27	25:58	27:00	32:42	586	/	1:50:06	5:15 m/km
164	776	Stuart Rees	F166	/M30-34	5:41:04	809	/	34:15	05:11	1:29:01	0:58:27	0:31:06	866	/	2:58:34	30,2 km/h	04:49	25:26	28:39	29:54	34:19	857	/	1:58:17	5:38 m/km
165	829	Jesus Valero Gálvez	F167	/M30-34	5:41:18	1245	/	38:22	03:22	1:24:19	0:59:26	0:33:18	814	/	2:57:03	30,5 km/h	03:03	28:30	27:42	29:19	34:01	896	/	1:59:30	5:41 m/km
166	809	Alistair Simpson	F168	/M30-34	5:41:30	332	/	31:08	04:14	1:29:22	1:01:07	0:34:01	1044	/	3:04:29	29,3 km/h	04:07	25:25	28:33	29:53	33:44	832	/	1:57:34	5:36 m/km
167	600	Pedro Castelló Iglesias	F169	/M30-34	5:42:32	1034	/	35:55	05:18	1:27:13	0:59:35	0:35:11	973	/	3:01:57	29,7 km/h	03:49	24:55	25:11	27:11	38:20	779	/	1:55:35	5:30 m/km
168	726	Allan Madsen	F170	/M30-34	5:42:35	1292	/	38:52	10:48	1:30:28	1:01:55	0:34:01	1084	/	3:06:23	29,0 km/h	06:24	22:11	23:23	25:08	29:30	258	/	1:40:11	4:46 m/km

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M30-34

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel			
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km						
169	833	Marinos Vasilas	F171	/M30-34	5:42:36	815	/	34:16	05:02	1:25:50	0:55:28	0:30:09	630	/	2:51:26	31,5 km/h	03:29	24:15	26:04	36:23	41:45	1135	/	2:08:25	6:07 m/km
170	736	Neil McLaughlin	F172	/M30-34	5:44:33	1394	/	40:19	05:22	1:27:03	1:01:01	0:33:04	949	/	3:01:07	29,8 km/h	06:33	23:52	25:27	27:22	34:35	624	/	1:51:15	5:18 m/km
171	664	Thomas Hartmann	F173	/M30-34	5:44:58	1463	/	41:56	07:41	1:27:16	0:57:12	0:31:20	777	/	2:55:48	30,7 km/h	08:42	24:36	26:11	27:34	32:33	611	/	1:50:53	5:17 m/km
172	794	Sebastian Schlegel	F174	/M30-34	5:45:00	230	/	30:03	04:02	1:27:20	0:59:43	0:32:18	894	/	2:59:19	30,1 km/h	03:03	25:09	29:47	33:25	40:14	1143	/	2:08:34	6:07 m/km
173	688	Wayne Johnstone	F175	/M30-34	5:45:12	107	/	28:08	04:10	1:27:28	0:56:47	0:32:42	806	/	2:56:56	30,5 km/h	05:56	27:03	27:56	32:38	42:30	1183	/	2:10:04	6:12 m/km
174	802	Edu Segura	F176	/M30-34	5:45:38	356	/	31:17	06:04	1:23:12	0:58:11	0:30:56	666	/	2:52:18	31,3 km/h	05:02	29:30	31:45	31:28	38:16	1196	/	2:10:57	6:14 m/km
175	837	Quirien Waaijer	F177	/M30-34	5:45:57	932	/	35:09	03:23	1:22:31	0:53:23	0:28:01	402	/	2:43:55	32,9 km/h	05:06	28:10	31:30	35:22	43:25	1334	/	2:18:26	6:36 m/km
176	746	James Motley	F178	/M30-34	5:46:22	583	/	33:00	06:02	1:25:06	0:56:42	0:30:59	681	/	2:52:47	31,3 km/h	06:01	25:49	29:48	33:32	39:27	1144	/	2:08:35	6:07 m/km
177	636	Iker Fernandez	F179	/M30-34	5:47:04	1060	/	36:06	05:15	1:24:34	0:59:29	0:35:38	901	/	2:59:40	30,1 km/h	05:45	26:43	28:42	32:48	32:09	927	/	2:00:19	5:44 m/km
178	679	David Hughes	F180	/M30-34	5:47:10	1401	/	40:25	04:34	1:31:36	0:55:35	0:30:23	828	/	2:57:33	30,4 km/h	04:15	26:41	29:39	30:20	33:47	930	/	2:00:25	5:44 m/km
179	716	Miguel Lobera Jones	F181	/M30-34	5:48:20	183	/	29:20	03:48	1:31:38	1:00:04	0:34:37	1083	/	3:06:18	29,0 km/h	04:39	27:06	29:04	30:32	37:37	1042	/	2:04:17	5:55 m/km
180	825	Jan Trappschuh	F182	/M30-34	5:49:28	781	/	33:59	05:55	1:35:53	1:00:47	0:34:02	1193	/	3:10:41	28,3 km/h	06:50	25:15	27:04	27:34	32:13	647	/	1:52:04	5:20 m/km
181	814	Daan Spoelstra	F183	/M30-34	5:49:57	964	/	35:23	06:16	1:29:55	0:58:55	0:32:21	952	/	3:01:10	29,8 km/h	05:35	26:41	29:56	28:28	36:31	969	/	2:01:35	5:47 m/km
182	739	Bart Mertens	F184	/M30-34	5:50:41	675	/	33:27	03:51	1:31:56	0:59:59	0:32:23	1038	/	3:04:17	29,3 km/h	04:01	25:25	29:31	30:53	39:20	1061	/	2:05:07	5:57 m/km
183	650	Toni Garciapons Capell	F185	/M30-34	5:50:54	685	/	33:29	05:02	1:32:31	1:02:30	0:35:38	1192	/	3:10:38	28,3 km/h	04:23	25:46	27:21	30:35	33:43	825	/	1:57:25	5:35 m/km
184	574	Roger Bernat Macián	F186	/M30-34	5:51:25	890	/	34:50	05:18	1:30:10	0:58:57	0:34:20	1013	/	3:03:27	29,4 km/h	04:01	27:04	28:57	30:46	37:07	1029	/	2:03:52	5:54 m/km
185	675	Travis Hough	F187	/M30-34	5:51:57	772	/	33:52	07:04	1:24:52	0:57:56	0:32:05	754	/	2:54:52	30,9 km/h	10:09	25:34	31:30	32:14	36:45	1077	/	2:06:02	6:00 m/km
186	640	Bartomeu Fluxà Sureda	F188	/M30-34	5:52:15	1029	/	35:53	04:49	1:24:23	0:54:24	0:30:41	579	/	2:49:26	31,9 km/h	03:52	30:12	35:16	33:50	39:00	1332	/	2:18:17	6:35 m/km
187	696	Mark Kell	F189	/M30-34	5:52:44	713	/	33:36	04:54	1:30:11	0:58:55	0:32:32	963	/	3:01:37	29,7 km/h	04:25	28:05	29:45	31:06	39:21	1133	/	2:08:15	6:06 m/km
188	772	Frank Kim Pullmann	F190	/M30-34	5:52:50	1006	/	35:42	03:59	1:25:30	0:59:00	0:33:24	845	/	2:57:53	30,4 km/h	05:37	30:27	29:17	31:54	38:03	1168	/	2:09:40	6:10 m/km
189	842	Màrius Zorrilla	F191	/M30-34	5:52:51	637	/	33:18	06:22	1:29:33	1:03:12	0:36:23	1153	/	3:09:07	28,6 km/h	05:51	26:05	26:27	30:34	35:10	853	/	1:58:14	5:38 m/km
190	832	Sven Van roeyen	F192	/M30-34	5:53:24	1220	/	38:06	06:18	1:23:04	0:56:55	0:28:48	558	/	2:48:46	32,0 km/h	06:15	28:54	31:08	32:36	41:25	1242	/	2:14:01	6:23 m/km
191	625	Bodo Dresel	F193	/M30-34	5:53:45	544	/	32:45	05:33	1:27:11	0:56:35	0:29:46	712	/	2:53:31	31,1 km/h	06:15	29:10	33:18	33:59	39:17	1272	/	2:15:43	6:28 m/km
192	593	Jose antonio Perez Canovas	F194	/M30-34	5:54:41	1524	/	43:45	06:24	1:30:53	1:01:53	0:35:41	1138	/	3:08:26	28,7 km/h	04:32	25:18	26:32	27:24	32:23	630	/	1:51:35	5:19 m/km



# THOMAS COOK IRONMAN 70.3 MALLORCA

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M30-34

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel			
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km						
193	738	Martin Menzel	F195	/M30-34	5:55:15	342	/	31:12	06:56	1:35:05	1:01:56	0:33:50	1196	/	3:10:49	28,3 km/h	04:01	27:18	28:59	30:59	35:02	989	/	2:02:17	5:49 m/km
194	740	Maciej Michalski	F196	/M30-34	5:55:52	561	/	32:52	05:40	1:26:34	0:58:37	0:31:06	788	/	2:56:16	30,6 km/h	04:07	27:48	33:16	36:00	39:56	1303	/	2:16:59	6:31 m/km
195	617	José De Andrés Abad	F197	/M30-34	5:56:06	339	/	31:10	06:37	1:30:14	0:59:13	0:34:08	1017	/	3:03:34	29,4 km/h	04:52	28:52	29:36	31:06	40:22	1174	/	2:09:55	6:11 m/km
196	629	Tyron Edmonds	F198	/M30-34	5:56:17	822	/	34:20	08:12	1:35:00	1:04:49	0:32:55	1232	/	3:12:43	28,0 km/h	05:18	26:48	27:39	27:56	33:24	785	/	1:55:46	5:31 m/km
197	651	David Gaunt	F199	/M30-34	5:56:43	1164	/	37:14	05:53	1:32:01	1:04:10	0:35:19	1210	/	3:11:29	28,2 km/h	08:29	26:54	26:55	26:32	33:20	712	/	1:53:40	5:25 m/km
198	590	Glenn Campbell	F200	/M30-34	5:57:54	1027	/	35:51	05:40	1:24:25	0:59:56	0:37:51	979	/	3:02:11	29,6 km/h	05:18	28:50	33:33	30:11	36:24	1152	/	2:08:56	6:08 m/km
199	658	Per Grape	F201	/M30-34	6:00:38	1012	/	35:44	05:48	1:33:55	0:58:55	0:32:21	1054	/	3:05:10	29,2 km/h	05:57	28:17	31:08	32:01	36:36	1129	/	2:08:01	6:06 m/km
200	706	Alexandre Lehembre	F202	/M30-34	6:00:40	1212	/	37:58	07:02	1:31:17	1:03:52	0:34:05	1156	/	3:09:13	28,5 km/h	07:24	25:27	27:05	29:08	37:27	886	/	1:59:05	5:40 m/km
201	801	Chris Scott	F203	/M30-34	6:00:48	602	/	33:04	04:38	1:29:50	1:00:14	0:32:34	992	/	3:02:37	29,6 km/h	04:04	28:43	31:58	33:56	41:51	1289	/	2:16:27	6:30 m/km
202	657	David Gonzalez Gonzalez	F204	/M30-34	6:01:12	549	/	32:47	05:16	1:31:11	1:01:27	0:33:02	1073	/	3:05:39	29,1 km/h	06:03	26:30	29:32	33:03	42:25	1208	/	2:11:29	6:16 m/km
203	639	Eduardo Florit	F205	/M30-34	6:01:31	785	/	34:02	06:34	1:34:18	0:59:55	0:33:52	1130	/	3:08:05	28,7 km/h	03:41	28:20	30:23	33:13	37:16	1158	/	2:09:11	6:09 m/km
204	603	Horacio Claramonte Murgia	F206	/M30-34	6:02:26	1440	/	41:17	05:30	1:34:21	1:01:11	0:33:23	1146	/	3:08:54	28,6 km/h	04:53	26:46	30:31	30:50	33:48	976	/	2:01:54	5:48 m/km
205	695	Munier Kearns	F207	/M30-34	6:03:11	808	/	34:14	06:00	1:33:14	1:00:02	0:34:29	1121	/	3:07:44	28,8 km/h	04:35	27:19	30:02	32:23	40:57	1193	/	2:10:40	6:13 m/km
206	835	Sintu Vives	F208	/M30-34	6:08:53	1642	/	00:43	13:56	1:33:39	1:02:09	0:32:48	1139	/	3:08:35	28,6 km/h	05:08	22:53	24:19	25:10	28:12	272	/	1:40:33	4:47 m/km
207	766	Steve Petri	F209	/M30-34	6:08:54	1530	/	43:59	03:49	1:37:06	1:01:31	0:34:41	1247	/	3:13:18	27,9 km/h	04:20	28:49	29:36	29:32	35:35	1020	/	2:03:30	5:53 m/km
208	777	Geraint Rees	F210	/M30-34	6:12:06	1444	/	41:21	07:57	1:33:13	1:02:37	0:35:36	1209	/	3:11:25	28,2 km/h	05:17	26:36	28:43	31:57	38:53	1080	/	2:06:07	6:00 m/km
209	735	Michael McArdle	F211	/M30-34	6:12:31	1413	/	40:40	07:32	1:34:41	1:01:29	0:35:03	1204	/	3:11:11	28,2 km/h	05:20	27:01	29:59	32:39	38:12	1124	/	2:07:49	6:05 m/km
210	728	Rene Mamet	F212	/M30-34	6:13:47	1442	/	41:18	05:30	1:37:43	1:00:00	0:32:38	1184	/	3:10:19	28,4 km/h	04:28	29:58	29:43	32:26	40:08	1218	/	2:12:14	6:18 m/km
211	647	Gerard Garcia Puigpelat	F213	/M30-34	6:14:11	1371	/	39:48	05:58	1:28:49	1:02:30	0:35:37	1100	/	3:06:56	28,9 km/h	06:17	29:08	32:23	34:27	39:18	1266	/	2:15:15	6:26 m/km
212	598	Matthew Carroll	F214	/M30-34	6:14:46	1043	/	35:59	03:46	1:34:04	1:02:15	0:35:27	1216	/	3:11:45	28,2 km/h	04:02	31:58	32:46	34:06	40:27	1347	/	2:19:16	6:38 m/km
213	756	Javier Nuche	F215	/M30-34	6:14:47	983	/	35:30	05:47	1:29:12	1:03:03	0:36:09	1136	/	3:08:23	28,7 km/h	05:58	31:13	34:05	34:40	39:13	1343	/	2:19:10	6:38 m/km
214	806	Farid Shawish	F216	/M30-34	6:16:30	641	/	33:19	06:03	1:33:41	1:03:15	0:34:20	1206	/	3:11:15	28,2 km/h	04:48	27:14	35:43	38:04	40:07	1368	/	2:21:08	6:43 m/km
215	828	Ignacio Francisco Uribe	F217	/M30-34	6:16:31	620	/	33:10	04:20	1:40:13	1:02:45	0:35:01	1337	/	3:17:57	27,3 km/h	03:59	31:37	35:52	31:41	37:59	1306	/	2:17:07	6:32 m/km
216	790	Andres Sanchez	F218	/M30-34	6:17:30	1640	/	58:35	06:20	1:38:55	1:06:29	0:36:37	1389	/	3:22:01	26,7 km/h	05:22	24:46	24:32	26:03	29:54	412	/	1:45:14	5:01 m/km



Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M30-34

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel			
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km						
217	823	Marko Töll	F219	/M30-34	6:18:22	1209	/	37:56	04:44	1:40:59	1:03:19	0:35:52	1371	/	3:20:09	27,0 km/h	05:12	30:02	29:59	30:55	39:27	1186	/	2:10:22	6:12 m/km
218	783	Noel Rodriguez	F220	/M30-34	6:18:36	1396	/	40:22	04:25	1:34:55	1:03:31	0:35:21	1254	/	3:13:45	27,9 km/h	03:54	29:42	34:05	35:06	37:20	1284	/	2:16:11	6:29 m/km
219	604	Michael Clarke	F221	/M30-34	6:20:13	986	/	35:31	05:56	1:40:12	1:02:27	0:34:34	1319	/	3:17:12	27,4 km/h	06:43	28:50	32:24	35:37	38:03	1256	/	2:14:53	6:25 m/km
220	567	Felipe Baselga Múgica	F222	/M30-34	6:21:01	770	/	33:51	05:44	1:47:54	1:09:21	0:39:10	1516	/	3:36:23	25,0 km/h	05:23	26:10	26:58	30:38	35:57	903	/	1:59:42	5:42 m/km
221	714	Eduard Edu Llavat	F223	/M30-34	6:22:07	1112	/	36:44	05:13	1:38:11	1:03:10	0:38:38	1366	/	3:19:58	27,0 km/h	05:53	28:26	32:21	34:03	39:33	1246	/	2:14:22	6:24 m/km
222	729	Javier Marcilla	F224	/M30-34	6:22:32	1546	/	44:33	06:36	1:37:03	1:05:52	0:38:48	1388	/	3:21:42	26,8 km/h	05:58	27:41	29:26	30:41	35:58	1026	/	2:03:44	5:54 m/km
223	834	Roberto Vicente Delgado	F225	/M30-34	6:23:50	710	/	33:35	05:42	1:36:53	1:02:36	0:35:30	1286	/	3:14:59	27,7 km/h	04:14	31:59	34:54	35:30	43:00	1424	/	2:25:22	6:55 m/km
224	826	Nik Tunley	F226	/M30-34	6:24:03	965	/	35:24	05:26	1:36:39	1:02:14	0:34:56	1257	/	3:13:48	27,9 km/h	04:03	33:00	32:49	39:18	40:20	1425	/	2:25:25	6:55 m/km
225	759	Johnny Owens	F227	/M30-34	6:29:07	1180	/	37:32	05:57	1:33:19	1:00:10	0:33:59	1115	/	3:07:27	28,8 km/h	06:29	34:37	37:21	36:30	43:16	1481	/	2:31:43	7:13 m/km
226	560	Sam Aertssen	F228	/M30-34	6:30:17	810	/	34:16	05:26	1:40:04	0:58:29	0:34:25	1238	/	3:12:58	28,0 km/h	04:54	32:44	34:50	39:17	45:55	1490	/	2:32:45	7:16 m/km
227	734	Guillem Mascaró	F229	/M30-34	6:30:41	1525	/	43:47	05:59	1:43:14	1:09:39	0:37:51	1468	/	3:30:43	25,6 km/h	05:14	26:09	26:20	31:57	40:35	1058	/	2:04:59	5:57 m/km
228	620	Edward Dean	F230	/M30-34	6:32:56	621	/	33:11	05:19	1:46:47	1:09:11	0:39:22	1507	/	3:35:19	25,1 km/h	05:19	29:34	32:03	32:16	39:58	1236	/	2:13:50	6:22 m/km
229	838	Michael Wagner	F231	/M30-34	6:33:58	1621	/	49:36	04:23	1:39:16	1:02:12	0:33:13	1278	/	3:14:41	27,7 km/h	06:04	30:50	34:00	35:41	38:47	1348	/	2:19:17	6:38 m/km
230	670	Adam Herring	F232	/M30-34	6:36:02	783	/	34:01	07:11	1:32:09	1:03:43	0:35:15	1201	/	3:11:06	28,3 km/h	08:36	28:55	36:46	42:05	47:27	1502	/	2:35:10	7:23 m/km
231	587	Brendan Byron	F233	/M30-34	6:37:24	1567	/	45:21	03:58	1:30:12	1:03:57	0:34:31	1140	/	3:08:39	28,6 km/h	08:00	37:51	39:00	36:00	38:39	1477	/	2:31:28	7:13 m/km
232	709	Xavier Lerma	F234	/M30-34	6:37:54	803	/	34:12	07:12	1:43:52	1:08:17	0:39:24	1478	/	3:31:32	25,5 km/h	05:46	29:27	33:36	34:41	41:32	1346	/	2:19:14	6:38 m/km
233	793	Paul Schiefer	F235	/M30-34	6:43:31	580	/	32:59	09:10	1:38:20	1:02:30	0:34:48	1295	/	3:15:38	27,6 km/h	08:53	29:15	38:41	40:05	48:53	1520	/	2:36:53	7:28 m/km
234	724	Craig MacDonald	F236	/M30-34	6:44:03	708	/	33:35	06:31	1:42:00	1:13:06	0:38:42	1493	/	3:33:47	25,3 km/h	09:40	29:07	31:30	33:50	46:05	1361	/	2:20:31	6:41 m/km
235	730	Jacobo Marin Mato	F237	/M30-34	6:45:17	1500	/	42:49	07:46	1:35:02	1:14:12	0:41:03	1466	/	3:30:17	25,7 km/h	08:32	30:07	29:36	33:37	42:37	1279	/	2:15:56	6:28 m/km
236	725	Christopher Maddock	F238	/M30-34	6:46:11	1303	/	38:57	10:41	1:34:20	1:06:04	0:37:14	1330	/	3:17:36	27,3 km/h	07:30	35:34	38:07	36:50	41:00	1478	/	2:31:29	7:13 m/km
237	698	Erik Koren	F239	/M30-34	6:46:17	1521	/	43:33	05:59	1:40:11	1:04:10	0:36:19	1377	/	3:20:40	26,9 km/h	07:33	31:28	36:17	37:54	42:56	1458	/	2:28:34	7:04 m/km
238	830	Xavier Vall-Iaura Espinosa	F240	/M30-34	6:49:32	1480	/	42:20	08:39	1:30:33	1:25:42	0:32:57	1458	/	3:29:11	25,8 km/h	07:18	26:30	33:36	35:48	46:12	1381	/	2:22:06	6:46 m/km
239	671	Stephen Hibbert	F241	/M30-34	6:51:03	1018	/	35:47	06:17	1:50:27	1:08:49	0:39:50	1534	/	3:39:06	24,6 km/h	04:44	28:58	33:03	37:13	45:58	1423	/	2:25:11	6:55 m/km
240	733	Xavi Martinez	F242	/M30-34	7:02:08	805	/	34:13	07:24	1:46:44	1:10:12	0:38:07	1500	/	3:35:02	25,1 km/h	06:46	34:22	38:08	39:38	46:39	1534	/	2:38:46	7:34 m/km



Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M30-34

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
241	591	Marc Campbell	F244	/M30-34	7:18:53	1295	/ 38:54	08:58	1:50:42	1:05:29	0:37:58	1496	/ 3:34:07	25,2 km/h	05:58	24:28	33:05	32:01	21:26	1575	/2:50:58	8:08 m/km
242	727	Gary Malone	F245	/M30-34	7:28:19	723	/ 33:40	08:14	1:38:51	1:11:00	0:40:59	1471	/ 3:30:49	25,6 km/h	12:09	41:03	44:14	45:45	52:27	1589	/3:03:28	8:44 m/km
243	641	Manuel Follía	F246	/M30-34	8:11:48	1544	/ 44:23	09:31	1:52:20	1:16:52	0:43:44	1588	/ 3:52:54	23,2 km/h	12:14	37:43	41:11	47:55	06:00	1593	/3:12:48	9:11 m/km
244	669	Christopher Henry	F247	/M30-34	9:05:00	1287	/ 38:50	07:03	2:54:25	1:22:36	0:48:35	1626	/ 5:05:36	17,7 km/h	08:03	42:51	45:38	46:56	50:07	1591	/3:05:30	8:50 m/km
	566	Albert Barrachina	F	M30-34	Ret.	588	/ 33:01	03:32				0	/							0	/	
	581	Rodrigo Bortone	F	M30-34	Ret.	764	/ 33:50	05:09				0	/							0	/	
	589	David Campá	F	M30-34	Ret.	1512	/ 43:11					0	/							0	/	
	607	Rob Codling	F	M30-34	Ret.	516	/ 32:33					0	/							0	/	
	771	Andy Pryke	F	M30-34	Ret.	29	/ 25:15	03:06	1:15:28	0:51:47	0:27:41	151	/ 2:34:55	34,9 km/h	02:35	21:03	25:00			0	/	
	689	Huw Jones	F	M30-34	Ret.	667	/ 33:25	05:00	1:19:49	0:53:31	0:27:53	312	/ 2:41:12	33,5 km/h	51:06					0	/	
	608	Javier Cordon	F	M30-34	Ret.	505	/ 32:30	03:25	1:21:22	0:55:25	0:30:08	502	/ 2:46:54	32,4 km/h	02:58	23:28	25:06	27:09		0	/	
	757	Josep Ocaña	F	M30-34	Ret.	1291	/ 38:52	05:30	1:33:17	1:01:41	0:34:37	1165	/ 3:09:35	28,5 km/h	03:54	29:11				0	/	

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M35-39

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
1	1068	Mark Ostendarp	F 2	/ M35-39	4:22:34	81	/ 27:36	02:20	1:10:36	0:50:45	0:27:00	57	/ 2:28:21	36,4 km/h	02:38	18:50	19:54	19:45	23:12	14	/ 1:21:41	3:53 m/km
2	916	Christophe Deboes	F 3	/ M35-39	4:24:51	71	/ 27:14	03:01	1:07:51	0:50:22	0:26:45	35	/ 2:24:56	37,3 km/h	02:22	19:38	20:33	21:24	25:45	44	/ 1:27:19	4:09 m/km
3	1006	Oyvind Lillehagen	F 4	/ M35-39	4:26:16	233	/ 30:04	03:04	1:09:10	0:48:09	0:25:42	23	/ 2:23:01	37,8 km/h	02:52	19:31	20:25	21:12	26:09	43	/ 1:27:16	4:09 m/km
4	979	Joaquin Soler Iturralde	F 5	/ M35-39	4:27:44	98	/ 27:58	03:31	1:06:48	0:49:33	0:26:21	22	/ 2:22:40	37,8 km/h	02:42	20:19	21:33	22:11	26:53	83	/ 1:30:55	4:20 m/km
5	998	Christian Krombach	F 6	/ M35-39	4:32:51	74	/ 27:24	03:14	1:13:23	0:50:27	0:26:17	75	/ 2:30:06	36,0 km/h	02:44	19:59	21:00	21:49	26:39	74	/ 1:29:25	4:15 m/km
6	1141	Joeri Van Houtem	F 7	/ M35-39	4:34:26	269	/ 30:30	02:50	1:10:40	0:52:07	0:27:47	79	/ 2:30:33	35,9 km/h	02:35	19:56	20:38	21:33	25:53	57	/ 1:27:59	4:11 m/km
7	1135	Kenneth Thonsgaard	F 8	/ M35-39	4:36:13	127	/ 28:28	02:47	1:16:59	0:50:46	0:27:02	146	/ 2:34:47	34,9 km/h	02:29	20:52	20:53	20:47	25:12	51	/ 1:27:44	4:11 m/km
8	989	Ed Kirk-Wilson	F 9	/ M35-39	4:36:16	131	/ 28:31	03:14	1:15:31	0:52:41	0:27:36	174	/ 2:35:47	34,7 km/h	02:47	19:41	20:30	21:00	24:50	32	/ 1:25:59	4:06 m/km
9	994	Ross Koch	F 10	/ M35-39	4:36:43	59	/ 26:51	03:01	1:09:35	0:50:44	0:25:59	44	/ 2:26:17	36,9 km/h	02:46	21:21	22:19	23:48	30:22	194	/ 1:37:49	4:39 m/km
10	1013	Paul Lunn	F 11	/ M35-39	4:38:32	765	/ 33:50	02:44	1:11:20	0:49:28	0:26:11	47	/ 2:26:58	36,7 km/h	02:33	21:19	21:42	22:01	27:27	115	/ 1:32:28	4:24 m/km
11	976	Craig Hughes	F 12	/ M35-39	4:38:49	122	/ 28:26	03:02	1:15:08	0:52:08	0:26:49	126	/ 2:34:04	35,1 km/h	02:25	20:27	21:16	22:08	27:04	82	/ 1:30:53	4:20 m/km
12	1159	Leighton Williams	F 13	/ M35-39	4:39:21	668	/ 33:26	02:48	1:14:07	0:52:04	0:27:27	120	/ 2:33:38	35,1 km/h	02:41	19:45	20:29	21:09	25:28	35	/ 1:26:49	4:08 m/km
13	882	Michael Buckley	F 14	/ M35-39	4:40:02	720	/ 33:38	04:06	1:11:44	0:51:49	0:27:49	85	/ 2:31:21	35,7 km/h	02:36	19:26	20:45	21:39	26:35	61	/ 1:28:23	4:13 m/km
14	931	Adam Erritzoe	F 15	/ M35-39	4:40:29	921	/ 35:04	04:59	1:13:50	0:52:10	0:26:02	97	/ 2:32:01	35,5 km/h	03:11	19:05	20:30	20:49	24:54	28	/ 1:25:16	4:04 m/km
15	1082	Olivier Pourteyron	F 16	/ M35-39	4:40:42	70	/ 27:13	02:53	1:13:39	0:53:50	0:27:51	160	/ 2:35:19	34,8 km/h	03:23	20:50	21:15	22:03	27:48	104	/ 1:31:55	4:23 m/km
16	859	Walter Arnold	F 17	/ M35-39	4:41:20	106	/ 28:07	02:40	1:12:53	0:53:06	0:29:19	159	/ 2:35:17	34,8 km/h	03:50	20:41	21:48	22:19	26:41	94	/ 1:31:28	4:21 m/km
17	981	Thilo Jacobsen	F 18	/ M35-39	4:41:56	262	/ 30:24	03:01	1:10:21	0:51:06	0:27:09	60	/ 2:28:35	36,3 km/h	03:14	21:28	22:57	24:13	28:07	176	/ 1:36:44	4:36 m/km
18	870	Mattia Bionda	F 19	/ M35-39	4:44:30	847	/ 34:26	03:29	1:13:23	0:51:26	0:27:04	94	/ 2:31:52	35,6 km/h	02:57	21:29	22:07	22:12	26:00	103	/ 1:31:48	4:22 m/km
19	942	Oscar Frias	F 20	/ M35-39	4:44:31	390	/ 31:29	03:28	1:10:02	0:49:28	0:26:15	40	/ 2:25:44	37,1 km/h	03:35	21:44	23:49	24:59	29:45	262	/ 1:40:16	4:46 m/km
20	873	Matthias Blatt	F 21	/ M35-39	4:44:40	185	/ 29:21	03:20	1:12:08	0:52:43	0:27:57	109	/ 2:32:47	35,3 km/h	02:38	21:59	22:29	23:37	28:32	172	/ 1:36:36	4:36 m/km
21	974	Ashley Howes	F 22	/ M35-39	4:45:59	512	/ 32:32	03:17	1:17:19	0:53:31	0:28:46	260	/ 2:39:35	33,8 km/h	02:49	20:16	20:34	21:23	25:36	53	/ 1:27:48	4:11 m/km
22	1167	Daniele Zanini	F 23	/ M35-39	4:46:29	253	/ 30:17	03:24	1:10:15	0:50:22	0:26:47	51	/ 2:27:22	36,6 km/h	02:16	21:53	23:28	25:22	32:30	359	/ 1:43:12	4:55 m/km
23	928	Keith Elliott	F 24	/ M35-39	4:47:10	124	/ 28:27	03:12	1:16:16	0:53:32	0:28:12	221	/ 2:37:59	34,2 km/h	02:55	21:16	21:54	23:09	28:22	144	/ 1:34:40	4:30 m/km
24	902	Patrice Clavé	F 25	/ M35-39	4:48:05	791	/ 34:05	04:39	1:15:07	0:51:40	0:26:54	121	/ 2:33:40	35,1 km/h	03:25	21:55	21:53	22:15	26:17	111	/ 1:32:19	4:24 m/km

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## Results Overall : Ironman 70.3 - M35-39

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
25	920	Emilio Diaz Ortega	F 26	/ M35-39	4:48:36	524	/ 32:37	03:27	1:14:18	0:52:34	0:28:54	173	/ 2:35:45	34,7 km/h	02:45	21:26	22:28	22:51	27:20	135	/ 1:34:03	4:29 m/km
26	997	Sascha Kremers	F 27	/ M35-39	4:49:05	272	/ 30:36	02:34	1:13:39	0:52:52	0:28:55	164	/ 2:35:25	34,7 km/h	02:36	22:34	23:14	24:11	27:58	197	/ 1:37:56	4:40 m/km
27	849	Andrés Sito Alonso Mesa	F 28	/ M35-39	4:49:12	395	/ 31:31	06:42	1:13:05	0:51:12	0:27:07	86	/ 2:31:22	35,7 km/h	03:40	21:19	22:12	24:02	28:28	165	/ 1:35:58	4:34 m/km
28	906	Jonathan Couture	F 29	/ M35-39	4:49:37	159	/ 28:59	03:13	1:16:43	0:51:07	0:26:48	143	/ 2:34:38	34,9 km/h	03:24	22:44	23:34	24:25	28:44	237	/ 1:39:26	4:44 m/km
29	1057	Stephan Noske	F 30	/ M35-39	4:49:49	743	/ 33:44	03:14	1:12:28	0:51:17	0:25:55	66	/ 2:29:39	36,1 km/h	03:52	21:58	22:35	23:39	31:11	234	/ 1:39:22	4:44 m/km
30	1031	Alistair McVeigh	F 31	/ M35-39	4:49:50	492	/ 32:21	03:15	1:17:52	0:53:54	0:27:26	251	/ 2:39:11	33,9 km/h	02:29	21:01	21:55	22:51	26:52	117	/ 1:32:37	4:25 m/km
31	925	Angus Edmond	F 32	/ M35-39	4:49:52	231	/ 30:03	02:50	1:08:57	0:51:04	0:26:26	45	/ 2:26:26	36,9 km/h	03:09	24:31	24:43	26:42	31:31	491	/ 1:47:25	5:07 m/km
32	1162	Ralf Wittenberg	F 33	/ M35-39	4:50:07	323	/ 31:04	03:23	1:15:02	0:54:14	0:28:11	208	/ 2:37:26	34,3 km/h	02:53	22:18	22:37	23:01	27:28	158	/ 1:35:23	4:33 m/km
33	932	luca Faini	F 34	/ M35-39	4:50:34	438	/ 31:51	03:16	1:15:12	0:53:40	0:28:48	213	/ 2:37:39	34,3 km/h	02:47	20:27	22:00	23:17	29:20	152	/ 1:35:03	4:32 m/km
34	966	Dirk Henning	F 35	/ M35-39	4:51:23	1342	/ 39:19	04:05	1:12:15	0:54:11	0:27:10	119	/ 2:33:35	35,2 km/h	03:14	20:25	21:56	22:46	26:06	87	/ 1:31:12	4:21 m/km
35	973	Dirk Hörnig	F 36	/ M35-39	4:51:47	752	/ 33:47	04:27	1:15:53	0:51:34	0:27:04	139	/ 2:34:30	35,0 km/h	03:25	21:25	23:07	24:07	27:03	161	/ 1:35:41	4:33 m/km
36	995	Sven Kolly	F 37	/ M35-39	4:52:44	543	/ 32:45	05:44	1:13:20	0:53:32	0:27:21	131	/ 2:34:12	35,0 km/h	04:21	22:22	22:32	23:13	27:39	162	/ 1:35:44	4:34 m/km
37	943	Christian Friedrich	F 38	/ M35-39	4:54:27	489	/ 32:21	03:28	1:15:56	0:53:57	0:27:48	215	/ 2:37:41	34,2 km/h	03:06	23:22	22:55	23:21	28:16	196	/ 1:37:52	4:40 m/km
38	886	Ross Calder	F 39	/ M35-39	4:54:35	238	/ 30:09	03:14	1:15:08	0:51:18	0:27:14	122	/ 2:33:40	35,1 km/h	03:25	21:49	24:28	25:56	31:56	383	/ 1:44:09	4:58 m/km
39	1140	Dieter Van Dooren	F 40	/ M35-39	4:54:45	245	/ 30:13	03:37	1:16:06	0:51:49	0:27:54	176	/ 2:35:48	34,7 km/h	02:46	22:20	24:06	24:53	31:05	328	/ 1:42:23	4:53 m/km
40	990	William Kirk-Wilson	F 41	/ M35-39	4:54:55	125	/ 28:27	03:09	1:15:41	0:55:46	0:28:55	287	/ 2:40:21	33,7 km/h	02:39	22:26	23:37	24:19	29:59	267	/ 1:40:20	4:47 m/km
41	1164	Lawrence Wood	F 42	/ M35-39	4:55:46	828	/ 34:22	04:28	1:12:26	0:51:16	0:26:44	78	/ 2:30:25	35,9 km/h	03:19	22:50	24:33	25:29	30:22	360	/ 1:43:13	4:55 m/km
42	1007	Björn Linhart	F 43	/ M35-39	4:55:51	76	/ 27:29	03:09	1:17:02	0:52:36	0:28:43	233	/ 2:38:20	34,1 km/h	04:00	23:18	24:21	25:12	30:04	348	/ 1:42:54	4:54 m/km
43	1145	Xisco Vicens Gil	F 44	/ M35-39	4:56:01	795	/ 34:09	03:15	1:14:13	0:53:08	0:28:29	175	/ 2:35:48	34,7 km/h	02:46	22:15	23:08	24:26	30:16	254	/ 1:40:04	4:46 m/km
44	967	Geza Herbst	F 45	/ M35-39	4:56:25	632	/ 33:15	03:13	1:19:29	0:53:04	0:28:25	306	/ 2:40:58	33,5 km/h	03:01	22:40	22:51	23:16	27:15	166	/ 1:36:00	4:34 m/km
45	1923	Pep Maria Sbert Vidal	F 46	/ M35-39	4:58:19	278	/ 30:41	03:30	1:18:43	0:55:11	0:28:59	370	/ 2:42:52	33,2 km/h	03:56	22:34	23:27	23:56	27:28	186	/ 1:37:23	4:38 m/km
46	1014	Tim Lupton	F 47	/ M35-39	4:58:40	479	/ 32:15	04:56	1:17:36	0:51:06	0:26:48	167	/ 2:35:29	34,7 km/h	04:10	23:58	23:54	24:21	29:39	307	/ 1:41:51	4:51 m/km
47	1105	Juan Sanso flaquer	F 48	/ M35-39	4:59:14	319	/ 31:03	04:13	1:18:05	0:53:30	0:28:39	281	/ 2:40:14	33,7 km/h	03:44	23:44	24:14	24:14	27:51	253	/ 1:40:02	4:46 m/km
48	891	Matteo Caridi	F 49	/ M35-39	4:59:29	100	/ 27:59	03:13	1:18:08	0:55:43	0:28:06	338	/ 2:41:57	33,3 km/h	03:39	22:29	24:04	25:31	30:40	338	/ 1:42:43	4:53 m/km

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## Results Overall : Ironman 70.3 - M35-39

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
49	1086	Sascha Pusch	F 50	/ M35-39	4:59:39	634	/ 33:16	03:59	1:21:32	0:54:00	0:29:27	439	/ 2:44:58	32,7 km/h	04:05	21:03	22:04	22:52	27:25	127	/ 1:33:23	4:27 m/km
50	1051	Maik Müller	F 51	/ M35-39	5:00:05	313	/ 31:01	03:27	1:18:18	0:53:02	0:28:52	274	/ 2:40:11	33,7 km/h	03:12	24:04	24:36	24:29	29:07	324	/ 1:42:16	4:52 m/km
51	1025	Ioannis Mastrosavvakis	F 52	/ M35-39	5:00:28	289	/ 30:47	04:30	1:18:42	0:54:08	0:28:33	318	/ 2:41:21	33,5 km/h	04:00	22:32	23:14	24:17	29:51	248	/ 1:39:53	4:45 m/km
52	1910	Matthias Kreuzer	F 53	/ M35-39	5:00:31	514	/ 32:32	03:30	1:17:12	0:52:52	0:26:38	195	/ 2:36:42	34,5 km/h	03:34	24:42	24:54	25:22	29:19	387	/ 1:44:15	4:58 m/km
53	1087	Ignacio Reid	F 54	/ M35-39	5:00:42	235	/ 30:05	03:13	1:17:00	0:54:54	0:28:27	289	/ 2:40:21	33,7 km/h	03:28	22:57	24:11	25:32	30:59	372	/ 1:43:38	4:56 m/km
54	948	Carlos Garcia	F 55	/ M35-39	5:01:06	470	/ 32:08	03:09	1:16:31	0:52:25	0:28:19	204	/ 2:37:13	34,3 km/h	03:57	22:54	25:17	26:00	30:32	399	/ 1:44:41	4:59 m/km
55	937	Samuel Fischer	F 56	/ M35-39	5:01:19	378	/ 31:23	04:04	1:15:47	0:53:52	0:28:07	216	/ 2:37:44	34,2 km/h	03:09	24:28	24:16	25:09	31:09	408	/ 1:45:01	5:00 m/km
56	1024	Christopher Mason	F 57	/ M35-39	5:01:55	204	/ 29:38	04:48	1:19:34	0:51:43	0:28:15	257	/ 2:39:30	33,9 km/h	03:41	23:47	24:53	25:29	30:13	390	/ 1:44:20	4:58 m/km
57	933	Roger Farnés Malàs	F 58	/ M35-39	5:01:56	485	/ 32:19	03:39	1:26:37	0:54:38	0:29:36	613	/ 2:50:50	31,6 km/h	02:53	20:43	21:35	22:49	27:12	110	/ 1:32:18	4:24 m/km
58	978	Istvan Ilyes	F 59	/ M35-39	5:02:17	740	/ 33:43	03:51	1:16:10	0:52:59	0:28:30	214	/ 2:37:39	34,3 km/h	03:15	22:23	24:24	26:29	30:37	377	/ 1:43:52	4:57 m/km
59	939	Martin Flueeler	F 60	/ M35-39	5:02:53	264	/ 30:27	04:22	1:22:13	0:54:36	0:29:12	481	/ 2:46:01	32,5 km/h	03:15	22:42	23:33	24:19	28:19	222	/ 1:38:51	4:42 m/km
60	1109	Lee Sawyer	F 61	/ M35-39	5:02:57	255	/ 30:21	03:01	1:19:41	0:52:50	0:27:58	293	/ 2:40:28	33,7 km/h	03:05	23:25	25:22	26:09	31:10	445	/ 1:46:04	5:03 m/km
61	1106	Pedro Santandreu grimalt	F 62	/ M35-39	5:03:10	850	/ 34:28	04:28	1:16:19	0:52:23	0:28:39	207	/ 2:37:20	34,3 km/h	03:16	23:26	24:48	25:54	29:33	373	/ 1:43:40	4:56 m/km
62	946	Llorenç Gacias Terrasa	F 63	/ M35-39	5:03:15	271	/ 30:35	03:55	1:14:59	0:54:27	0:29:17	240	/ 2:38:43	34,0 km/h	04:09	22:29	24:45	27:02	31:40	436	/ 1:45:55	5:03 m/km
63	987	Matthias Christoph Kairies	F 64	/ M35-39	5:04:00	1185	/ 37:35	03:35	1:16:22	0:53:27	0:27:50	212	/ 2:37:38	34,3 km/h	03:03	23:25	24:33	25:18	28:56	316	/ 1:42:11	4:52 m/km
64	912	Alberto De La Rosa	F 65	/ M35-39	5:04:26	223	/ 29:59	03:46	1:19:48	0:55:13	0:28:50	399	/ 2:43:50	33,0 km/h	03:19	22:17	24:19	25:41	31:19	370	/ 1:43:33	4:56 m/km
65	1137	Andrew Unsworth	F 66	/ M35-39	5:04:48	556	/ 32:49	03:19	1:20:53	0:54:47	0:28:27	412	/ 2:44:06	32,9 km/h	03:27	22:25	23:37	24:53	30:15	286	/ 1:41:08	4:49 m/km
66	1143	Filip Van Limbergen	F 67	/ M35-39	5:04:57	649	/ 33:20	04:12	1:16:20	0:51:14	0:27:09	144	/ 2:34:43	34,9 km/h	03:30	24:57	25:43	26:08	32:28	552	/ 1:49:14	5:12 m/km
67	945	Jonathan Furuya	F 68	/ M35-39	5:05:31	952	/ 35:19	04:50	1:18:45	0:54:44	0:29:49	382	/ 2:43:17	33,1 km/h	03:16	22:23	23:09	24:32	28:48	220	/ 1:38:51	4:42 m/km
68	936	Jonathan Ferry	F 69	/ M35-39	5:05:52	1035	/ 35:57	06:56	1:18:16	0:53:12	0:29:46	313	/ 2:41:13	33,5 km/h	03:09	22:41	23:24	24:06	28:30	218	/ 1:38:39	4:42 m/km
69	905	Leandro Contessi	F 70	/ M35-39	5:06:16	1007	/ 35:43	05:41	1:25:27	0:56:46	0:29:59	656	/ 2:52:12	31,4 km/h	03:16	21:37	21:39	21:48	24:23	75	/ 1:29:26	4:16 m/km
70	1121	Walter Hernan Sobrero	F 71	/ M35-39	5:06:17	757	/ 33:47	03:15	1:18:26	0:52:09	0:27:33	226	/ 2:38:07	34,2 km/h	04:12	22:36	25:20	26:43	32:21	478	/ 1:46:59	5:06 m/km
71	1072	Francisco Pardo	F 72	/ M35-39	5:07:03	478	/ 32:13	03:52	1:17:25	0:52:18	0:28:16	220	/ 2:37:58	34,2 km/h	03:15	23:06	23:32	27:29	35:41	568	/ 1:49:46	5:14 m/km
72	1161	Andrew Winter	F 73	/ M35-39	5:07:08	274	/ 30:37	03:56	1:20:41	0:55:38	0:29:25	470	/ 2:45:43	32,6 km/h	04:04	23:32	24:19	25:08	29:54	345	/ 1:42:51	4:54 m/km



Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M35-39

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
73	1133	Christopher Thomas	F 74	/ M35-39	5:07:24	465	/ 32:04	03:33	1:21:33	0:56:17	0:30:07	530	/ 2:47:56	32,2 km/h	02:49	21:19	23:06	25:22	31:18	283	/ 1:41:04	4:49 m/km
74	856	Josep Maria Buendia Aragall	F 75	/ M35-39	5:07:52	773	/ 33:54	03:44	1:18:20	0:55:23	0:28:58	366	/ 2:42:40	33,2 km/h	03:14	22:41	25:14	25:32	30:57	392	/ 1:44:22	4:58 m/km
75	1163	Roland Woerle	F 76	/ M35-39	5:08:08	1084	/ 36:19	05:03	1:20:35	0:54:11	0:29:39	422	/ 2:44:24	32,8 km/h	04:22	22:07	23:42	23:58	28:16	199	/ 1:38:01	4:40 m/km
76	1111	Kirk Schroeder	F 77	/ M35-39	5:08:15	877	/ 34:40	03:40	1:15:32	0:51:47	0:27:06	135	/ 2:34:24	35,0 km/h	03:23	25:39	27:39	27:58	30:55	652	/ 1:52:10	5:20 m/km
77	1065	Pablo Ordoñez	F 78	/ M35-39	5:08:17	908	/ 34:59	03:25	1:19:33	0:53:41	0:28:26	325	/ 2:41:39	33,4 km/h	03:24	24:19	25:00	25:44	29:48	405	/ 1:44:51	5:00 m/km
78	1074	Giuseppe Pérez	F 79	/ M35-39	5:08:47	112	/ 28:13	03:01	1:21:10	0:54:10	0:28:47	411	/ 2:44:06	32,9 km/h	02:51	23:17	26:42	27:35	33:06	608	/ 1:50:39	5:16 m/km
79	1001	Ronald Langelaar	F 80	/ M35-39	5:08:52	171	/ 29:12	03:32	1:17:28	0:55:15	0:28:44	323	/ 2:41:27	33,4 km/h	03:04	23:19	24:44	27:34	36:04	636	/ 1:51:39	5:19 m/km
80	1136	Toni Tijeras Alonso	F 81	/ M35-39	5:09:05	823	/ 34:20	04:01	1:15:28	0:52:00	0:28:14	169	/ 2:35:41	34,7 km/h	03:22	25:17	26:33	28:19	31:36	639	/ 1:51:43	5:19 m/km
81	972	Richard Hollis	F 82	/ M35-39	5:09:41	453	/ 31:59	03:31	1:20:36	0:54:06	0:29:16	404	/ 2:43:57	32,9 km/h	03:01	24:05	25:06	25:40	32:25	484	/ 1:47:15	5:06 m/km
82	881	Gavin Brown	F 83	/ M35-39	5:10:26	1039	/ 35:58	03:37	1:22:10	0:55:15	0:29:52	512	/ 2:47:17	32,3 km/h	02:46	22:21	24:09	24:53	29:28	279	/ 1:40:50	4:48 m/km
83	1064	Antonio Oliver	F 84	/ M35-39	5:10:36	361	/ 31:19	04:04	1:19:31	0:55:59	0:29:42	447	/ 2:45:11	32,7 km/h	03:15	23:17	24:48	26:18	32:28	474	/ 1:46:50	5:05 m/km
84	1152	Adam Weiner	F 85	/ M35-39	5:11:21	981	/ 35:30	05:26	1:21:28	0:53:19	0:28:59	395	/ 2:43:45	33,0 km/h	03:06	23:03	24:31	25:14	30:50	371	/ 1:43:36	4:56 m/km
85	1004	Robert Lewis	F 86	/ M35-39	5:11:50	160	/ 28:59	04:42	1:23:50	0:54:17	0:28:31	495	/ 2:46:37	32,4 km/h	03:11	25:51	25:06	26:18	31:09	526	/ 1:48:23	5:10 m/km
86	1053	Filippo Neri	F 87	/ M35-39	5:11:52	384	/ 31:25	03:26	1:22:47	0:55:49	0:28:07	498	/ 2:46:41	32,4 km/h	03:08	21:13	23:53	28:02	34:06	483	/ 1:47:13	5:06 m/km
87	872	Ivar Bjaadal	F 88	/ M35-39	5:12:28	497	/ 32:25	04:29	1:22:31	0:55:01	0:28:26	478	/ 2:45:57	32,5 km/h	04:26	23:54	24:53	25:55	30:33	411	/ 1:45:13	5:01 m/km
88	1110	Ando Schirmer	F 89	/ M35-39	5:13:01	920	/ 35:03	04:01	1:16:42	0:55:48	0:28:50	317	/ 2:41:18	33,5 km/h	04:10	24:56	25:13	26:58	31:25	529	/ 1:48:30	5:10 m/km
89	1127	Peter Striboldt	F 90	/ M35-39	5:13:19	542	/ 32:44	04:20	1:20:41	0:54:45	0:28:49	414	/ 2:44:14	32,9 km/h	04:19	23:34	25:49	26:32	31:50	501	/ 1:47:44	5:08 m/km
90	1073	Lars Møller Pedersen	F 91	/ M35-39	5:15:20	789	/ 34:04	03:23	1:20:17	0:58:21	0:31:03	587	/ 2:49:41	31,8 km/h	03:32	22:55	24:04	26:23	31:22	401	/ 1:44:43	4:59 m/km
91	1131	Jürgen Telahr	F 92	/ M35-39	5:15:24	628	/ 33:14	03:46	1:20:12	0:53:46	0:28:15	347	/ 2:42:11	33,3 km/h	03:46	24:15	26:07	27:59	34:07	668	/ 1:52:28	5:21 m/km
92	1095	Dave Robins	F 93	/ M35-39	5:15:49	329	/ 31:06	03:08	1:22:15	0:54:34	0:29:20	484	/ 2:46:08	32,5 km/h	03:19	23:29	25:43	28:54	34:05	653	/ 1:52:10	5:20 m/km
93	1011	Gustavo López van Dam	F 94	/ M35-39	5:16:05	442	/ 31:54	03:52	1:24:24	0:58:12	0:29:46	668	/ 2:52:21	31,3 km/h	02:36	22:37	24:40	26:11	31:57	418	/ 1:45:24	5:01 m/km
94	924	Chris Dunn	F 95	/ M35-39	5:16:09	839	/ 34:25	04:54	1:18:55	0:57:47	0:29:16	479	/ 2:45:58	32,5 km/h	03:32	23:41	25:37	27:12	30:53	489	/ 1:47:22	5:07 m/km
95	941	Eugenio Freire Santomé	F 96	/ M35-39	5:16:10	425	/ 31:41	05:36	1:20:24	0:59:08	0:33:39	697	/ 2:53:10	31,2 km/h	06:25	25:14	23:31	22:58	27:38	232	/ 1:39:20	4:44 m/km
96	1148	Heinz-Leonhard Voit-Hoehne	F 97	/ M35-39	5:16:48	728	/ 33:41	03:34	1:17:58	0:53:39	0:28:54	294	/ 2:40:31	33,6 km/h	03:57	23:03	26:57	28:13	36:56	761	/ 1:55:08	5:29 m/km

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M35-39

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel			
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km						
97	1079	Enrique Piñel	F 98	/ M35-39	5:17:13	790	/	34:04	04:27	1:23:21	0:54:38	0:28:34	491	/	2:46:32	32,4 km/h	04:52	24:38	25:38	26:26	30:40	486	/	1:47:20	5:07 m/km
98	996	Rene Kreibich	F 99	/ M35-39	5:17:17	234	/	30:04	03:23	1:20:00	0:52:29	0:27:47	282	/	2:40:15	33,7 km/h	03:29	27:11	28:43	30:31	33:45	924	/	2:00:08	5:43 m/km
99	1154	Mischa Welter	F100	/M35-39	5:17:32	722	/	33:39	04:28	1:18:41	0:54:42	0:28:34	337	/	2:41:56	33,3 km/h	03:35	23:41	27:22	29:19	33:36	720	/	1:53:56	5:26 m/km
100	1112	Toni Segura	F101	/M35-39	5:17:37	268	/	30:30	03:14	1:26:22	0:56:46	0:31:51	757	/	2:54:58	30,9 km/h	02:50	22:18	23:36	25:47	34:27	447	/	1:46:08	5:03 m/km
101	1040	Alfonso Monclus	F102	/M35-39	5:17:45	600	/	33:03	04:31	1:22:05	0:56:52	0:28:15	507	/	2:47:11	32,3 km/h	04:24	24:50	26:00	26:40	31:08	533	/	1:48:37	5:10 m/km
102	888	Peter Cammack	F103	/M35-39	5:17:49	499	/	32:26	05:22	1:24:20	0:55:13	0:30:22	593	/	2:49:53	31,8 km/h	04:10	23:37	24:53	25:58	31:34	444	/	1:46:00	5:03 m/km
103	960	Nils Habermann	F104	/M35-39	5:18:02	488	/	32:20	04:28	1:17:18	0:53:44	0:28:45	266	/	2:39:46	33,8 km/h	03:46	25:48	27:14	28:45	35:58	835	/	1:57:44	5:36 m/km
104	884	Manuel Cabanes Ortega	F105	/M35-39	5:18:19	404	/	31:34	04:41	1:27:26	1:00:37	0:32:21	923	/	3:00:23	29,9 km/h	03:04	22:03	23:37	24:09	28:50	216	/	1:38:38	4:42 m/km
105	1171	Marcus Ziemann	F106	/M35-39	5:19:46	176	/	29:14	05:28	1:24:16	0:56:55	0:30:20	633	/	2:51:30	31,5 km/h	03:58	23:32	25:13	27:50	33:04	563	/	1:49:38	5:13 m/km
106	892	Chus Carrascal	F107	/M35-39	5:20:03	371	/	31:22	04:57	1:22:19	0:58:08	0:31:38	651	/	2:52:04	31,4 km/h	04:45	21:41	23:58	26:55	34:23	476	/	1:46:56	5:06 m/km
107	1166	Alexei Zabudkin	F108	/M35-39	5:20:44	547	/	32:46	05:30	1:27:01	0:59:27	0:31:23	843	/	2:57:51	30,4 km/h	03:50	23:02	24:05	24:47	28:56	278	/	1:40:49	4:48 m/km
108	1009	Markus Lobach	F109	/M35-39	5:21:19	940	/	35:13	03:48	1:19:55	0:53:05	0:28:10	310	/	2:41:08	33,5 km/h	04:32	26:46	27:09	28:59	33:47	808	/	1:56:39	5:33 m/km
109	1043	Enrique KIKE Mora Insua	F110	/M35-39	5:21:35	398	/	31:32	04:58	1:23:52	0:55:42	0:30:34	598	/	2:50:06	31,7 km/h	04:17	24:16	25:18	26:38	34:33	610	/	1:50:44	5:16 m/km
110	953	Craig Gibbons	F112	/M35-39	5:22:27	466	/	32:06	05:42	1:22:27	0:57:39	0:33:18	707	/	2:53:24	31,1 km/h	05:19	22:36	25:51	26:29	31:03	439	/	1:45:57	5:03 m/km
111	857	Antonio Castaño Aranegas	F113	/M35-39	5:22:39	748	/	33:46	04:40	1:22:44	0:53:47	0:29:37	483	/	2:46:06	32,5 km/h	04:43	25:18	28:32	28:52	30:46	703	/	1:53:26	5:24 m/km
112	867	John Becking	F114	/M35-39	5:22:58	754	/	33:47	03:31	1:21:23	0:57:20	0:30:26	566	/	2:49:07	31,9 km/h	03:32	25:26	27:11	27:24	33:03	690	/	1:53:02	5:23 m/km
113	1088	Cristian Reig gandia	F115	/M35-39	5:22:59	863	/	34:35	04:38	1:29:12	0:59:45	0:33:17	980	/	3:02:13	29,6 km/h	03:04	22:16	23:27	24:05	28:44	212	/	1:38:31	4:41 m/km
114	1115	Drew Sharkey	F116	/M35-39	5:23:08	1145	/	37:07	04:52	1:18:51	0:57:24	0:30:47	503	/	2:47:01	32,3 km/h	06:18	22:48	23:11	24:23	37:32	509	/	1:47:52	5:08 m/km
115	851	Alvaro Alvarez	F117	/M35-39	5:23:11	357	/	31:18	03:23	1:21:42	0:55:48	0:32:28	594	/	2:49:57	31,8 km/h	03:56	25:12	27:21	28:03	34:03	745	/	1:54:38	5:28 m/km
116	1117	Piers Shingleton	F118	/M35-39	5:23:24	661	/	33:23	04:40	1:23:56	0:57:09	0:30:46	646	/	2:51:51	31,4 km/h	04:51	25:38	24:56	26:15	31:54	534	/	1:48:42	5:11 m/km
117	1170	Alexander Zdovc	F119	/M35-39	5:23:25	161	/	29:00	04:07	1:18:20	0:54:27	0:29:04	333	/	2:41:51	33,4 km/h	03:33	23:52	26:27	34:54	39:44	1057	/	2:04:56	5:57 m/km
118	1077	Luciano Petri	F120	/M35-39	5:24:08	502	/	32:27	04:57	1:22:04	0:55:10	0:30:31	523	/	2:47:45	32,2 km/h	05:10	24:38	25:52	28:44	34:39	716	/	1:53:52	5:25 m/km
119	864	Iain Bareham	F121	/M35-39	5:24:23	644	/	33:19	04:20	1:21:02	0:54:07	0:29:50	440	/	2:44:59	32,7 km/h	03:07	23:26	29:30	30:00	35:46	871	/	1:58:41	5:39 m/km
120	952	Joachim Genest	F122	/M35-39	5:24:24	872	/	34:39	03:53	1:16:18	0:54:17	0:29:49	291	/	2:40:24	33,7 km/h	03:51	27:06	28:25	30:53	35:17	970	/	2:01:39	5:48 m/km

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M35-39

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel			
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km						
121	986	Hannu Junkkaala	F123	/M35-39	5:24:42	867	/	34:35	04:55	1:26:42	0:57:23	0:31:23	768	/	2:55:27	30,8 km/h	03:08	23:45	25:43	26:57	30:16	467	/	1:46:40	5:05 m/km
122	900	Enric Claramunt	F124	/M35-39	5:24:59	296	/	30:50	04:14	1:32:20	0:57:33	0:31:42	961	/	3:01:34	29,7 km/h	03:21	23:35	24:52	25:46	30:49	409	/	1:45:02	5:00 m/km
123	988	Martin Kasten	F125	/M35-39	5:25:05	1361	/	39:38	04:47	1:19:02	0:53:06	0:28:14	290	/	2:40:21	33,7 km/h	03:30	25:12	27:20	28:35	35:46	812	/	1:56:51	5:34 m/km
124	1018	Sam Mantle	F126	/M35-39	5:25:12	1101	/	36:32	03:47	1:24:01	0:56:16	0:30:20	607	/	2:50:36	31,7 km/h	03:46	24:56	26:24	26:59	32:15	602	/	1:50:32	5:16 m/km
125	1089	Gerd Jan Reimer	F127	/M35-39	5:26:03	534	/	32:40	03:19	1:22:19	0:54:23	0:29:52	493	/	2:46:33	32,4 km/h	03:33	25:10	28:10	30:15	36:26	917	/	2:00:00	5:43 m/km
126	1021	Raul Martin Muñoz	F128	/M35-39	5:26:11	1071	/	36:12	04:30	1:26:09	0:59:29	0:32:37	855	/	2:58:14	30,3 km/h	04:52	23:44	25:02	25:26	28:14	329	/	1:42:24	4:53 m/km
127	1067	Robby Osselaer	F129	/M35-39	5:26:20	928	/	35:06	03:29	1:21:39	0:55:46	0:31:02	547	/	2:48:26	32,1 km/h	04:04	26:02	26:44	28:34	33:57	766	/	1:55:15	5:29 m/km
128	1030	Tony McNicholas	F130	/M35-39	5:26:27	337	/	31:09	05:46	1:29:39	0:59:39	0:33:06	986	/	3:02:23	29,6 km/h	05:14	23:19	24:14	24:58	29:27	311	/	1:41:57	4:51 m/km
129	1150	Gope Walker	F131	/M35-39	5:26:53	1196	/	37:46	03:04	1:24:29	0:56:55	0:32:41	730	/	2:54:04	31,0 km/h	04:19	27:31	24:18	25:23	30:31	500	/	1:47:42	5:08 m/km
130	1165	Markus Wråke	F132	/M35-39	5:27:10	887	/	34:49	03:54	1:25:25	1:00:27	0:32:40	861	/	2:58:30	30,3 km/h	03:35	26:43	24:20	25:26	29:55	455	/	1:46:24	5:04 m/km
131	889	Reto Reto Campiotti	F133	/M35-39	5:27:43	1038	/	35:58	05:18	1:18:31	0:52:49	0:28:01	253	/	2:39:20	33,9 km/h	04:42	25:58	29:31	30:00	36:59	997	/	2:02:26	5:50 m/km
132	1080	Daniel Plott	F134	/M35-39	5:27:56	922	/	35:04	05:37	1:23:50	0:55:36	0:29:19	555	/	2:48:44	32,0 km/h	04:14	25:37	28:36	27:22	32:45	737	/	1:54:18	5:27 m/km
133	843	Pablo Acuña	F135	/M35-39	5:28:06	1009	/	35:43	04:35	1:28:05	0:59:39	0:31:01	871	/	2:58:44	30,2 km/h	03:11	24:29	25:26	25:57	30:05	438	/	1:45:55	5:03 m/km
134	1094	Mario Riveiro	F136	/M35-39	5:28:12	166	/	29:06	02:58	1:24:56	0:55:16	0:29:08	574	/	2:49:19	31,9 km/h	04:23	25:38	28:10	30:17	38:24	999	/	2:02:28	5:50 m/km
135	947	Kai Ganowsky	F137	/M35-39	5:29:39	403	/	31:34	05:39	1:24:45	0:56:44	0:31:04	674	/	2:52:32	31,3 km/h	03:55	25:45	27:04	28:35	34:38	791	/	1:56:00	5:31 m/km
136	865	Jose Luis Pastor Barrera	F138	/M35-39	5:30:09	228	/	30:03	06:55	1:25:08	0:59:58	0:30:50	778	/	2:55:55	30,7 km/h	05:08	25:48	26:36	27:11	32:35	650	/	1:52:09	5:20 m/km
137	1160	Tobe Windsor	F139	/M35-39	5:30:32	878	/	34:40	03:49	1:20:36	0:54:54	0:31:39	506	/	2:47:08	32,3 km/h	03:10	24:27	26:30	31:41	39:10	973	/	2:01:46	5:48 m/km
138	848	Joakim Almlöf	F140	/M35-39	5:30:32	156	/	28:57	06:07	1:27:11	0:57:20	0:30:17	752	/	2:54:48	30,9 km/h	05:36	25:55	28:03	28:25	32:45	759	/	1:55:06	5:29 m/km
139	1059	Eddie O'Reilly	F141	/M35-39	5:31:21	1152	/	37:09	03:12	1:22:36	0:54:21	0:29:36	492	/	2:46:32	32,4 km/h	03:46	26:49	28:28	29:38	35:50	938	/	2:00:44	5:45 m/km
140	1134	Adrian Thomas	F142	/M35-39	5:31:30	1144	/	37:06	05:11	1:26:35	0:58:10	0:31:34	789	/	2:56:18	30,6 km/h	03:39	23:58	24:45	26:49	33:45	555	/	1:49:17	5:12 m/km
141	1917	Alistair Crawford	F143	/M35-39	5:31:52	259	/	30:23	03:36	1:24:00	0:56:56	0:30:41	639	/	2:51:37	31,5 km/h	03:20	27:04	29:21	31:01	35:34	1008	/	2:02:59	5:51 m/km
142	893	Pedro Castillo	F144	/M35-39	5:32:16	801	/	34:10	05:35	1:27:51	0:57:58	0:31:03	804	/	2:56:51	30,5 km/h	04:11	25:02	26:23	26:36	33:32	628	/	1:51:32	5:19 m/km
143	1071	Christian Pape	F145	/M35-39	5:32:26	1072	/	36:12	04:30	1:29:59	0:59:15	0:32:56	977	/	3:02:09	29,6 km/h	03:04	25:07	25:37	25:38	30:13	464	/	1:46:34	5:04 m/km
144	1929	Xim Planas Aguilo de Caceres	F146	/M35-39	5:32:46	364	/	31:20	04:02	1:26:18	0:56:50	0:31:28	747	/	2:54:35	30,9 km/h	03:55	25:45	27:31	28:42	37:00	878	/	1:58:55	5:40 m/km



Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M35-39

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel			
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km						
145	1093	Philipp Rimli	F147	/M35-39	5:32:57	821	/	34:19	06:12	1:27:02	0:55:44	0:30:24	695	/	2:53:08	31,2 km/h	05:44	25:21	26:50	28:10	33:15	709	/	1:53:35	5:25 m/km
146	1146	Antonio Viola	F148	/M35-39	5:33:14	480	/	32:15	04:03	1:25:55	0:58:16	0:31:33	773	/	2:55:42	30,7 km/h	03:54	25:03	26:50	28:46	36:44	823	/	1:57:21	5:35 m/km
147	875	Nigel Bond	F149	/M35-39	5:33:20	133	/	28:34	04:51	1:26:01	1:05:17	0:31:05	985	/	3:02:22	29,6 km/h	04:24	26:37	27:15	27:36	31:44	696	/	1:53:11	5:23 m/km
148	956	Niclas Gottschalk	F150	/M35-39	5:33:28	530	/	32:40	03:37	1:29:02	0:55:10	0:29:55	732	/	2:54:07	31,0 km/h	04:23	26:59	28:40	29:08	33:59	872	/	1:58:44	5:39 m/km
149	862	Filippo Bagnasco	F151	/M35-39	5:33:29	421	/	31:40	04:30	1:33:39	0:57:56	0:32:33	1034	/	3:04:07	29,3 km/h	03:56	23:04	24:44	26:16	35:15	557	/	1:49:18	5:12 m/km
150	950	Oscar Garcia	F152	/M35-39	5:33:38	915	/	35:01	04:49	1:25:17	0:57:02	0:30:40	685	/	2:52:58	31,2 km/h	04:02	25:53	26:40	28:40	35:38	810	/	1:56:50	5:34 m/km
151	885	Enrique Cabrera Poo	F153	/M35-39	5:33:50	1202	/	37:51	04:26	1:30:28	0:59:41	0:32:25	990	/	3:02:33	29,6 km/h	03:30	23:36	25:07	25:56	30:56	425	/	1:45:33	5:02 m/km
152	963	Johan Helgstrand	F154	/M35-39	5:34:08	1057	/	36:05	06:03	1:27:47	0:54:47	0:30:27	688	/	2:53:01	31,2 km/h	05:25	25:07	27:11	28:36	32:43	710	/	1:53:35	5:25 m/km
153	914	Juan Ignacio De Molina Suay	F155	/M35-39	5:34:52	468	/	32:07	03:40	1:24:33	0:55:54	0:30:47	625	/	2:51:13	31,5 km/h	03:31	26:52	31:48	30:20	35:23	1043	/	2:04:22	5:55 m/km
154	1000	Brian Lang	F156	/M35-39	5:35:39	794	/	34:09	06:03	1:25:38	0:59:26	0:31:10	786	/	2:56:13	30,6 km/h	04:34	25:10	27:19	28:15	34:00	748	/	1:54:42	5:28 m/km
155	975	Johann Huber	F157	/M35-39	5:36:14	853	/	34:29	07:43	1:27:26	0:58:01	0:31:12	797	/	2:56:37	30,6 km/h	04:27	27:13	26:43	27:08	31:58	688	/	1:53:00	5:23 m/km
156	917	Christian Del Valle	F158	/M35-39	5:36:42	835	/	34:24	06:50	1:24:12	1:02:06	0:31:25	837	/	2:57:42	30,4 km/h	03:43	24:55	26:25	28:22	34:24	728	/	1:54:05	5:26 m/km
157	1113	Thomas Rainer Josef Selmayr	F159	/M35-39	5:36:50	1150	/	37:08	04:48	1:26:35	0:55:17	0:30:07	648	/	2:51:58	31,4 km/h	04:19	26:31	28:50	29:01	34:17	869	/	1:58:38	5:39 m/km
158	1100	Frederic Rossel	F160	/M35-39	5:36:54	508	/	32:30	05:54	1:28:00	1:03:59	0:32:49	1048	/	3:04:48	29,2 km/h	04:36	25:18	25:15	26:58	31:39	549	/	1:49:08	5:12 m/km
159	1063	Pedro Oliver	F161	/M35-39	5:37:03	1210	/	37:56	04:25	1:21:44	0:55:27	0:30:22	514	/	2:47:32	32,2 km/h	04:50	25:47	29:07	29:47	37:42	995	/	2:02:22	5:50 m/km
160	944	Kornelius Fuhrer	F162	/M35-39	5:38:10	294	/	30:50	07:56	1:16:25	0:52:38	0:28:43	217	/	2:37:45	34,2 km/h	04:45	24:30	25:53	26:38	59:56	1298	/	2:16:55	6:31 m/km
161	1044	Miguel Morales	F163	/M35-39	5:38:15	1114	/	36:45	05:30	1:29:53	0:56:56	0:30:39	824	/	2:57:26	30,4 km/h	04:05	25:30	27:56	29:35	31:30	744	/	1:54:29	5:27 m/km
162	1129	Juan Tauler	F164	/M35-39	5:38:59	889	/	34:50	05:21	1:35:14	1:01:25	0:33:28	1179	/	3:10:07	28,4 km/h	04:51	24:53	25:01	25:28	28:31	378	/	1:43:53	4:57 m/km
163	1054	Conal Newland	F165	/M35-39	5:39:14	196	/	29:31	03:39	1:36:38	1:01:45	0:34:31	1236	/	3:12:54	28,0 km/h	04:18	23:20	25:45	27:23	32:28	539	/	1:48:54	5:11 m/km
164	909	Philip Cuthbert	F166	/M35-39	5:39:29	1265	/	38:36	04:44	1:25:27	0:59:17	0:33:13	848	/	2:57:57	30,3 km/h	05:16	23:18	27:22	28:48	33:32	687	/	1:52:58	5:23 m/km
165	915	Toby Dean	F167	/M35-39	5:39:33	662	/	33:24	04:53	1:29:53	0:58:13	0:31:32	900	/	2:59:36	30,1 km/h	04:33	24:52	27:12	30:18	34:50	818	/	1:57:09	5:35 m/km
166	1169	Adam Zavalis	F168	/M35-39	5:39:45	841	/	34:25	03:49	1:29:08	0:59:05	0:32:53	944	/	3:01:04	29,8 km/h	03:54	25:41	27:58	29:07	33:50	807	/	1:56:35	5:33 m/km
167	1016	Miguel Maimo bennasar	F169	/M35-39	5:40:59	1151	/	37:09	04:20	1:26:41	0:58:30	0:32:56	852	/	2:58:06	30,3 km/h	03:37	26:02	27:34	28:41	35:34	840	/	1:57:49	5:37 m/km
168	922	Tom Dobbelaere	F170	/M35-39	5:41:45	840	/	34:25	04:15	1:24:27	0:59:05	0:28:21	647	/	2:51:52	31,4 km/h	04:50	26:54	31:06	30:33	37:53	1091	/	2:06:25	6:01 m/km



Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M35-39

Rank	Bib	Name	Pos	Cat	Oficial Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel			
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km						
169	1119	Pär Sikö	F171	/M35-39	5:41:49	1156	/	37:10	06:20	1:38:19	1:01:23	0:33:32	1242	/	3:13:13	27,9 km/h	05:27	23:59	24:11	23:52	27:39	243	/	1:39:40	4:45 m/km
170	1037	Rodrigo Miranda Beltrán	F172	/M35-39	5:41:57	1207	/	37:53	03:33	1:27:13	0:57:02	0:32:06	791	/	2:56:21	30,6 km/h	04:13	26:38	28:41	30:13	34:28	916	/	1:59:58	5:43 m/km
171	1028	Justin McChesney	F173	/M35-39	5:42:12	1115	/	36:45	05:08	1:25:39	0:55:44	0:30:39	649	/	2:52:01	31,4 km/h	04:52	27:23	30:04	30:39	35:24	1017	/	2:03:27	5:53 m/km
172	1041	Manuel Monclus Marcellan	F174	/M35-39	5:42:13	402	/	31:33	04:47	1:28:52	0:59:50	0:30:55	899	/	2:59:36	30,1 km/h	04:18	26:01	28:16	30:26	37:19	983	/	2:02:00	5:49 m/km
173	1022	Ricardo Martínez	F175	/M35-39	5:42:18	926	/	35:05	05:10	1:28:27	1:02:59	0:35:46	1108	/	3:07:11	28,8 km/h	04:58	24:04	25:51	27:10	32:52	576	/	1:49:55	5:14 m/km
174	1026	Mike Matthias	F176	/M35-39	5:42:30	985	/	35:31	05:15	1:31:20	0:57:36	0:31:09	913	/	3:00:04	30,0 km/h	03:55	27:08	28:33	28:48	33:20	839	/	1:57:48	5:37 m/km
175	1045	Beano Moran	F177	/M35-39	5:42:40	559	/	32:51	05:19	1:27:20	1:00:14	0:33:10	934	/	3:00:43	29,9 km/h	03:43	26:05	29:48	29:57	34:17	923	/	2:00:06	5:43 m/km
176	930	Daniel Eriksson	F178	/M35-39	5:43:06	320	/	31:03	06:33	1:28:34	0:59:27	0:33:45	964	/	3:01:45	29,7 km/h	05:17	26:14	29:10	29:02	34:05	863	/	1:58:29	5:39 m/km
177	1070	Stavros Panagopoulos	F179	/M35-39	5:43:33	1477	/	42:18	05:33	1:28:19	1:01:38	0:33:35	1014	/	3:03:31	29,4 km/h	03:54	26:42	26:24	26:09	29:05	522	/	1:48:18	5:09 m/km
178	860	Alexis Athanasopoulos	F180	/M35-39	5:43:46	802	/	34:12	03:59	1:24:21	0:58:34	0:31:27	740	/	2:54:21	31,0 km/h	04:51	25:59	29:08	32:52	38:27	1092	/	2:06:25	6:01 m/km
179	1138	Guillermo Vadell	F181	/M35-39	5:44:04	830	/	34:23	04:41	1:23:25	0:57:00	0:31:00	629	/	2:51:24	31,5 km/h	06:14	28:47	30:31	30:27	37:41	1115	/	2:07:25	6:04 m/km
180	890	Ivan Capo	F182	/M35-39	5:44:56	275	/	30:40	03:14	1:30:41	0:58:44	0:32:26	966	/	3:01:50	29,7 km/h	05:03	27:45	29:50	30:54	35:44	1037	/	2:04:11	5:55 m/km
181	1061	Jose Oliveira	F183	/M35-39	5:45:09	868	/	34:37	04:17	1:30:33	1:01:25	0:35:57	1126	/	3:07:53	28,7 km/h	04:13	25:23	27:10	27:25	34:15	733	/	1:54:12	5:26 m/km
182	964	Todd Helman	F184	/M35-39	5:45:14	510	/	32:31	05:33	1:33:22	1:05:17	0:35:03	1252	/	3:13:41	27,9 km/h	04:03	25:57	26:20	26:40	30:33	560	/	1:49:28	5:13 m/km
183	876	Jaime Boyeras	F185	/M35-39	5:45:29	656	/	33:21	04:53	1:27:16	0:58:47	0:31:38	835	/	2:57:40	30,4 km/h	02:48	27:08	31:10	32:05	36:27	1102	/	2:06:49	6:02 m/km
184	1027	Gerald Mayer	F186	/M35-39	5:45:32	958	/	35:22	04:15	1:28:56	0:58:54	0:34:13	976	/	3:02:02	29,7 km/h	03:00	26:47	27:49	29:55	36:25	945	/	2:00:54	5:45 m/km
185	894	Jose Miguel Catalan	F187	/M35-39	5:45:38	990	/	35:33	03:43	1:29:43	1:01:45	0:32:18	1021	/	3:03:45	29,4 km/h	03:03	25:46	27:47	29:53	36:12	900	/	1:59:36	5:42 m/km
186	1132	Javi Theilacker	F188	/M35-39	5:45:47	689	/	33:30	04:36	1:29:16	0:57:17	0:32:05	868	/	2:58:37	30,2 km/h	04:06	26:16	29:17	32:26	37:03	1059	/	2:05:00	5:57 m/km
187	1035	Konstantinos Michopoulos	F189	/M35-39	5:45:49	1488	/	42:32	06:07	1:26:37	0:56:23	0:31:25	741	/	2:54:24	31,0 km/h	04:20	27:48	28:30	29:08	33:03	862	/	1:58:29	5:39 m/km
188	1042	Olegario Monegal	F190	/M35-39	5:45:59	1472	/	42:11	05:14	1:26:13	0:55:20	0:30:45	663	/	2:52:17	31,3 km/h	05:13	26:28	29:04	29:56	35:40	950	/	2:01:06	5:46 m/km
189	904	Tom Conlon	F191	/M35-39	5:46:10	1093	/	36:27	02:47	1:33:54	1:00:42	0:30:52	1067	/	3:05:27	29,1 km/h	03:13	25:18	27:11	30:11	35:39	858	/	1:58:18	5:38 m/km
190	923	Dave Drysdale	F192	/M35-39	5:46:45	1005	/	35:41	04:37	1:31:28	1:00:08	0:32:16	1024	/	3:03:51	29,4 km/h	04:04	25:11	28:23	30:55	34:08	867	/	1:58:35	5:39 m/km
191	1130	Will Taylor	F193	/M35-39	5:47:30	949	/	35:18	05:54	1:32:41	1:02:25	0:31:58	1103	/	3:07:03	28,9 km/h	06:01	24:48	26:54	28:37	32:59	698	/	1:53:16	5:24 m/km
192	855	Paul Annetts	F194	/M35-39	5:48:32	845	/	34:26	04:14	1:22:24	0:55:07	0:30:04	515	/	2:47:34	32,2 km/h	04:43	29:14	35:48	31:04	41:32	1318	/	2:17:36	6:33 m/km

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M35-39

Rank	Bib	Name	Pos	Cat	Oficial Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
193	1076	Pere Pérez Ortiz	F195	/M35-39	5:49:16	884	/ 34:48	04:18	1:27:19	0:57:19	0:31:24	782	/ 2:56:00	30,7 km/h	03:54	28:20	30:51	31:37	39:32	1185	/2:10:18	6:12 m/km
194	1168	Ovidi Zaragoza Muñoz	F196	/M35-39	5:49:55	1498	/ 42:49	06:30	1:28:16	0:57:54	0:31:23	825	/ 2:57:32	30,4 km/h	04:55	25:52	27:19	28:56	36:04	852	/ 1:58:11	5:38 m/km
195	1023	J. Mascaro Mascaro	F197	/M35-39	5:50:22	869	/ 34:38	03:43	1:25:14	0:59:10	0:34:35	882	/ 2:58:57	30,2 km/h	04:37	25:46	28:29	31:05	43:10	1137	/2:08:28	6:07 m/km
196	951	Oriol Garrote Martinez	F198	/M35-39	5:50:39	944	/ 35:15	03:54	1:18:21	0:54:16	0:30:18	373	/ 2:42:55	33,1 km/h	04:24	29:27	36:19	37:25	41:04	1408	/2:24:13	6:52 m/km
197	903	Pep Comas i Soler	F199	/M35-39	5:50:39	1332	/ 39:10	04:57	1:29:37	0:58:25	0:32:20	922	/ 3:00:22	29,9 km/h	04:47	24:44	27:36	31:16	37:49	963	/ 2:01:25	5:47 m/km
198	1083	Joan Prats	F200	/M35-39	5:51:24	1459	/ 41:49	05:58	1:26:12	1:00:00	0:34:21	929	/ 3:00:33	29,9 km/h	07:55	25:08	26:25	28:56	34:43	762	/ 1:55:11	5:29 m/km
199	1003	Darren Leverton	F201	/M35-39	5:52:10	1264	/ 38:35	05:55	1:28:32	1:01:17	0:33:15	1003	/ 3:03:04	29,5 km/h	02:43	25:29	28:33	30:46	37:07	977	/ 2:01:54	5:48 m/km
200	1019	Samu Martikainen	F202	/M35-39	5:52:13	1183	/ 37:34	06:01	1:29:55	0:58:36	0:31:57	926	/ 3:00:28	29,9 km/h	07:06	32:43	29:34	28:04	30:47	951	/ 2:01:07	5:46 m/km
201	919	Eddy Delville	F203	/M35-39	5:54:45	1104	/ 36:34	06:09	1:22:45	0:57:39	0:32:07	673	/ 2:52:30	31,3 km/h	07:17	28:42	31:45	33:06	38:45	1220	/2:12:16	6:18 m/km
202	1123	Eduard Soriano	F204	/M35-39	5:54:49	1473	/ 42:13	04:50	1:24:56	1:00:20	0:33:39	879	/ 2:58:54	30,2 km/h	04:14	27:38	31:15	29:22	36:25	1050	/2:04:39	5:56 m/km
203	968	Carlos Heredia España	F205	/M35-39	5:56:30	1341	/ 39:19	03:24	1:24:29	0:59:26	0:33:45	834	/ 2:57:40	30,4 km/h	04:39	30:21	31:04	32:06	38:01	1209	/2:11:30	6:16 m/km
204	1046	Iñigo Morán	F206	/M35-39	5:57:21	1284	/ 38:48	04:56	1:29:00	0:58:49	0:33:44	958	/ 3:01:32	29,7 km/h	05:50	29:53	29:41	30:36	36:08	1088	/2:06:17	6:01 m/km
205	1002	Mans Larsson	F207	/M35-39	5:57:22	1355	/ 39:34	05:05	1:28:19	1:01:41	0:33:48	1022	/ 3:03:48	29,4 km/h	05:30	26:02	28:26	30:50	38:12	1019	/2:03:28	5:53 m/km
206	1049	James Mulford	F208	/M35-39	5:57:24	937	/ 35:12	05:01	1:30:15	1:07:43	0:37:14	1288	/ 3:15:12	27,7 km/h	04:20	25:47	27:20	30:07	34:28	834	/ 1:57:40	5:36 m/km
207	887	Alvaro Calzada	F209	/M35-39	5:57:29	1381	/ 40:03	07:40	1:33:53	1:04:31	0:35:37	1263	/ 3:14:01	27,8 km/h	07:26	25:14	26:03	27:02	30:04	524	/ 1:48:21	5:10 m/km
208	1155	Markus Werda	F210	/M35-39	5:57:47	658	/ 33:22	04:09	1:28:55	0:58:54	0:30:42	862	/ 2:58:30	30,3 km/h	04:57	30:06	34:27	35:00	37:20	1297	/2:16:51	6:31 m/km
209	962	Robert Head	F211	/M35-39	5:58:20	745	/ 33:46	04:12	1:31:53	1:00:14	0:33:03	1053	/ 3:05:09	29,2 km/h	03:43	28:59	31:59	32:17	38:18	1210	/2:11:32	6:16 m/km
210	1050	René Müller	F212	/M35-39	5:58:59	1325	/ 39:06	05:01	1:35:43	1:01:52	0:34:03	1214	/ 3:11:37	28,2 km/h	03:27	26:50	27:56	30:00	35:05	910	/ 1:59:49	5:42 m/km
211	1116	Simon Shelton	F213	/M35-39	5:59:54	1432	/ 41:07	04:43	1:32:04	1:00:57	0:33:36	1092	/ 3:06:35	28,9 km/h	04:16	27:51	29:30	30:21	35:35	1013	/2:03:15	5:52 m/km
212	1015	Simon Lythgoe	F214	/M35-39	5:59:56	1398	/ 40:23	05:08	1:21:06	0:57:51	0:32:40	637	/ 2:51:35	31,5 km/h	04:48	29:46	32:25	34:36	41:18	1324	/2:18:03	6:34 m/km
213	877	Carsten Brems	F215	/M35-39	6:00:14	973	/ 35:27	04:11	1:23:58	0:57:48	0:30:59	677	/ 2:52:44	31,3 km/h	03:20	27:56	34:10	37:05	45:24	1412	/2:24:34	6:53 m/km
214	911	Adolfo (dave) De Bold	F216	/M35-39	6:00:14	1165	/ 37:14	06:12	1:32:37	1:02:34	0:34:09	1158	/ 3:09:19	28,5 km/h	06:34	27:29	28:55	30:16	34:18	947	/ 2:00:57	5:46 m/km
215	1058	Jaime Nuñez	F217	/M35-39	6:01:02	1628	/ 50:30	04:15	1:29:00	1:01:20	0:34:58	1061	/ 3:05:17	29,1 km/h	03:37	25:27	29:09	28:57	33:54	827	/ 1:57:25	5:35 m/km
216	1005	Arnaud Lhote	F218	/M35-39	6:01:49	1296	/ 38:55	04:16	1:31:48	1:03:07	0:34:39	1164	/ 3:09:34	28,5 km/h	05:13	27:20	30:21	31:24	34:48	1030	/2:03:52	5:54 m/km



# THOMAS COOK IRONMAN 70.3 MALLORCA

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M35-39

Rank	Bib	Name	Pos	Cat	Oficial Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
217	940	Dean Foley	F219	/M35-39	6:03:06	1255	/ 38:31	04:46	1:29:55	0:59:38	0:31:59	957	/ 3:01:30	29,8 km/h	04:23	30:39	30:57	32:36	39:48	1241	/2:13:58	6:23 m/km
218	908	Pablo Currás	F220	/M35-39	6:04:19	918	/ 35:02	05:21	1:28:14	1:00:39	0:33:02	969	/ 3:01:54	29,7 km/h	04:11	26:45	31:29	35:28	44:12	1321	/2:17:52	6:34 m/km
219	868	Tim Bennett	F221	/M35-39	6:05:06	1404	/ 40:34	06:02	1:34:55	1:03:25	0:36:06	1272	/ 3:14:25	27,8 km/h	05:09	27:17	28:48	28:39	34:14	881	/ 1:58:58	5:40 m/km
220	969	Craig Hodgins	F222	/M35-39	6:05:06	1135	/ 36:56	07:27	1:33:36	1:04:54	0:35:55	1271	/ 3:14:24	27,8 km/h	06:30	27:15	28:36	29:43	34:19	911	/ 1:59:51	5:42 m/km
221	1147	Konstantin Vlasenko	F223	/M35-39	6:05:16	1206	/ 37:52	06:51	1:31:43	1:02:27	0:36:12	1186	/ 3:10:21	28,4 km/h	04:56	26:33	29:42	31:41	37:23	1063	/2:05:17	5:58 m/km
222	1062	Tony Oliver	F224	/M35-39	6:05:19	1405	/ 40:35	07:10	1:36:10	1:06:49	0:37:32	1376	/ 3:20:30	26,9 km/h	04:42	26:08	27:49	27:50	30:38	664	/ 1:52:24	5:21 m/km
223	844	Mathew Adams	F225	/M35-39	6:05:31	955	/ 35:20	05:43	1:30:21	0:57:48	0:31:55	912	/ 3:00:02	30,0 km/h	05:35	29:27	31:59	35:17	42:11	1339	/2:18:53	6:37 m/km
224	1085	Johannes Pretorius	F226	/M35-39	6:05:55	1400	/ 40:25	06:18	1:39:24	1:09:00	0:34:59	1403	/ 3:23:21	26,6 km/h	05:39	25:22	26:38	25:38	32:37	590	/ 1:50:14	5:15 m/km
225	1038	Kristijan Mis	F227	/M35-39	6:06:12	1262	/ 38:34	05:14	1:33:37	1:02:26	0:37:15	1245	/ 3:13:16	27,9 km/h	04:33	27:36	30:33	30:56	35:32	1049	/2:04:36	5:56 m/km
226	993	Kyle Knight	F228	/M35-39	6:06:24	942	/ 35:14	06:59	1:26:32	0:56:53	0:32:09	770	/ 2:55:33	30,8 km/h	06:41	29:11	33:16	36:19	43:16	1380	/2:21:59	6:46 m/km
227	970	Patrick Hohler	F229	/M35-39	6:07:23	1631	/ 51:52	07:03	1:25:50	0:59:01	0:31:08	779	/ 2:55:59	30,7 km/h	05:38	28:23	29:50	31:36	37:06	1103	/2:06:54	6:03 m/km
228	958	Kim-Oliver Graßat	F230	/M35-39	6:07:36	1399	/ 40:25	06:01	1:29:43	1:03:03	0:33:44	1088	/ 3:06:28	29,0 km/h	07:12	27:55	29:58	30:28	39:11	1118	/2:07:31	6:04 m/km
229	1108	Ruediger Sauer	F231	/M35-39	6:07:58	1374	/ 39:53	05:03	1:34:29	0:59:08	0:32:23	1075	/ 3:05:59	29,0 km/h	04:51	29:54	31:20	32:36	38:26	1219	/2:12:14	6:18 m/km
230	1102	Sam Rowe	F232	/M35-39	6:08:52	1013	/ 35:45	04:16	1:28:53	0:59:27	0:32:46	948	/ 3:01:06	29,8 km/h	05:05	29:06	32:27	33:31	47:39	1389	/2:22:42	6:48 m/km
231	1055	Jose Manuel Nieto	F233	/M35-39	6:09:42	714	/ 33:36	05:09	1:28:24	1:01:43	0:35:21	1065	/ 3:05:27	29,1 km/h	03:03	29:26	32:34	37:04	43:26	1388	/2:22:29	6:47 m/km
232	1010	Beñat Lopez	F234	/M35-39	6:09:53	871	/ 34:38	04:37	1:29:16	0:58:57	0:32:06	917	/ 3:00:18	30,0 km/h	04:24	30:06	35:40	37:01	43:14	1431	/2:25:59	6:57 m/km
233	879	Dan Brown	F235	/M35-39	6:10:04	352	/ 31:16	04:25	1:37:28	1:02:12	0:33:27	1241	/ 3:13:06	28,0 km/h	03:47	26:25	32:30	36:01	42:39	1317	/2:17:33	6:33 m/km
234	1047	Juan Morey	F236	/M35-39	6:10:25	1572	/ 45:42	05:41	1:27:48	1:01:45	0:35:10	1047	/ 3:04:42	29,2 km/h	03:50	29:45	31:32	31:32	37:42	1190	/2:10:31	6:13 m/km
235	1008	Rafel Llado serra	F237	/M35-39	6:11:09	1407	/ 40:35	05:44	1:35:37	1:01:33	0:34:00	1203	/ 3:11:08	28,3 km/h	03:44	26:53	30:42	33:05	39:20	1177	/2:09:59	6:11 m/km
236	971	James Holley	F238	/M35-39	6:11:36	966	/ 35:25	06:40	1:41:35	1:00:37	0:32:33	1283	/ 3:14:44	27,7 km/h	05:17	28:56	30:46	32:06	37:46	1167	/2:09:33	6:10 m/km
237	854	Richard Anderson	F239	/M35-39	6:15:19	732	/ 33:42	03:43	1:29:51	0:58:19	0:32:44	937	/ 3:00:52	29,9 km/h	03:12	27:07	33:19	36:19	57:08	1497	/2:33:52	7:20 m/km
238	871	Michael Blischoff	F240	/M35-39	6:15:53	1100	/ 36:32	05:25	1:35:04	1:01:14	0:33:32	1172	/ 3:09:50	28,4 km/h	06:05	30:25	31:53	33:43	42:04	1325	/2:18:04	6:34 m/km
239	1107	Victor Santos	F241	/M35-39	6:16:04	1270	/ 38:39	06:36	1:39:12	1:03:41	0:35:11	1340	/ 3:18:03	27,3 km/h	08:23	27:35	30:16	30:54	35:41	1046	/2:04:24	5:55 m/km
240	901	Matthias Claßen	F242	/M35-39	6:18:15	1591	/ 46:48	04:10	1:39:45	1:02:25	0:35:14	1320	/ 3:17:23	27,4 km/h	03:46	27:43	30:05	31:47	36:37	1083	/2:06:10	6:00 m/km



Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M35-39

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel		
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km					
241	1158	Sven Wilhelms	F243	/M35-39	6:19:17	608	/	33:07	08:32	1:35:54	1:01:17	0:34:07	1207	/	3:11:17	28,2 km/h	04:39	29:23	32:21	35:57	44:04	1378	/2:21:44	6:45 m/km
242	878	Uwe Brettschneider	F244	/M35-39	6:20:29	393	/	31:30	04:53	1:34:49	1:03:54	0:33:36	1227	/	3:12:18	28,1 km/h	04:42	30:23	36:10	38:37	41:59	1442	/2:27:08	7:00 m/km
243	957	Javier Gracia Echeveste	F245	/M35-39	6:20:45	1448	/	41:25	06:21	1:29:48	1:00:58	0:33:27	1036	/	3:04:13	29,3 km/h	06:04	31:19	33:55	37:02	40:31	1390	/2:22:44	6:48 m/km
244	874	Joost Bonarius	F246	/M35-39	6:22:40	1201	/	37:50	07:11	1:37:20	1:03:39	0:34:13	1287	/	3:15:11	27,7 km/h	06:23	31:04	32:23	33:43	38:58	1280	/2:16:06	6:29 m/km
245	1039	Carsten Möller	F247	/M35-39	6:23:16	793	/	34:07	04:48	1:34:31	0:59:31	0:33:12	1110	/	3:07:14	28,8 km/h	05:09	32:56	34:28	38:47	45:51	1485	/2:32:01	7:14 m/km
246	1144	Christian Van Zijl	F248	/M35-39	6:23:23	1105	/	36:35	05:34	1:33:47	1:00:49	0:34:36	1155	/	3:09:11	28,5 km/h	06:18	28:56	33:09	38:03	45:41	1428	/2:25:47	6:57 m/km
247	1017	Petri Mäkelä	F249	/M35-39	6:23:31	1260	/	38:34	10:14	1:39:25	1:03:27	0:33:08	1300	/	3:15:58	27,6 km/h	07:28	29:19	31:19	33:24	37:19	1203	/2:11:20	6:15 m/km
248	847	Federico Aldasoro	F250	/M35-39	6:23:41	482	/	32:17	07:19	1:36:45	1:03:51	0:35:09	1297	/	3:15:44	27,6 km/h	06:00	29:21	32:09	36:03	44:51	1387	/2:22:23	6:47 m/km
249	1092	Jason Riley	F251	/M35-39	6:23:48	469	/	32:08	04:18	1:35:58	1:01:33	0:33:36	1202	/	3:11:06	28,3 km/h	04:45	31:13	39:38	38:29	42:15	1479	/2:31:33	7:13 m/km
250	863	Carles Barage	F252	/M35-39	6:24:42	993	/	35:36	06:31	1:29:39	0:58:52	0:32:25	939	/	3:00:54	29,9 km/h	05:32	29:17	39:49	38:12	48:54	1510	/2:36:11	7:26 m/km
251	1928	Hernan Velez	F253	/M35-39	6:26:54	1298	/	38:55	04:40	1:34:56	1:06:35	0:39:53	1384	/	3:21:22	26,8 km/h	06:51	28:27	30:20	34:32	41:52	1263	/2:15:09	6:26 m/km
252	866	Crispin Baynes	F254	/M35-39	6:27:07	1476	/	42:17	07:47	1:33:46	1:00:24	0:34:15	1137	/	3:08:24	28,7 km/h	07:09	31:11	33:12	35:58	41:15	1376	/2:21:33	6:44 m/km
253	949	Nick Garcia	F255	/M35-39	6:28:12	1215	/	37:59	05:27	1:32:40	1:04:38	0:36:22	1251	/	3:13:39	27,9 km/h	04:53	32:17	34:36	35:43	43:41	1435	/2:26:16	6:58 m/km
254	1075	Fer Pérez Gómez	F256	/M35-39	6:29:05	1496	/	42:44	05:20	1:38:53	1:06:01	0:37:48	1394	/	3:22:42	26,6 km/h	06:59	30:29	31:09	31:47	37:59	1204	/2:11:22	6:15 m/km
255	1153	Henrik Welin	F257	/M35-39	6:29:29	1594	/	46:57	05:44	1:33:56	1:05:08	0:38:30	1326	/	3:17:32	27,3 km/h	08:03	30:52	32:03	31:39	36:41	1202	/2:11:15	6:15 m/km
256	985	Ignasi Jordana	F258	/M35-39	6:29:55	1550	/	44:45	07:23	1:37:46	1:04:57	0:36:51	1359	/	3:19:33	27,1 km/h	05:04	29:35	32:23	34:55	36:20	1230	/2:13:11	6:21 m/km
257	999	Marcel Lacaze	F259	/M35-39	6:34:26	1489	/	42:33	04:24	1:43:49	1:05:59	0:36:43	1431	/	3:26:30	26,2 km/h	04:38	30:18	33:09	34:00	38:57	1286	/2:16:23	6:30 m/km
258	927	Mirko Eichblatt	F260	/M35-39	6:34:47	1324	/	39:05	04:42	1:43:24	1:04:07	0:36:06	1405	/	3:23:35	26,5 km/h	05:16	31:31	33:12	35:27	42:02	1384	/2:22:11	6:46 m/km
259	1157	Andre Wetzel	F261	/M35-39	6:34:59	1056	/	36:05	07:18	1:39:52	1:07:04	0:36:43	1406	/	3:23:38	26,5 km/h	06:10	31:51	32:23	35:46	41:51	1379	/2:21:50	6:45 m/km
260	858	Nestor Blas Aristegui	F262	/M35-39	6:36:56	1192	/	37:40	04:22	1:38:53	1:05:58	0:38:41	1404	/	3:23:31	26,5 km/h	05:11	32:31	34:31	36:19	42:55	1434	/2:26:14	6:58 m/km
261	934	Stephen Farr	F263	/M35-39	6:38:49	1501	/	42:53	07:10	1:38:24	1:00:47	0:34:31	1253	/	3:13:42	27,9 km/h	10:29	31:24	33:39	33:41	45:54	1414	/2:24:37	6:53 m/km
262	880	Peter Brown	F264	/M35-39	6:39:51	1585	/	46:27	04:00	1:35:26	1:05:19	0:38:15	1351	/	3:18:59	27,1 km/h	04:53	29:46	35:40	36:28	43:42	1427	/2:25:35	6:56 m/km
263	1101	Luca Rossi	F265	/M35-39	6:40:21	1506	/	43:01	07:13	1:39:29	1:04:58	0:36:46	1383	/	3:21:12	26,8 km/h	08:58	30:41	32:56	34:36	41:45	1354	/2:19:58	6:40 m/km
264	846	Marc Ahrens	F266	/M35-39	6:42:32	1229	/	38:11	07:56	1:44:14	1:10:06	0:39:20	1492	/	3:33:40	25,3 km/h	08:46	30:22	32:45	31:35	39:21	1243	/2:14:02	6:23 m/km



Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M35-39

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel		
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km					
265	983	Mike Jones	F267	/M35-39	6:44:08	957	/	35:22	05:55	1:37:38	1:03:54	0:37:38	1354	/	3:19:09	27,1 km/h	05:18	30:55	36:45	42:51	47:58	1533	/2:38:27	7:33 m/km
266	1172	Wolfgang Zoebli	F268	/M35-39	6:46:09	1497	/	42:48	06:14	1:36:59	0:59:32	0:32:57	1161	/	3:09:27	28,5 km/h	05:27	34:18	40:56	40:43	46:19	1553	/2:42:15	7:44 m/km
267	984	Neil Jones	F269	/M35-39	6:47:44	1479	/	42:18	10:43	1:48:45	1:05:26	0:36:39	1470	/	3:30:49	25,6 km/h	10:21	28:28	30:16	34:24	40:29	1235	/2:13:36	6:22 m/km
268	1922	Mikael Kretz	F270	/M35-39	6:49:30	1494	/	42:40	07:01	1:47:26	1:07:32	0:36:46	1479	/	3:31:43	25,5 km/h	05:48	32:54	34:40	34:14	40:34	1386	/2:22:21	6:47 m/km
269	1149	Russell Walker	F271	/M35-39	6:49:37	1118	/	36:48	05:39	1:38:57	1:07:49	0:41:14	1443	/	3:27:58	26,0 km/h	05:59	32:13	37:16	38:46	45:02	1495	/2:33:16	7:18 m/km
270	1084	Jonathan Prestidge	F272	/M35-39	6:49:50	1383	/	40:08	08:00	1:40:26	1:08:45	0:39:42	1454	/	3:28:52	25,9 km/h	12:26	29:44	37:33	35:41	37:28	1359	/2:20:26	6:41 m/km
271	1066	Borja Orozco	F273	/M35-39	6:54:05	1518	/	43:29	04:20	1:52:41	1:12:21	0:43:21	1570	/	3:48:22	23,6 km/h	05:23	31:09	31:32	32:19	37:34	1221	/2:12:33	6:19 m/km
272	853	Roberto Ancheta	F274	/M35-39	6:55:41	1225	/	38:10	04:10	1:48:16	1:09:06	0:39:02	1517	/	3:36:23	25,0 km/h	04:37	32:41	34:26	38:30	46:48	1487	/2:32:23	7:15 m/km
273	1056	Benedict Norris	F275	/M35-39	6:58:17	1195	/	37:44	08:56	1:39:11	1:04:40	0:36:16	1368	/	3:20:06	27,0 km/h	05:50	37:16	38:24	41:01	49:04	1565	/2:45:44	7:54 m/km
274	1032	Miguel Melsion	F276	/M35-39	7:04:29	553	/	32:48	04:53	1:50:06	1:09:16	0:40:08	1536	/	3:39:29	24,6 km/h	05:35	31:42	38:39	43:18	48:08	1550	/2:41:46	7:42 m/km
275	897	Stephane Cheikh	F277	/M35-39	7:15:28	1431	/	41:06	07:44	1:41:23	1:09:11	0:37:40	1446	/	3:28:13	25,9 km/h	09:27	37:36	42:42	42:46	45:58	1572	/2:49:00	8:03 m/km
276	955	Ismael Gomez Valbuena	F278	/M35-39	7:29:04	1641	/	00:11	05:30	1:54:29	1:13:25	0:44:47	1586	/	3:52:41	23,2 km/h	05:44	31:15	33:19	36:03	44:24	1419	/2:25:00	6:54 m/km
277	961	Jens Häusler	F279	/M35-39	7:29:22	1632	/	52:18	07:57	1:49:32	1:10:11	0:52:09	1584	/	3:51:51	23,3 km/h	00:00	34:28	35:12	41:23	46:16	1524	/2:37:18	7:29 m/km
278	869	Garth Berridge	F280	/M35-39	7:34:46	1635	/	53:35	12:25	1:59:15	1:13:01	0:43:13	1594	/	3:55:28	22,9 km/h	09:08	32:17	33:12	35:43	43:01	1407	/2:24:11	6:52 m/km
279	1096	Andrew Robinson	F281	/M35-39	7:42:09	1372	/	39:51	05:01	1:45:48	1:10:17	0:39:50	1510	/	3:35:55	25,0 km/h	05:13	47:18	44:50	47:32	56:34	1594	/3:16:12	9:21 m/km
280	899	Fernando Esteban Churruca	F282	/M35-39	8:15:17	1637	/	57:52	12:43	2:04:27	1:19:12	0:53:37	1618	/	4:17:15	21,0 km/h	10:49	31:00	36:28	40:48	48:24	1515	/2:36:40	7:28 m/km
	1139	Karl Van Biervliet	F	M35-39	Ret.	95	/	27:55	02:57	1:14:25	0:53:07	0:27:15	145	/	2:34:46	34,9 km/h	02:55	20:19	21:21			0	/	
	1103	James Ryan	F	M35-39	Ret.	220	/	29:57	02:49	1:17:09	0:55:07	0:27:57	277	/	2:40:12	33,7 km/h	03:56	38:46					0	/
	1099	Norman Roersch	F	M35-39	Ret.	400	/	31:32	02:55	1:25:34	0:57:04	0:31:47	743	/	2:54:25	31,0 km/h	03:11						0	/
	1128	Richard Swallow	F	M35-39	Ret.	463	/	32:04	04:43	1:26:52	0:58:39	0:33:16	875	/	2:58:46	30,2 km/h	05:08	29:02					0	/
	926	Dirk Eggers	F	M35-39	Ret.	591	/	33:01	05:06	1:34:57	1:03:11	0:34:24	1229	/	3:12:31	28,0 km/h	04:14	34:22					0	/
	1069	Jan Osterwalder	F	M35-39	Ret.	1275	/	38:41	06:37	1:36:09	1:06:24	0:36:45	1356	/	3:19:17	27,1 km/h	05:08	26:50					0	/
	1078	Joseph Petrush	F	M35-39	Ret.	905	/	34:58	06:16	2:00:51	1:13:56	0:41:59	1598	/	3:56:45	22,8 km/h	59:41	00:38					0	/

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M50-54 / M55-59 / M60-64 / M65-69 / M70+

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
1	1203	Pascal Hagenbach	F 1	M50-54	4:42:15	541	32:43	03:40	1:14:45	0:50:46	0:27:48	114	2:33:18	35,2 km/h	03:58	20:17	20:56	21:45	25:41	63	1:28:38	4:13 m/km
2	1196	Patrick Erkens	F 2	M50-54	4:48:18	279	30:41	03:28	1:16:02	0:52:15	0:28:32	197	2:36:48	34,4 km/h	03:00	21:16	23:04	23:22	26:43	138	1:34:22	4:30 m/km
3	1289	Rinus De Veth	F 1	M55-59	4:52:15	380	31:24	04:10	1:14:36	0:51:47	0:27:31	123	2:33:53	35,1 km/h	03:59	22:14	23:03	23:05	30:29	221	1:38:51	4:42 m/km
4	1238	Simon Osborne	F 3	M50-54	4:54:52	589	33:01	02:34	1:20:22	0:54:59	0:29:13	430	2:44:34	32,8 km/h	02:17	21:01	21:50	22:35	27:03	114	1:32:27	4:24 m/km
5	1244	Lothar Richthammer	F 4	M50-54	4:57:31	939	35:13	04:19	1:13:34	0:52:15	0:29:10	152	2:34:59	34,8 km/h	03:42	23:30	24:07	24:33	27:11	233	1:39:20	4:44 m/km
6	1916	Uwe Weigert	F 5	M50-54	4:58:27	560	32:52	04:19	1:15:58	0:49:35	0:26:35	99	2:32:07	35,5 km/h	02:52	24:17	25:58	26:11	29:54	453	1:46:19	5:04 m/km
7	1190	Rene Delbaere	F 6	M50-54	4:59:39	383	31:25	03:34	1:17:00	0:52:40	0:28:22	223	2:38:01	34,2 km/h	03:33	22:36	24:01	25:19	31:14	356	1:43:08	4:55 m/km
8	1220	Werner Klingemann	F 7	M50-54	4:59:48	935	35:12	03:11	1:18:50	0:54:57	0:28:08	336	2:41:54	33,4 km/h	03:16	21:36	22:49	23:46	28:06	168	1:36:16	4:35 m/km
9	1211	Pieter Iedema	F 8	M50-54	5:01:18	954	35:20	02:56	1:16:53	0:54:32	0:29:15	299	2:40:40	33,6 km/h	03:47	21:42	23:55	24:27	28:35	215	1:38:38	4:42 m/km
10	1276	Udo Weinrich	F 9	M50-54	5:01:25	615	33:09	03:23	1:18:27	0:54:30	0:29:10	344	2:42:07	33,3 km/h	02:50	21:45	23:45	25:13	29:16	250	1:39:58	4:46 m/km
11	1264	Uwe Steinborn	F 10	M50-54	5:01:48	844	34:25	03:05	1:17:30	0:52:50	0:28:41	246	2:39:01	34,0 km/h	03:33	23:17	24:25	25:04	29:02	303	1:41:46	4:51 m/km
12	1261	Mike Spiewok	F 11	M50-54	5:01:57	931	35:08	03:30	1:16:23	0:55:07	0:29:54	319	2:41:23	33,5 km/h	02:58	22:29	23:58	23:17	29:15	225	1:38:59	4:43 m/km
13	1255	Tobias Schneider	F 12	M50-54	5:02:31	617	33:10	03:11	1:19:44	0:54:28	0:28:55	378	2:43:06	33,1 km/h	03:11	22:00	24:05	24:31	29:20	249	1:39:55	4:45 m/km
14	1224	Thomas Lampert	F 13	M50-54	5:03:25	927	35:06	03:29	1:15:36	0:55:29	0:29:28	295	2:40:32	33,6 km/h	03:50	22:11	23:45	24:38	29:57	271	1:40:30	4:47 m/km
15	1300	John Hook	F 2	M55-59	5:05:21	575	32:57	03:03	1:18:17	0:55:10	0:28:59	356	2:42:25	33,2 km/h	03:10	23:07	24:27	25:44	30:32	375	1:43:47	4:57 m/km
16	1256	Carsten Schwenn	F 14	M50-54	5:07:41	564	32:55	04:03	1:18:46	0:54:48	0:29:07	365	2:42:40	33,2 km/h	03:28	23:22	24:38	26:20	30:19	398	1:44:37	4:59 m/km
17	1313	Guido Arthur Reisch	F 3	M55-59	5:08:18	536	32:42	03:09	1:17:33	0:53:05	0:28:31	248	2:39:08	33,9 km/h	03:14	24:39	25:45	27:10	32:34	584	1:50:06	5:15 m/km
18	1192	Paul Donnelly	F 15	M50-54	5:08:44	169	29:09	03:35	1:17:37	0:52:45	0:28:18	238	2:38:40	34,0 km/h	03:15	24:15	26:27	28:28	34:58	730	1:54:07	5:26 m/km
19	1280	Dirk Zager	F 16	M50-54	5:09:03	1052	36:03	03:08	1:18:55	0:55:24	0:28:58	381	2:43:16	33,1 km/h	04:40	22:53	24:17	25:01	29:47	310	1:41:57	4:51 m/km
20	1269	Marc Vanden Eynden	F 17	M50-54	5:09:59	924	35:05	04:39	1:16:55	0:55:04	0:28:16	280	2:40:14	33,7 km/h	04:11	23:53	25:11	25:58	30:51	433	1:45:52	5:02 m/km
21	1279	Bernd Wüster	F 18	M50-54	5:10:17	84	27:43	03:58	1:20:18	0:53:20	0:28:23	340	2:42:00	33,3 km/h	03:30	25:00	27:48	28:15	32:07	693	1:53:08	5:23 m/km
22	1234	Tom Mcinnes	F 19	M50-54	5:10:53	670	33:26	04:18	1:21:17	0:54:02	0:28:29	397	2:43:46	33,0 km/h	04:09	23:48	25:03	25:50	30:36	414	1:45:16	5:01 m/km
23	1266	Ruud Van den Broek	F 20	M50-54	5:11:33	281	30:42	03:16	1:18:28	0:56:03	0:31:00	460	2:45:30	32,6 km/h	03:08	24:48	25:28	25:28	33:16	542	1:48:59	5:11 m/km
24	1296	Peter Grönholm	F 4	M55-59	5:13:00	646	33:19	04:01	1:20:51	0:55:17	0:29:10	453	2:45:17	32,7 km/h	03:38	24:31	25:19	26:10	30:49	472	1:46:47	5:05 m/km



# THOMAS COOK IRONMAN 70.3 MALLORCA

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M50-54 / M55-59 / M60-64 / M65-69 / M70+

Rank	Bib	Name	Pos Cat	Official Time	Pos SWIM	T1	Bike splits			Pos	BIKE Vel	T2	Run splits				Pos	RUN Vel
							35,5 km	70,4 km	90,1 km				5,1 km	10,2 km	15,3km	21,1km		
25	1308	Brian Powell	F 5 / M55-59	5:13:06	411 / 31:37	04:06	1:24:37	0:57:30	0:30:07	657 / 2:52:13	31,4 km/h	06:47	22:48	23:01	23:47	28:51	210 / 1:38:25	4:41 m/km
26	1217	Martin Kerry	F 21 / M50-54	5:13:31	263 / 30:26	03:15	1:18:47	0:55:28	0:29:22	391 / 2:43:36	33,0 km/h	03:27	23:22	26:26	29:05	33:55	678 / 1:52:48	5:22 m/km
27	61	Guy Berkebile	F 22 / M50-54	5:13:48	674 / 33:27	03:31	1:14:12	0:58:28	0:29:33	348 / 2:42:12	33,3 km/h	03:35	23:17	24:43	27:28	35:39	617 / 1:51:05	5:17 m/km
28	1294	Andrew Girling	F 6 / M55-59	5:15:49	941 / 35:14	04:44	1:18:18	0:53:52	0:28:04	278 / 2:40:13	33,7 km/h	03:37	24:41	25:49	27:20	34:15	646 / 1:52:03	5:20 m/km
29	1273	Dick Vosmeer	F 23 / M50-54	5:15:54	276 / 30:40	04:12	1:15:18	0:54:19	0:29:19	244 / 2:38:56	34,0 km/h	07:52	26:27	27:51	27:22	32:37	735 / 1:54:16	5:26 m/km
30	1298	Bram Heikamp	F 7 / M55-59	5:16:11	716 / 33:37	04:41	1:18:24	0:55:19	0:28:11	335 / 2:41:53	33,4 km/h	04:04	25:13	26:30	27:23	32:53	644 / 1:51:58	5:20 m/km
31	1231	Simon Massey	F 24 / M50-54	5:16:32	974 / 35:27	04:53	1:24:49	0:58:35	0:30:49	735 / 2:54:12	31,0 km/h	03:59	19:59	22:20	24:24	31:22	201 / 1:38:04	4:40 m/km
32	1235	Michael Mergler	F 25 / M50-54	5:18:21	826 / 34:22	04:52	1:20:58	0:54:54	0:29:51	468 / 2:45:42	32,6 km/h	04:13	25:03	26:39	26:30	31:02	551 / 1:49:13	5:12 m/km
33	1291	Piet Depauw	F 8 / M55-59	5:18:53	416 / 31:38	05:09	1:25:52	0:54:24	0:29:25	586 / 2:49:40	31,8 km/h	04:30	24:44	25:46	26:33	30:57	514 / 1:47:58	5:08 m/km
34	1251	Jean-Pierre Sauré	F 26 / M50-54	5:19:44	550 / 32:47	06:25	1:18:48	0:54:59	0:29:39	386 / 2:43:25	33,0 km/h	05:02	25:05	26:05	26:57	34:02	648 / 1:52:07	5:20 m/km
35	1305	Pierre-alain Piller	F 9 / M55-59	5:21:42	568 / 32:56	05:05	1:15:38	0:53:51	0:29:14	239 / 2:38:42	34,0 km/h	03:40	27:01	28:15	29:30	36:37	958 / 2:01:22	5:47 m/km
36	1321	Marcel Van Thiel	F 10 / M55-59	5:21:54	917 / 35:02	07:04	1:28:23	0:54:46	0:29:06	661 / 2:52:14	31,4 km/h	04:37	23:45	25:18	25:19	28:39	354 / 1:42:59	4:54 m/km
37	1270	Rob Veerman	F 27 / M50-54	5:24:15	866 / 34:35	03:57	1:23:03	0:51:41	0:28:14	375 / 2:42:57	33,1 km/h	03:52	27:05	28:22	29:07	34:24	879 / 1:58:56	5:40 m/km
38	1343	Mink Zeilstra	F 1 / M60-64	5:24:49	407 / 31:35	04:18	1:22:57	0:56:34	0:30:40	600 / 2:50:11	31,7 km/h	05:36	26:49	27:14	26:50	32:19	697 / 1:53:11	5:23 m/km
39	1185	Felix Bydkiewski	F 28 / M50-54	5:25:02	440 / 31:52	03:45	1:17:32	0:50:40	0:27:56	182 / 2:36:07	34,6 km/h	04:13	28:30	30:32	33:20	36:45	1157 / 2:09:06	6:09 m/km
40	1253	Roland Schiff-Martini	F 29 / M50-54	5:25:16	273 / 30:36	05:43	1:28:25	1:02:29	0:32:41	1018 / 3:03:34	29,4 km/h	05:04	23:10	24:18	24:30	28:24	268 / 1:40:21	4:47 m/km
41	1182	Ronald Brandtjen	F 30 / M50-54	5:25:39	1037 / 35:58	04:44	1:24:06	0:56:37	0:30:42	628 / 2:51:24	31,5 km/h	03:22	23:38	25:40	26:55	34:03	589 / 1:50:14	5:15 m/km
42	1287	James Connolly	F 11 / M55-59	5:26:10	1570 / 45:35	04:00	1:21:46	0:56:30	0:30:11	546 / 2:48:26	32,1 km/h	03:53	22:52	25:26	26:02	29:58	388 / 1:44:17	4:58 m/km
43	1209	Steve Hope	F 31 / M50-54	5:26:25	686 / 33:29	04:14	1:23:40	0:58:35	0:31:56	734 / 2:54:11	31,0 km/h	04:55	24:29	25:52	26:19	32:59	562 / 1:49:38	5:13 m/km
44	62	Jeff Jones	F 12 / M55-59	5:26:33	1244 / 38:22	03:30	1:26:47	0:54:48	0:29:53	631 / 2:51:27	31,5 km/h	04:02	23:52	25:41	26:30	33:13	550 / 1:49:13	5:12 m/km
45	1297	Ray Handley	F 13 / M55-59	5:28:08	1048 / 36:02	04:27	1:24:02	1:03:09	0:32:17	896 / 2:59:28	30,1 km/h	05:32	22:56	23:58	25:15	30:33	337 / 1:42:41	4:53 m/km
46	1252	Phil Saussus	F 32 / M50-54	5:29:27	1236 / 38:16	06:37	1:16:50	0:53:47	0:28:19	243 / 2:38:55	34,0 km/h	05:13	26:40	28:29	30:01	35:19	931 / 2:00:28	5:44 m/km
47	1222	Gerhard Kronavetter	F 33 / M50-54	5:29:36	1559 / 44:53	03:57	1:17:26	1:05:53	0:28:59	664 / 2:52:17	31,3 km/h	03:30	23:51	25:02	25:23	30:45	407 / 1:45:00	5:00 m/km
48	1318	Harry Schneider	F 14 / M55-59	5:30:27	900 / 34:54	04:26	1:28:47	1:00:22	0:31:29	930 / 3:00:37	29,9 km/h	03:48	24:17	25:25	26:18	30:44	470 / 1:46:43	5:05 m/km

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M50-54 / M55-59 / M60-64 / M65-69 / M70+

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
49	64	Steven Van Groningen	F 34	/ M50-54	5:31:46	1289	/ 38:51	03:17	1:20:30	0:53:59	0:29:58	424	/ 2:44:27	32,8 km/h	03:40	25:37	27:55	31:01	37:01	968	/ 2:01:33	5:47 m/km
50	1175	Alejandro Raul Arias	F 35	/ M50-54	5:31:48	377	/ 31:23	05:17	1:28:49	1:00:53	0:35:50	1071	/ 3:05:31	29,1 km/h	04:33	24:16	25:13	25:47	29:51	410	/ 1:45:06	5:00 m/km
51	1271	Johan Verdegem	F 36	/ M50-54	5:32:02	1353	/ 39:30	04:03	1:19:42	0:55:42	0:30:19	469	/ 2:45:42	32,6 km/h	05:00	26:25	27:50	28:34	35:02	838	/ 1:57:48	5:37 m/km
52	1317	Beat Scherrer	F 15	/ M55-59	5:32:11	629	/ 33:14	03:56	1:23:16	0:53:29	0:29:36	486	/ 2:46:19	32,5 km/h	04:14	27:53	30:23	30:21	35:54	1048	/ 2:04:30	5:56 m/km
53	1301	Didier Menu	F 16	/ M55-59	5:32:59	749	/ 33:46	04:02	1:27:15	0:57:46	0:31:01	783	/ 2:56:01	30,7 km/h	03:31	26:13	27:47	28:15	33:28	782	/ 1:55:41	5:31 m/km
54	1295	Enzo Grando	F 17	/ M55-59	5:34:16	904	/ 34:56	04:14	1:19:40	0:54:07	0:29:38	385	/ 2:43:25	33,0 km/h	04:34	25:12	29:13	35:22	37:23	1108	/ 2:07:08	6:03 m/km
55	1180	Thomas Baumgartner	F 37	/ M50-54	5:34:17	730	/ 33:41	04:23	1:25:18	0:53:57	0:30:20	584	/ 2:49:34	31,8 km/h	03:52	25:34	28:44	29:00	39:32	1004	/ 2:02:48	5:51 m/km
56	1191	Thomas Dey-Menzl	F 38	/ M50-54	5:35:00	1020	/ 35:48	04:32	1:27:27	0:59:21	0:31:38	858	/ 2:58:25	30,3 km/h	04:22	24:59	26:39	28:11	32:06	642	/ 1:51:54	5:20 m/km
57	1179	Derek Base	F 39	/ M50-54	5:35:39	577	/ 32:58	05:28	1:29:46	0:55:12	0:29:37	746	/ 2:54:35	30,9 km/h	04:34	26:35	28:33	28:41	34:18	851	/ 1:58:06	5:37 m/km
58	1338	Helmut Mohr	F 2	/ M60-64	5:36:28	420	/ 31:40	03:49	1:24:35	0:57:51	0:31:05	709	/ 2:53:29	31,1 km/h	03:04	26:06	30:05	31:17	37:00	1047	/ 2:04:27	5:56 m/km
59	1216	Uwe Friedrich Keller	F 40	/ M50-54	5:36:46	1139	/ 37:02	06:53	1:22:35	0:56:01	0:30:33	567	/ 2:49:08	31,9 km/h	03:09	25:44	28:38	31:10	35:05	936	/ 2:00:36	5:45 m/km
60	1284	Gian-Marco Bartolini	F 18	/ M55-59	5:37:50	1076	/ 36:17	05:22	1:27:18	1:01:25	0:33:28	978	/ 3:02:10	29,6 km/h	03:46	24:28	25:46	27:45	32:19	593	/ 1:50:17	5:15 m/km
61	1186	David Carnes	F 41	/ M50-54	5:38:12	650	/ 33:20	05:53	1:29:39	0:57:15	0:30:56	842	/ 2:57:49	30,4 km/h	03:20	26:06	27:50	29:20	34:37	844	/ 1:57:51	5:37 m/km
62	1202	Frank Hackenbruch	F 42	/ M50-54	5:40:08	725	/ 33:40	03:38	1:26:22	0:58:48	0:33:19	860	/ 2:58:28	30,3 km/h	05:17	24:28	26:47	29:21	38:31	887	/ 1:59:06	5:40 m/km
63	1348	Branko Mlinar	F 1	/ M65-69	5:41:53	1376	/ 39:55	04:49	1:30:09	1:03:10	0:31:57	1059	/ 3:05:15	29,2 km/h	03:45	26:00	26:05	25:49	30:18	520	/ 1:48:11	5:09 m/km
64	1257	Marco Seita	F 43	/ M50-54	5:43:41	960	/ 35:22	05:07	1:26:16	0:56:54	0:29:26	676	/ 2:52:35	31,3 km/h	04:11	28:57	29:58	31:45	35:49	1093	/ 2:06:28	6:01 m/km
65	1199	William Gallon	F 44	/ M50-54	5:44:04	1328	/ 39:08	05:31	1:30:20	0:57:12	0:29:37	817	/ 2:57:09	30,5 km/h	04:34	26:06	27:39	28:44	35:16	836	/ 1:57:44	5:36 m/km
66	1239	Andrew Pearson	F 45	/ M50-54	5:44:24	1087	/ 36:20	05:18	1:27:16	0:56:54	0:30:10	738	/ 2:54:20	31,0 km/h	06:07	27:10	29:13	30:43	35:17	996	/ 2:02:22	5:50 m/km
67	1278	Franz Wunderle	F 46	/ M50-54	5:44:50	1536	/ 44:07	05:00	1:23:16	0:56:50	0:30:55	619	/ 2:51:00	31,6 km/h	04:17	28:40	28:32	29:27	33:52	932	/ 2:00:28	5:44 m/km
68	1336	Yves Laval	F 3	/ M60-64	5:45:37	1125	/ 36:52	04:27	1:21:46	1:00:03	0:32:30	737	/ 2:54:17	31,0 km/h	08:52	26:03	28:48	29:13	37:08	953	/ 2:01:10	5:46 m/km
69	1236	Frank Oppatt	F 47	/ M50-54	5:47:31	523	/ 32:36	03:49	1:31:46	0:57:32	0:30:23	902	/ 2:59:40	30,1 km/h	03:19	27:24	30:40	31:55	38:12	1131	/ 2:08:09	6:06 m/km
70	1326	Volker Wendland	F 19	/ M55-59	5:47:50	1411	/ 40:39	05:06	1:25:02	0:59:06	0:32:18	793	/ 2:56:25	30,6 km/h	05:39	26:37	28:23	29:19	35:46	921	/ 2:00:03	5:43 m/km
71	1193	John Ellis	F 48	/ M50-54	5:48:05	1055	/ 36:04	05:32	1:31:23	1:04:50	0:34:29	1194	/ 3:10:41	28,3 km/h	04:42	25:02	25:59	27:17	32:51	620	/ 1:51:08	5:18 m/km
72	1213	Arne Ingmar Johannsen	F 49	/ M50-54	5:49:25	1327	/ 39:07	08:22	1:33:44	1:02:21	0:35:48	1220	/ 3:11:52	28,1 km/h	08:11	24:11	24:16	24:38	28:53	309	/ 1:41:56	4:51 m/km



Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M50-54 / M55-59 / M60-64 / M65-69 / M70+

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
73	1311	Manfred Raith	F 20	/ M55-59	5:49:33	1256	/ 38:32	04:06	1:33:07	1:03:03	0:34:29	1191	/ 3:10:37	28,3 km/h	04:08	26:24	26:50	27:12	31:47	654	/ 1:52:12	5:21 m/km
74	1248	Sverre Samdal	F 50	/ M50-54	5:49:57	814	/ 34:16	04:32	1:30:15	0:56:50	0:32:24	897	/ 2:59:29	30,1 km/h	05:36	28:23	29:58	31:34	36:14	1081	/ 2:06:07	6:00 m/km
75	1268	Geert Van Parys	F 51	/ M50-54	5:50:51	1495	/ 42:43	05:31	1:31:46	1:01:36	0:33:05	1085	/ 3:06:26	29,0 km/h	05:12	26:02	26:28	27:12	31:20	615	/ 1:51:01	5:17 m/km
76	1332	Gérard Delbury	F 4	/ M60-64	5:50:54	1350	/ 39:27	05:19	1:21:52	0:58:46	0:32:08	679	/ 2:52:45	31,3 km/h	04:48	30:58	30:28	31:17	35:55	1145	/ 2:08:37	6:07 m/km
77	1339	Horst Pfeiffer	F 5	/ M60-64	5:51:24	912	/ 35:00	05:45	1:26:47	0:59:43	0:31:53	857	/ 2:58:22	30,3 km/h	05:22	29:03	31:03	30:52	36:01	1105	/ 2:06:57	6:03 m/km
78	1327	Ben Barden	F 6	/ M60-64	5:52:35	1360	/ 39:37	04:48	1:26:53	0:59:45	0:32:19	881	/ 2:58:55	30,2 km/h	05:33	27:56	29:19	31:29	35:00	1024	/ 2:03:43	5:53 m/km
79	1240	Keith Peek	F 52	/ M50-54	5:52:57	551	/ 32:47	05:54	1:23:45	0:56:04	0:29:24	569	/ 2:49:12	31,9 km/h	04:38	31:36	33:10	34:42	41:01	1360	/ 2:20:28	6:41 m/km
80	1306	Juan Carlos Pla Lopez	F 21	/ M55-59	5:54:18	1368	/ 39:44	05:58	1:34:03	1:00:43	0:34:16	1150	/ 3:09:01	28,6 km/h	03:36	27:31	28:52	27:51	31:47	792	/ 1:56:00	5:31 m/km
81	1228	Keith Mahon	F 53	/ M50-54	5:56:37	495	/ 32:24	03:07	2:13:06	0:55:57	0:30:36	1539	/ 3:39:38	24,6 km/h	03:50	23:09	23:37	23:53	27:02	192	/ 1:37:40	4:39 m/km
82	1293	Waldemar Gabold	F 22	/ M55-59	5:57:47	603	/ 33:05	04:34	1:33:43	1:01:50	0:34:16	1170	/ 3:09:48	28,5 km/h	04:46	27:26	29:43	31:22	37:07	1069	/ 2:05:36	5:59 m/km
83	1229	Jean-claude Maire	F 54	/ M50-54	5:58:31	737	/ 33:43	02:52	1:24:52	0:56:15	0:30:36	641	/ 2:51:42	31,5 km/h	03:57	30:04	34:28	36:03	45:44	1437	/ 2:26:18	6:58 m/km
84	1183	Dirk Buda	F 55	/ M50-54	5:58:47	1310	/ 38:59	04:16	1:29:47	0:58:54	0:31:20	911	/ 3:00:00	30,0 km/h	05:54	29:00	31:53	32:29	36:20	1169	/ 2:09:40	6:10 m/km
85	1245	Frank Riesenbürger	F 56	/ M50-54	5:59:18	1615	/ 49:00	04:49	1:31:40	1:00:59	0:32:37	1060	/ 3:05:16	29,1 km/h	04:20	25:34	28:03	29:24	32:55	787	/ 1:55:54	5:31 m/km
86	1198	Chris Gair	F 57	/ M50-54	5:59:40	1390	/ 40:13	07:40	1:29:16	1:02:07	0:32:49	1035	/ 3:04:11	29,3 km/h	06:16	27:26	29:02	31:10	33:45	957	/ 2:01:22	5:47 m/km
87	1286	Emmanuel Carballada	F 23	/ M55-59	5:59:46	1247	/ 38:26	08:27	1:34:56	1:01:07	0:33:48	1171	/ 3:09:50	28,4 km/h	03:49	26:43	27:53	29:06	35:36	891	/ 1:59:16	5:41 m/km
88	1314	Michael Rusin	F 24	/ M55-59	5:59:49	1484	/ 42:30	07:12	1:29:43	1:00:34	0:34:09	1043	/ 3:04:26	29,3 km/h	04:40	27:33	29:39	29:46	34:07	949	/ 2:01:03	5:46 m/km
89	1330	John Booth	F 7	/ M60-64	6:01:26	1607	/ 48:22	03:59	1:27:01	1:01:39	0:34:20	1000	/ 3:02:58	29,5 km/h	04:06	26:59	29:26	30:54	34:45	984	/ 2:02:03	5:49 m/km
90	1194	Mehrdad Elmieh	F 58	/ M50-54	6:01:41	1222	/ 38:07	04:26	1:30:30	1:01:09	0:32:29	1033	/ 3:04:07	29,3 km/h	05:02	28:49	31:16	32:43	37:14	1181	/ 2:10:00	6:11 m/km
91	1214	Richard Jones	F 59	/ M50-54	6:02:36	1279	/ 38:46	04:12	1:37:21	1:07:04	0:38:10	1393	/ 3:22:35	26,7 km/h	04:15	26:35	27:18	27:18	31:40	680	/ 1:52:50	5:22 m/km
92	1188	Rowan Clifford	F 60	/ M50-54	6:03:52	1193	/ 37:41	04:39	1:28:28	0:57:31	0:31:54	844	/ 2:57:52	30,4 km/h	04:36	30:43	31:20	35:09	41:56	1341	/ 2:19:06	6:37 m/km
93	1310	Klaus Pullmann	F 25	/ M55-59	6:04:42	1436	/ 41:12	04:33	1:22:59	0:53:43	0:28:19	441	/ 2:45:00	32,7 km/h	06:52	32:24	33:47	36:55	44:04	1443	/ 2:27:08	7:00 m/km
94	1200	Stephen Green	F 61	/ M50-54	6:05:24	1277	/ 38:46	04:24	1:33:08	0:56:28	0:31:19	940	/ 3:00:54	29,9 km/h	05:35	32:24	32:33	32:30	38:22	1274	/ 2:15:48	6:28 m/km
95	1303	José María Pardo	F 26	/ M55-59	6:07:16	1369	/ 39:45	04:13	1:31:56	1:01:38	0:34:02	1117	/ 3:07:36	28,8 km/h	05:07	27:23	31:48	32:31	38:57	1192	/ 2:10:38	6:13 m/km
96	1290	Joop De Vries	F 27	/ M55-59	6:07:28	669	/ 33:26	05:12	1:32:04	1:02:01	0:34:37	1141	/ 3:08:40	28,6 km/h	05:05	29:34	31:54	33:40	40:01	1261	/ 2:15:07	6:26 m/km



# THOMAS COOK IRONMAN 70.3 MALLORCA

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M50-54 / M55-59 / M60-64 / M65-69 / M70+

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
97	1320	Paul Thelwell	F 28	/ M55-59	6:07:29	948	/ 35:18	05:34	1:37:19	1:03:21	0:33:30	1267	/ 3:14:09	27,8 km/h	05:53	27:32	30:32	30:49	37:45	1095	/ 2:06:37	6:02 m/km
98	1242	Axel Platen	F 62	/ M50-54	6:09:45	1443	/ 41:20	07:11	1:31:20	0:57:54	0:32:23	962	/ 3:01:36	29,7 km/h	06:19	29:00	32:57	33:06	38:20	1232	/ 2:13:22	6:21 m/km
99	1285	Clive Bednall	F 29	/ M55-59	6:10:27	797	/ 34:10	04:57	1:29:35	0:57:02	0:30:19	805	/ 2:56:54	30,5 km/h	04:25	29:36	34:45	38:37	47:06	1471	/ 2:30:04	7:09 m/km
100	1281	Jari Aaltonen	F 30	/ M55-59	6:14:16	652	/ 33:20	06:58	1:33:22	0:58:47	0:32:33	1046	/ 3:04:40	29,2 km/h	05:17	33:40	33:43	35:04	41:38	1406	/ 2:24:03	6:52 m/km
101	1184	Lothar Busert	F 63	/ M50-54	6:14:23	1419	/ 40:46	05:37	1:30:38	1:02:05	0:34:39	1112	/ 3:07:21	28,8 km/h	07:41	24:24	28:16	30:46	49:35	1226	/ 2:13:00	6:20 m/km
102	1302	Ulrich Mund	F 31	/ M55-59	6:14:29	903	/ 34:55	05:15	1:36:15	1:02:19	0:33:59	1230	/ 3:12:32	28,0 km/h	04:59	31:16	32:06	33:20	40:10	1296	/ 2:16:50	6:31 m/km
103	1288	Jan De Bock	F 32	/ M55-59	6:15:25	702	/ 33:33	04:40	1:33:56	1:07:00	0:35:28	1307	/ 3:16:23	27,5 km/h	05:39	28:16	31:31	34:50	40:36	1265	/ 2:15:12	6:26 m/km
104	1205	Pete Hayward	F 64	/ M50-54	6:16:30	303	/ 30:57	03:38	1:33:27	1:02:27	0:34:08	1176	/ 3:10:01	28,4 km/h	04:16	29:10	35:03	38:24	45:03	1449	/ 2:27:39	7:02 m/km
105	1201	Michael Griffin	F 65	/ M50-54	6:17:11	613	/ 33:09	03:41	1:27:20	1:00:45	0:32:40	935	/ 3:00:44	29,9 km/h	03:09	26:22	31:16	41:53	57:00	1514	/ 2:36:30	7:27 m/km
106	1206	David Herman	F 66	/ M50-54	6:19:16	212	/ 29:46	04:24	1:36:53	1:07:04	0:33:08	1316	/ 3:17:04	27,4 km/h	04:19	31:31	34:11	34:58	43:05	1402	/ 2:23:45	6:51 m/km
107	1232	Fusi Massimo	F 67	/ M50-54	6:21:11	1505	/ 42:58	06:08	1:41:13	1:07:11	0:37:25	1421	/ 3:25:47	26,2 km/h	05:46	29:49	28:32	29:02	33:13	934	/ 2:00:34	5:44 m/km
108	1246	Miguel Rojo	F 68	/ M50-54	6:23:55	1435	/ 41:10	09:39	1:32:20	1:00:26	0:33:42	1087	/ 3:06:27	29,0 km/h	09:46	29:01	31:41	35:21	40:53	1299	/ 2:16:55	6:31 m/km
109	1322	Eberhard Wagemann	F 33	/ M55-59	6:24:28	1044	/ 36:00	08:46	1:35:42	1:02:52	0:34:34	1240	/ 3:13:06	28,0 km/h	05:40	30:57	32:48	35:45	41:30	1365	/ 2:20:58	6:43 m/km
110	1299	John-Allan Holm	F 34	/ M55-59	6:24:36	1182	/ 37:34	03:56	1:33:48	1:05:55	0:34:17	1262	/ 3:14:00	27,8 km/h	05:24	31:37	35:41	36:16	40:11	1401	/ 2:23:44	6:51 m/km
111	1195	Jan Engvall	F 69	/ M50-54	6:24:38	1387	/ 40:12	07:31	1:39:16	1:08:05	0:36:24	1409	/ 3:23:44	26,5 km/h	07:27	28:12	29:29	30:53	37:11	1072	/ 2:05:45	5:59 m/km
112	1347	Marty Frezza	F 2	/ M65-69	6:25:41	1515	/ 43:16	04:36	1:35:24	1:05:33	0:34:16	1290	/ 3:15:12	27,7 km/h	05:08	28:33	32:45	35:41	40:34	1316	/ 2:17:31	6:33 m/km
113	1342	Jan Van osselaer	F 8	/ M60-64	6:25:45	1367	/ 39:44	06:58	1:37:42	1:01:31	0:32:37	1218	/ 3:11:49	28,2 km/h	06:42	29:10	32:06	34:12	45:08	1362	/ 2:20:34	6:42 m/km
114	1218	Detlev Kindermann	F 70	/ M50-54	6:27:04	1338	/ 39:14	07:04	1:37:52	1:03:42	0:34:45	1305	/ 3:16:18	27,5 km/h	05:22	31:11	33:19	33:56	40:44	1342	/ 2:19:08	6:38 m/km
115	1274	Rudolf Wagenknecht	F 71	/ M50-54	6:27:36	1294	/ 38:53	04:44	1:33:49	1:01:33	0:35:40	1200	/ 3:11:01	28,3 km/h	04:52	33:07	37:44	36:04	41:13	1454	/ 2:28:07	7:03 m/km
116	1177	Rainer Aulmann	F 72	/ M50-54	6:33:30	1238	/ 38:17	04:12	1:39:23	1:03:57	0:36:47	1369	/ 3:20:07	27,0 km/h	03:46	27:35	31:39	36:09	51:49	1444	/ 2:27:09	7:00 m/km
117	1223	Matthias Kuld	F 73	/ M50-54	6:33:49	1269	/ 38:38	05:13	1:36:45	1:03:51	0:35:34	1301	/ 3:16:09	27,5 km/h	06:54	33:18	36:14	35:01	42:25	1440	/ 2:26:57	7:00 m/km
118	1262	Peter Stapleton	F 74	/ M50-54	6:35:18	1276	/ 38:41	06:19	1:42:58	1:12:58	0:39:40	1508	/ 3:35:35	25,0 km/h	05:57	25:55	30:27	33:34	38:52	1148	/ 2:08:47	6:08 m/km
119	1350	Guenter Pressler	F 1	/ M70+	6:35:33	1577	/ 45:52	05:03	1:51:22	1:07:44	0:38:50	1527	/ 3:37:56	24,8 km/h	05:19	27:18	27:51	30:01	36:16	962	/ 2:01:25	5:47 m/km
120	1241	Ansgar Pfeiffer	F 75	/ M50-54	6:35:51	699	/ 33:32	03:54	2:39:18	0:55:54	0:31:00	1613	/ 4:06:11	21,9 km/h	04:25	24:44	25:50	26:16	31:01	505	/ 1:47:50	5:08 m/km

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M50-54 / M55-59 / M60-64 / M65-69 / M70+

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
121	1210	Jeff Howe	F 76	/ M50-54	6:37:30	1362	/ 39:38	06:42	1:47:56	1:04:42	0:38:45	1474	/ 3:31:21	25,5 km/h	04:34	29:24	32:30	33:53	39:31	1268	/2:15:16	6:26 m/km
122	1315	Rainer Saxler	F 35	/ M55-59	6:39:06	987	/ 35:31	05:56	1:33:44	1:02:32	0:35:41	1222	/ 3:11:56	28,1 km/h	07:55	33:48	36:50	39:20	47:53	1529	/2:37:49	7:31 m/km
123	1181	Ronald Bloemendal	F 77	/ M50-54	6:39:39	1414	/ 40:40	05:40	1:37:58	1:02:55	0:33:06	1260	/ 3:13:58	27,8 km/h	06:14	35:30	36:25	36:42	44:34	1494	/2:33:10	7:18 m/km
124	1204	Derek Hardy	F 78	/ M50-54	6:42:19	864	/ 34:35	05:28	1:38:02	1:03:23	0:35:07	1309	/ 3:16:31	27,5 km/h	04:58	35:28	40:19	39:31	45:31	1546	/2:40:49	7:39 m/km
125	1309	Uwe Prein	F 36	/ M55-59	6:43:28	1375	/ 39:55	07:08	1:36:50	1:03:08	0:35:19	1292	/ 3:15:16	27,7 km/h	04:49	34:01	36:58	38:16	47:09	1512	/2:36:22	7:27 m/km
126	1323	Roland Wanner	F 37	/ M55-59	6:44:36	992	/ 35:36	06:28	1:42:10	1:02:42	0:37:43	1392	/ 3:22:34	26,7 km/h	07:04	33:21	34:44	40:29	44:22	1493	/2:32:55	7:17 m/km
127	1267	Tom Van Kolck	F 79	/ M50-54	6:45:18	1377	/ 39:55	09:15	1:48:23	1:08:01	0:36:57	1486	/ 3:33:20	25,3 km/h	06:42	29:54	30:46	33:01	42:29	1281	/2:16:09	6:29 m/km
128	1333	Dennis Elliott	F 9	/ M60-64	6:54:23	1349	/ 39:27	05:46	1:41:10	1:17:36	0:36:50	1509	/ 3:35:35	25,0 km/h	05:31	30:31	34:09	34:49	48:38	1453	/2:28:05	7:03 m/km
129	1331	Michel Chevalley	F 10	/ M60-64	6:54:38	1160	/ 37:11	03:58	1:34:27	1:04:46	0:37:18	1308	/ 3:16:29	27,5 km/h	06:08	35:58	42:17	41:29	51:11	1574	/2:50:54	8:08 m/km
130	1254	Karlheinz Helmut Schmidt	F 80	/ M50-54	6:56:40	1315	/ 39:02	08:53	1:43:56	1:01:53	0:34:28	1372	/ 3:20:16	27,0 km/h	06:24	35:54	39:01	39:47	47:27	1552	/2:42:07	7:43 m/km
131	1349	Helmut Wandel	F 3	/ M65-69	6:58:20	1588	/ 46:42	07:29	1:39:25	1:02:21	0:35:50	1329	/ 3:17:35	27,3 km/h	08:33	36:01	39:12	39:03	43:48	1530	/2:38:04	7:32 m/km
132	1215	Matthias Kaden	F 81	/ M50-54	6:59:01	1568	/ 45:27	06:57	1:49:48	1:14:12	0:51:44	1595	/ 3:55:44	22,9 km/h	00:00	29:51	31:22	33:01	36:42	1195	/2:10:55	6:14 m/km
133	1292	Norbert Franz	F 38	/ M55-59	7:00:28	1492	/ 42:39	08:17	1:39:11	1:24:18	0:49:13	1587	/ 3:52:42	23,2 km/h	11:21	28:39	29:06	31:50	35:56	1065	/2:05:30	5:59 m/km
134	1208	Anthony Hirsch	F 82	/ M50-54	7:00:54	967	/ 35:25	06:23	1:46:39	1:08:56	0:37:19	1483	/ 3:32:53	25,4 km/h	07:02	35:10	39:58	40:14	43:53	1539	/2:39:13	7:35 m/km
135	1328	Derek Blackall	F 11	/ M60-64	7:01:35	859	/ 34:31	05:14	1:46:23	1:07:21	0:38:23	1480	/ 3:32:06	25,5 km/h	05:23	33:46	41:20	41:56	47:22	1560	/2:44:22	7:50 m/km
136	1345	Günter Danel	F 4	/ M65-69	7:02:35	1565	/ 45:18	07:05	1:39:19	1:07:06	0:36:57	1402	/ 3:23:21	26,6 km/h	08:38	37:32	37:52	37:40	45:13	1531	/2:38:15	7:32 m/km
137	1282	Simon Avis	F 39	/ M55-59	7:03:37	1502	/ 42:54	09:50	1:42:46	1:14:40	0:42:07	1538	/ 3:39:31	24,6 km/h	08:02	32:03	34:42	35:44	40:53	1398	/2:23:21	6:50 m/km
138	1250	Uwe Sauer	F 83	/ M50-54	7:07:05	1460	/ 41:50	06:27	1:52:13	1:07:13	0:37:29	1519	/ 3:36:54	24,9 km/h	06:27	34:54	38:07	39:16	43:14	1506	/2:35:30	7:24 m/km
139	1337	Richard Manners	F 12	/ M60-64	7:08:00	1366	/ 39:43	07:27	1:42:45	1:06:38	0:38:12	1441	/ 3:27:33	26,0 km/h	09:57	35:31	38:42	40:12	48:58	1556	/2:43:21	7:47 m/km
140	1341	Johannes Sandmann	F 13	/ M60-64	7:09:25	1541	/ 44:16	10:30	1:50:30	1:10:40	0:47:17	1571	/ 3:48:27	23,6 km/h	00:00	34:40	34:45	35:04	41:46	1433	/2:26:14	6:58 m/km
141	1324	Norbert Weißenborn	F 40	/ M55-59	7:09:33	1527	/ 43:51	07:47	2:03:03	1:10:52	0:40:43	1590	/ 3:54:38	23,0 km/h	05:57	30:10	32:30	33:30	41:13	1312	/2:17:21	6:32 m/km
142	1197	Dirk Fennekoldt	F 84	/ M50-54	7:11:39	886	/ 34:49	03:40	1:47:54	1:07:12	0:35:42	1469	/ 3:30:47	25,6 km/h	08:37	41:23	42:00	40:37	49:49	1581	/2:53:48	8:17 m/km
143	1247	Antonio Sainz	F 85	/ M50-54	7:16:35	1323	/ 39:04	06:52	1:54:25	1:11:31	0:40:19	1563	/ 3:46:14	23,9 km/h	05:33	34:48	37:07	38:38	48:22	1536	/2:38:53	7:34 m/km
144	1283	Stanley Barnwell	F 41	/ M55-59	7:17:55	1231	/ 38:11	09:52	1:50:46	1:14:36	0:54:06	1604	/ 3:59:28	22,6 km/h	00:00	31:44	36:07	37:54	44:41	1472	/2:30:25	7:10 m/km



# THOMAS COOK IRONMAN 70.3 MALLORCA

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M50-54 / M55-59 / M60-64 / M65-69 / M70+

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
145	1344	John Curtis	F	5 / M65-69	7:21:39	1511 /	43:09	06:36	1:59:01	1:15:47	0:40:09	1591 /	3:54:57	23,0 km/h	05:49	36:11	37:57	36:24	40:38	1475	/2:31:09	7:12 m/km
146	1174	Matthias Albrech	F	86 / M50-54	7:23:31	1579 /	46:04	05:39	1:52:06	1:07:19	0:38:50	1529 /	3:38:14	24,7 km/h	06:46	32:56	38:59	47:30	47:26	1566	/2:46:49	7:57 m/km
147	1329	Lars Bonnedahl	F	14 / M60-64	7:23:51	1601 /	47:49	08:19	1:44:32	1:16:01	0:51:15	1583 /	3:51:47	23,3 km/h	00:00	33:06	36:08	39:00	47:44	1509	/2:35:58	7:26 m/km
148	1265	Christopher Taylor	F	87 / M50-54	7:30:30	1228 /	38:10	09:01	1:54:15	1:10:37	0:40:53	1560 /	3:45:44	23,9 km/h	10:09	37:20	40:24	40:22	49:22	1568	/2:47:27	7:58 m/km
149	1277	Michael Wineman	F	88 / M50-54	7:30:51	1393 /	40:18	07:53	1:55:51	1:06:18	0:35:45	1526 /	3:37:53	24,8 km/h	14:27	41:04	40:38	41:54	46:49	1573	/2:50:23	8:07 m/km
150	1920	Philip Annett	F	89 / M50-54	7:35:43	1522 /	43:39	06:08	1:50:20	1:08:57	0:37:22	1518 /	3:36:38	24,9 km/h	11:37	38:49	44:53	44:23	49:39	1583	/2:57:42	8:28 m/km
151	1178	Jose Antonio Barea Tejada	F	90 / M50-54	7:37:27	1535 /	44:06	06:09	2:01:41	1:16:27	0:44:49	1608 /	4:02:55	22,2 km/h	08:55	36:33	35:41	38:41	44:29	1504	/2:35:23	7:24 m/km
152	1335	Peter Herrmann	F	15 / M60-64	7:55:35	1639 /	58:16	07:05	1:59:39	1:10:34	0:40:10	1578 /	3:50:22	23,4 km/h	07:13	41:11	41:18	41:43	48:32	1579	/2:52:43	8:13 m/km
153	1346	Robert Diday	F	6 / M65-69	8:07:57	1259 /	38:33	06:59	2:10:30	1:18:38	0:45:26	1616 /	4:14:32	21,2 km/h	08:57	40:31	40:49	43:49	53:51	1584	/2:58:58	8:31 m/km
154	1351	Alwin Reng	F	2 / M70+	8:25:36	1593 /	46:54	07:53	2:20:37	1:19:02	0:43:58	1619 /	4:23:37	20,5 km/h	06:44	41:50	41:53	43:44	53:03	1587	/3:00:29	8:36 m/km
	1221	KLAUS KNAPP	F	M50-54	Ret.	0 /						0 /								0 /		
	1207	Raul Hernandez	F	M50-54	Ret.	0 /						0 /									0 /	
	1225	Yves Le nouaille	F	M50-54	Ret.	784 /	34:02	07:04				0 /									0 /	
	1219	Nicholas Kinsey	F	M50-54	Ret.	260 /	30:24	03:07	1:12:33	0:51:40	0:26:59	83 /	2:31:10	35,7 km/h	05:23						0 /	
	1275	Herbert Hans Weilguni	F	M50-54	Ret.	683 /	33:28	04:27	1:14:42	0:50:30	0:27:05	101 /	2:32:17	35,5 km/h	20:50						0 /	
	1307	Wolfgang Pohl	F	M55-59	Ret.	1356 /	39:34	05:09	1:44:07	1:12:27	0:44:51	1542 /	3:41:24	24,4 km/h	07:31	33:40					0 /	
	1334	Norbert Ginader	F	M60-64	Ret.	677 /	33:27	04:21	1:28:17			1629 /	5:47:25	15,5 km/h	00:00						0 /	



Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M40-44

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
1	1478	Bruno Invernizzi	F 1	/ M40-44	4:18:58	46	/ 26:21	02:35	1:11:48	0:49:58	0:26:21	54	/ 2:28:05	36,5 km/h	02:21	18:50	20:05	18:29	22:14	8	/ 1:19:37	3:47 m/km
2	1584	Tom Remman	F 2	/ M40-44	4:21:00	24	/ 24:54	03:12	1:06:39	0:48:19	0:25:31	16	/ 2:20:28	38,4 km/h	02:51	20:15	21:31	21:53	25:58	77	/ 1:29:36	4:16 m/km
3	1482	Laurent JALABERT	F 3	/ M40-44	4:23:40	655	/ 33:21	03:46	1:04:13	0:46:03	0:24:35	6	/ 2:14:50	40,0 km/h	02:56	20:55	21:14	21:37	25:03	65	/ 1:28:47	4:14 m/km
4	1394	Alfio Bulgarelli	F 4	/ M40-44	4:26:13	35	/ 25:34	02:50	1:10:56	0:50:13	0:26:12	50	/ 2:27:20	36,7 km/h	02:26	20:49	21:10	21:12	24:56	59	/ 1:28:06	4:12 m/km
5	1402	Thomas Caruso	F 5	/ M40-44	4:26:54	128	/ 28:28	02:39	1:10:01	0:49:31	0:26:21	42	/ 2:25:51	37,0 km/h	02:52	20:09	20:51	21:05	25:03	39	/ 1:27:06	4:09 m/km
6	1475	Nick Horton	F 6	/ M40-44	4:28:02	387	/ 31:27	02:39	1:08:28	0:48:36	0:25:31	21	/ 2:22:33	37,9 km/h	02:43	20:18	21:01	21:19	26:04	64	/ 1:28:41	4:13 m/km
7	1500	Alexander Lang	F 7	/ M40-44	4:29:16	188	/ 29:24	02:57	1:10:54	0:49:33	0:26:33	48	/ 2:26:59	36,7 km/h	02:37	20:07	20:54	21:12	25:09	45	/ 1:27:20	4:10 m/km
8	1569	Christian Pickl	F 8	/ M40-44	4:29:45	136	/ 28:36	02:44	1:09:32	0:48:38	0:27:00	36	/ 2:25:09	37,2 km/h	02:38	20:56	21:29	21:49	26:28	80	/ 1:30:40	4:19 m/km
9	1612	Bernd Schnabel	F 9	/ M40-44	4:33:56	146	/ 28:45	03:22	1:10:58	0:49:39	0:26:42	49	/ 2:27:18	36,7 km/h	02:53	20:55	21:35	22:09	27:03	99	/ 1:31:41	4:22 m/km
10	1455	Erik Guldhav	F 10	/ M40-44	4:34:41	147	/ 28:46	02:45	1:12:42	0:53:12	0:26:41	105	/ 2:32:34	35,4 km/h	02:56	20:18	20:51	21:09	25:26	50	/ 1:27:43	4:11 m/km
11	1418	Peter Doubleday	F 11	/ M40-44	4:37:05	179	/ 29:16	02:34	1:10:29	0:51:18	0:27:58	68	/ 2:29:44	36,1 km/h	02:54	21:18	21:49	22:50	26:44	118	/ 1:32:39	4:25 m/km
12	1636	Martin Tonge	F 12	/ M40-44	4:38:34	135	/ 28:36	02:44	1:11:29	0:50:55	0:27:39	73	/ 2:30:02	36,0 km/h	02:32	20:58	22:13	23:25	28:07	145	/ 1:34:42	4:31 m/km
13	1430	Knut Anders Fostervold	F 13	/ M40-44	4:40:24	481	/ 32:16	03:24	1:05:44	0:47:58	0:26:04	15	/ 2:19:45	38,6 km/h	03:56	22:47	23:59	24:14	30:05	284	/ 1:41:04	4:49 m/km
14	1499	Fabrizio Lancellotti	F 14	/ M40-44	4:41:43	137	/ 28:37	02:32	1:14:49	0:52:56	0:27:45	168	/ 2:35:29	34,7 km/h	02:42	21:04	21:07	22:19	27:55	113	/ 1:32:24	4:24 m/km
15	1616	Hans-Peter Schulz	F 15	/ M40-44	4:42:11	155	/ 28:54	03:16	1:13:45	0:50:16	0:26:01	74	/ 2:30:02	36,0 km/h	03:05	22:28	23:22	23:44	27:23	180	/ 1:36:55	4:37 m/km
16	1555	Thomas Oberli	F 16	/ M40-44	4:43:21	123	/ 28:26	02:59	1:10:57	0:50:28	0:27:17	62	/ 2:28:41	36,3 km/h	02:47	22:24	23:41	24:44	29:41	270	/ 1:40:29	4:47 m/km
17	1435	Stephane Gallego	F 17	/ M40-44	4:45:45	680	/ 33:28	03:46	1:14:11	0:51:27	0:27:57	118	/ 2:33:34	35,2 km/h	03:31	20:53	21:41	22:16	26:40	97	/ 1:31:29	4:21 m/km
18	1563	Dominic Paul	F 18	/ M40-44	4:46:08	104	/ 28:05	02:54	1:18:59	0:52:12	0:28:57	273	/ 2:40:07	33,7 km/h	03:30	20:28	21:13	22:11	27:43	98	/ 1:31:34	4:22 m/km
19	1629	Matthias Stutz	F 19	/ M40-44	4:47:11	406	/ 31:35	02:54	1:14:55	0:52:20	0:27:56	156	/ 2:35:10	34,8 km/h	03:08	22:07	22:43	23:00	26:37	141	/ 1:34:26	4:30 m/km
20	1480	Sergi Isern Sabadí	F 20	/ M40-44	4:47:28	164	/ 29:05	02:44	1:16:45	0:53:29	0:28:03	232	/ 2:38:17	34,1 km/h	02:59	21:10	22:47	23:20	27:10	140	/ 1:34:26	4:30 m/km
21	1492	Maurice Keller	F 21	/ M40-44	4:48:34	1061	/ 36:06	03:39	1:12:44	0:51:27	0:27:36	93	/ 2:31:46	35,6 km/h	02:38	20:46	22:49	23:02	27:51	142	/ 1:34:27	4:30 m/km
22	1508	Klaus Liedtke	F 22	/ M40-44	4:48:59	57	/ 26:44	03:03	1:17:09	0:55:04	0:28:09	288	/ 2:40:21	33,7 km/h	03:06	22:58	23:13	23:05	26:33	163	/ 1:35:47	4:34 m/km
23	1521	Edward Mahieu	F 23	/ M40-44	4:50:23	399	/ 31:32	02:48	1:14:18	0:50:54	0:27:06	102	/ 2:32:18	35,5 km/h	03:28	22:18	25:21	24:18	28:24	266	/ 1:40:19	4:47 m/km
24	1585	Ramon Renner	F 24	/ M40-44	4:50:52	426	/ 31:42	02:45	1:19:03	0:53:31	0:29:26	339	/ 2:41:59	33,3 km/h	03:09	21:13	21:42	22:29	25:57	92	/ 1:31:20	4:21 m/km

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M40-44

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
25	1641	Jason Van der Burgt	F 25	/ M40-44	4:51:41	249	/ 30:16	02:45	1:21:34	0:54:28	0:28:16	417	/ 2:44:17	32,9 km/h	03:16	20:41	21:49	22:22	26:17	86	/ 1:31:08	4:20 m/km
26	1579	Barney Randle	F 26	/ M40-44	4:51:48	193	/ 29:29	03:07	1:12:42	0:51:08	0:27:04	81	/ 2:30:53	35,8 km/h	02:57	22:13	24:54	26:53	31:25	417	/ 1:45:24	5:01 m/km
27	1666	William Work	F 27	/ M40-44	4:52:20	151	/ 28:49	03:15	1:19:11	0:53:12	0:29:15	324	/ 2:41:38	33,4 km/h	03:56	21:46	22:24	23:53	26:43	146	/ 1:34:45	4:31 m/km
28	1558	Ian Osborne	F 28	/ M40-44	4:52:41	143	/ 28:42	02:49	1:15:23	0:54:36	0:28:05	225	/ 2:38:03	34,2 km/h	02:50	22:01	23:39	25:11	29:29	265	/ 1:40:18	4:47 m/km
29	1373	Serafin Bereciartua	F 29	/ M40-44	4:53:38	368	/ 31:21	03:43	1:15:58	0:53:54	0:30:20	275	/ 2:40:12	33,7 km/h	03:26	20:42	22:26	23:55	27:57	149	/ 1:34:59	4:31 m/km
30	1582	Axel Rathgeber	F 30	/ M40-44	4:54:58	215	/ 29:49	04:38	1:15:37	0:51:52	0:28:14	171	/ 2:35:43	34,7 km/h	02:38	21:50	24:43	26:03	29:39	319	/ 1:42:13	4:52 m/km
31	1458	Simon Hance	F 31	/ M40-44	4:55:10	410	/ 31:37	03:30	1:13:45	0:50:37	0:27:06	87	/ 2:31:27	35,7 km/h	03:05	22:21	24:34	26:40	31:59	423	/ 1:45:32	5:02 m/km
32	1361	Øystein Askjem	F 32	/ M40-44	4:55:16	65	/ 26:58	02:35	1:13:24	0:50:49	0:27:46	96	/ 2:31:58	35,5 km/h	02:38	22:37	25:58	28:24	34:12	621	/ 1:51:10	5:18 m/km
33	1556	Werner Oberweis	F 33	/ M40-44	4:57:51	616	/ 33:09	03:34	1:18:56	0:53:23	0:28:08	292	/ 2:40:26	33,7 km/h	02:52	22:29	23:38	23:53	27:53	195	/ 1:37:52	4:40 m/km
34	1387	Jens Böttcher	F 34	/ M40-44	4:58:42	521	/ 32:35	03:50	1:19:08	0:52:28	0:28:46	286	/ 2:40:20	33,7 km/h	03:00	23:12	23:36	24:02	28:11	226	/ 1:38:59	4:43 m/km
35	1398	Pedro Bustamante	F 35	/ M40-44	4:58:56	951	/ 35:19	04:19	1:14:09	0:53:11	0:26:52	130	/ 2:34:10	35,0 km/h	04:03	22:14	23:39	24:43	30:32	285	/ 1:41:07	4:49 m/km
36	1510	David Lindsay	F 36	/ M40-44	4:59:04	562	/ 32:52	03:06	1:16:55	0:52:11	0:27:58	203	/ 2:37:03	34,4 km/h	03:50	23:14	24:03	24:27	30:32	323	/ 1:42:15	4:52 m/km
37	1413	Hugo Debusscher	F 37	/ M40-44	4:59:07	222	/ 29:58	04:15	1:15:54	0:53:29	0:28:59	235	/ 2:38:22	34,1 km/h	03:52	22:40	23:40	25:56	30:30	340	/ 1:42:44	4:54 m/km
38	1664	Maik Wolschke	F 38	/ M40-44	4:59:16	246	/ 30:14	04:46	1:22:24	0:57:31	0:30:07	597	/ 2:50:01	31,8 km/h	03:12	21:56	22:00	21:49	25:21	84	/ 1:31:05	4:20 m/km
39	1456	Christer Gustafsson	F 39	/ M40-44	4:59:26	392	/ 31:30	00:00	0:00:00	0:00:00	0:00:00	727	/ 2:53:58	31,0 km/h	00:00	20:46	22:19	22:31	28:23	133	/ 1:33:59	4:29 m/km
40	1378	Andrej Bivic	F 40	/ M40-44	4:59:41	397	/ 31:32	04:08	1:22:04	0:56:25	0:30:22	561	/ 2:48:50	32,0 km/h	03:53	21:54	22:18	22:12	24:57	91	/ 1:31:19	4:21 m/km
41	1484	Asker Jeukendrup	F 41	/ M40-44	4:59:54	1126	/ 36:52	02:55	1:14:55	0:52:07	0:27:03	127	/ 2:34:04	35,1 km/h	03:14	23:26	24:10	25:30	29:47	346	/ 1:42:51	4:54 m/km
42	1493	Joerg Kinder	F 42	/ M40-44	5:00:18	277	/ 30:41	04:09	1:20:56	0:57:54	0:30:08	565	/ 2:48:57	32,0 km/h	03:35	21:40	22:15	22:41	26:23	122	/ 1:32:57	4:26 m/km
43	1376	André Biegner	F 43	/ M40-44	5:00:37	189	/ 29:25	03:31	1:18:08	0:53:49	0:28:44	298	/ 2:40:40	33,6 km/h	03:54	22:58	24:22	24:31	31:19	357	/ 1:43:09	4:55 m/km
44	1494	Thomas Knibbe	F 44	/ M40-44	5:00:50	321	/ 31:03	04:47	1:16:43	0:52:49	0:28:40	228	/ 2:38:10	34,1 km/h	02:59	23:51	24:51	25:04	30:07	376	/ 1:43:52	4:57 m/km
45	1567	Ian Phillips	F 45	/ M40-44	5:00:57	138	/ 28:38	02:56	1:18:26	0:53:47	0:29:01	314	/ 2:41:13	33,5 km/h	02:50	23:23	24:58	26:02	31:01	415	/ 1:45:22	5:01 m/km
46	1615	Guido Schöneborn	F 46	/ M40-44	5:01:18	709	/ 33:35	03:46	1:18:36	0:52:55	0:28:32	270	/ 2:40:03	33,7 km/h	03:12	22:30	24:08	24:41	29:26	277	/ 1:40:44	4:48 m/km
47	1533	Olaf Meiners	F 47	/ M40-44	5:01:28	607	/ 33:06	03:35	1:17:50	0:53:13	0:28:37	264	/ 2:39:40	33,8 km/h	02:57	22:59	24:28	25:17	29:29	317	/ 1:42:12	4:52 m/km
48	1386	Chris Booth	F 48	/ M40-44	5:01:29	842	/ 34:25	04:06	1:20:23	0:54:04	0:28:04	359	/ 2:42:29	33,2 km/h	03:22	22:29	23:12	23:41	27:47	182	/ 1:37:08	4:38 m/km

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M40-44

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel			
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km						
49	1395	Marcus Burkard	F 49	/ M40-44	5:01:30	456	/	32:00	05:06	1:17:23	0:50:31	0:27:32	165	/	2:35:25	34,7 km/h	04:19	24:00	24:52	25:49	30:03	400	/	1:44:42	4:59 m/km
50	1577	Oliviero Racchelli	F 50	/ M40-44	5:02:00	145	/	28:44	03:30	1:19:22	0:55:48	0:30:25	463	/	2:45:34	32,6 km/h	03:13	23:42	24:02	24:24	28:53	281	/	1:41:00	4:49 m/km
51	1377	Andrew Birch	F 51	/ M40-44	5:02:06	226	/	30:02	04:34	1:21:29	0:56:23	0:29:13	504	/	2:47:04	32,3 km/h	05:09	21:56	22:32	22:54	27:58	156	/	1:35:19	4:32 m/km
52	1527	Giancarlo Masini	F 52	/ M40-44	5:02:28	1523	/	43:45	03:28	1:09:41	0:51:26	0:27:37	63	/	2:28:43	36,3 km/h	03:06	21:42	23:32	26:01	32:16	368	/	1:43:29	4:56 m/km
53	1453	Jim Graham	F 53	/ M40-44	5:02:48	293	/	30:49	03:16	1:17:10	0:52:53	0:28:34	237	/	2:38:36	34,0 km/h	03:41	22:42	24:50	26:30	32:28	459	/	1:46:29	5:04 m/km
54	1589	Pete Robins	F 54	/ M40-44	5:03:08	224	/	30:00	05:36	1:24:00	0:55:50	0:28:50	553	/	2:48:39	32,0 km/h	04:01	21:40	22:47	23:09	27:19	148	/	1:34:53	4:31 m/km
55	1646	Stefan Van Laere	F 55	/ M40-44	5:03:33	158	/	28:58	03:25	1:17:22	0:52:06	0:27:59	209	/	2:37:27	34,3 km/h	03:53	25:19	25:38	26:26	32:31	573	/	1:49:53	5:14 m/km
56	1630	Tommy Sundberg	F 56	/ M40-44	5:04:27	285	/	30:44	03:51	1:18:37	0:54:18	0:28:33	322	/	2:41:27	33,4 km/h	03:12	22:40	25:02	25:48	31:47	413	/	1:45:16	5:01 m/km
57	1406	Toni Contesti coll	F 57	/ M40-44	5:04:27	318	/	31:03	03:55	1:23:47	0:58:16	0:32:35	749	/	2:54:37	30,9 km/h	03:40	20:38	21:36	22:18	26:44	89	/	1:31:15	4:21 m/km
58	1539	Craig Molloy	F 58	/ M40-44	5:04:48	642	/	33:19	02:47	1:23:48	0:54:54	0:28:54	516	/	2:47:35	32,2 km/h	02:47	22:39	23:31	24:09	28:03	207	/	1:38:20	4:41 m/km
59	1546	Tomeu Mulet Segui	F 59	/ M40-44	5:04:53	62	/	26:56	03:19	1:24:11	0:56:31	0:30:13	617	/	2:50:54	31,6 km/h	03:31	21:25	23:07	25:10	30:34	261	/	1:40:14	4:46 m/km
60	1496	Joe Kopp	F 60	/ M40-44	5:05:09	216	/	29:50	03:09	1:17:21	0:53:54	0:28:52	271	/	2:40:06	33,7 km/h	03:33	23:56	26:00	26:46	31:52	532	/	1:48:33	5:10 m/km
61	1570	Eric Poignat	F 61	/ M40-44	5:05:54	152	/	28:50	03:12	1:14:31	0:53:08	0:28:25	181	/	2:36:04	34,6 km/h	04:30	22:54	25:29	28:15	36:44	700	/	1:53:20	5:24 m/km
62	1534	Pascal Mercier	F 62	/ M40-44	5:05:57	51	/	26:32	04:41	1:15:21	0:52:18	0:27:45	163	/	2:35:23	34,8 km/h	03:55	24:23	27:05	29:06	34:56	774	/	1:55:28	5:30 m/km
63	1674	Christopher Zylak	F 63	/ M40-44	5:06:08	522	/	32:36	03:46	1:20:34	0:55:33	0:28:10	416	/	2:44:16	32,9 km/h	03:47	23:26	24:11	24:32	29:38	302	/	1:41:45	4:51 m/km
64	1382	Cor Boerman	F 64	/ M40-44	5:06:14	199	/	29:34	03:45	1:15:24	0:53:10	0:28:05	193	/	2:36:38	34,5 km/h	03:38	27:06	26:57	27:13	31:25	674	/	1:52:40	5:22 m/km
65	1663	Joachim Wölke	F 65	/ M40-44	5:07:33	760	/	33:49	04:27	1:21:07	0:53:47	0:28:52	396	/	2:43:45	33,0 km/h	02:50	23:58	24:40	24:23	29:44	339	/	1:42:43	4:53 m/km
66	1536	Alex Miquel	F 66	/ M40-44	5:07:38	214	/	29:49	03:21	1:20:23	0:56:33	0:31:29	544	/	2:48:24	32,1 km/h	04:27	23:04	23:46	24:25	30:25	298	/	1:41:39	4:50 m/km
67	1626	Jörg Splawski	F 67	/ M40-44	5:08:01	1109	/	36:40	04:36	1:18:51	0:55:42	0:30:18	437	/	2:44:50	32,8 km/h	03:23	22:45	23:21	24:02	28:26	214	/	1:38:33	4:42 m/km
68	1628	Nigel Stevenson	F 68	/ M40-44	5:08:41	914	/	35:01	04:32	1:21:07	0:54:40	0:28:44	427	/	2:44:30	32,8 km/h	03:20	22:23	23:47	24:54	30:17	292	/	1:41:19	4:49 m/km
69	1481	Michael Jakob	F 69	/ M40-44	5:08:48	653	/	33:20	04:30	1:15:20	0:52:10	0:28:41	183	/	2:36:09	34,6 km/h	04:48	25:56	25:46	27:22	30:58	581	/	1:50:02	5:14 m/km
70	1623	Paul Smernicki	F 70	/ M40-44	5:09:54	306	/	30:59	03:48	1:17:57	0:57:35	0:29:29	442	/	2:45:01	32,7 km/h	03:39	23:18	25:03	26:31	31:40	460	/	1:46:30	5:04 m/km
71	1465	Kevin Henderson	F 71	/ M40-44	5:09:55	211	/	29:46	03:38	1:20:52	0:56:56	0:29:57	522	/	2:47:44	32,2 km/h	04:24	24:11	24:28	24:48	30:59	395	/	1:44:25	4:58 m/km
72	1545	Jesper Mortensen	F 72	/ M40-44	5:09:55	291	/	30:48	04:21	1:23:29	0:56:48	0:30:32	612	/	2:50:48	31,6 km/h	04:01	22:49	23:38	24:25	29:08	251	/	1:39:59	4:46 m/km

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M40-44

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
73	1574	Giannis Psarelis	F 73	/ M40-44	5:10:05	126	/ 28:28	03:20	1:20:23	0:54:32	0:29:37	426	/ 2:44:30	32,8 km/h	03:53	23:26	24:41	26:48	35:01	577	/ 1:49:55	5:14 m/km
74	1461	Kai Haverkamp	F 74	/ M40-44	5:10:11	635	/ 33:17	03:40	1:20:26	0:56:55	0:29:54	510	/ 2:47:14	32,3 km/h	03:09	23:09	24:57	24:24	30:22	344	/ 1:42:51	4:54 m/km
75	1502	Per Kyed Laursen	F 75	/ M40-44	5:10:12	786	/ 34:02	06:05	1:18:19	0:53:20	0:27:37	252	/ 2:39:15	33,9 km/h	05:27	24:21	25:28	25:07	30:30	420	/ 1:45:25	5:01 m/km
76	1673	Alberto Zorrilla	F 76	/ M40-44	5:11:03	910	/ 35:00	05:14	1:21:59	0:56:33	0:29:40	534	/ 2:48:11	32,1 km/h	04:31	22:15	23:39	24:08	28:07	203	/ 1:38:08	4:40 m/km
77	1415	Peter Denekamp	F 77	/ M40-44	5:11:40	49	/ 26:31	03:38	1:23:11	0:54:21	0:29:08	497	/ 2:46:40	32,4 km/h	04:10	24:11	25:25	27:24	33:43	609	/ 1:50:42	5:16 m/km
78	1384	Geir-Egil Bolstad	F 78	/ M40-44	5:12:41	651	/ 33:20	03:44	1:19:00	0:54:50	0:28:43	362	/ 2:42:33	33,2 km/h	03:58	25:24	26:08	26:26	31:11	547	/ 1:49:07	5:12 m/km
79	1655	Javier Vila Monzó	F 79	/ M40-44	5:13:31	531	/ 32:40	03:47	1:22:30	0:55:30	0:30:14	536	/ 2:48:13	32,1 km/h	04:31	23:40	25:22	25:55	29:26	391	/ 1:44:21	4:58 m/km
80	1618	David Scott	F 80	/ M40-44	5:13:47	527	/ 32:38	03:42	1:18:56	0:54:20	0:29:46	377	/ 2:43:01	33,1 km/h	05:13	24:10	25:28	27:00	32:38	553	/ 1:49:15	5:12 m/km
81	1557	Marcus Offenhuber	F 81	/ M40-44	5:13:56	316	/ 31:02	03:33	1:14:00	0:53:13	0:27:49	154	/ 2:35:02	34,8 km/h	02:56	22:27	44:37	24:17	30:06	965	/ 2:01:26	5:47 m/km
82	1368	Thomas Behme	F 82	/ M40-44	5:13:56	980	/ 35:29	04:32	1:13:23	0:52:46	0:26:36	108	/ 2:32:45	35,4 km/h	03:47	26:42	28:19	28:38	33:47	826	/ 1:57:25	5:35 m/km
83	1470	Anthony Higgins	F 83	/ M40-44	5:14:24	578	/ 32:58	03:07	1:21:37	0:55:53	0:30:20	527	/ 2:47:48	32,2 km/h	03:04	23:33	24:05	26:22	33:29	494	/ 1:47:27	5:07 m/km
84	65	David Zucker	F 84	/ M40-44	5:14:28	691	/ 33:30	03:07	1:22:27	0:54:01	0:28:11	432	/ 2:44:38	32,8 km/h	04:08	25:19	25:05	26:07	32:37	546	/ 1:49:06	5:12 m/km
85	1587	Jordi Rigual	F 85	/ M40-44	5:15:14	451	/ 31:58	04:05	1:16:58	0:53:48	0:29:34	285	/ 2:40:20	33,7 km/h	03:41	24:54	26:07	28:47	35:25	764	/ 1:55:12	5:29 m/km
86	1419	Stefan Dreimann	F 86	/ M40-44	5:15:18	1326	/ 39:06	04:27	1:24:46	0:57:00	0:30:23	652	/ 2:52:08	31,4 km/h	04:24	23:00	22:48	23:13	26:16	155	/ 1:35:15	4:32 m/km
87	1568	Nikolas Phlipsen	F 87	/ M40-44	5:15:29	1068	/ 36:11	04:59	1:20:28	0:54:29	0:28:48	394	/ 2:43:44	33,0 km/h	04:22	24:17	25:42	26:17	30:01	450	/ 1:46:14	5:04 m/km
88	1530	Michael Mayer	F 88	/ M40-44	5:15:30	817	/ 34:17	04:02	1:20:24	0:55:36	0:30:00	480	/ 2:45:59	32,5 km/h	03:27	24:26	25:49	26:42	30:51	502	/ 1:47:47	5:08 m/km
89	1392	Dirk Büchel	F 89	/ M40-44	5:15:34	207	/ 29:41	03:41	1:15:19	0:59:38	0:28:39	389	/ 2:43:36	33,0 km/h	03:59	26:14	27:43	28:01	32:42	746	/ 1:54:39	5:28 m/km
90	1396	Christoph Busam	F 90	/ M40-44	5:16:04	968	/ 35:25	04:14	1:21:52	0:53:53	0:28:55	433	/ 2:44:39	32,8 km/h	03:57	23:14	24:58	27:16	32:24	506	/ 1:47:51	5:08 m/km
91	1535	Guy Middleton	F 91	/ M40-44	5:16:18	586	/ 33:00	04:51	1:18:16	0:56:00	0:31:00	451	/ 2:45:16	32,7 km/h	03:49	23:40	25:35	26:55	33:18	559	/ 1:49:25	5:13 m/km
92	1583	Wolfgang Rattay	F 92	/ M40-44	5:17:04	1063	/ 36:08	04:13	1:19:25	0:54:04	0:28:12	327	/ 2:41:40	33,4 km/h	04:09	25:30	26:32	27:17	31:38	613	/ 1:50:56	5:17 m/km
93	1560	Tim Palmer	F 93	/ M40-44	5:17:47	501	/ 32:27	03:32	1:19:15	0:53:29	0:28:57	326	/ 2:41:40	33,4 km/h	03:50	24:49	26:04	28:25	37:03	799	/ 1:56:19	5:32 m/km
94	1509	Markus Liegmann	F 94	/ M40-44	5:18:05	1174	/ 37:24	03:49	1:20:13	0:52:41	0:27:26	284	/ 2:40:19	33,7 km/h	03:04	23:14	26:45	27:49	35:44	706	/ 1:53:30	5:24 m/km
95	1427	Federico Figueredo ojeda	F 95	/ M40-44	5:19:39	1050	/ 36:03	04:09	1:19:39	0:58:54	0:29:50	542	/ 2:48:21	32,1 km/h	04:06	24:50	25:14	25:40	31:19	481	/ 1:47:02	5:06 m/km
96	1657	Hanspeter Voegtli	F 96	/ M40-44	5:20:06	312	/ 31:01	05:54	1:17:38	0:55:15	0:30:37	388	/ 2:43:30	33,0 km/h	05:21	25:05	28:20	28:16	32:43	739	/ 1:54:22	5:27 m/km





# THOMAS COOK IRONMAN 70.3 MALLORCA

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M40-44

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
97	1479	Stuart Irving	F 97	/ M40-44	5:20:12	348	/ 31:13	03:18	1:17:06	0:53:44	0:28:49	262	/ 2:39:38	33,8 km/h	02:57	25:14	27:49	30:32	39:33	1009	/ 2:03:07	5:52 m/km
98	1544	Eddy Morro Lallemand	F 98	/ M40-44	5:20:24	441	/ 31:52	04:48	1:24:25	0:57:45	0:31:33	716	/ 2:53:42	31,1 km/h	04:40	23:37	24:36	25:33	31:39	416	/ 1:45:24	5:01 m/km
99	1505	Benoît Letourneur	F 99	/ M40-44	5:20:37	244	/ 30:13	05:39	1:24:20	1:00:57	0:32:18	830	/ 2:57:34	30,4 km/h	03:50	23:38	25:17	25:08	29:21	364	/ 1:43:23	4:55 m/km
100	1421	Vicente Egea	F100	/M40-44	5:21:40	659	/ 33:22	04:36	1:27:24	0:58:55	0:31:26	839	/ 2:57:44	30,4 km/h	03:47	23:42	24:12	25:14	29:07	320	/ 1:42:13	4:52 m/km
101	1380	Oliver Block	F101	/M40-44	5:21:41	474	/ 32:10	03:57	1:18:00	0:54:20	0:29:56	351	/ 2:42:15	33,3 km/h	04:05	25:52	28:13	29:47	35:25	890	/ 1:59:16	5:41 m/km
102	1919	Ingolf Fiedler	F102	/M40-44	5:21:55	1026	/ 35:49	06:26	1:22:18	0:57:04	0:29:56	571	/ 2:49:17	31,9 km/h	04:27	23:22	25:02	26:29	31:05	440	/ 1:45:57	5:03 m/km
103	1444	Maik Gerecke	F103	/M40-44	5:22:28	1022	/ 35:48	04:29	1:18:21	0:52:49	0:28:00	250	/ 2:39:09	33,9 km/h	05:04	25:39	28:02	29:20	35:01	847	/ 1:58:00	5:37 m/km
104	1592	Jorge Rodriguez	F104	/M40-44	5:23:20	902	/ 34:54	04:25	1:26:13	0:57:22	0:30:12	719	/ 2:53:47	31,1 km/h	03:59	23:12	25:22	25:53	31:51	451	/ 1:46:17	5:04 m/km
105	1452	Sylvain Gradelet	F105	/M40-44	5:23:23	369	/ 31:21	03:12	1:21:09	0:56:40	0:30:52	554	/ 2:48:41	32,0 km/h	04:25	25:27	28:30	28:21	33:29	786	/ 1:55:46	5:31 m/km
106	63	Tom Ripley	F106	/M40-44	5:24:02	129	/ 28:30	03:20	1:21:06	0:56:31	0:31:01	549	/ 2:48:37	32,0 km/h	03:34	26:15	26:13	28:57	38:38	920	/ 2:00:02	5:43 m/km
107	1381	Stephen Bode	F107	/M40-44	5:24:28	636	/ 33:17	03:58	1:24:28	0:57:23	0:30:39	672	/ 2:52:29	31,3 km/h	03:51	22:58	25:23	28:27	34:08	612	/ 1:50:54	5:17 m/km
108	1602	Jari Sarajärvi	F108	/M40-44	5:24:29	367	/ 31:20	04:53	1:25:07	0:57:50	0:30:13	696	/ 2:53:09	31,2 km/h	05:24	24:57	26:09	26:45	31:55	567	/ 1:49:44	5:14 m/km
109	1617	Olaf Schuster	F109	/M40-44	5:25:02	518	/ 32:34	05:02	1:23:15	0:55:13	0:29:42	533	/ 2:48:09	32,1 km/h	04:23	25:36	28:09	28:08	33:05	756	/ 1:54:56	5:28 m/km
110	1662	Andreas Wiesendanger	F110	/M40-44	5:25:31	163	/ 29:03	03:44	1:18:32	0:53:11	0:29:16	307	/ 2:40:58	33,5 km/h	04:53	26:47	30:28	32:52	36:50	1104	/ 2:06:55	6:03 m/km
111	1591	Nico Rodehau	F111	/M40-44	5:25:37	624	/ 33:12	03:05	1:27:32	0:58:31	0:33:16	895	/ 2:59:19	30,1 km/h	03:30	24:28	24:57	25:35	31:35	463	/ 1:46:32	5:04 m/km
112	1448	Kevin Gilmore	F112	/M40-44	5:25:41	645	/ 33:19	03:24	1:25:25	0:56:41	0:30:44	683	/ 2:52:49	31,2 km/h	03:43	24:13	26:07	28:17	33:52	666	/ 1:52:28	5:21 m/km
113	1371	James Bennett	F113	/M40-44	5:26:02	308	/ 31:00	05:16	1:21:47	0:59:32	0:31:03	667	/ 2:52:21	31,3 km/h	04:58	25:10	26:30	27:37	33:13	667	/ 1:52:28	5:21 m/km
114	1498	Thomas Krause	F114	/M40-44	5:26:25	1248	/ 38:26	04:34	1:23:31	0:55:55	0:29:19	556	/ 2:48:45	32,0 km/h	04:48	24:43	26:46	27:05	31:21	574	/ 1:49:54	5:14 m/km
115	1408	Michel Crosara	F115	/M40-44	5:26:48	1204	/ 37:52	05:09	1:25:00	0:58:59	0:31:25	764	/ 2:55:22	30,8 km/h	04:29	24:47	24:42	25:30	28:59	380	/ 1:43:57	4:57 m/km
116	1633	David Thorold	F116	/M40-44	5:26:50	1184	/ 37:35	04:13	1:22:42	0:55:51	0:30:06	550	/ 2:48:38	32,0 km/h	04:10	25:53	26:56	26:58	32:31	657	/ 1:52:16	5:21 m/km
117	1532	Filip Meert	F117	/M40-44	5:28:12	154	/ 28:54	03:40	1:25:42	0:56:02	0:29:59	642	/ 2:51:42	31,5 km/h	03:27	27:16	27:40	28:49	36:48	933	/ 2:00:31	5:44 m/km
118	1562	Mario Paniagua	F118	/M40-44	5:28:36	782	/ 34:00	03:42	1:29:22	0:57:46	0:31:05	854	/ 2:58:12	30,3 km/h	04:21	24:52	25:48	26:28	31:16	527	/ 1:48:23	5:10 m/km
119	1604	Simon Saunders	F119	/M40-44	5:28:54	1203	/ 37:51	03:34	1:23:48	0:55:10	0:29:42	551	/ 2:48:38	32,0 km/h	03:10	24:01	28:13	30:49	32:41	783	/ 1:55:43	5:31 m/km
120	1495	Jürgen Koch	F120	/M40-44	5:29:01	1080	/ 36:18	03:08	1:25:32	0:55:22	0:30:08	620	/ 2:51:01	31,6 km/h	04:33	26:14	27:33	27:42	32:35	726	/ 1:54:03	5:26 m/km

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M40-44

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel			
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km						
121	1407	Josef Cremer	F121	/M40-44	5:29:39	724	/	33:40	07:07	1:22:06	0:56:01	0:30:50	564	/	2:48:56	32,0 km/h	05:37	24:48	27:07	28:29	33:58	738	/	1:54:21	5:27 m/km
122	1469	Thomas Heyer	F122	/M40-44	5:31:20	1033	/	35:55	05:05	1:30:58	1:02:08	0:32:12	1062	/	3:05:17	29,1 km/h	03:44	23:46	24:21	24:46	28:28	293	/	1:41:20	4:50 m/km
123	1414	Eric Delmont	F123	/M40-44	5:31:44	353	/	31:16	05:18	1:25:45	1:00:36	0:32:19	869	/	2:58:39	30,2 km/h	03:36	25:50	26:34	27:24	33:11	686	/	1:52:58	5:23 m/km
124	1411	Johan Dahlgren	F124	/M40-44	5:31:56	825	/	34:21	03:52	1:27:18	0:57:26	0:30:39	765	/	2:55:22	30,8 km/h	04:29	25:24	27:28	27:53	33:11	717	/	1:53:54	5:25 m/km
125	1514	Celso Lopez vazquez	F125	/M40-44	5:32:06	372	/	31:22	04:48	1:25:33	1:00:36	0:32:51	884	/	2:58:59	30,2 km/h	04:14	24:25	26:05	28:37	33:39	675	/	1:52:45	5:22 m/km
126	1389	Arran Brennan	F126	/M40-44	5:32:07	605	/	33:05	03:43	1:28:05	0:58:49	0:32:23	893	/	2:59:16	30,1 km/h	05:43	24:16	26:48	27:32	31:48	596	/	1:50:22	5:15 m/km
127	1653	Chris Vercammen	F127	/M40-44	5:32:42	648	/	33:19	04:30	1:19:53	0:54:35	0:29:30	403	/	2:43:57	32,9 km/h	04:36	27:59	29:29	31:34	37:22	1090	/	2:06:22	6:01 m/km
128	1565	Jose Periel	F128	/M40-44	5:32:46	374	/	31:23	04:53	1:28:40	1:02:17	0:32:57	1027	/	3:03:54	29,4 km/h	05:39	23:24	25:05	26:23	32:08	477	/	1:46:59	5:06 m/km
129	1472	Fernando Holguin	F129	/M40-44	5:32:48	694	/	33:31	04:19	1:24:45	1:00:25	0:31:48	808	/	2:56:57	30,5 km/h	04:01	26:33	27:55	28:24	31:12	725	/	1:54:02	5:26 m/km
130	1609	Haiko Schepel	F130	/M40-44	5:33:03	1402	/	40:29	05:18	1:27:21	1:01:17	0:32:40	954	/	3:01:17	29,8 km/h	04:14	23:51	24:19	24:38	29:01	304	/	1:41:47	4:51 m/km
131	1531	Karsten Meerpohl	F131	/M40-44	5:33:16	837	/	34:24	05:21	1:22:06	0:57:53	0:32:28	670	/	2:52:26	31,3 km/h	04:55	26:20	27:18	28:51	33:44	795	/	1:56:11	5:32 m/km
132	1647	Tony Van Leeuwen	F132	/M40-44	5:33:39	970	/	35:26	08:06	1:23:53	0:57:06	0:29:45	610	/	2:50:43	31,6 km/h	07:17	26:27	26:46	26:30	32:27	651	/	1:52:09	5:20 m/km
133	1366	Anthony Baldwin	F133	/M40-44	5:34:03	1453	/	41:39	04:35	1:27:55	1:00:39	0:32:31	945	/	3:01:05	29,8 km/h	04:34	24:42	24:46	24:44	28:02	321	/	1:42:13	4:52 m/km
134	1654	Guy Vermeulen	F134	/M40-44	5:34:15	1237	/	38:16	04:19	1:28:50	0:58:04	0:31:59	878	/	2:58:52	30,2 km/h	04:33	24:25	25:38	26:49	31:28	523	/	1:48:19	5:09 m/km
135	1370	Enrico Benedetti	F135	/M40-44	5:34:27	391	/	31:29	02:59	1:22:52	0:56:36	0:32:06	636	/	2:51:32	31,5 km/h	04:50	28:49	28:25	30:37	35:51	1023	/	2:03:39	5:53 m/km
136	1547	Carlos Muñoz	F136	/M40-44	5:34:28	988	/	35:32	03:46	1:23:53	0:59:39	0:32:07	772	/	2:55:38	30,7 km/h	03:11	25:04	26:49	28:42	35:49	800	/	1:56:23	5:33 m/km
137	1578	Oliver Rahn	F137	/M40-44	5:34:32	1066	/	36:10	03:53	1:23:28	0:58:11	0:31:50	708	/	2:53:28	31,1 km/h	04:30	26:44	27:38	28:40	33:32	806	/	1:56:32	5:33 m/km
138	1572	Manuel Praetorius	F138	/M40-44	5:35:06	597	/	33:02	03:47	1:22:37	0:54:16	0:30:13	505	/	2:47:04	32,3 km/h	05:40	28:06	29:36	31:32	36:22	1068	/	2:05:35	5:59 m/km
139	1549	Andreas Neuffer	F139	/M40-44	5:35:12	1450	/	41:32	04:47	1:28:16	1:00:59	0:33:03	982	/	3:02:18	29,6 km/h	03:17	22:51	25:06	25:17	30:08	363	/	1:43:20	4:55 m/km
140	1665	Kevin Wood	F140	/M40-44	5:35:23	433	/	31:45	04:45	1:20:25	0:56:42	0:30:05	508	/	2:47:12	32,3 km/h	03:55	27:16	30:24	32:50	37:20	1125	/	2:07:49	6:05 m/km
141	1440	Nick Gatland	F141	/M40-44	5:35:35	401	/	31:33	03:37	1:35:14	0:54:52	0:31:17	955	/	3:01:21	29,8 km/h	04:20	25:56	27:11	27:56	33:43	750	/	1:54:45	5:28 m/km
142	1597	Alex Ruju	F142	/M40-44	5:35:38	477	/	32:11	05:37	1:28:16	1:00:54	0:32:25	960	/	3:01:34	29,7 km/h	03:54	26:30	27:17	27:22	31:17	663	/	1:52:24	5:21 m/km
143	1625	Ingo Spitzer	F143	/M40-44	5:36:53	934	/	35:11	07:25	1:25:53	0:58:49	0:32:22	813	/	2:57:03	30,5 km/h	04:20	24:20	26:45	28:11	33:42	683	/	1:52:56	5:23 m/km
144	1661	Steve Wheeler	F144	/M40-44	5:37:42	1130	/	36:53	05:48	1:22:25	0:56:40	0:31:43	611	/	2:50:48	31,6 km/h	04:23	25:44	28:38	30:25	35:07	912	/	1:59:52	5:42 m/km

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M40-44

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel			
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km						
145	1600	Normann Peter Salomo	F145	/M40-44	5:37:47	1605	/	48:21	05:24	1:25:58	1:00:40	0:32:31	888	/	2:59:08	30,1 km/h	05:07	23:23	23:49	24:10	28:30	246	/	1:39:50	4:45 m/km
146	1607	Jens Scheibner	F146	/M40-44	5:38:16	1227	/	38:10	03:45	1:25:38	0:59:03	0:31:58	798	/	2:56:38	30,6 km/h	03:19	26:20	28:07	28:48	33:12	802	/	1:56:26	5:33 m/km
147	1364	Andres Aznar Segui	F147	/M40-44	5:38:40	571	/	32:56	05:01	1:24:19	0:58:44	0:30:48	722	/	2:53:50	31,1 km/h	04:59	27:21	29:33	30:31	34:33	979	/	2:01:57	5:48 m/km
148	1434	Pimo Detlef Gakenholz	F148	/M40-44	5:38:45	744	/	33:45	06:06	1:27:54	0:56:45	0:31:05	774	/	2:55:43	30,7 km/h	04:39	26:33	29:12	29:57	32:53	865	/	1:58:33	5:39 m/km
149	1363	Ignacio Aucejo	F149	/M40-44	5:39:07	232	/	30:03	06:10	1:31:42	1:00:47	0:33:49	1082	/	3:06:17	29,0 km/h	06:58	24:09	24:52	27:26	33:16	565	/	1:49:42	5:13 m/km
150	1401	Miquel Capllonch Cifre	F150	/M40-44	5:39:39	322	/	31:04	04:47	1:23:44	0:56:55	0:31:33	653	/	2:52:11	31,4 km/h	04:52	26:39	31:29	34:36	34:04	1101	/	2:06:46	6:02 m/km
151	1524	Joao Maral	F151	/M40-44	5:39:47	219	/	29:56	04:48	1:31:39	1:02:26	0:32:09	1080	/	3:06:13	29,0 km/h	06:06	26:25	26:59	27:39	31:45	676	/	1:52:46	5:22 m/km
152	1586	Holger Richter	F152	/M40-44	5:39:50	1583	/	46:13	03:55	1:21:51	0:58:03	0:31:38	635	/	2:51:32	31,5 km/h	04:20	26:25	28:05	27:38	31:45	715	/	1:53:52	5:25 m/km
153	1606	Veit Scheffel	F153	/M40-44	5:40:06	819	/	34:17	05:07	1:22:36	0:54:24	0:30:18	511	/	2:47:17	32,3 km/h	04:27	28:42	30:32	32:08	37:38	1154	/	2:08:58	6:08 m/km
154	1924	Matthias Gürtler	F154	/M40-44	5:40:22	490	/	32:21	05:42	1:26:51	1:01:14	0:34:39	994	/	3:02:43	29,6 km/h	04:40	26:06	27:19	28:30	33:03	754	/	1:54:56	5:28 m/km
155	1631	Greger Sundin	F155	/M40-44	5:40:31	1187	/	37:35	03:26	1:21:48	0:53:34	0:31:02	488	/	2:46:22	32,5 km/h	04:09	26:18	29:09	34:23	39:12	1155	/	2:09:00	6:09 m/km
156	1656	Alvaro Vitorero	F156	/M40-44	5:40:56	972	/	35:27	05:54	1:26:22	1:01:02	0:32:10	898	/	2:59:33	30,1 km/h	05:00	25:01	27:24	29:26	33:14	758	/	1:55:04	5:29 m/km
157	1423	Jean Marc Evain	F157	/M40-44	5:40:59	449	/	31:57	03:20	1:20:39	0:56:28	0:30:20	513	/	2:47:26	32,3 km/h	05:29	28:05	32:19	34:36	37:51	1224	/	2:12:49	6:19 m/km
158	1355	Carlos Alegre galve	F158	/M40-44	5:41:08	360	/	31:19	09:19	1:27:42	1:00:26	0:34:10	981	/	3:02:17	29,6 km/h	06:24	25:55	26:52	27:15	31:48	640	/	1:51:50	5:20 m/km
159	1639	Frode Ugland	F159	/M40-44	5:41:32	1129	/	36:52	04:18	1:21:41	0:55:48	0:30:19	526	/	2:47:48	32,2 km/h	05:01	27:00	31:52	33:08	35:37	1120	/	2:07:36	6:05 m/km
160	1489	Lorenz Jung	F160	/M40-44	5:41:41	1047	/	36:02	05:29	1:22:08	0:58:02	0:31:54	650	/	2:52:02	31,4 km/h	05:00	27:48	28:43	34:50	31:50	1010	/	2:03:10	5:52 m/km
161	1642	René Van der Sijde	F161	/M40-44	5:42:15	880	/	34:42	06:54	1:26:49	1:00:12	0:31:32	863	/	2:58:32	30,2 km/h	05:03	25:37	27:05	28:47	35:39	817	/	1:57:06	5:35 m/km
162	1457	Stephan Haller	F162	/M40-44	5:43:10	1464	/	41:57	03:30	1:27:05	0:58:51	0:32:22	856	/	2:58:16	30,3 km/h	03:50	26:03	26:56	28:28	34:13	781	/	1:55:39	5:30 m/km
163	1537	Antonio Miranda	F163	/M40-44	5:43:22	763	/	33:50	04:24	1:25:58	0:57:16	0:31:41	756	/	2:54:54	30,9 km/h	03:38	28:34	31:16	31:27	35:20	1096	/	2:06:37	6:02 m/km
164	1360	Javier Francisco Arin	F164	/M40-44	5:43:32	736	/	33:43	04:44	1:24:38	0:59:21	0:32:40	799	/	2:56:38	30,6 km/h	04:52	26:28	29:56	31:00	36:13	1021	/	2:03:37	5:53 m/km
165	1588	Jörg Rinsche	F165	/M40-44	5:44:02	535	/	32:41	04:09	1:27:50	1:00:13	0:32:58	943	/	3:01:00	29,8 km/h	03:22	27:46	29:25	30:57	34:46	1005	/	2:02:51	5:51 m/km
166	1354	Miguel Aldasoro	F166	/M40-44	5:44:21	824	/	34:20	04:48	1:27:09	0:58:36	0:32:01	840	/	2:57:45	30,4 km/h	05:02	25:21	28:09	31:06	37:53	998	/	2:02:27	5:50 m/km
167	1403	Sergio Chalbaud	F167	/M40-44	5:44:35	86	/	27:45	03:30	1:24:32	1:00:10	0:34:22	886	/	2:59:03	30,2 km/h	04:55	29:13	30:03	31:08	39:01	1164	/	2:09:24	6:10 m/km
168	1511	Hans Lingier	F168	/M40-44	5:44:44	758	/	33:48	04:59	1:27:44	0:58:20	0:31:17	821	/	2:57:21	30,4 km/h	04:39	27:20	28:31	30:59	37:12	1033	/	2:04:00	5:54 m/km





# THOMAS COOK IRONMAN 70.3 MALLORCA

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M40-44

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel			
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km						
169	1375	Andrew Betton	F169	/M40-44	5:44:46	1340	/	39:17	05:14	1:29:10	1:00:33	0:33:37	1009	/	3:03:18	29,5 km/h	03:56	24:35	26:33	28:13	33:41	689	/	1:53:01	5:23 m/km
170	1594	Michael Roß	F170	/M40-44	5:45:05	1257	/	38:32	04:53	1:31:51	1:00:21	0:34:04	1081	/	3:06:15	29,0 km/h	05:38	24:59	26:34	26:56	31:22	569	/	1:49:49	5:14 m/km
171	1596	Frank Rueckbrodt	F171	/M40-44	5:46:08	750	/	33:46	05:00	1:34:32	1:00:37	0:32:42	1125	/	3:07:50	28,7 km/h	04:18	26:03	27:38	28:34	33:01	765	/	1:55:14	5:29 m/km
172	1595	Massimiliano Rovatti	F172	/M40-44	5:46:14	638	/	33:18	03:49	1:30:17	1:00:14	0:33:17	1023	/	3:03:48	29,4 km/h	04:25	25:51	28:13	30:58	35:55	946	/	2:00:56	5:46 m/km
173	1561	José Antonio Palmer	F173	/M40-44	5:47:10	899	/	34:53	05:46	1:23:55	1:00:11	0:34:44	876	/	2:58:50	30,2 km/h	05:29	28:13	28:42	29:46	35:34	988	/	2:02:14	5:49 m/km
174	1459	Matt Harris	F174	/M40-44	5:47:35	458	/	32:01	04:17	1:31:59	1:02:38	0:34:21	1148	/	3:08:57	28,6 km/h	02:34	26:21	29:25	29:43	34:19	909	/	1:59:47	5:42 m/km
175	1400	Jose Maria Canaves Lucena	F175	/M40-44	5:48:43	573	/	32:56	04:08	1:24:52	1:01:29	0:33:28	907	/	2:59:48	30,0 km/h	03:58	30:45	28:28	32:48	35:56	1126	/	2:07:56	6:06 m/km
176	1512	Simon Lobera Jones	F176	/M40-44	5:49:13	256	/	30:22	06:02	1:28:21	1:00:57	0:32:40	972	/	3:01:57	29,7 km/h	04:40	28:47	32:17	28:57	36:14	1085	/	2:06:14	6:01 m/km
177	1624	Nicholas Smith	F177	/M40-44	5:49:16	676	/	33:27	04:16	1:22:19	0:55:32	0:31:00	560	/	2:48:50	32,0 km/h	04:37	27:11	32:27	33:04	45:27	1327	/	2:18:08	6:35 m/km
178	1620	Tony Seen	F178	/M40-44	5:49:51	843	/	34:25	03:25	1:20:49	0:54:52	0:29:35	449	/	2:45:15	32,7 km/h	03:47	30:31	32:30	35:17	44:44	1395	/	2:23:01	6:49 m/km
179	1610	Heiko Schluetter	F179	/M40-44	5:49:57	929	/	35:07	05:51	1:30:29	0:59:55	0:34:36	1051	/	3:04:59	29,2 km/h	04:17	28:00	29:14	29:11	33:22	908	/	1:59:46	5:42 m/km
180	1672	Stefano Zoppi	F180	/M40-44	5:51:21	1351	/	39:28	04:20	1:31:27	1:00:04	0:31:40	1006	/	3:03:10	29,5 km/h	07:21	27:32	28:55	27:30	33:09	816	/	1:57:04	5:34 m/km
181	1529	Paul Maye	F181	/M40-44	5:51:49	1282	/	38:47	06:43	1:32:19	1:00:05	0:30:55	1008	/	3:03:18	29,5 km/h	05:17	25:38	29:04	29:37	33:29	837	/	1:57:45	5:36 m/km
182	1474	Stephen Hooley	F182	/M40-44	5:51:52	363	/	31:20	04:19	1:24:06	0:54:35	0:29:59	552	/	2:48:39	32,0 km/h	04:33	31:36	34:36	36:54	39:58	1396	/	2:23:03	6:49 m/km
183	1486	Tormod Johnsen	F183	/M40-44	5:51:56	1128	/	36:52	05:49	1:25:11	0:57:56	0:32:00	760	/	2:55:07	30,8 km/h	03:41	26:33	31:38	32:52	39:28	1189	/	2:10:30	6:13 m/km
184	1437	Enrique Garcia Castellon	F184	/M40-44	5:53:18	991	/	35:34	09:45	1:25:37	1:00:07	0:33:33	892	/	2:59:16	30,1 km/h	06:27	27:57	27:57	30:50	35:36	992	/	2:02:19	5:49 m/km
185	1449	Toni Gonzalez del Olmo	F185	/M40-44	5:54:06	1113	/	36:45	04:41	1:35:13	1:04:53	0:36:08	1302	/	3:16:13	27,5 km/h	06:54	25:31	25:59	26:46	31:20	561	/	1:49:35	5:13 m/km
186	1552	Sebastian Nitsch	F186	/M40-44	5:55:05	1420	/	40:46	03:29	1:36:17	1:01:20	0:35:03	1231	/	3:12:38	28,0 km/h	03:34	24:47	26:31	28:02	35:21	747	/	1:54:41	5:28 m/km
187	1464	Christoph Heller	F187	/M40-44	5:55:27	969	/	35:25	06:08	1:30:04	0:59:31	0:34:00	1016	/	3:03:34	29,4 km/h	04:25	29:13	29:22	30:20	37:03	1076	/	2:05:57	6:00 m/km
188	1404	Kevin Christie	F188	/M40-44	5:55:46	305	/	30:58	05:14	1:40:28	1:03:18	0:33:46	1325	/	3:17:31	27,3 km/h	08:33	26:13	27:05	27:39	32:37	708	/	1:53:33	5:24 m/km
189	1405	Antony John Collier	F189	/M40-44	5:55:52	930	/	35:08	06:10	1:31:45	1:02:13	0:33:46	1120	/	3:07:43	28,8 km/h	05:06	27:42	31:15	28:59	33:51	972	/	2:01:46	5:48 m/km
190	1503	Frank Lauter	F190	/M40-44	5:56:01	696	/	33:31	06:19	1:33:05	1:00:07	0:34:33	1122	/	3:07:44	28,8 km/h	03:33	28:05	30:20	29:54	36:39	1056	/	2:04:56	5:57 m/km
191	1599	Markus Rytterkull	F191	/M40-44	5:56:08	1321	/	39:04	06:21	1:28:09	1:02:23	0:33:45	1037	/	3:04:16	29,3 km/h	04:09	27:19	29:54	29:42	35:27	993	/	2:02:20	5:50 m/km
192	1362	Mark Attwood	F192	/M40-44	5:56:31	525	/	32:37	04:31	1:24:20	0:54:33	0:29:40	548	/	2:48:32	32,0 km/h	07:13	32:55	34:44	35:08	40:53	1400	/	2:23:39	6:50 m/km





# THOMAS COOK IRONMAN 70.3 MALLORCA

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M40-44

Rank	Bib	Name	Pos	Cat	Ofical Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel			
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km						
193	1485	Jorge Jimenez Gayoso	F193	/M40-44	5:56:43	984	/	35:30	06:15	1:29:41	1:01:51	0:35:20	1096	/	3:06:51	28,9 km/h	05:57	28:00	30:10	30:48	33:15	986	/	2:02:12	5:49 m/km
194	1445	Alain Geuns	F194	/M40-44	5:56:46	1333	/	39:10	03:20	1:31:33	1:04:24	0:35:37	1211	/	3:11:33	28,2 km/h	03:02	25:35	29:36	29:00	35:34	906	/	1:59:44	5:42 m/km
195	1621	Heiko Serafin	F196	/M40-44	5:57:04	1119	/	36:49	05:08	1:31:31	0:58:31	0:33:06	1004	/	3:03:06	29,5 km/h	04:02	29:02	31:09	30:57	36:54	1128	/	2:08:01	6:06 m/km
196	1454	Marco Guillén Valle	F197	/M40-44	5:57:24	1133	/	36:55	05:46	1:30:58	1:01:51	0:33:59	1094	/	3:06:47	28,9 km/h	05:06	26:06	27:14	29:12	40:20	1006	/	2:02:51	5:51 m/km
197	1517	John Lundblad	F198	/M40-44	5:57:43	633	/	33:15	05:15	1:33:40	1:02:58	0:35:31	1225	/	3:12:08	28,1 km/h	05:38	27:18	28:54	30:32	34:46	967	/	2:01:29	5:47 m/km
198	1462	Matthias Heinze	F199	/M40-44	5:57:50	1312	/	39:00	06:07	1:26:59	1:00:16	0:33:50	947	/	3:01:05	29,8 km/h	05:26	27:34	30:05	31:24	37:14	1086	/	2:06:15	6:01 m/km
199	1649	Jean-Marc Vandersmissen	F200	/M40-44	5:58:19	251	/	30:17	06:19	1:38:11	1:05:53	0:35:14	1357	/	3:19:17	27,1 km/h	08:20	26:50	27:34	28:02	31:43	731	/	1:54:08	5:26 m/km
200	1388	Steve Branagh	F201	/M40-44	5:58:28	731	/	33:41	05:17	1:29:57	0:59:44	0:33:21	1001	/	3:03:01	29,5 km/h	04:19	28:09	30:47	33:24	39:53	1217	/	2:12:12	6:18 m/km
201	1367	Vassilis Bampanikas	F202	/M40-44	5:59:18	267	/	30:29	05:34	1:24:11	0:58:32	0:30:49	711	/	2:53:31	31,1 km/h	06:23	24:39	28:19	53:59	36:29	1399	/	2:23:24	6:50 m/km
202	1644	Pieter Van Huffel	F203	/M40-44	5:59:29	1439	/	41:14	06:18	1:30:17	1:01:17	0:33:40	1058	/	3:05:13	29,2 km/h	04:43	27:25	29:02	29:48	35:49	985	/	2:02:03	5:49 m/km
203	1543	Patrick Morro Lallemand	F204	/M40-44	5:59:44	919	/	35:02	05:29	1:22:42	0:59:57	0:33:36	787	/	2:56:14	30,6 km/h	05:02	29:02	32:04	35:19	41:36	1323	/	2:18:00	6:34 m/km
204	1650	Steven Vaughan	F205	/M40-44	5:59:46	1179	/	37:30	03:22	1:34:44	0:59:31	0:32:47	1101	/	3:07:02	28,9 km/h	02:43	28:03	30:43	33:00	37:28	1159	/	2:09:12	6:09 m/km
205	1551	Luis Nieto	F206	/M40-44	5:59:56	1410	/	40:37	06:39	1:29:36	1:03:35	0:35:02	1133	/	3:08:12	28,7 km/h	05:39	25:44	28:55	29:39	34:34	875	/	1:58:50	5:40 m/km
206	1548	Lluís Navas	F207	/M40-44	6:00:54	1271	/	38:39	05:21	1:34:20	1:01:45	0:36:54	1237	/	3:12:58	28,0 km/h	05:31	26:15	27:11	29:39	35:24	860	/	1:58:26	5:38 m/km
207	1393	Tim Buckley	F208	/M40-44	6:01:25	1586	/	46:28	04:21	1:30:48	1:07:03	0:36:54	1282	/	3:14:44	27,7 km/h	05:37	26:45	26:39	26:40	30:14	591	/	1:50:16	5:15 m/km
208	1638	Guillermo Tuñi	F209	/M40-44	6:01:49	221	/	29:58	05:39	1:31:22	1:00:30	0:33:17	1052	/	3:05:08	29,2 km/h	05:10	28:27	31:38	33:55	41:56	1278	/	2:15:55	6:28 m/km
209	1374	Matthias Berger	F210	/M40-44	6:01:51	283	/	30:43	05:47	1:45:18	1:02:18	0:31:33	1353	/	3:19:08	27,1 km/h	04:51	26:58	29:43	30:14	34:31	961	/	2:01:24	5:47 m/km
210	1601	Sergio Sana	F211	/M40-44	6:02:24	1293	/	38:52	05:57	1:28:49	1:00:43	0:33:26	998	/	3:02:57	29,5 km/h	04:39	28:27	28:42	31:37	41:15	1180	/	2:10:00	6:11 m/km
211	1356	Mauricio Altarriba Palomares	F212	/M40-44	6:02:39	1134	/	36:56	06:17	1:33:09	1:02:32	0:34:38	1183	/	3:10:19	28,4 km/h	05:50	27:55	28:56	31:09	35:21	1015	/	2:03:20	5:52 m/km
212	1538	Christian Modrok	F213	/M40-44	6:02:58	1619	/	49:18	05:17	1:24:53	0:58:20	0:30:38	721	/	2:53:50	31,1 km/h	05:15	26:56	30:07	35:25	36:53	1161	/	2:09:20	6:10 m/km
213	1471	Frank Hoehne	F214	/M40-44	6:03:46	1449	/	41:27	05:03	1:33:11	1:00:06	0:33:33	1095	/	3:06:50	28,9 km/h	03:43	27:31	31:04	32:39	35:33	1100	/	2:06:45	6:02 m/km
214	1477	David Huertas	F215	/M40-44	6:04:03	1074	/	36:16	05:31	1:31:29	1:02:54	0:33:27	1124	/	3:07:49	28,8 km/h	04:41	28:19	31:55	32:03	37:32	1171	/	2:09:48	6:11 m/km
215	1541	Gianluca Moroni	F216	/M40-44	6:05:27	1170	/	37:22	04:37	1:34:19	1:06:17	0:37:02	1331	/	3:17:37	27,3 km/h	03:55	26:39	29:00	30:49	35:31	978	/	2:01:57	5:48 m/km
216	1525	Scott Marcar	F217	/M40-44	6:05:58	792	/	34:06	05:37	1:55:23	1:04:37	0:34:08	1495	/	3:34:07	25,2 km/h	05:27	24:54	25:29	25:54	30:28	471	/	1:46:43	5:05 m/km

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M40-44

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel		
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km					
217	1590	Dermot Robinson	F218	/M40-44	6:06:26	630	/	33:14	03:51	1:25:42	0:58:42	0:31:03	767	/	2:55:26	30,8 km/h	04:32	30:13	40:12	36:04	42:59	1464	/2:29:25	7:07 m/km
218	1927	Alejandro Canonero	F219	/M40-44	6:07:03	1028	/	35:52	04:13	1:43:01	1:03:10	0:32:41	1348	/	3:18:51	27,2 km/h	04:57	28:01	29:38	30:03	35:33	1012	/2:03:13	5:52 m/km
219	1605	Carsten Schäfer	F220	/M40-44	6:07:49	1424	/	40:55	04:48	1:33:19	1:00:20	0:32:54	1090	/	3:06:32	29,0 km/h	04:11	30:45	31:44	32:04	36:55	1207	/2:11:26	6:16 m/km
220	1614	Frank Schneider	F221	/M40-44	6:08:09	1223	/	38:07	04:59	1:24:26	0:58:02	0:31:32	728	/	2:53:59	31,0 km/h	12:37	30:57	32:50	35:20	39:23	1335	/2:18:29	6:36 m/km
221	1385	Thomas Bondzio	F222	/M40-44	6:09:50	1059	/	36:06	06:22	1:28:19	1:01:08	0:36:02	1066	/	3:05:27	29,1 km/h	04:46	34:00	34:49	32:14	36:09	1307	/2:17:11	6:32 m/km
222	1619	Tim Searle	F223	/M40-44	6:09:54	1426	/	41:03	03:34	1:32:19	1:01:28	0:33:28	1109	/	3:07:13	28,8 km/h	04:34	27:41	30:39	32:58	42:15	1234	/2:13:31	6:21 m/km
223	1431	William Fourie	F224	/M40-44	6:09:56	1240	/	38:19	07:21	1:38:20	1:04:52	0:37:18	1375	/	3:20:29	26,9 km/h	05:36	25:23	27:08	29:29	36:15	854	/1:58:14	5:38 m/km
224	1504	Frank Legrand	F225	/M40-44	6:10:46	1003	/	35:40	07:09	1:32:47	1:08:00	0:35:45	1310	/	3:16:31	27,5 km/h	05:08	28:44	30:19	32:03	35:14	1089	/2:06:20	6:01 m/km
225	1451	Juan Jose Gonzalez Vann	F226	/M40-44	6:11:01	1036	/	35:58	03:51	1:35:17	1:01:53	0:35:09	1228	/	3:12:18	28,1 km/h	04:37	29:32	31:40	33:07	40:02	1245	/2:14:19	6:24 m/km
226	1603	Alex Sastre	F227	/M40-44	6:11:16	734	/	33:42	06:08	1:31:35	1:02:50	0:35:16	1167	/	3:09:41	28,5 km/h	05:22	29:37	32:41	34:08	39:59	1287	/2:16:24	6:30 m/km
227	1428	Magnus Fogel	F228	/M40-44	6:11:37	1329	/	39:09	04:00	1:34:33	1:00:14	0:31:23	1078	/	3:06:09	29,0 km/h	07:30	28:47	32:28	33:19	40:17	1253	/2:14:50	6:25 m/km
228	1658	Chris Voeller	F229	/M40-44	6:11:47	995	/	35:37	05:31	1:23:53	0:58:06	0:33:41	771	/	2:55:38	30,7 km/h	07:41	35:47	35:57	37:06	38:35	1446	/2:27:23	7:01 m/km
229	1669	Arnd Zabka	F230	/M40-44	6:14:07	581	/	32:59	06:07	1:40:46	1:00:47	0:32:59	1274	/	3:14:31	27,8 km/h	03:30	29:56	32:23	33:45	41:00	1304	/2:17:02	6:32 m/km
230	1526	Vicens Carmona Martinez	F231	/M40-44	6:15:09	1571	/	45:36	05:35	1:37:54	1:03:57	0:35:57	1333	/	3:17:46	27,3 km/h	04:26	28:17	29:13	29:04	35:15	974	/2:01:47	5:48 m/km
231	1460	Martin Hartusch	F232	/M40-44	6:15:56	1198	/	37:48	05:30	1:36:16	1:00:22	0:33:57	1190	/	3:10:34	28,3 km/h	03:47	30:48	33:40	34:25	39:27	1333	/2:18:19	6:35 m/km
232	1420	Andrew Duggan	F233	/M40-44	6:16:05	977	/	35:28	04:41	1:34:30	1:03:07	0:32:30	1178	/	3:10:06	28,4 km/h	04:24	31:16	34:44	34:46	40:43	1375	/2:21:28	6:44 m/km
233	1379	Beat Blaser	F234	/M40-44	6:16:27	1540	/	44:13	08:27	1:31:50	1:01:31	0:36:04	1160	/	3:09:25	28,5 km/h	07:10	28:39	29:48	30:41	38:10	1113	/2:07:15	6:04 m/km
234	1613	Kai Schneider	F235	/M40-44	6:18:48	851	/	34:28	05:20	1:35:30	1:00:15	0:32:57	1142	/	3:08:41	28,6 km/h	04:27	30:55	35:47	36:02	43:12	1430	/2:25:54	6:57 m/km
235	1566	Dietmund Peters	F236	/M40-44	6:19:43	1189	/	37:38	09:55	1:43:11	1:00:47	0:35:10	1352	/	3:19:07	27,1 km/h	03:37	32:20	29:13	33:14	34:42	1166	/2:09:28	6:10 m/km
236	1608	Franz Scheid	F237	/M40-44	6:19:50	804	/	34:13	04:23	1:33:32	1:02:46	0:35:38	1221	/	3:11:56	28,1 km/h	06:36	31:07	35:39	35:44	40:15	1392	/2:22:44	6:48 m/km
237	1559	Juan Manuel Paino	F238	/M40-44	6:21:39	1175	/	37:27	04:15	1:33:02	1:08:01	0:38:12	1355	/	3:19:14	27,1 km/h	03:41	28:24	33:16	34:39	40:46	1305	/2:17:03	6:32 m/km
238	1671	Zlatko Zlatc	F239	/M40-44	6:22:53	1253	/	38:29	06:11	1:34:20	1:04:51	0:36:02	1289	/	3:15:12	27,7 km/h	05:50	28:14	31:17	35:43	42:00	1309	/2:17:13	6:32 m/km
239	1640	Jan Urban	F240	/M40-44	6:23:00	779	/	33:57	05:19	1:27:55	1:02:10	0:33:59	1030	/	3:04:03	29,3 km/h	05:53	28:37	36:14	41:25	47:35	1496	/2:33:49	7:19 m/km
240	1550	Ralf Niederdränk	F241	/M40-44	6:23:15	1186	/	37:35	05:25	1:33:28	1:00:11	0:34:04	1119	/	3:07:42	28,8 km/h	04:20	30:56	36:19	37:34	43:28	1456	/2:28:15	7:04 m/km



# THOMAS COOK IRONMAN 70.3 MALLORCA

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M40-44

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel			
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km						
241	1487	Simon Johnson	F242	/M40-44	6:23:25	1554	/	44:48	05:24	1:31:14	0:57:05	0:32:03	921	/	3:00:21	29,9 km/h	06:44	32:04	34:58	36:14	42:56	1432	/	2:26:11	6:58 m/km
242	1433	Thomas Franke	F243	/M40-44	6:23:34	1205	/	37:52	04:03	1:41:27	1:06:19	0:40:35	1450	/	3:28:20	25,9 km/h	03:40	28:58	29:58	31:33	39:13	1170	/	2:09:40	6:10 m/km
243	1497	Ralf Krause	F244	/M40-44	6:23:51	1451	/	41:33	05:11	1:33:46	1:03:12	0:35:15	1226	/	3:12:12	28,1 km/h	06:12	30:51	32:41	33:44	41:30	1337	/	2:18:45	6:36 m/km
244	1473	Omar Holguin	F245	/M40-44	6:24:00	1613	/	48:37	08:03	1:33:11	0:59:01	0:33:15	1064	/	3:05:27	29,1 km/h	06:40	31:35	32:54	33:06	37:42	1267	/	2:15:16	6:26 m/km
245	1518	Heiko Lustig	F246	/M40-44	6:25:02	1526	/	43:50	03:33	1:35:23	1:04:57	0:36:51	1318	/	3:17:10	27,4 km/h	03:41	30:18	33:37	33:00	39:56	1295	/	2:16:50	6:31 m/km
246	1490	Boian Kalchev	F247	/M40-44	6:25:56	1208	/	37:53	06:47	1:36:01	1:08:15	0:37:57	1390	/	3:22:12	26,7 km/h	08:02	29:02	32:53	30:57	38:14	1199	/	2:11:04	6:14 m/km
247	1369	Fernando Bello miravé	F248	/M40-44	6:27:16	827	/	34:22	05:07	1:34:38	1:05:47	0:37:07	1324	/	3:17:31	27,3 km/h	06:05	28:18	36:24	36:20	43:14	1409	/	2:24:14	6:52 m/km
248	1611	Matthias Schmidt	F249	/M40-44	6:27:39	738	/	33:43	07:57	1:39:05	1:03:16	0:35:29	1334	/	3:17:48	27,3 km/h	04:17	32:38	33:42	34:51	42:46	1405	/	2:23:56	6:51 m/km
249	1432	Antonio Fraga	F250	/M40-44	6:29:09	1045	/	36:01	05:30	1:41:16	1:08:13	0:37:38	1434	/	3:27:06	26,1 km/h	05:24	29:00	31:57	33:33	40:42	1264	/	2:15:10	6:26 m/km
250	1463	Chris Heitmann	F251	/M40-44	6:29:24	1246	/	38:24	07:10	1:42:52	1:07:29	0:37:16	1442	/	3:27:36	26,0 km/h	07:27	28:55	30:54	31:12	37:50	1149	/	2:08:49	6:08 m/km
251	1571	Carlos Porres	F252	/M40-44	6:29:43	513	/	32:32	05:49	1:38:34	1:08:47	0:41:00	1449	/	3:28:19	25,9 km/h	06:07	29:02	31:59	34:51	41:08	1302	/	2:16:58	6:31 m/km
252	1422	Gregory Erdmann	F253	/M40-44	6:29:55	820	/	34:19	05:54	1:44:15	1:02:49	0:36:12	1399	/	3:23:15	26,6 km/h	05:37	31:31	33:46	34:56	40:40	1364	/	2:20:52	6:42 m/km
253	1576	Carlos Puig	F254	/M40-44	6:33:35	963	/	35:23	09:13	1:33:12	1:04:00	0:37:21	1275	/	3:14:32	27,8 km/h	06:36	31:26	35:29	37:37	43:23	1451	/	2:27:53	7:03 m/km
254	1438	Ricardo Garcia chercoles	F255	/M40-44	6:33:41	1089	/	36:22	07:31	1:29:11	1:00:46	0:39:49	1169	/	3:09:45	28,5 km/h	07:13	29:50	38:24	42:44	41:56	1492	/	2:32:52	7:17 m/km
255	1488	Uwe Jolli	F256	/M40-44	6:33:45	1625	/	50:04	05:13	1:43:36	1:05:24	0:35:47	1414	/	3:24:46	26,4 km/h	05:14	28:17	31:21	31:48	37:07	1140	/	2:08:31	6:07 m/km
256	1520	Calum MacCuish	F257	/M40-44	6:35:07	1268	/	38:38	06:10	1:40:09	1:03:13	0:35:14	1345	/	3:18:35	27,2 km/h	05:23	32:46	34:24	36:59	42:14	1438	/	2:26:22	6:58 m/km
257	1516	Sandro Lucarini	F258	/M40-44	6:35:30	1466	/	41:59	07:03	1:37:45	1:04:35	0:36:33	1350	/	3:18:52	27,2 km/h	05:32	28:43	32:04	36:46	44:35	1382	/	2:22:06	6:46 m/km
258	1425	Markus Fehr	F259	/M40-44	6:37:47	1412	/	40:40	04:57	1:33:46	0:58:55	0:32:50	1070	/	3:05:31	29,1 km/h	06:22	36:37	40:20	39:20	44:03	1543	/	2:40:18	7:38 m/km
259	1564	Håkan Paulsson	F260	/M40-44	6:41:44	1483	/	42:29	07:06	1:41:54	1:05:55	0:36:02	1410	/	3:23:50	26,5 km/h	07:10	31:53	33:22	35:00	40:57	1369	/	2:21:11	6:43 m/km
260	1412	Francisco De la Cruz Gordo	F261	/M40-44	6:41:46	848	/	34:27	07:24	1:45:26	1:10:21	0:39:16	1501	/	3:35:02	25,1 km/h	10:29	28:53	34:16	32:08	39:10	1248	/	2:14:27	6:24 m/km
261	1580	Martin Rashdi	F262	/M40-44	6:42:43	1555	/	44:52	09:41	1:47:31	1:08:47	0:46:30	1544	/	3:42:47	24,2 km/h	00:00	30:03	30:15	29:53	35:15	1064	/	2:05:24	5:58 m/km
262	1439	Matt Garman	F263	/M40-44	6:47:52	1219	/	38:05	07:20	1:37:09	1:04:15	0:34:53	1304	/	3:16:16	27,5 km/h	06:28	34:04	38:40	40:41	46:22	1542	/	2:39:45	7:36 m/km
263	1397	Lars Busk	F264	/M40-44	6:48:26	1251	/	38:28	06:31	1:37:37	1:10:52	0:34:52	1401	/	3:23:20	26,6 km/h	05:32	34:51	36:25	38:10	45:14	1499	/	2:34:38	7:22 m/km
264	1627	Philippe Staelens	F265	/M40-44	6:51:02	1564	/	45:18	05:57	1:35:46	1:04:26	0:36:08	1306	/	3:16:19	27,5 km/h	05:54	32:32	37:50	39:05	48:09	1526	/	2:37:35	7:30 m/km

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M40-44

Rank	Bib	Name	Pos	Cat	Oficial Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel			
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km						
265	1637	Pablo Trovero	F266	/M40-44	6:51:42	1598	/	47:45	04:58	1:43:09	1:10:14	0:44:20	1524	/	3:37:42	24,8 km/h	00:00	29:47	32:33	34:54	44:05	1372	/2:21:18	6:44 m/km	
266	1352	Costantinos Aidonidis	F267	/M40-44	6:53:51	1389	/	40:13	06:42	1:46:59	1:11:37	0:48:11	1566	/	3:46:45	23,8 km/h	00:00	29:43	32:01	34:45	43:44	1358	/2:20:12	6:41 m/km	
267	1357	José Antonio Alvarez	F268	/M40-44	6:54:48	1250	/	38:27	08:29	1:48:24	1:11:27	0:47:19	1569	/	3:47:09	23,8 km/h	00:00	30:13	33:11	35:35	41:47	1363	/2:20:44	6:42 m/km	
268	1353	Joan Albiol	F269	/M40-44	6:55:59	1569	/	45:31	05:28	1:45:43	1:09:33	0:45:56	1541	/	3:41:11	24,4 km/h	00:00	31:04	33:50	36:30	42:28	1403	/2:23:51	6:51 m/km	
269	1593	Alex Rosello	F270	/M40-44	6:57:21	1102	/	36:33	07:21	1:51:30	1:07:12	0:38:42	1523	/	3:37:23	24,8 km/h	08:00	34:05	35:04	35:30	43:29	1455	/2:28:07	7:03 m/km	
270	1483	Dan James	F271	/M40-44	6:59:06	1211	/	37:56	06:37	1:53:20	1:07:50	0:43:44	1553	/	3:44:52	24,0 km/h	00:00	32:16	35:40	37:12	44:35	1466	/2:29:41	7:08 m/km	
271	1645	Markus Van Kempen	F272	/M40-44	7:00:05	1636	/	54:42	07:04	1:44:13	1:07:05	0:45:47	1522	/	3:37:05	24,9 km/h	00:00	31:00	32:44	33:13	44:19	1370	/2:21:15	6:44 m/km	
272	1358	Pablo Alzugaray	F273	/M40-44	7:01:01	1542	/	44:18	05:38	1:50:28	1:12:23	0:43:55	1567	/	3:46:45	23,8 km/h	07:48	30:48	32:45	35:05	37:58	1290	/2:16:34	6:30 m/km	
273	1634	Adrian Tinkler	F274	/M40-44	7:02:18	1318	/	39:03	08:11	1:44:14	1:07:25	0:38:02	1460	/	3:29:40	25,8 km/h	08:19	30:15	35:08	41:22	50:23	1522	/2:37:07	7:29 m/km	
274	1426	Giovanni Ferretti	F275	/M40-44	7:05:45	1610	/	48:31	07:54	1:49:24	1:13:34	0:42:11	1554	/	3:45:08	24,0 km/h	08:46	31:23	31:27	33:04	39:35	1269	/2:15:28	6:27 m/km	
275	1442	Alexander Geiss	F276	/M40-44	7:07:34	1239	/	38:18	06:17	1:44:37	1:01:16	0:34:33	1374	/	3:20:25	26,9 km/h	06:45	40:14	41:27	42:53	51:19	1582	/2:55:51	8:22 m/km	
276	1635	Markus Tlatlik	F277	/M40-44	7:07:59	1633	/	52:41	06:52	1:45:11	1:08:55	0:44:42	1532	/	3:38:48	24,7 km/h	00:00	34:01	35:21	36:18	44:01	1465	/2:29:40	7:08 m/km	
277	1359	Stelios Andreadis	F278	/M40-44	7:10:39	60	/	26:51	03:16	1:19:01	0:53:04	0:27:55	267	/	2:39:58	33,8 km/h	03:07	23:04	24:40	25:47	44:00	1596	/3:57:30	11:19 m/km	
278	1491	Michael Kaufman	F279	/M40-44	7:13:01	1283	/	38:48	04:57	1:53:28	1:20:39	0:46:10	1606	/	4:00:16	22,5 km/h	06:10	31:22	32:29	34:25	44:38	1393	/2:22:52	6:48 m/km	
279	1391	Henry Brue	F280	/M40-44	7:15:30	1575	/	45:48	04:46	1:50:05	1:09:10	0:46:32	1561	/	3:45:47	23,9 km/h	00:00	36:37	37:05	38:34	46:57	1538	/2:39:11	7:35 m/km	
280	1670	Stephan Zechner	F281	/M40-44	7:19:05	1532	/	44:00	13:07	1:44:55	1:06:03	0:49:32	1540	/	3:40:29	24,5 km/h	00:00	40:05	38:41	38:12	44:35	1549	/2:41:32	7:42 m/km	
281	1651	Martin Veit	F282	/M40-44	7:30:49	1623	/	49:44	07:03	1:51:44	1:13:41	0:41:12	1564	/	3:46:36	23,8 km/h	04:40	38:04	38:31	41:44	44:31	1554	/2:42:48	7:45 m/km	
1399		Levent Cakir	F	M40-44	Ret.	0	/						0	/									0	/	
1506		Tim Lewington	F	M40-44	Ret.	554	/	32:49	03:12	1:19:42	0:53:52	0:29:14	368	/	2:42:47	33,2 km/h	54:51	26:50	00:14					0	/
1648		Paul Van Os	F	M40-44	Ret.	141	/	28:41	05:24				996	/	3:02:53	29,5 km/h								0	/
1573		Markus Praschl	F	M40-44	Ret.	462	/	32:04	04:21	1:28:15	1:00:50	0:33:58	1002	/	3:03:03	29,5 km/h	04:00							0	/
1417		Peter Dörlich	F	M40-44	Ret.	1106	/	36:35	04:59	1:31:29	1:01:54	0:33:05	1086	/	3:06:27	29,0 km/h	09:57	10:17	00:14	00:16				0	/
1410		Alvin Cummings	F	M40-44	Ret.	1235	/	38:15	06:32				1106	/	3:07:10	28,9 km/h								0	/
1507		Oliver Liedtke	F	M40-44	Ret.	998	/	35:37	06:19				1628	/	5:46:21	15,6 km/h	00:00							0	/



Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M45-49

Rank	Bib	Name	Pos	Cat	Oficial Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
1	1817	Uli Nieper	F 1	/ M45-49	4:36:55	68	/ 27:10	02:36	1:13:22	0:51:38	0:27:10	100	/ 2:32:09	35,5 km/h	03:33	21:01	21:54	22:06	26:30	96	/ 1:31:29	4:21 m/km
2	1864	Horst Sonnet	F 2	/ M45-49	4:46:01	959	/ 35:22	03:04	1:12:53	0:51:03	0:27:34	88	/ 2:31:29	35,6 km/h	03:15	21:31	22:27	22:42	26:16	121	/ 1:32:54	4:25 m/km
3	1843	Matija Romsak	F 3	/ M45-49	4:49:43	409	/ 31:36	03:48	1:17:05	0:53:22	0:27:48	230	/ 2:38:15	34,1 km/h	03:57	22:20	22:01	22:03	25:47	106	/ 1:32:09	4:23 m/km
4	1688	Andre Berker	F 4	/ M45-49	4:50:05	144	/ 28:42	02:53	1:18:51	0:51:15	0:27:51	219	/ 2:37:56	34,2 km/h	03:04	22:25	23:20	23:54	27:56	191	/ 1:37:33	4:39 m/km
5	1733	Michael Enseling	F 5	/ M45-49	4:50:34	434	/ 31:47	02:54	1:12:08	0:52:05	0:28:28	106	/ 2:32:40	35,4 km/h	03:11	22:14	23:54	24:41	29:16	255	/ 1:40:04	4:46 m/km
6	1717	Pierre-marie De loof	F 6	/ M45-49	4:50:45	192	/ 29:27	03:37	1:14:25	0:52:25	0:27:44	142	/ 2:34:34	34,9 km/h	03:35	23:19	23:28	23:38	29:11	242	/ 1:39:35	4:45 m/km
7	1835	Adam Rees	F 7	/ M45-49	4:51:08	190	/ 29:26	03:21	1:18:21	0:54:13	0:28:23	303	/ 2:40:56	33,6 km/h	03:02	22:13	22:33	22:43	26:57	139	/ 1:34:25	4:30 m/km
8	1714	Fraser Dawson	F 8	/ M45-49	4:51:11	351	/ 31:15	03:48	1:21:15	0:54:50	0:28:57	444	/ 2:45:02	32,7 km/h	02:32	20:02	21:05	22:02	25:27	62	/ 1:28:36	4:13 m/km
9	1716	Bruno De Decker	F 9	/ M45-49	4:51:46	252	/ 30:17	03:45	1:11:58	0:52:18	0:27:15	89	/ 2:31:30	35,6 km/h	03:54	25:06	24:23	24:14	28:39	327	/ 1:42:22	4:52 m/km
10	1741	SEAN FINN	F 10	/ M45-49	4:51:47	587	/ 33:01	03:12	1:15:15	0:51:30	0:27:43	137	/ 2:34:27	35,0 km/h	02:52	21:49	23:43	23:58	28:47	205	/ 1:38:16	4:41 m/km
11	1808	Thomas Mittkowski	F 11	/ M45-49	4:53:04	565	/ 32:55	04:06	1:11:18	0:51:49	0:27:40	80	/ 2:30:46	35,8 km/h	03:30	23:29	24:37	24:33	29:11	306	/ 1:41:49	4:51 m/km
12	1849	Volker Schaubbruch	F 12	/ M45-49	4:53:27	443	/ 31:54	04:07	1:15:05	0:52:42	0:27:36	161	/ 2:35:22	34,8 km/h	02:42	21:39	22:45	24:17	30:45	236	/ 1:39:25	4:44 m/km
13	1857	Juan de dios Segarra	F 13	/ M45-49	4:54:35	330	/ 31:07	03:14	1:18:29	0:54:50	0:28:07	320	/ 2:41:26	33,5 km/h	02:46	20:54	23:19	24:21	27:31	167	/ 1:36:03	4:34 m/km
14	1756	Eric Graindorge	F 14	/ M45-49	4:54:53	375	/ 31:23	05:35	1:16:29	0:52:19	0:27:54	194	/ 2:36:41	34,5 km/h	02:38	22:45	23:31	24:04	28:19	217	/ 1:38:38	4:42 m/km
15	1809	Frank Mömkes	F 15	/ M45-49	4:55:38	121	/ 28:19	04:00	1:18:13	0:54:50	0:28:47	331	/ 2:41:49	33,4 km/h	03:09	22:52	23:40	23:39	28:13	209	/ 1:38:23	4:41 m/km
16	1795	Johnny Manders	F 16	/ M45-49	4:56:13	43	/ 26:14	04:54	1:17:49	0:53:06	0:28:27	254	/ 2:39:21	33,9 km/h	04:19	23:20	23:56	24:25	29:47	294	/ 1:41:27	4:50 m/km
17	1694	Bernhard Böhmer	F 17	/ M45-49	4:56:17	427	/ 31:42	03:33	1:19:58	0:54:18	0:28:40	372	/ 2:42:55	33,1 km/h	03:22	21:56	22:46	23:07	26:59	147	/ 1:34:47	4:31 m/km
18	1810	Robert Moore	F 18	/ M45-49	4:56:35	317	/ 31:02	04:03	1:17:36	0:53:55	0:29:27	304	/ 2:40:57	33,6 km/h	02:48	21:35	23:26	24:39	28:08	193	/ 1:37:47	4:39 m/km
19	1707	Jordi Castany Egea	F 19	/ M45-49	4:57:15	472	/ 32:10	02:57	1:20:21	0:54:54	0:29:00	413	/ 2:44:14	32,9 km/h	05:45	21:03	21:50	22:42	26:37	107	/ 1:32:10	4:23 m/km
20	1877	Andrew Tabernacle	F 20	/ M45-49	4:57:18	250	/ 30:16	03:18	1:12:52	0:52:33	0:29:07	140	/ 2:34:30	34,9 km/h	04:28	22:39	24:23	25:54	31:52	402	/ 1:44:47	4:59 m/km
21	1701	Ivar Brinkman	F 21	/ M45-49	4:57:24	165	/ 29:05	03:01	1:19:40	0:53:31	0:28:42	334	/ 2:41:52	33,4 km/h	02:49	22:40	23:53	24:29	29:38	276	/ 1:40:39	4:48 m/km
22	1889	Stuart Veen	F 22	/ M45-49	4:58:08	444	/ 31:55	03:39	1:16:10	0:52:35	0:28:12	199	/ 2:36:56	34,4 km/h	03:17	22:03	23:10	27:49	29:21	326	/ 1:42:21	4:52 m/km
23	1727	Karl Dossche	F 23	/ M45-49	4:58:32	394	/ 31:31	03:37	1:18:29	0:54:37	0:29:08	349	/ 2:42:13	33,3 km/h	04:16	22:15	23:16	23:38	27:50	181	/ 1:36:57	4:37 m/km
24	1758	Stephen Green	F 24	/ M45-49	5:01:10	1085	/ 36:20	03:33	1:15:54	0:52:26	0:28:16	192	/ 2:36:36	34,5 km/h	02:42	23:15	24:19	25:27	29:03	313	/ 1:42:03	4:52 m/km

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M45-49

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
25	1905	Christian Wolf	F 25	/ M45-49	5:01:36	623	/ 33:11	03:50	1:11:21	0:51:12	0:27:24	71	/ 2:29:56	36,0 km/h	04:21	23:43	25:39	27:13	33:47	594	/ 1:50:21	5:15 m/km
26	1781	Manfred Kraft	F 26	/ M45-49	5:02:14	971	/ 35:26	03:56	1:20:22	0:53:51	0:28:27	367	/ 2:42:40	33,2 km/h	03:39	23:44	23:00	22:49	27:02	171	/ 1:36:35	4:36 m/km
27	1860	Konstantin Shimanovskiy	F 27	/ M45-49	5:02:36	240	/ 30:10	03:29	1:22:25	0:56:29	0:31:21	601	/ 2:50:13	31,7 km/h	02:56	20:49	22:30	23:45	28:47	164	/ 1:35:50	4:34 m/km
28	1747	Jeremy Furniss	F 28	/ M45-49	5:04:28	1032	/ 35:54	04:10	1:22:10	0:56:59	0:30:25	583	/ 2:49:33	31,8 km/h	03:36	20:55	21:36	22:28	26:19	90	/ 1:31:16	4:21 m/km
29	1771	Keith Howard	F 29	/ M45-49	5:04:51	149	/ 28:46	03:04	1:19:09	0:54:41	0:28:34	355	/ 2:42:24	33,3 km/h	03:03	22:43	24:52	26:54	33:10	498	/ 1:47:38	5:08 m/km
30	1859	Jonathan Sheehan	F 30	/ M45-49	5:05:43	507	/ 32:30	04:32	1:18:11	0:55:36	0:30:05	400	/ 2:43:51	33,0 km/h	03:42	21:35	23:26	24:53	31:17	287	/ 1:41:10	4:49 m/km
31	1775	Peter Kirmiss	F 31	/ M45-49	5:05:49	385	/ 31:26	03:44	1:18:50	0:55:12	0:30:16	418	/ 2:44:17	32,9 km/h	03:37	23:56	24:10	24:53	29:50	342	/ 1:42:47	4:54 m/km
32	1845	Marcus Ryall	F 32	/ M45-49	5:05:52	419	/ 31:39	03:52	1:18:23	0:54:49	0:29:58	379	/ 2:43:09	33,1 km/h	02:56	21:58	24:06	26:12	32:03	389	/ 1:44:18	4:58 m/km
33	1866	Gunter Stecher	F 33	/ M45-49	5:06:20	115	/ 28:15	04:24	1:17:05	0:55:16	0:28:45	309	/ 2:41:05	33,5 km/h	03:52	24:06	25:36	27:00	32:06	536	/ 1:48:46	5:11 m/km
34	1894	Thomas Volland	F 34	/ M45-49	5:07:02	1094	/ 36:27	03:44	1:17:30	0:54:06	0:29:09	300	/ 2:40:43	33,6 km/h	04:06	23:00	24:33	25:22	29:08	312	/ 1:42:02	4:52 m/km
35	1682	Steven Bamber	F 35	/ M45-49	5:07:44	422	/ 31:40	03:15	1:22:32	0:57:17	0:31:13	621	/ 2:51:01	31,6 km/h	03:52	23:26	23:25	23:45	27:23	198	/ 1:37:58	4:40 m/km
36	1750	Vladimir Gavrilov	F 36	/ M45-49	5:08:10	373	/ 31:22	03:02	1:23:36	0:57:49	0:31:40	692	/ 2:53:05	31,2 km/h	03:28	21:41	22:40	24:36	28:19	183	/ 1:37:15	4:38 m/km
37	1743	Thomas Flück	F 37	/ M45-49	5:09:22	439	/ 31:52	03:46	1:21:24	0:53:45	0:29:24	428	/ 2:44:31	32,8 km/h	03:27	24:09	24:57	25:56	30:47	432	/ 1:45:48	5:02 m/km
38	1753	Mark Gower	F 38	/ M45-49	5:10:09	768	/ 33:50	03:55	1:18:34	0:55:31	0:29:22	387	/ 2:43:26	33,0 km/h	03:08	24:05	25:04	25:50	30:54	434	/ 1:45:52	5:02 m/km
39	1684	Hugh Basel	F 39	/ M45-49	5:11:14	69	/ 27:11	04:19	1:19:44	0:54:09	0:28:40	361	/ 2:42:32	33,2 km/h	05:01	25:25	26:32	27:52	32:25	655	/ 1:52:14	5:21 m/km
40	1858	Thomas Seltmann	F 40	/ M45-49	5:11:38	359	/ 31:19	03:13	1:21:52	0:54:41	0:29:15	472	/ 2:45:47	32,6 km/h	04:20	24:31	25:40	26:39	30:14	479	/ 1:47:01	5:06 m/km
41	1867	Alexandre Steffen	F 41	/ M45-49	5:13:02	654	/ 33:20	05:30	1:24:43	0:57:17	0:30:17	662	/ 2:52:16	31,3 km/h	04:39	22:22	23:13	23:52	27:52	184	/ 1:37:18	4:38 m/km
42	1841	Mark Rogers	F 42	/ M45-49	5:13:08	766	/ 33:50	05:05	1:14:34	0:52:24	0:28:02	153	/ 2:34:59	34,8 km/h	03:42	26:05	27:09	28:17	34:05	778	/ 1:55:35	5:30 m/km
43	1871	Mike Stolze	F 43	/ M45-49	5:13:48	509	/ 32:31	04:51	1:25:32	0:59:45	0:31:15	795	/ 2:56:31	30,6 km/h	03:22	22:27	22:56	23:26	27:48	173	/ 1:36:36	4:36 m/km
44	1820	John O'Leary	F 44	/ M45-49	5:14:05	1132	/ 36:54	03:20	1:22:29	0:59:14	0:31:19	687	/ 2:53:01	31,2 km/h	02:50	22:06	23:11	24:18	28:29	200	/ 1:38:02	4:40 m/km
45	1761	Graeme Hall	F 45	/ M45-49	5:14:05	893	/ 34:50	03:04	1:24:18	0:58:08	0:30:20	680	/ 2:52:45	31,3 km/h	04:14	23:07	23:43	23:48	28:37	228	/ 1:39:14	4:44 m/km
46	1791	Roland Leupold	F 46	/ M45-49	5:14:24	386	/ 31:27	03:55	1:21:29	0:57:09	0:31:10	590	/ 2:49:47	31,8 km/h	03:10	22:47	26:26	26:00	30:55	446	/ 1:46:06	5:03 m/km
47	1814	Roberto Mossi	F 47	/ M45-49	5:14:51	703	/ 33:33	04:40	1:21:24	0:55:17	0:29:15	477	/ 2:45:56	32,5 km/h	04:17	23:36	25:13	26:13	31:28	457	/ 1:46:28	5:04 m/km
48	1754	Peter Graf	F 48	/ M45-49	5:14:54	1077	/ 36:17	04:14	1:20:43	0:56:26	0:31:12	541	/ 2:48:21	32,1 km/h	03:40	22:51	24:38	25:40	29:16	330	/ 1:42:25	4:53 m/km

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M45-49

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
49	1797	Jorge Martinez	F 49	/ M45-49	5:15:00	865	/ 34:35	03:40	1:18:32	0:53:57	0:28:19	302	/ 2:40:48	33,6 km/h	04:25	26:19	28:02	26:47	30:28	631	/ 1:51:35	5:19 m/km
50	1844	Marco Marco Ruggli	F 50	/ M45-49	5:15:19	778	/ 33:56	05:31	1:18:10	0:53:56	0:28:58	308	/ 2:41:03	33,5 km/h	04:34	24:17	26:05	27:44	32:11	592	/ 1:50:17	5:15 m/km
51	1710	Robert Coxhead	F 51	/ M45-49	5:16:12	286	/ 30:45	03:12	1:23:03	0:56:45	0:31:03	614	/ 2:50:50	31,6 km/h	03:18	24:26	25:09	26:11	32:24	517	/ 1:48:09	5:09 m/km
52	1784	Holger Krippenstapel	F 52	/ M45-49	5:16:35	976	/ 35:28	04:57	1:20:13	0:56:59	0:30:38	528	/ 2:47:49	32,2 km/h	03:49	23:47	24:58	25:16	30:33	397	/ 1:44:33	4:59 m/km
53	1799	Holger Masuch	F 53	/ M45-49	5:17:42	681	/ 33:28	05:06	1:19:28	0:55:21	0:29:02	401	/ 2:43:51	33,0 km/h	03:29	24:39	25:14	26:45	35:14	641	/ 1:51:51	5:20 m/km
54	1816	Thomas Müller	F 54	/ M45-49	5:19:15	1162	/ 37:13	04:44	1:19:21	0:55:34	0:29:25	419	/ 2:44:18	32,9 km/h	04:06	24:37	26:06	27:58	30:16	540	/ 1:48:56	5:11 m/km
55	1842	Phil Roker	F 55	/ M45-49	5:19:25	324	/ 31:05	03:17	1:19:56	0:54:47	0:30:31	448	/ 2:45:13	32,7 km/h	04:59	26:55	27:58	28:09	31:52	751	/ 1:54:52	5:28 m/km
56	1751	Russell Godwin	F 56	/ M45-49	5:19:34	895	/ 34:51	04:10	1:18:47	0:58:08	0:31:32	545	/ 2:48:25	32,1 km/h	04:09	23:00	24:25	26:00	34:37	515	/ 1:48:00	5:09 m/km
57	1787	Gunter Kunze	F 57	/ M45-49	5:19:47	415	/ 31:38	02:58	1:24:40	0:56:49	0:31:34	691	/ 2:53:02	31,2 km/h	02:55	24:49	25:35	26:53	32:00	554	/ 1:49:16	5:12 m/km
58	1783	Roger Krätzschar	F 58	/ M45-49	5:20:11	598	/ 33:02	03:39	1:18:32	0:54:41	0:28:49	341	/ 2:42:02	33,3 km/h	03:54	27:20	27:50	28:43	33:44	833	/ 1:57:36	5:36 m/km
59	1697	Bernd Borkowski	F 59	/ M45-49	5:20:36	436	/ 31:50	05:31	1:20:55	0:55:04	0:28:37	431	/ 2:44:35	32,8 km/h	04:38	27:26	27:14	27:28	31:57	727	/ 1:54:04	5:26 m/km
60	1746	Jean-Pierre Fraussen	F 60	/ M45-49	5:21:11	168	/ 29:07	04:20	1:20:46	0:55:50	0:30:14	501	/ 2:46:49	32,4 km/h	04:30	23:52	25:50	32:38	34:08	803	/ 1:56:27	5:33 m/km
61	1868	Tom Steinbach	F 61	/ M45-49	5:21:21	429	/ 31:43	04:33	1:26:12	0:59:40	0:31:05	807	/ 2:56:56	30,5 km/h	05:35	22:41	24:00	25:46	30:12	334	/ 1:42:37	4:53 m/km
62	1881	Andrew Tompson	F 62	/ M45-49	5:21:55	314	/ 31:01	03:42	1:27:33	1:00:46	0:32:51	950	/ 3:01:09	29,8 km/h	03:51	23:58	24:08	25:11	28:59	322	/ 1:42:15	4:52 m/km
63	1887	Olli Vaittinen	F 63	/ M45-49	5:22:09	333	/ 31:09	03:30	1:18:12	0:53:03	0:27:50	247	/ 2:39:05	33,9 km/h	03:45	26:58	30:33	31:32	35:42	1053	/ 2:04:43	5:56 m/km
64	1772	Grant Howells	F 64	/ M45-49	5:22:51	66	/ 27:03	03:29	1:18:55	0:57:56	0:34:15	622	/ 2:51:05	31,6 km/h	03:27	25:58	27:47	29:10	34:55	842	/ 1:57:49	5:37 m/km
65	1742	Steffen Fleischer	F 65	/ M45-49	5:23:23	1146	/ 37:07	04:05	1:23:25	0:57:32	0:32:06	690	/ 2:53:02	31,2 km/h	03:16	21:52	24:27	26:58	32:40	437	/ 1:45:55	5:03 m/km
66	1870	Daniel Steinmann	F 66	/ M45-49	5:24:02	396	/ 31:32	04:08	1:20:43	0:55:46	0:29:18	473	/ 2:45:47	32,6 km/h	03:37	25:49	28:02	29:55	35:14	883	/ 1:59:00	5:40 m/km
67	1892	Jose Vizcaya Grave	F 67	/ M45-49	5:24:22	1242	/ 38:22	04:03	1:26:33	0:58:05	0:31:58	796	/ 2:56:35	30,6 km/h	03:33	23:39	24:06	25:07	29:00	308	/ 1:41:51	4:51 m/km
68	1902	Stuart Wilkinson	F 68	/ M45-49	5:24:42	405	/ 31:34	04:15	1:24:34	0:58:26	0:33:19	790	/ 2:56:19	30,6 km/h	04:10	24:09	25:32	26:23	32:26	528	/ 1:48:27	5:10 m/km
69	1713	Gerhard Danetzky	F 69	/ M45-49	5:27:01	933	/ 35:11	04:09	1:24:12	0:55:02	0:30:08	576	/ 2:49:20	31,9 km/h	04:06	26:10	27:12	27:45	33:11	736	/ 1:54:16	5:26 m/km
70	1836	Jürgen Rehkugler	F 70	/ M45-49	5:28:36	751	/ 33:47	04:03	1:24:43	0:57:47	0:31:25	725	/ 2:53:54	31,1 km/h	04:36	25:08	26:35	28:01	32:35	659	/ 1:52:18	5:21 m/km
71	1880	Michael Tenzer	F 71	/ M45-49	5:30:22	1004	/ 35:41	06:23	1:26:51	1:00:24	0:32:42	910	/ 2:59:56	30,0 km/h	04:39	24:38	25:28	25:24	28:16	374	/ 1:43:45	4:56 m/km
72	1818	Frank Nobis	F 72	/ M45-49	5:30:47	982	/ 35:30	03:50	1:20:53	0:54:56	0:30:14	482	/ 2:46:03	32,5 km/h	03:28	26:32	29:59	30:27	35:03	982	/ 2:01:59	5:49 m/km

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M45-49

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
73	1788	Luc Langerært	F 73	/ M45-49	5:31:00	1002	/ 35:39	04:09	1:27:41	0:58:35	0:31:51	851	/ 2:58:06	30,3 km/h	02:57	24:39	26:48	27:38	31:08	587	/ 1:50:11	5:15 m/km
74	1678	Robby Apelt	F 74	/ M45-49	5:31:02	979	/ 35:29	02:58	1:21:12	0:53:57	0:29:32	434	/ 2:44:41	32,8 km/h	06:07	27:48	30:43	29:41	33:38	975	/ 2:01:49	5:48 m/km
75	1882	Pål Török	F 75	/ M45-49	5:31:55	195	/ 29:31	04:30	1:18:28	0:53:30	0:29:48	329	/ 2:41:45	33,4 km/h	02:59	26:15	29:57	32:32	44:30	1231	/ 2:13:12	6:21 m/km
76	1677	Jon Asbjørn Amundsen	F 76	/ M45-49	5:32:02	1471	/ 42:09	10:21	1:22:14	0:56:23	0:30:15	562	/ 2:48:51	32,0 km/h	05:07	23:26	24:35	26:42	30:54	427	/ 1:45:36	5:02 m/km
77	1736	Greg Evans	F 77	/ M45-49	5:32:26	999	/ 35:38	03:52	1:21:12	0:59:09	0:32:41	689	/ 2:53:01	31,2 km/h	04:00	25:24	27:52	28:39	34:04	789	/ 1:55:57	5:31 m/km
78	1807	Frank Mindermann	F 78	/ M45-49	5:32:38	503	/ 32:28	03:43	1:24:07	0:56:26	0:29:36	599	/ 2:50:08	31,7 km/h	02:53	26:36	29:14	31:19	36:20	1018	/ 2:03:27	5:53 m/km
79	1739	Jan Fhijnbeen	F 79	/ M45-49	5:32:46	671	/ 33:26	04:04	1:20:56	0:54:04	0:29:00	406	/ 2:43:59	32,9 km/h	04:20	29:31	30:53	30:14	36:23	1106	/ 2:06:59	6:03 m/km
80	1690	Ferran Blanch	F 80	/ M45-49	5:33:17	1317	/ 39:02	05:20	1:25:10	0:59:18	0:32:32	809	/ 2:56:59	30,5 km/h	04:07	24:18	25:50	26:40	31:05	507	/ 1:47:51	5:08 m/km
81	1921	Giovani Gerardi	F 81	/ M45-49	5:33:58	846	/ 34:26	04:27	1:27:55	0:59:45	0:32:40	918	/ 3:00:19	29,9 km/h	03:42	25:52	27:05	26:51	31:18	618	/ 1:51:05	5:17 m/km
82	1732	Andre Engelbrecht	F 82	/ M45-49	5:34:06	555	/ 32:49	04:38	1:29:57	1:00:05	0:31:59	975	/ 3:02:00	29,7 km/h	04:01	28:22	25:30	26:06	30:43	607	/ 1:50:39	5:16 m/km
83	1786	Karsten Kunkel	F 83	/ M45-49	5:34:17	1297	/ 38:55	03:21	1:22:43	0:56:44	0:31:26	616	/ 2:50:51	31,6 km/h	03:21	27:10	28:18	29:01	33:23	843	/ 1:57:50	5:37 m/km
84	1907	Rolf Zahner	F 84	/ M45-49	5:34:40	1153	/ 37:09	05:02	1:24:57	0:58:22	0:31:07	742	/ 2:54:24	31,0 km/h	05:09	25:16	26:29	28:22	32:52	685	/ 1:52:58	5:23 m/km
85	1794	Matthias Mahlke	F 85	/ M45-49	5:35:14	1200	/ 37:49	05:19	1:27:36	0:58:42	0:32:15	864	/ 2:58:32	30,2 km/h	03:40	24:42	27:00	26:32	31:43	578	/ 1:49:56	5:14 m/km
86	1676	Jörg Alex	F 86	/ M45-49	5:35:26	862	/ 34:34	03:43	1:32:26	0:58:37	0:32:20	1011	/ 3:03:22	29,4 km/h	02:36	26:09	26:59	27:05	31:01	622	/ 1:51:13	5:18 m/km
87	1885	Roberto Townshend	F 87	/ M45-49	5:35:47	557	/ 32:50	04:26	1:26:01	0:57:56	0:31:21	762	/ 2:55:17	30,8 km/h	04:26	26:55	28:57	29:07	33:52	874	/ 1:58:50	5:40 m/km
88	1854	Frank Schubert	F 88	/ M45-49	5:36:29	627	/ 33:14	04:37	1:24:37	1:00:03	0:32:53	826	/ 2:57:32	30,4 km/h	03:45	25:23	26:49	28:58	36:16	824	/ 1:57:24	5:35 m/km
89	1675	Wesley Absolom	F 89	/ M45-49	5:36:40	898	/ 34:52	02:54	1:29:13	1:01:20	0:33:46	1040	/ 3:04:19	29,3 km/h	05:36	25:50	26:27	26:47	29:59	545	/ 1:49:02	5:12 m/km
90	1681	Simon Austin	F 90	/ M45-49	5:36:56	1142	/ 37:04	03:24	1:26:19	1:00:23	0:33:13	908	/ 2:59:53	30,0 km/h	04:59	25:27	27:36	27:38	30:58	634	/ 1:51:38	5:19 m/km
91	1821	Thomas Obst	F 91	/ M45-49	5:37:40	537	/ 32:42	03:43	1:28:06	0:58:40	0:31:11	847	/ 2:57:56	30,3 km/h	03:42	25:47	29:01	29:06	35:46	901	/ 1:59:38	5:42 m/km
92	1774	Frank Jordan	F 92	/ M45-49	5:37:58	997	/ 35:37	04:13	1:25:21	0:57:22	0:30:39	704	/ 2:53:22	31,1 km/h	05:09	25:54	27:22	30:27	35:58	902	/ 1:59:40	5:42 m/km
93	1861	George Simpson	F 93	/ M45-49	5:38:01	1441	/ 41:18	05:51	1:27:09	0:58:44	0:31:44	831	/ 2:57:36	30,4 km/h	04:45	24:40	26:26	26:14	31:14	531	/ 1:48:32	5:10 m/km
94	1823	Adrie Offringa	F 94	/ M45-49	5:38:50	1305	/ 38:58	07:34	1:20:30	0:55:54	0:30:12	494	/ 2:46:36	32,4 km/h	06:00	26:49	28:05	29:17	35:35	907	/ 1:59:45	5:42 m/km
95	1766	Claude HAVE	F 95	/ M45-49	5:40:01	213	/ 29:46	03:44	1:26:55	0:56:56	0:32:21	785	/ 2:56:10	30,7 km/h	04:19	28:16	29:45	31:01	37:03	1079	/ 2:06:03	6:00 m/km
96	1899	Jon Webster	F 96	/ M45-49	5:40:15	1065	/ 36:10	04:26	1:30:40	1:02:31	0:35:07	1135	/ 3:08:17	28,7 km/h	03:15	24:27	24:58	26:35	32:10	518	/ 1:48:09	5:09 m/km





# THOMAS COOK IRONMAN 70.3 MALLORCA

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M45-49

Rank	Bib	Name	Pos Cat	Ofical Time	Pos SWIM	T1	Bike splits			Pos BIKE	BIKE Vel	T2	Run splits				Pos RUN	RUN Vel
							35,5 km	70,4 km	90,1 km				5,1 km	10,2 km	15,3km	21,1km		
97	1825	Holger Osesek	F 97 / M45-49	5:40:33	1391 / 40:13	05:15	1:27:15	1:04:09	0:37:31	1147 / 3:08:55	28,6 km/h	05:01	23:16	24:08	24:33	29:15	288 / 1:41:11	4:49 m/km
98	1856	Michael Schumacher	F 98 / M45-49	5:41:21	1143 / 37:06	03:55	1:21:13	0:57:13	0:32:09	606 / 2:50:35	31,7 km/h	03:52	28:51	31:33	31:33	34:00	1075 / 2:05:55	6:00 m/km
99	1679	Leo Aren Lans	F 99 / M45-49	5:41:59	1122 / 36:51	03:08	1:23:55	0:56:04	0:30:33	603 / 2:50:31	31,7 km/h	02:45	28:55	30:43	33:12	35:56	1147 / 2:08:45	6:08 m/km
100	1711	Miguel Muñoz Cruz	F100 /M45-49	5:43:01	1054 / 36:04	07:02	1:27:42	1:03:11	0:32:15	1005 / 3:03:07	29,5 km/h	04:27	26:00	28:08	26:47	31:30	662 / 1:52:24	5:21 m/km
101	1765	Peter Harroider	F101 /M45-49	5:43:09	1008 / 35:43	04:21	1:31:28	0:56:27	0:30:51	873 / 2:58:45	30,2 km/h	03:38	28:13	29:08	29:39	33:45	939 / 2:00:44	5:45 m/km
102	1715	Jan De Brucker	F102 /M45-49	5:43:37	885 / 34:49	07:21	1:27:31	1:00:30	0:31:44	906 / 2:59:43	30,0 km/h	06:31	27:06	27:48	28:01	32:20	768 / 1:55:15	5:29 m/km
103	1740	Michael Finke	F103 /M45-49	5:44:20	1308 / 38:59	05:04	1:30:42	1:00:38	0:32:33	1025 / 3:03:51	29,4 km/h	04:13	26:02	26:36	27:30	32:07	656 / 1:52:14	5:21 m/km
104	1720	Phil Deane	F104 /M45-49	5:44:47	1347 / 39:24	04:57	1:27:13	0:56:27	0:30:11	720 / 2:53:49	31,1 km/h	04:41	28:01	29:04	29:08	35:46	980 / 2:01:58	5:48 m/km
105	1918	Roman Leischeik	F105 /M45-49	5:44:55	775 / 33:56	05:45	1:28:30	1:01:21	0:30:49	932 / 3:00:38	29,9 km/h	04:33	27:00	27:56	29:16	35:55	922 / 2:00:05	5:43 m/km
106	1796	Paul Martin	F106 /M45-49	5:45:08	1069 / 36:11	02:42	1:34:27	0:59:42	0:32:54	1102 / 3:07:03	28,9 km/h	04:45	25:10	26:32	29:00	33:49	743 / 1:54:29	5:27 m/km
107	1869	Karsten Steinberg	F107 /M45-49	5:45:29	1188 / 37:37	05:07	1:28:24	0:56:47	0:32:25	832 / 2:57:36	30,4 km/h	06:40	26:41	28:05	28:58	34:49	864 / 1:58:31	5:39 m/km
108	1726	Detlef Dörr	F108 /M45-49	5:45:40	1454 / 41:39	04:44	1:24:05	0:56:57	0:30:43	643 / 2:51:43	31,4 km/h	03:21	27:44	29:01	31:30	36:01	1039 / 2:04:15	5:55 m/km
109	1815	Werner Mühlöder	F109 /M45-49	5:46:50	1016 / 35:46	03:39	1:36:00	0:58:37	0:32:15	1097 / 3:06:51	28,9 km/h	03:36	27:25	28:26	29:03	32:07	815 / 1:57:01	5:34 m/km
110	1832	Michael Poulsen	F110 /M45-49	5:48:12	1138 / 37:02	06:07	1:28:11	0:59:05	0:29:48	812 / 2:57:03	30,5 km/h	03:58	28:45	29:03	30:15	36:03	1035 / 2:04:05	5:55 m/km
111	1703	Jörg Brühl	F111 /M45-49	5:48:25	707 / 33:34	04:23	1:24:24	0:56:21	0:29:58	609 / 2:50:42	31,6 km/h	03:23	29:11	31:05	34:28	41:42	1288 / 2:16:24	6:30 m/km
112	1721	Eddie Delahaut	F112 /M45-49	5:48:53	1548 / 44:43	04:32	1:26:08	0:58:08	0:32:12	794 / 2:56:27	30,6 km/h	05:47	26:16	27:52	28:49	34:30	829 / 1:57:26	5:36 m/km
113	1708	Alberto Castori	F113 /M45-49	5:49:11	379 / 31:24	03:00	1:19:18	0:54:09	0:30:11	390 / 2:43:36	33,0 km/h	06:29	28:35	34:10	37:01	44:58	1416 / 2:24:43	6:53 m/km
114	1790	Richard Lee	F114 /M45-49	5:49:47	424 / 31:41	04:21	1:34:02	0:59:34	0:33:51	1114 / 3:07:26	28,8 km/h	04:51	25:28	28:09	30:20	37:34	966 / 2:01:29	5:47 m/km
115	1730	Matthias Elwart	F115 /M45-49	5:49:56	1438 / 41:13	05:06	1:28:00	0:59:15	0:31:29	870 / 2:58:43	30,2 km/h	04:08	25:12	27:35	30:41	37:21	942 / 2:00:48	5:45 m/km
116	1895	Frank Von Zedlitz	F116 /M45-49	5:51:22	1243 / 38:22	04:37	1:32:36	1:01:48	0:33:46	1132 / 3:08:10	28,7 km/h	03:22	26:30	27:16	28:42	34:27	813 / 1:56:54	5:34 m/km
117	1718	Alain De Maria	F117 /M45-49	5:52:33	1513 / 43:14	07:44	1:27:24	1:00:55	0:34:10	989 / 3:02:28	29,6 km/h	05:43	25:30	27:00	27:28	33:30	702 / 1:53:25	5:24 m/km
118	1755	André Graff	F118 /M45-49	5:52:57	612 / 33:08	04:50	1:29:54	1:00:17	0:32:28	993 / 3:02:38	29,6 km/h	05:12	28:18	30:31	31:12	37:11	1111 / 2:07:11	6:03 m/km
119	1709	Eric Coppe	F119 /M45-49	5:53:04	1388 / 40:12	05:49	1:28:56	1:01:05	0:33:30	1015 / 3:03:31	29,4 km/h	05:18	26:25	27:43	28:33	35:37	856 / 1:58:16	5:38 m/km
120	1748	Martin Furrer	F120 /M45-49	5:53:06	1147 / 37:07	08:21	1:27:33	1:02:05	0:33:39	1007 / 3:03:16	29,5 km/h	06:30	26:02	28:03	29:56	33:54	846 / 1:57:55	5:37 m/km

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M45-49

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel			
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km						
121	1737	Juan Fernandez Jaquotot	F121	/M45-49	5:53:35	1158	/	37:11	05:44	1:32:14	1:03:51	0:33:33	1166	/	3:09:37	28,5 km/h	05:35	26:19	26:54	27:51	34:26	775	/	1:55:29	5:30 m/km
122	1888	Jan Van Oyen	F122	/M45-49	5:53:37	1046	/	36:01	05:35	1:36:18	1:02:42	0:34:18	1244	/	3:13:16	27,9 km/h	06:09	23:40	25:52	28:55	34:12	673	/	1:52:38	5:22 m/km
123	1874	Henning Strunk	F123	/M45-49	5:54:13	1001	/	35:38	04:04	1:25:28	0:55:46	0:31:14	671	/	2:52:27	31,3 km/h	04:51	27:48	30:42	37:57	40:49	1310	/	2:17:15	6:32 m/km
124	1780	Alexander Peter Koller	F124	/M45-49	5:54:20	175	/	29:13	03:42	1:37:32	0:59:13	0:33:07	1173	/	3:09:51	28,4 km/h	04:14	28:36	31:06	30:18	37:22	1114	/	2:07:20	6:04 m/km
125	1826	Michael Peirce	F125	/M45-49	5:54:35	1485	/	42:30	05:10	1:30:31	1:02:44	0:35:45	1149	/	3:09:00	28,6 km/h	05:28	25:01	28:41	28:02	30:47	669	/	1:52:29	5:21 m/km
126	1900	Stefan Weilbacher	F126	/M45-49	5:54:54	459	/	32:03	04:50	1:29:21	0:57:01	0:32:52	891	/	2:59:13	30,1 km/h	04:13	28:54	32:04	33:06	40:34	1250	/	2:14:37	6:25 m/km
127	1793	Olivier Maes	F127	/M45-49	5:55:24	376	/	31:23	04:17	1:30:43	0:58:42	0:32:58	987	/	3:02:23	29,6 km/h	04:16	30:05	30:59	31:35	40:31	1229	/	2:13:08	6:20 m/km
128	1704	Dirk Buß	F128	/M45-49	5:55:32	1224	/	38:07	04:22	1:28:59	0:58:14	0:32:29	905	/	2:59:42	30,1 km/h	05:23	28:33	30:52	31:35	37:01	1127	/	2:08:00	6:06 m/km
129	1700	John Brewer	F129	/M45-49	5:55:51	1415	/	40:41	08:20	1:33:24	1:03:25	0:33:46	1189	/	3:10:33	28,3 km/h	06:23	25:06	26:02	26:45	32:05	579	/	1:49:57	5:14 m/km
130	1719	Sebastian De nevares	F130	/M45-49	5:56:14	355	/	31:16	06:05	1:31:54	1:00:47	0:33:32	1079	/	3:06:13	29,0 km/h	06:36	27:35	30:43	30:16	37:34	1082	/	2:06:07	6:00 m/km
131	1692	Ruediger Bobsin	F131	/M45-49	5:56:22	1467	/	42:03	03:59	1:28:52	1:00:22	0:32:19	959	/	3:01:32	29,7 km/h	03:14	28:28	30:04	31:42	35:23	1070	/	2:05:36	5:59 m/km
132	1904	Michael Wolf	F132	/M45-49	5:56:50	1273	/	38:40	04:40	1:30:27	1:01:36	0:33:29	1069	/	3:05:31	29,1 km/h	04:04	27:36	29:06	30:44	36:32	1031	/	2:03:57	5:54 m/km
133	1801	Gary McCarthy	F133	/M45-49	5:57:31	1168	/	37:17	03:58	1:33:11	1:01:18	0:32:49	1111	/	3:07:17	28,8 km/h	03:25	27:43	30:33	30:49	36:32	1067	/	2:05:35	5:59 m/km
134	1724	Reinhard Dirren	F134	/M45-49	5:57:54	761	/	33:49	07:55	1:26:59	0:58:33	0:30:53	792	/	2:56:25	30,6 km/h	04:15	26:14	29:50	34:47	44:42	1270	/	2:15:32	6:27 m/km
135	1744	Mark Foran	F135	/M45-49	5:57:58	911	/	35:00	04:03	1:32:09	1:02:20	0:34:33	1151	/	3:09:02	28,6 km/h	03:44	28:47	30:05	31:08	36:11	1084	/	2:06:11	6:01 m/km
136	1893	Sven Völcker	F136	/M45-49	5:58:04	1430	/	41:06	04:53	1:29:06	1:00:23	0:32:28	971	/	3:01:56	29,7 km/h	05:09	28:58	30:54	30:23	34:49	1060	/	2:05:02	5:57 m/km
137	1853	Bernd Schrader	F137	/M45-49	5:58:32	1230	/	38:11	06:07	1:33:00	1:04:34	0:35:14	1233	/	3:12:47	28,0 km/h	06:37	26:33	28:18	27:55	32:09	752	/	1:54:53	5:28 m/km
138	1689	Patrick Bert	F138	/M45-49	5:59:14	445	/	31:56	05:22	1:25:08	0:57:35	0:31:18	729	/	2:53:59	31,0 km/h	05:39	31:25	34:06	34:31	42:19	1385	/	2:22:21	6:47 m/km
139	1878	Peter Tanner	F139	/M45-49	5:59:21	606	/	33:06	04:36	1:25:36	0:56:58	0:32:24	758	/	2:54:58	30,9 km/h	06:31	34:19	29:43	36:02	40:09	1357	/	2:20:12	6:41 m/km
140	1749	Alain Gavin	F140	/M45-49	6:00:37	1509	/	43:05	08:07	1:39:57	1:02:30	0:32:22	1284	/	3:14:48	27,7 km/h	05:17	24:50	26:54	26:41	30:58	558	/	1:49:21	5:12 m/km
141	1764	Mark Harrod	F141	/M45-49	6:00:49	1359	/	39:37	04:30	1:28:30	0:58:45	0:33:17	928	/	3:00:31	29,9 km/h	04:11	00:16	01:23	30:20	40:04	1216	/	2:12:02	6:17 m/km
142	1903	Carsten Wink	F142	/M45-49	6:01:21	711	/	33:35	04:59	1:31:06	0:58:35	0:30:35	914	/	3:00:15	30,0 km/h	04:34	29:28	32:17	33:17	43:00	1322	/	2:17:59	6:34 m/km
143	1813	Stephane Jean Morro	F143	/M45-49	6:02:56	1154	/	37:09	06:46	1:27:55	1:01:35	0:32:50	983	/	3:02:19	29,6 km/h	05:46	27:22	31:57	32:41	38:59	1197	/	2:10:58	6:14 m/km
144	1886	Gerhard Treiber	F144	/M45-49	6:03:26	1272	/	38:39	04:17	1:35:50	1:01:04	0:33:16	1180	/	3:10:09	28,4 km/h	04:20	27:57	30:55	31:13	35:58	1078	/	2:06:02	6:00 m/km

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M45-49

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel			
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km						
145	1846	Guillermo Sagnier	F145	/M45-49	6:03:33	721	/	33:38	05:31	1:32:38	1:03:01	0:34:42	1185	/	3:10:20	28,4 km/h	05:26	27:30	30:57	31:48	38:25	1146	/	2:08:39	6:08 m/km
146	1683	Henrik Bartels	F146	/M45-49	6:04:30	1157	/	37:10	04:03	1:33:29	1:01:27	0:36:41	1213	/	3:11:35	28,2 km/h	05:08	26:22	30:03	31:18	38:54	1094	/	2:06:35	6:02 m/km
147	1773	Rob Impey	F147	/M45-49	6:05:41	727	/	33:40	05:36	1:28:00	1:03:22	0:37:26	1144	/	3:08:47	28,6 km/h	04:46	28:12	32:59	33:27	38:18	1225	/	2:12:54	6:20 m/km
148	1897	Andreas Walsdorf	F148	/M45-49	6:07:07	446	/	31:56	05:05	1:47:08	1:03:51	0:35:26	1430	/	3:26:24	26,2 km/h	05:06	27:05	27:40	28:42	35:13	870	/	1:58:38	5:39 m/km
149	1725	Stefan Doerrstein	F149	/M45-49	6:07:11	358	/	31:18	04:40	1:39:39	1:03:45	0:34:10	1327	/	3:17:33	27,3 km/h	04:46	29:44	31:05	30:56	37:13	1153	/	2:08:57	6:08 m/km
150	1776	Mats Klippberg	F150	/M45-49	6:10:27	1307	/	38:58	08:13	1:41:38	1:04:35	0:34:37	1379	/	3:20:49	26,9 km/h	05:16	26:35	28:10	28:28	34:01	820	/	1:57:13	5:35 m/km
151	1752	Juergen Goebel	F151	/M45-49	6:13:08	1107	/	36:37	06:17	1:33:55	1:04:41	0:36:14	1285	/	3:14:49	27,7 km/h	06:02	28:47	30:22	32:05	38:13	1165	/	2:09:25	6:10 m/km
152	1723	Andrew Dentskevich	F152	/M45-49	6:13:31	1274	/	38:41	04:05	1:30:34	1:08:15	0:35:49	1276	/	3:14:36	27,7 km/h	04:57	30:56	31:14	33:32	35:34	1201	/	2:11:14	6:15 m/km
153	1760	Nicholas Hale	F153	/M45-49	6:14:52	1334	/	39:10	04:58	1:33:55	1:01:24	0:35:11	1188	/	3:10:29	28,3 km/h	06:10	27:29	32:44	34:42	39:13	1244	/	2:14:06	6:23 m/km
154	1696	Patrice Bonnet	F154	/M45-49	6:15:00	780	/	33:58	04:49	1:35:21	1:01:35	0:34:17	1205	/	3:11:12	28,2 km/h	05:07	28:27	30:37	31:04	49:51	1353	/	2:19:57	6:40 m/km
155	1680	Christopher Armitage	F155	/M45-49	6:15:05	907	/	34:59	04:14	1:33:17	1:00:54	0:32:56	1104	/	3:07:05	28,9 km/h	04:10	29:31	34:41	36:05	44:22	1415	/	2:24:39	6:53 m/km
156	1767	LLuis Granell Herman	F156	/M45-49	6:17:54	1136	/	36:58	05:06	1:43:41	1:09:17	1:14:45	1614	/	4:07:41	21,8 km/h	27:10	27:11	27:51	27:49	32:31	771	/	1:55:21	5:30 m/km
157	1800	Julian McCarthy	F157	/M45-49	6:18:45	1300	/	38:56	04:56	1:37:31	1:02:32	0:34:39	1280	/	3:14:42	27,7 km/h	04:03	29:14	32:02	33:54	41:01	1283	/	2:16:11	6:29 m/km
158	1728	Craig Douglas	F158	/M45-49	6:18:47	1507	/	43:03	04:54	1:29:21	1:02:31	0:35:31	1113	/	3:07:21	28,8 km/h	04:32	28:07	35:19	34:23	41:10	1340	/	2:18:58	6:37 m/km
159	1879	John Taylor	F159	/M45-49	6:19:19	1163	/	37:14	07:30	1:36:51	1:05:46	0:38:19	1380	/	3:20:55	26,9 km/h	05:56	28:20	30:13	31:58	37:16	1122	/	2:07:46	6:05 m/km
160	1873	Marc Stremus	F160	/M45-49	6:19:22	700	/	33:32	07:08	1:40:05	1:03:42	0:34:15	1339	/	3:18:01	27,3 km/h	05:04	30:35	34:34	32:25	38:07	1271	/	2:15:39	6:28 m/km
161	1839	Andrew Rhodes	F161	/M45-49	6:19:51	1141	/	37:03	04:44	1:35:15	1:06:30	0:36:40	1342	/	3:18:24	27,2 km/h	04:56	28:05	31:23	34:51	40:28	1252	/	2:14:46	6:25 m/km
162	1863	Nestor Fabian Sobrero Moldes	F162	/M45-49	6:19:53	1408	/	40:37	04:44	1:31:55	0:58:33	0:33:31	1028	/	3:03:57	29,4 km/h	04:20	31:22	36:33	36:15	42:08	1436	/	2:26:17	6:58 m/km
163	1862	Thomas Sitte	F163	/M45-49	6:22:15	1486	/	42:31	04:26	1:37:32	1:04:41	0:36:40	1349	/	3:18:52	27,2 km/h	05:03	27:43	30:02	33:24	40:17	1206	/	2:11:24	6:15 m/km
164	1735	Agustin Escalza	F164	/M45-49	6:22:40	1280	/	38:46	05:07	1:36:23	1:05:28	0:38:56	1378	/	3:20:46	26,9 km/h	06:03	28:35	31:03	32:13	40:10	1215	/	2:12:00	6:17 m/km
165	1890	Pep Vega martinez	F165	/M45-49	6:23:13	1335	/	39:11	05:24	1:43:42	1:08:48	1:12:32	1611	/	4:05:01	22,0 km/h	28:38	28:39	31:03	30:02	32:35	991	/	2:02:18	5:49 m/km
166	1695	Karsten Bondzio	F166	/M45-49	6:24:14	1316	/	39:02	04:31	1:34:53	1:02:36	0:36:17	1255	/	3:13:45	27,9 km/h	04:15	32:07	35:37	34:40	40:21	1391	/	2:22:44	6:48 m/km
167	1876	Pedro Suñer	F167	/M45-49	6:24:24	1379	/	39:59	04:20	1:39:39	1:06:03	0:38:23	1411	/	3:24:03	26,5 km/h	03:27	28:05	31:35	32:37	40:21	1222	/	2:12:37	6:19 m/km
168	1802	Paul McDonnell	F168	/M45-49	6:24:42	1531	/	44:00	08:43	1:33:43	1:01:00	0:33:21	1129	/	3:08:04	28,7 km/h	08:58	28:35	30:59	33:07	42:18	1260	/	2:14:58	6:26 m/km



Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M45-49

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel			
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km						
169	1829	Ferran Perez Alvarez	F169	/M45-49	6:25:57	1592	/	46:54	05:59	1:36:24	1:02:41	0:34:49	1258	/	3:13:53	27,9 km/h	04:18	31:13	32:19	33:13	38:10	1257	/	2:14:54	6:25 m/km
170	1896	Andreas Voosen	F170	/M45-49	6:26:04	1286	/	38:49	06:45	1:35:56	1:04:57	0:36:37	1323	/	3:17:29	27,3 km/h	06:05	31:00	32:22	33:27	40:09	1301	/	2:16:57	6:31 m/km
171	1833	Steve Priest	F171	/M45-49	6:26:28	1336	/	39:13	04:16	1:31:44	1:00:10	0:34:14	1077	/	3:06:08	29,0 km/h	04:54	28:29	38:45	38:36	46:09	1484	/	2:31:58	7:14 m/km
172	1883	Conrad Torras	F172	/M45-49	6:26:47	896	/	34:51	05:00	1:33:00	1:02:58	0:36:55	1235	/	3:12:52	28,0 km/h	06:14	31:34	34:40	37:02	44:38	1450	/	2:27:52	7:02 m/km
173	1822	Nigel Oconnell	F173	/M45-49	6:29:38	1169	/	37:18	04:39	1:39:28	1:00:59	0:33:56	1270	/	3:14:22	27,8 km/h	05:51	34:22	34:35	36:42	41:53	1447	/	2:27:30	7:01 m/km
174	1782	Marcelo Krasnov Stoller	F174	/M45-49	6:30:56	1302	/	38:57	04:47	1:37:27	1:21:09	0:40:51	1535	/	3:39:25	24,6 km/h	00:00	28:46	28:58	31:29	38:36	1123	/	2:07:49	6:05 m/km
175	1763	Neil Harrison	F175	/M45-49	6:31:56	1177	/	37:28	03:09	1:45:07	1:11:56	0:46:52	1549	/	3:43:53	24,1 km/h	00:00	29:01	00:11	30:23	07:54	1116	/	2:07:28	6:04 m/km
176	1838	Gerhard Reichelt	F176	/M45-49	6:32:24	1543	/	44:19	04:01	1:27:49	1:03:23	0:35:43	1099	/	3:06:54	28,9 km/h	04:26	29:42	35:00	38:23	49:42	1491	/	2:32:45	7:16 m/km
177	1855	Thomas Schulz	F177	/M45-49	6:35:34	1320	/	39:04	05:39	1:52:39	1:00:43	0:34:51	1445	/	3:28:12	25,9 km/h	05:57	30:31	31:23	33:00	41:52	1292	/	2:16:44	6:31 m/km
178	1769	Broder Hinrichsen	F179	/M45-49	6:38:56	1624	/	49:57	11:08	1:31:13	1:06:38	0:48:21	1426	/	3:26:11	26,2 km/h	00:00	28:01	29:28	34:46	39:27	1214	/	2:11:41	6:16 m/km
179	1698	Ludger Bräutigam	F180	/M45-49	6:41:55	664	/	33:24	04:53	1:42:03	1:07:03	0:40:01	1456	/	3:29:05	25,8 km/h	09:03	30:50	33:59	37:13	43:31	1426	/	2:25:32	6:56 m/km
180	1909	Marco Zuffo	F181	/M45-49	6:42:14	1285	/	38:49	05:21	1:40:23	1:05:46	0:39:38	1420	/	3:25:46	26,2 km/h	05:12	32:45	36:17	36:07	41:59	1441	/	2:27:06	7:00 m/km
181	1806	Klaus-Jörg Michael	F182	/M45-49	6:43:43	1252	/	38:28	05:40	1:41:16	1:02:30	0:36:13	1365	/	3:19:58	27,0 km/h	04:32	33:50	35:57	37:03	48:18	1501	/	2:35:07	7:23 m/km
182	1745	Anthony Foreman	F183	/M45-49	6:44:00	1556	/	44:52	06:27	1:50:37	1:14:56	0:38:56	1552	/	3:44:28	24,1 km/h	06:15	26:13	29:41	29:59	36:07	981	/	2:01:59	5:49 m/km
183	1785	Perry Kuijpers	F184	/M45-49	6:44:13	563	/	32:53	07:24	1:40:35	1:04:03	0:35:02	1360	/	3:19:38	27,0 km/h	07:03	37:35	37:36	38:08	44:00	1523	/	2:37:17	7:29 m/km
184	1691	Gert Blumenstock	F185	/M45-49	6:47:49	639	/	33:18	03:50	1:25:21	1:01:33	0:34:15	951	/	3:01:09	29,8 km/h	05:34	31:12	37:37	47:40	07:33	1590	/	3:04:00	8:46 m/km
185	1759	Sascha Gurzynski	F186	/M45-49	6:48:04	1417	/	40:44	06:18	1:37:38	1:01:09	0:35:11	1259	/	3:13:56	27,8 km/h	05:56	36:21	37:27	39:21	48:05	1548	/	2:41:12	7:41 m/km
186	1693	David Bodmer	F187	/M45-49	6:48:28	1626	/	50:15	06:40	1:39:06	1:06:21	1:15:27	1607	/	4:00:54	22,4 km/h	32:16	32:17	33:21	34:20	43:00	1394	/	2:22:57	6:48 m/km
187	1686	Manfred Berger	F188	/M45-49	6:48:28	1221	/	38:06	06:51	1:41:05	1:04:45	0:37:06	1395	/	3:22:55	26,6 km/h	04:58	35:02	36:05	41:18	43:16	1507	/	2:35:40	7:25 m/km
188	1804	Robert Meraner	F189	/M45-49	6:50:08	1261	/	38:34	13:12	1:44:14	1:07:07	0:45:44	1521	/	3:37:03	24,9 km/h	00:00	31:02	32:44	33:14	44:21	1374	/	2:21:19	6:44 m/km
189	1898	Clifford Ward	F190	/M45-49	6:50:58	1042	/	35:59	07:05	1:50:30	1:10:41	0:42:12	1546	/	3:43:22	24,2 km/h	05:22	30:59	32:42	34:26	41:06	1345	/	2:19:12	6:38 m/km
190	1901	Doug Welsby	F191	/M45-49	6:52:25	1475	/	42:15	04:42	1:31:51	1:04:23	0:35:54	1224	/	3:12:06	28,1 km/h	05:23	36:28	37:49	42:41	51:05	1570	/	2:48:01	8:00 m/km
191	1779	Pascal Kohvelter	F192	/M45-49	6:54:43	1508	/	43:04	06:09	1:34:32	1:09:00	0:33:38	1317	/	3:17:09	27,4 km/h	05:09	33:23	38:14	43:15	48:25	1555	/	2:43:14	7:46 m/km
192	1884	Moreno Tortolina	F193	/M45-49	6:56:45	1395	/	40:19	07:31	1:33:57	1:04:41	0:36:53	1294	/	3:15:30	27,6 km/h	07:59	31:25	38:07	41:08	54:48	1563	/	2:45:27	7:53 m/km



Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - M45-49

Rank	Bib	Name	Pos	Cat	Official Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
193	1850	Holger Scheer	F194	/M45-49	6:57:07	1622	/ 49:43	11:20	1:41:28	1:11:08	0:38:53	1475	/ 3:31:27	25,5 km/h	07:52	30:18	34:44	34:17	37:29	1293	/2:16:47	6:31 m/km
194	1872	Peter Strange	F195	/M45-49	6:59:44	1599	/ 47:47	06:46	1:48:28	1:10:28	0:46:15	1555	/ 3:45:11	24,0 km/h	04:17	29:49	32:54	34:25	38:40	1273	/2:15:46	6:28 m/km
195	1789	Per-Erik Larsson	F196	/M45-49	7:08:16	1646	/ 06:45	06:54	1:42:48	1:06:30	0:38:11	1440	/ 3:27:28	26,0 km/h	08:20	28:59	31:22	34:25	44:08	1338	/2:18:52	6:37 m/km
196	1824	Micheal Oorman	F197	/M45-49	7:10:52	1197	/ 37:48	04:23	1:55:06	1:10:23	0:40:12	1559	/ 3:45:40	23,9 km/h	06:39	34:52	37:25	38:26	45:42	1513	/2:36:24	7:27 m/km
197	1830	Chris Pollard	F198	/M45-49	7:15:52	1519	/ 43:32	07:44	1:44:46	1:09:39	0:39:01	1487	/ 3:33:26	25,3 km/h	05:59	35:28	40:55	41:41	47:10	1562	/2:45:13	7:52 m/km
198	1811	Juan Mora	F199	/M45-49	7:20:21	1172	/ 37:24	04:05	1:52:46	1:11:15	0:42:12	1562	/ 3:46:12	23,9 km/h	11:57	35:26	35:58	38:47	50:35	1544	/2:40:44	7:39 m/km
199	1906	Richard Woodhouse	F200	/M45-49	7:27:04	1644	/ 02:00	05:40	1:51:19	1:10:57	0:41:15	1548	/ 3:43:29	24,2 km/h	04:55	31:28	37:21	38:38	43:36	1474	/2:31:02	7:12 m/km
200	1803	Stefan Mehlig	F201	/M45-49	7:32:24	1584	/ 46:19	07:27	1:52:11	1:13:42	0:44:19	1576	/ 3:50:11	23,5 km/h	07:35	44:29	38:16	34:54	43:16	1547	/2:40:54	7:40 m/km
201	1908	Dirk Zerressen	F202	/M45-49	7:33:15	1545	/ 44:29	04:49	1:48:35	1:04:07	0:42:29	1505	/ 3:35:11	25,1 km/h	00:00	44:52	47:30	46:49	49:37	1592	/3:08:48	8:59 m/km
202	1819	Robert O'Connor	F203	/M45-49	7:33:32	1445	/ 41:23	07:20	2:02:26	1:08:19	0:39:41	1579	/ 3:50:26	23,4 km/h	06:23	38:15	39:39	40:47	49:22	1571	/2:48:02	8:00 m/km
203	1792	Jose Manuel Llado	F204	/M45-49	7:35:36	1357	/ 39:37	07:05	1:54:50	1:17:16	0:45:48	1602	/ 3:57:52	22,7 km/h	06:25	33:08	35:16	43:39	52:36	1561	/2:44:38	7:50 m/km
204	1705	Andrew Campbell	F205	/M45-49	7:36:59	1258	/ 38:33	07:56	2:01:09	1:17:51	0:46:54	1612	/ 4:05:52	22,0 km/h	07:56	33:44	37:10	38:46	47:04	1516	/2:36:43	7:28 m/km
205	1762	Sam Harris	F206	/M45-49	7:42:03	1468	/ 42:06	08:22	2:00:21	1:20:50	0:49:26	1615	/ 4:10:36	21,5 km/h	11:00	34:21	35:43	36:16	43:42	1470	/2:30:01	7:09 m/km
206	1831	David Pontin	F207	/M45-49	7:43:42	1606	/ 48:22	13:07	1:54:38	1:44:54	0:00:00	1537	/ 3:39:31	24,6 km/h	15:18	37:46	39:53	40:57	48:50	1567	/2:47:25	7:58 m/km
	1685	Paco Bausach	F	M45-49	Ret.	688	/ 33:29	04:31				0	/	-09,2 km/h						0	/	
	1729	Andrew Eaton	F	M45-49	Ret.	186	/ 29:21	05:22				0	/							0	/	
	1770	Peter Hird	F	M45-49	Ret.	1117	/ 36:47	05:14				0	/							0	/	
	1777	John Knijnenburg	F	M45-49	Ret.	590	/ 33:01	04:39				0	/							0	/	
	1768	Frank Herrmann	F	M45-49	Ret.	1490	/ 42:34	21:50				0	/							0	/	
	1865	Frank Stahn	F	M45-49	Ret.	1216	/ 38:03	05:50	1:39:38	1:06:44	0:40:57	1438	/ 3:27:18	26,1 km/h	11:12	11:02	01:56			0	/	
	1837	Michael Reiche	F	M45-49	Ret.	1627	/ 50:21	07:06	2:12:02	1:26:22	0:50:20	1620	/ 4:28:43	20,1 km/h	08:09						0	/

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## Results Overall : Ironman 70.3 - Realy

Rank	Bib	Name	Pos	Cat	Oficial Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel	
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km				
1	2038	Barry, Richard y Julian	F 1	/	male	4:53:21	0 /	34:16	03:26	1:19:15	0:54:36	0:29:31	0 /	2:43:20	33,1 km/h	02:31	20:18	21:20	22:02	26:11	0 /	1:29:49	4:17 m/km
2	2035	Emmanuel, Güst y Nico	F 2	/	male	4:56:25	0 /	33:48	00:00	1:27:21	1:00:00	0:33:51	0 /	3:01:11	29,8 km/h	02:52	18:37	18:54	19:13	21:54	0 /	1:18:37	3:45 m/km
3	2004	Lourdes, Rafael y Javier	F 1	/	mixed	5:02:04	0 /	30:30	03:01	1:17:20	0:55:34	0:31:06	0 /	2:43:59	32,9 km/h	03:09	23:00	23:43	24:43	30:04	0 /	1:41:28	4:50 m/km
4	2033	Elia, Michele y Paolo Mantero	F 3	/	male	5:05:24	0 /	29:56	03:09	1:23:21	0:58:33	0:32:16	0 /	2:54:09	31,0 km/h	03:00	20:31	22:26	23:52	28:23	0 /	1:35:11	4:32 m/km
5	2034	Frank, Raimond y Franz-Josef	F 4	/	male	5:15:49	0 /	38:22	02:45	1:15:49	0:59:12	0:32:51	0 /	2:47:52	32,2 km/h	02:51	24:11	25:13	25:34	29:06	0 /	1:44:02	4:57 m/km
6	2029	Javier, Pablo y Lluís Alsina	F 5	/	male	5:18:54	0 /	29:09	02:29	1:25:34	0:57:58	0:32:21	0 /	2:55:53	30,7 km/h	02:58	25:12	25:55	25:39	31:43	0 /	1:48:28	5:10 m/km
7	2037	Ewald, Sebastian y Walter	F 6	/	male	5:24:24	0 /	39:44	03:39	1:29:05	0:57:57	0:32:03	0 /	2:59:04	30,2 km/h	03:36	22:38	23:23	24:01	28:22	0 /	1:38:23	4:41 m/km
8	2021	Helena, Gary y Gena Cotter	F 2	/	mixed	5:30:53	0 /	31:15	02:28	1:30:56	1:01:17	0:33:27	0 /	3:05:39	29,1 km/h	02:10	24:32	26:00	26:53	32:00	0 /	1:49:23	5:13 m/km
9	2027	Andreas, Marcus y	F 7	/	male	5:34:33	0 /	38:23	03:01	1:32:04	1:03:19	0:34:26	0 /	3:09:48	28,5 km/h	02:44	22:11	22:54	24:46	30:50	0 /	1:40:39	4:48 m/km
10	2028	Christian, Nicola y Roberto	F 8	/	male	5:37:12	0 /	31:14	03:23	1:35:58	1:07:23	0:41:51	0 /	3:25:11	26,3 km/h	00:00	22:07	22:40	23:21	29:19	0 /	1:37:26	4:38 m/km
11	2017	Maren, Nina Isabelle y Marcus	F 3	/	mixed	5:39:57	0 /	27:43	03:17	1:33:38	1:07:32	0:36:00	0 /	3:17:09	27,4 km/h	03:37	25:58	25:52	26:06	30:17	0 /	1:48:13	5:09 m/km
12	2023	Tom, Granham y Andrea	F 4	/	mixed	5:43:31	0 /	30:46	03:27	1:30:08	0:59:51	0:35:20	0 /	3:05:19	29,1 km/h	02:59	26:39	28:33	30:02	35:49	0 /	2:01:02	5:46 m/km
13	2039		F 1	/	Reserve	5:43:32	0 /	30:47	04:48	1:48:47	1:28:16	0:00:00	0 /	3:17:02	27,4 km/h	04:22	24:59	25:39	25:38	30:22	0 /	1:46:36	5:05 m/km
14	2030	Simon, Thomas y Björn	F 9	/	male	5:47:34	0 /	30:25	03:41	1:41:02	1:05:20	0:40:50	0 /	3:27:10	26,1 km/h	00:00	25:00	25:06	25:43	30:31	0 /	1:46:19	5:04 m/km
15	2009	Peter, Patric y Kristin	F 5	/	mixed	5:48:43	0 /	39:01	02:55	1:27:12	1:00:54	0:34:02	0 /	3:02:07	29,7 km/h	02:46	28:25	28:28	28:41	36:23	0 /	2:01:56	5:48 m/km
16	2012	Debbie, David y Alison	F 6	/	mixed	5:50:36	0 /	34:34	03:50	1:32:43	1:02:40	0:36:43	0 /	3:12:05	28,1 km/h	03:21	27:52	27:42	28:08	33:08	0 /	1:56:48	5:34 m/km
17	2024	Veronica Reyes, Ernesto	F 7	/	Mixed	5:52:43	0 /	49:23	03:16	1:34:20	1:03:42	0:36:48	0 /	3:14:50	27,7 km/h	03:48	22:46	24:03	24:58	29:43	0 /	1:41:29	4:50 m/km
18	2003	Wiebke, Ute y Finnja Ziegler	F 1	/	women	5:53:03	0 /	36:33	02:44	1:38:57	1:05:23	0:38:15	0 /	3:22:34	26,7 km/h	00:00	25:52	26:59	27:13	31:12	0 /	1:51:13	5:18 m/km
19	2008	Beatriz, Marcos y Alberto	F 8	/	mixed	5:53:22	0 /	36:01	03:10	1:36:13	1:10:18	0:42:56	0 /	3:29:26	25,8 km/h	04:01	22:21	23:14	24:32	30:41	0 /	1:40:45	4:48 m/km
20	2036	Oliver, Martin y Thomas Röde	F 10	/	male	5:55:36	0 /	35:50	03:24	1:35:43	1:05:11	0:39:11	0 /	3:20:04	27,0 km/h	00:00	00:36	27:10	27:28	01:07	0 /	1:56:20	5:32 m/km
21	2015	Laverty, Jamie y Helen Stott	F 9	/	mixed	5:56:30	0 /	32:07	02:34	1:29:55	1:02:49	0:35:22	0 /	3:08:05	28,7 km/h	02:29	28:43	31:45	32:11	38:40	0 /	2:11:17	6:15 m/km
22	2014	Camilla, Elizabeth y Chris	F 10	/	mixed	5:59:17	0 /	37:38	08:13	1:44:33	1:09:20	0:37:37	0 /	3:31:28	25,5 km/h	03:58	22:24	23:49	24:01	27:48	0 /	1:38:01	4:40 m/km
23	2022	Alexandra, Stephan y Sascha	F 11	/	mixed	6:06:04	0 /	38:17	03:44	1:40:41	1:02:08	0:41:09	0 /	3:23:58	26,5 km/h	00:00	27:03	28:08	29:08	35:49	0 /	2:00:06	5:43 m/km
24	2020	Jordi, Jordi y Mireia Tomas	F 12	/	mixed	6:07:02	0 /	33:39	04:23	1:32:34	1:03:37	0:37:40	0 /	3:13:49	27,9 km/h	03:06	29:30	30:36	32:27	39:37	0 /	2:12:08	6:18 m/km



# THOMAS COOK IRONMAN 70.3 MALLORCA

Saturday, May 14, 2011

## Results Overall : Ironman 70.3 - Realy

Rank	Bib	Name	Pos	Cat	Oficial Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
25	2013	Juliane, Ingo y Anke Wolf	F 13	/ mixed	6:09:12	0 /	47:09	03:17	1:33:26	1:00:25	0:34:46	0 /	3:08:36	28,6 km/h	00:00	30:14	32:45	31:26	35:48	0 /	2:10:11	6:12 m/km
26	2001	Miriam, Cristina y Isabel	F 2	/ women	6:14:45	0 /	41:01	03:02	1:43:45	1:11:54	0:42:45	0 /	3:38:22	24,7 km/h	03:30	25:30	25:43	26:11	31:29	0 /	1:48:51	5:11 m/km
27	2007	Oliver, Margit y Marco Nickel	F 14	/ mixed	6:14:57	0 /	33:59	03:14	1:38:47	1:09:01	0:39:00	0 /	3:26:47	26,1 km/h	03:08	30:57	30:21	29:53	36:42	0 /	2:07:51	6:05 m/km
28	2018	Erwin, Sonja y Marta Di	F 15	/ mixed	6:20:01	0 /	42:50	04:02	1:35:28	1:02:29	0:39:00	0 /	3:16:56	27,4 km/h	00:00	31:18	32:10	33:17	39:31	0 /	2:16:14	6:29 m/km
29	2032	Thomas, Martin y Christoph	F 11	/ male	6:20:17	0 /	34:56	03:27	1:47:39	1:13:14	0:39:31	0 /	3:40:23	24,5 km/h	04:44	28:26	28:45	27:48	31:53	0 /	1:56:49	5:34 m/km
30	2011	Hans Joachim, Nicole y	F 16	/ mixed	6:22:48	0 /	45:01	04:24	1:54:36	1:15:14	0:41:51	0 /	3:51:40	23,3 km/h	04:15	23:13	23:31	23:24	27:24	0 /	1:37:31	4:39 m/km
31	2006	Magdalena, Alberto y	F 17	/ mixed	6:30:42	0 /	39:42	02:26	1:55:16	1:17:22	0:48:26	0 /	4:01:03	22,4 km/h	03:22	22:56	24:23	25:32	31:23	0 /	1:44:12	4:58 m/km
32	2026	German, Tobias y Frank	F 12	/ male	6:45:30	0 /	47:25	02:49	1:42:43	1:07:33	0:36:46	0 /	3:27:01	26,1 km/h	03:33	27:26	31:49	38:33	46:58	0 /	2:24:44	6:54 m/km
33	2002	Frances Elizabeth, Annemarie	F 3	/ women	6:52:39	0 /	39:01	04:10	1:59:30	1:16:25	0:42:23	0 /	3:58:17	22,7 km/h	04:24	00:17	29:58	30:08	06:27	0 /	2:06:48	6:02 m/km
34	2031	Richie, Chris y Daniel Ellis	F 13	/ male	7:00:23	0 /	37:09	02:54	2:06:39	2:41:09	0:00:00	0 /	4:47:48	18,8 km/h	00:00	21:29	22:53	22:18	25:54	0 /	1:32:34	4:24 m/km

# THOMAS COOK IRONMAN 70.3 MALLORCA

Saturday, May 14, 2011

## Results Overall : Disqualified

Rank	Bib	Name	Pos	Cat	Oficial Time	Pos	SWIM	T1	Bike splits			Pos	BIKE	Vel	T2	Run splits				Pos	RUN	Vel
									35,5 km	70,4 km	90,1 km					5,1 km	10,2 km	15,3km	21,1km			
1	852	Mario Pereña Amador	F 1	/ M35-39	4:10:49	0 /	31:25	04:40	2:37:24	1:06:15	0:38:10	0 /	2:09:18	41,8 km/h	04:01	24:05	25:59	27:01	04:23	0 /	1:21:27	3:53 m/km
2	702	Stijn Lankers	F 36	/ M30-34	4:50:18	0 /	27:08	02:50	1:11:32	0:51:56	0:28:07	0 /	2:31:34	35,6 km/h	02:55	22:35	24:38	25:19	33:22	0 /	1:45:52	5:02 m/km
3	108	Naomi Cermak	F 2	/ F25-29	5:10:32	0 /	27:12	03:52	1:21:05	0:56:08	0:29:23	0 /	2:46:35	32,4 km/h	03:09	23:46	25:35	27:17	33:10	0 /	1:49:47	5:14 m/km
4	1020	Alejandro Martin	F111	/M35-39	5:22:25	0 /	41:30	05:42	1:36:37	1:05:16	0:34:14	0 /	3:16:06	27,5 km/h	05:41	32:16	36:04			0 /	1:13:28	3:30 m/km
5	596	Filippo Caridi	F129	/M30-34	5:23:50	0 /	30:08	05:21	1:25:06	0:59:22	0:32:37	0 /	2:57:03	30,5 km/h	03:42	23:07	24:58	26:39	32:55	0 /	1:47:37	5:07 m/km
6	414	Xavier Bosch	F 92	/ M25-29	5:50:38	0 /	55:01	10:09	1:35:00	1:07:26	0:35:51	0 /	3:18:17	27,2 km/h	08:56	24:09	24:53	25:22	03:55	0 /	1:18:17	3:44 m/km
7	1522	Paul Makin	F195	/M40-44	5:56:50	0 /	13:48	04:23	1:36:52	1:01:01	0:33:44	0 /	3:11:36	28,2 km/h	06:35	29:46	33:06	34:17	43:22	0 /	2:20:30	6:41 m/km
8	243	Maria Tzini	F 22	/ F35-39	6:07:33	0 /	34:38	04:45	1:42:08	1:06:35	0:35:26	0 /	3:24:08	26,5 km/h	05:04	29:17	28:27	27:52	33:27	0 /	1:59:01	5:40 m/km
9	1757	Jordi Granell	F178	/M45-49	6:38:23	0 /	50:04	04:47	1:37:56	1:18:27	0:42:46	0 /	3:39:08	24,6 km/h	06:22	33:12	29:14	41:14	14:25	0 /	1:58:03	5:37 m/km
10	763	Sven Peeters	F243	/M30-34	7:09:06	0 /	40:43	09:25	1:50:07	1:24:15	0:45:12	0 /	3:59:33	22,5 km/h	20:32	35:09	36:59	41:14	05:37	0 /	1:58:56	5:40 m/km
11	633	Jose Miguel Esteban	F248	/M30-34	9:08:01	0 /	09:19	12:11	2:25:33	1:41:14	0:51:26	0 /	4:58:11	18,1 km/h	09:16	49:58	47:49	53:12	08:07	0 /	2:39:05	7:35 m/km