

## **8.- Event Regulations**

### **0. DEFINITION AND OBJECTIVES**

3 Días Trail Ibiza/Ultra Ibiza is a trail running event consisting of three stages. It has been approved by the Balearic Climbing and Mountaineering Federation (Federación Balear de Montaña y Escalada, hereinafter referred to as 'FBME'). Its 5th edition is to take place from November 30 to December 2.

The aim of this competition is to complete the course in as little time as possible. The route is comprised mainly of paths and walkways. It will be signposted in its entirety.

These 'Regulations' have been revised and agreed upon by the members of FBME's 'Trail Running Race Committee'.

### **1. TRAIL RACE FORMAT**

The event has three trail races spread over three days. Participants may choose to run all three stages or one or two. The races are point-to-point and timed, with distances ranging from 10 to 88 km. They feature a maximum of 25% paved roads and infrequent slopes of 30° max.

### **2. MANDATORY TECHNICAL CRITERIA OF THE COMPETITION**

2.1 Given the topography of the island, participants will be running in low-altitude mountain areas. The route will be clearly signposted in its entirety.

Whenever possible, tape, arrows and banners will be used. Once the competition is over, all such signs should be removed from the site by the organiser.

All organising staff members and race officials should know the route. The staff should also be informed about the different checkpoints available, first aid points, and food and drink stations.

2.2 Paved roads do not exceed 25% of the length of the course.

2.3 Food and drink stations. In Stage 1 and Stage 3 there will only be food and drink stations at the finish, whereas in Stage 2 on Saturday (Ultra Ibiza) there will be six stations available at kilometres:

14 Cala Comte

28.5 Ses Roques Altes

39.3 Es Cubells (where the Marathon's start is at)

49 Car. Cala d'Hort, 60.5 Sant Josep (where the Half Marathon's start is at)

78.5 Puig des Merlet

With the exception of the station at km 14, where only drinks will be provided (water and electrolyte beverages), both drinks and solid foods can be found at the stations.

At the finish, participants will also find a drink station (water and electrolyte drinks) and a food station (pasta, broth, nuts, bananas, oranges). No cups will be used at the stations.

# 3 DIAS TRAIL IBIZA ULTRA TRAIL

## EMPRESAS COLABORADORAS



### ULTRA

46 KMS

26 KMS

CASTELLANO	INGLES	CATALAN	ITALIANO	Cala Comte	Ses Roques	Es Cubells	Crta. Cala D Hort	Sant Josep	Puig des Merlet	Meta
Pasta	Pasta	Pasta	Espaguetis			X				X
Atun	Tuna	Tonyna	Tonno							X
Fruta	Fruit	Fruita	Fruta							X
Yogur	Yogurt	Yogurt	Yogur							X
Pan de Molde	Bread	Pa de motle	Panne			X	X	X		X
Pan de Leche	Brioche	Pa de Llet	Panne di latte		X	X		X	X	
Galletas saladas	Cracker	Galetes salades	Cracker			X		X	X	X
Galletas dulces	Biscuit	Galetes dolces	Biscotti		X	X	X	X	X	X
Queso	Cheese	Formatge	Formage		X	X	X	X	X	X
Fuet	Dry sausage	Fuet	Fuet			X		X	X	X
Jamón	York Ham	Pernil Dolc	Prosciutto cotto		X	X	X	X	X	X
Nocilla	Nocilla	Nocilla	Nutella		X	X	X	X	X	X
Gominolas	Jelly beans	Xuxes	Gommosi			X	X	X	X	
Membrillo	Quince	Codony	Mela Cotogna			X		X		
Mermelada	Jam	Melmelada	Marmelata		X	X	X	X	X	
Barritas	Baz	Barretes	Barrette		X	X		X	X	
Plutano	Banana	Bannanas	Banana		X	X	X	X	X	X
Naranjas	Orange	Taronges	Arance		X	X	X	X	X	X
Frutos Secos	Nuts	Fruits Secs	Frutta secca		X	X	X	X	X	X
Pan de Higo	Fig Bread	Pa de figues	Pane di fico		X	X		X		X
Caldo	Soup	Caldo	Brodino			X		X		X
Agua	Water	Aigua	Acqua	X	X	X	X	X	X	X
Aquarius	Aquarius	Aquarius	Aquarius	X	X	X	X	X	X	X
Coca Cola	Coca Cola	Coca Cola	Coca Cola		X	X	X	X	X	X
Powerade	Powerade	Powerade	Powerade		X	X	X	X	X	X
Corveza	Beer	Cervesa	Birra							X
Cafe	Coffee	Cafe	Cafe			X		X	X	X
Te	Tea	Te	Te			X		X	X	X



2.4 The organiser of the event will select and place along the route as many race officials as deemed necessary to ensure the smooth functioning of the competition and proper implementation of these regulations. They will point the participants in the right direction, particularly at spots that are more difficult from a technical point of view. Furthermore, signposts will be placed. At checkpoints, the runners' bib numbers will be logged in the order of arrival. Any irregularities will be reported to the race director and race officials.

2.5 In the event of an accident, the competition's organiser will provide medical evacuation services, thus ensuring safety on the route. Both an ambulance providing basic life support and a doctor will be available for assistance.

2.6 The route is run exclusively on previously existing paths and walkways.

2.7 There will be a team of organising staff members responsible for the cutting-off of the course. Another team will be in charge of removing the tape and supervising the race.

2.8 In the case that a weather alert pointing to objective risk for safety is issued, the management team is required to monitor weather conditions closely during the race. If a

yellow alert is issued, the organiser must inform all participants and decide, together with the Race Committee, if the race should be cancelled or the route modified.

If an orange alert is issued, participants are required to wear a windbreaker 10,000 WR / 10,000MVP during the race. Referees will check that all participants comply to this rule either before the start of the race or during it.

2.9 A briefing for all participants will be held before the start of the race. Runners will learn about the various types of signs placed, about the route in detail and its most difficult stretches. Information on how the cutting-off of the course is to be carried out will also be provided.

### 3. CATEGORIES

The minimum age to participate in Stage 1 and Stage 3 of the 3 Días Trail Ibiza is 14 years, whereas underage people are not allowed to participate in Stage 2 on Saturday, be it in the Ultra Ibiza or in the other two distance options available. Only people over 18 (i.e. born in or before 2000) may be accepted.

3.1 The age to be taken into account is the age that participants will be on December 31 of the year of the competition.

3.2 Categories in Stage 1, Stage 2's Half Marathon+ or Marathon+, and Stage 3 (**NOT ACCUMULATIVE**)

- Veteran Women & Men: participants 40 to 49 y.o.
- Master 50 Women & Men: participants 50 to 59 y.o.

3.3. Categorías en la 2ª etapa modalidad Ultra

- Absolut Women & Men
- Veteran Women & Men: participants 40 to 49 y.o.
- Master 50 Women & Men: participants 50 to 59 y.o.
- Master 60 Women & Men: participants over 60 y.o.

3.4 Categories in Stage 2's Ultra Ibiza and the **Final General Ranking of the 3 Días Trail** with the following combinations:

- 10-km night race on Friday + the 1/2 **Marathon+** on Saturday + 10-km run on Sunday,
- 10-km night race on Friday + the **Marathon+** on Saturday + 10-km run on Sunday,
- 10-km night race on Friday + the Ultra Ibiza on Saturday + 10-km run on Sunday

**All are to be considered FINISHERS OF THE 3 DÍAS TRAIL, and as such they will receive a clothing item.**

3.5 TEAMS There will be a ranking for 3-member teams.

All three members will have to run together in Stage 1 and Stage 3, and arrive at the finish with a maximum time difference from each other of 5". In Stage 2, one team member will run the first portion of the route from Sant Antoni to the Half Marathon's start at Es Cubells. The second member will run from this point at Es Cubells to the next start point at Sant Josep. The last member will go from the start at Sant Josep to the finish.

- If there are more 4 team Women or more 4 team Men there will be two classification. If not all team will be in one category. If the team is mixed, it will be ranked according to whichever sex group is larger in the team. Thus: 2 men + 1 woman = men team. 2 women + 1 man = women team.

### 3.5 Trophies

- Trophies are not accumulative. On no account will runners be awarded more than one trophy in each of the categories specified under these regulations.
- Trophies will be awarded to the first three male and female senior finishers in the final general ranking as well as to the first three finishers in each male and female category.

## 4 OBLIGATIONS OF THE TRAIL RACE OFFICIALS COMMITTEE

4.1 The Trail Race Officials Committee is required to know the competition's regulations and will ensure strict compliance by all participants. The head of the Committee is bestowed with the ability to make decisions upon hearing the opinion of the Committee. Decisions will be reached jointly by the head of the Committee, FBME's president and the Technical Director.

4.2 The Trail Race Officials Committee will be appointed by the Balearic Race Officials Committee, which has decision-making authority.

4.3 The referees, the club that organises the event and the Race Director are all immediately responsible for the development of the competition. Referees bear the duty of dealing with any contingencies that should arise. In the event of having to issue penalties or disciplinary measures, the race official will inform the Race Director and FBME's delegate, who will impose the final penalty.

4.4 Runners may appeal against a penalty by submitting an official claim to the Race Officials Committee, which will then add it to the minutes of the Race Official and the Organiser. In the case that a major offence has been committed by either the organiser or the participant/s, the final penalty should ultimately be endorsed by the FBME's President. In some cases, the sanction imposed may be economic.

## 5. LIABILITY OF THE ORGANISER

5.1 This competition's organiser is a sports club registered with the competent sports authority of the Balearic Islands (Direcció General d'Esports i Joventut). The club is affiliated to the FBME.

5.2 The mere fact of organising or participating in the competition entails acceptance of these regulations, and this is recorded as such in them.

5.3 The FBME will not be responsible for any damage that should arise during the competition from negligence or bad faith nor for other cases referred to under the exclusions of the liability policy underwritten by the FBME.

5.4 The organiser is obliged to check the weather forecast for the day of the race at least 48 h prior to the start of the event and stay informed about it. Ensuring that all participants know about the weather alert status for the day of the competition is the responsibility of the organiser. For this reason, the organiser should inform all participants of the equipment and the materials that they are required to wear in the event of a weather alert.

5.5 The organiser will hold a briefing for all participants in which they will receive information on the event, including practical details needed to run the race.

5.6 The organiser is obliged to inform all participants that they must be in good health and that it is recommended that they have had a medical examination recently.

5.7 The organiser is obliged to cancel the race in the event of unfavourable weather conditions that would render the competition unsafe (e.g. if a red alert announcement is issued). The cancellation of the race will be endorsed by the Race Official.

5.8 At each drink and food station, the organiser will make facilities available for runners to throw any empty wrappers, gels or fruit skins. Signs will be placed before and after each station to let runners know where it begins and ends. The organiser will also collect all containers left behind on the station's site.

Any outside assistance to runners must exclusively be provided on the technical sites of the stations. No materials, equipment or litter should be left behind outside of these sites by runners. CUPS TO DRINK WON'T BE PROVIDED at the stations. EACH RUNNER MUST bring their own.

5.9 To ensure the maximum safety of all participants, the organiser, together with the Race Referee, will appoint as many teams responsible for the cutting-off of the race as deemed necessary. These teams will cover the route in its entirety and always go in the same direction.

5.10 Before the beginning of the race, the organiser will provide bib numbers to all participants so as to be able to identify them.

5.11 Before giving the start signal, the organiser and the main referees will check the bib numbers and equipment.

5.12 Should a mistake be made in the results, the organiser will have to inform the Race Official and the Committee within a maximum of 15 days after the day of the event. After this time, the provisional results will be made final.

5.13 The designated start point and the urban section of the route are wide enough to prevent any accidents or incidents.

5.14 The finish must be duly differentiated by signs so as to avoid confusion among runners. It must also be free of obstacles, which could potentially bring incidents. A signpost should be placed at the last kilometre.

5.15 The route track should always be easy to distinguish and identify in the direction of the race by the participants. The day before the competition, the Race Official is obliged to check the track based on the information and novelties that the Race Director has notified.

5.16 The organiser is OBLIGED TO ensure that there is basic life support and a doctor available.

5.17 Claims submitted by participants must be accepted. Participants must be informed that claims are charged, but if the applicant's complaint is upheld, a full reimbursement will be granted to them.

5.18 The organiser is responsible for calling all runners to the start line.

## 6. OBLIGATIONS OF THE PARTICIPANTS

6.1 Participants are obliged to know the FBME's race Regulations.

6.2 All runners must register no later than:

- \* Ultra until Sunday 25 de November
- \* 3 days with Ultra until Sunday 25 de November
- \* 3 days with Maraton+ until Sunday 25 de November
- \* Friday only until Thursday 27 de November
- \* Friday with another day until Thursday 27 de November
- \* Maraton+ until Wednesday 28 de November
- \* 1/2 Maraton+ until Wednesday 28 de November
- \* Maraton+ with Sunday until Wednesday 28 de November
- \* 1/2 Maraton+ with Sunday until Wednesday 28 de November
- \* Sunday until Wednesday 28 de November

6.3 All participants are obliged to follow the instructions of any member of the organising staff or the Race Official. In the case that the runner does not follow the route as indicated by the Organiser, the runner may be penalised by the Race Official.

6.4 All participants are required to help or aid other participants in the event of an accident, and inform the nearest checkpoint. Otherwise they will be disqualified.

6.5 Runners that decide to withdraw from the race must inform the organiser at the nearest checkpoint to the spot where they decide to discontinue the race.

6.6 All runners are required to wear suitable footwear and be in good health to participate.

6.7 All participants that have registered and notified that they have a License must produce a FBME-level or superior license or their ID card to be able to pick up their number bib and participate in the race.

6.8 Participants are responsible for carrying suitable equipment and materials for the race.

**COMPULSORY EQUIPMENT.** The compulsory equipment will be checked on all runners at the bib pickup point, at random along the route and at the finish. **Not having the following equipment is considered a serious offence that results in a 3-minute penalty:**

## COMPULSORY EQUIPMENT 3 DAYS TRAIL IBIZA - ULTRA IBIZA

	NOCTURNA	ULTRA	MARATON +	1/2 MARATON +	DOMINGO 2 DICIEMBRE
Movil phone without airplane mode	✓	✓	✓	✓	
APP Now Run		✓	✓	✓	
whistle	✓	✓	✓	✓	
Trail Running Shoes	✓	✓	✓	✓	✓
Chaqueta impermeable Gore Tex. 10000					
Thermal blanket (1,4x2 mts. mínimo)	✓	✓	✓	✓	
Headlamp x 2 or spare batteries		✓	✓	✓	
Headlamp red	✓	✓	✓		
Impermeable breathable jacket with hood 10.000		✓	✓	✓	
Cup for liquids		✓	✓	✓	
1 Litro water or liquid		✓	✓	✓	

**Not having the following MANDATORY EQUIPMENT is considered a very serious offence and will result in immediate disqualification:**

\* A windbreaker. Depending on the weather conditions that we have on the island during the days of the competition runners may be required to wear a raincoat 10,000 WR / 10,000MVP. The Race Officials and the Organiser will decide thereon and inform all participants.

\* Mobile phone with full battery (NOT IN FLIGHT MODE) and with the app NowRun installed and running.

\* In Stage 2 on Friday, 30 November, it's compulsory to wear a headlamp. Participants that don't comply to this rule won't be allowed to participate.

\* In Stage 2 on Saturday, 1 December, it's compulsory to wear a headlamp from the start all the way to the finish. Runners must carry replacement batteries or a replacement headlamp. Runners finishing any later than 17:30 must turn it on. Even if a runner says that they will be running with another person that has a headlamp, they won't be allowed to participate.

6.9 Participants are required to know and observe the restrictions on the use of performance-enhancing drugs, which are detrimental to health and would prejudice the competition (see the list of prohibited substances and methods published and updated by the World Anti-Doping Agency). In the case that a runner tests positive for a performance-enhancing drug, they will be disqualified and penalised.

6.10 Bibs must be worn on the front of your shirt and must be visible during the whole race. If wearing a windbreaker, the bib number must remain visible, so runners might want

to keep their windbreaker partially open. Under no circumstances should the bibs be cut or reduced in size.

6.11 Bib belts can be used as long as the shirt doesn't cover the bib. The bib must also not be placed on the back but on the front.

6.12 For safety reasons, it is prohibited to use earphones or headphones during the race.

6.13 For safety reasons, it is not allowed to run barefoot.

## 7. OFFENCES

7.1 Offences are classified as minor, serious and very serious. The Race Official, after discussing with the Race Director, will decide the penalty to be imposed on the offender. Minor offences will result in a 1 to 3-minute penalty. Serious offences will result in a 5 to 10-minute penalty or even disqualification from the race. Very serious offences will result in immediate disqualification as determined by the Race Official or the Organiser.

7.2 Serious and very serious offences may result in a fine imposed by the Trail Running Races Committee with the approval of the president of the FBME.

Minor offences – 1':

7.2.1 Not letting other runners through when asked to.

7.2.2 Wearing the bib covered or on the back.

7.2.3 Beginning to run before the starting signal.

7.2.4 Holding up intentionally the starting time of the race.

7.2.5 Not showing up at the starting area upon being asked to.

Serious offences – 3’:

7.2.6 Using headphones or earphones during the competition. The Organiser will take them from the runner and return them at the finish.

7.2.7 Cutting and reducing the number bib in size.

7.2.8 Receiving external assistance from a third person outside checkpoints.

7.2.9 Not carrying the mandatory equipment.

Very serious offences – disqualification:

7.2.10 Using transportation during part of or all the route (€ 300-fine and disciplinary action on the basis of which the offender will be temporarily barred from participating in competitions within the Balearic Islands).

7.2.11 Not upholding full respect for the most essential sporting and environmental rules (disciplinary action and fine to be determined).

7.2.12 Any act of offence or violence against the race officials, the organisers or other participants (disciplinary action and fine to be determined).

7.2.13 Taking performance-enhancing drugs listed by the World Anti-Doping Agency will also result in disqualification from the race and withdrawal of the sport licence in all fields. In that case, the Balearic Trail Running Races Committee will draw up a report handled by the Technical Officer of the FBME to take jointly with the WADA appropriate disciplinary actions.

7.2.14 Withdrawing from the competition without letting a referee or steward at a checkpoint know (barred from participating in the next two races).

Other offences resulting in disqualification:

7.2.15 Finishing the race after the cutting-off time of the finish checkpoint set by the Organiser.

7.2.16 Not reaching a checkpoint before its closing time.

7.2.17 Missing a checkpoint.

7.2.18 Not aiding other runners in the event of an accident.

7.2.19 Not carrying the compulsory equipment indicated by the Organiser.

7.2.20 Using any kind of public address devices at any point during the race, outside of the starting and finishing sites.

### **Offences regarding environmental protection**

7.2.21 Not respecting the environment. Damaging natural, geological and cultural resources.

7.2.22 Not following the established signposted route. Using secondary walkways instead of the main path. Taking a short cut across the fields. Cutting the curves.

7.2.23 Littering (leaving behind waste, wrappings, food or materials) outside of the stations made available by the Organiser. Runners are obliged to write their bib number on their gels, bars and other belongings.

7.2.24 Using any light signals other than a headlamp during the night trail run. Shouting along the route.

Runners must be informed of any penalty imposed on them by the referees or the race director before the prize-giving ceremony is over. It will suffice to put up a list of the runners that have been penalised on the notice board where the race results will be hanged.

The Committee of the competition will look into serious and very serious offences and decide whether offenders should be fined or not. The Committee will also take appropriate disciplinary action against offenders.

Runners that are disqualified or that withdraw from the race must give their number bib to the relevant referee or steward.

## 8. CHECKPOINTS

8.1 The Organiser will appoint a person responsible for each checkpoint.

8.2 Checkpoints will remain in contact with the race director.

8.3 Elitechip will log the bib number of each runner at checkpoints. The head of the checkpoint will take the bibs of the participants that withdraw from the race and will make a note of any irregularities or non-compliance with these regulations. Once the competition is over, this data will be handed to the main referee.

8.4 Stewards at checkpoints and food and drink stations are authorised to report any irregularities or non-compliance with these regulations and will notify the main referee.

8.5 Stewards are responsible for ensuring the safety of all participants and the protection of the environment at their station of assignment.

	ULTRA			MARATON +			1/2 MARATON+		
SALIDA	6h:00	1º Corredor	CIERRE						
C. Comte Km 14	+2h	7h	8h:00						
S. Roques A. km 28,6	+2:45h	08:40	10:45		1º Corredor	CIERRE			
Es Cubells km 39	+2h	11:30	12:45	Es Cubells SALIDA	11:30				
Cr. Cala D Hort km 50	+2h	12:30	14:45	Cr. Cala D Hort km 11	+2h	13:30		1º Corredor	CIERRE
S. Josep km 60,5	+2:15h	13:30	17:00	S. Josep km 20,5	+2:30h	16:00	S. Josep SALIDA	13:30	
Cr. Camí de Cas Colls Km 71	+2h	16:00	19:00	Cr. Camí de Cas Colls Km 71	+2:30h	18:30	Cr. Camí de Cas Colls Km 71	+2h	15:30
Avituallamie nto km 79				Avituallamie nto km 38			Avituallami ento km 18,5		
META	+3h	17:00	22:00	META	+3:30h	22:00	META	+3h	18:30





A ..... dia ..... de ..... de .....  
 Membre Comitè de Curses per Muntanya FBME

**Signatura del reclamant**

*(rebut pel reclamant)*

La FBME ha rebut la quantitat de:

50 €

del senyor/a .....

en concepte de:

dipòsit de reclamació número ..... del dia ...../...../.....

(La quantitat serà retornada si la reclamació prospera)

A ..... dia ..... de .....

**Signatura i nom del Representant de la FBME**

REGLAMENT CURSES PER MUNTANYA 2014

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## 10. General information

- \* The Organiser provides an insurance policy for each runner.
- \* The Organiser has underwritten a liability policy in accordance with the legislation in force.
- \* Participants will follow the indications given by the Organiser.
- \* By registering, all participants accept without reserve these regulations and the ethics of the event.

11. Runners may complete the course within a maximum authorised time of 16 h. The course-cutting team will adjust their pace accordingly and cover the route from checkpoint

to checkpoint in proportion to the time allowed. The organiser will supervise all runners that start the race to ensure that all of them make it to the finish.

12. Withdrawals and transfers. Runners may only withdraw at checkpoints. The Organiser has made available transportation at some of the checkpoints. For this reason, participants that should withdraw at any other point in the course will have to go to the finish by their own means. In the event of an accident or injury that prevents the runner from getting to the relevant checkpoint, the Organiser should be notified by all possible means. The runner should contact a steward or security team member to begin the rescue operation. Runners that withdraw from the race are **obliged** to inform the Organiser by reaching a checkpoint or contacting the Organising Centre at the telephone number that will be given to the participants. The organiser will only provide transportation to the finish at the checkpoints indicated in the Program. A single ride to the finish will be offered at the closing of the course.

13. Participants may pick up their runner bag, along with their bib and chip (if rented) on the days and schedule set on the event's website. Bags have a gift inside. Bags won't be mailed to the runners' home addresses.

14. A chip timing system will be used to time the competition. Therefore, runners that own a yellow chip may use it in the race. On the other hand, participants that do not have a chip of their own can borrow one from the Organiser, and they must RETURN it at the finishing area.

15. Registration for the 3 Días Trail Ibiza/Ultra Ibiza costs:

\* 3 Días Trail with these options:

- Stage 2 Ultra € 95 (There will be a general ranking for the whole 3 Días Trail).
- Stage 2 Marathon+ € 65 (There will be a general ranking for the whole 3 Días Trail).
- Stage 2 Half Marathon+ € 50.

\* Stage 1 Night race on Friday € 8.

\* Stage 2 ULTRA on Saturday, 2 December € 80.

\* Stage 2 Marathon+ on Saturday, 2 December € 50.

\* Stage 2 Half Marathon+ on Saturday, 2 December € 30.

\* Stage 3 on Sunday € 8.

\* TEAM ENTRY € 150 (all 3 members). The first 8 teams to register will receive a belt for each member. **Arch-Max valued at € 24.50 + Six-Pro cream**

\* Runners that do not have a chip of their own have to pay € 3 more. Runners that do not have an insurance policy have to pay € 5 for each race they participate in or € 10 if they have signed up for all 3 stages.

The first 100 entries:

- \* for 3 days Friday + Saturday ULTRA + Sunday
- \* for the Ultra
- \* for 3 days Friday + Saturday Marathon+ +Sunday)
- \* for the combination of Friday + Saturday ULTRA
- \* for the combination of Saturday Ultra + Sunday

**will receive an Arch-Max HV-1.5 backpack valued at € 45 + Six-Pro cream**



**From 101 to 200 receive a belt Arch-Max valorado en 24,50€ + crema Six-Pro**  
**From 201 receive a T-shirt.**

**The first 100 entries will receive a belt Arch-Max valued at € 24.50 + Six-Pro cream for these combinations.**

- \* all 3 days (Friday + Saturday Half Marthon+ + Sunday)
- \* Friday + Saturday Half Marathon+
- \* Saturday Half Marathon+ + Sunday
- \* Friday + Saturday Marathon+
- \* Saturday Marathon+ + Sunday
- \* Marathon+



**From 101 receive a T-shirt.**

- \* The first 150 entries with these combinations will receive a soft flask valued at € 18 + cream Six Pro.
- Day 1 = Night race
- Day 2 = Saturday Half Marathon+
- Day 3 = Sunday
- Night race + Sunday

16. Registrations are personal and non-transferable. Registrations close on

- \* Ultra until Sunday 25 de November
- \* 3 days with Ultra until Sunday 25 de November
- \* 3 days with Maraton+ until Sunday 25 de November
- \* Friday only until Thursday 27 de November
- \* Friday with another day until Thursday 27 de November
- \* Maraton+ until Wednesday 28 de November
- \* 1/2 Maraton+ until Wednesday 28 de November
- \* Maraton+ with Sunday until Wednesday 28 de November
- \* 1/2 Maraton+ with Sunday until Wednesday 28 de November
- \* Sunday until Wednesday 28 de November

. Runners can register via [www.elitechip.net](http://www.elitechip.net).

17. Returns Policy:

- Until October 30, 2018 — 50% RETURN
- From October 31, 2018 to November 10, 2018 — 20% RETURN
- No returns will be issued from November 11, 2018 on.

No returns will be issued unless the event is called off by the organiser and/or if there are other reasons attributable to the organiser. If the event is called off because of unfavourable weather conditions or because the emergency unit at 112 deems that it is unsafe to compete under certain circumstances, no refunds will be issued.

18. Upon registering, participants in the Ultra Ibiza/3 Días Trail hereby agree to the automatic processing of their personal data by either the organiser or a third party. The data is processed for sporting, promotional or commercial purposes. Participants therefore consent to the reproduction of photos and video footage of the event, the publication of the results, etc., via any device (television, internet, advertising, etc.) and with no expiration date. The data collected will include the participants' forename and surname, the place obtained in the ranking, pictures and videos.

19. The use of bicycles or vehicles that do not belong to the organiser are prohibited during the competition. The bodies responsible for the regulation of traffic are the Local

Police of Sant Antoni, the Local Police of Sant Josep, the Local Police of Eivissa and the Civil Guard.

20. By registering, all participants accept without reserve these regulations. The organiser will decide on the cases for which there are no provisions in these regulations.

21. Finishers of the Ultra or all 3 days will receive a clothing item and a medal.