

1/2 MARATÓ

XIV / 13 MAIG 2023 **Formentera**
Illes Balears

GENERAL INFORMATION

Date: May 13, 2023

Starting line: Far de la Mola at 6 pm

Finishing line: Paseo de la Marina (La Savina).

Maximum arrival time: At 8.30pm.

Participation limit: 2.000 participants

Registration fee: 33 € per person



Registrations' policy: Due to the method of registration, the entries awarded in the draw and confirmed are considered definitive, **so no cancellations will be admitted for any reason**, therefore during the registration process an insurance is offered to cover the costs incurred. Not contracting the insurance means not having the right to cancel or claim the registration fee.

No bib numbers transfers, name changes and distance changes are allowed.

If for any reason, contrary to the will of the Organization: health pandemics, terrorist acts, climatic circumstances, traffic accidents or cuts in sections of circuits, denial of government authorization for any cause or pretext, etc., the race cannot carry out on the scheduled date, at the request of the participant, the Organization will refund 75% of the registration fee. The remaining 25% will remain in the possession of the organization to cover the management costs of each participant, such as bank fees, insurance, preparation of number or other expenses incurred for the registration.

If the race is postponed, the participant may also choose to save the total amount of their registration and keep it open for the new date.

Minimum age: 18 years old on the day of the competition.

Route: Urban and interurban circuit, totally closed to traffic. The route passes through the streets and roads listed below:

Altitude	Itinerary	Total Km.
165	Departure. La Mola Lighthouse, straight on, direction Mola Pilar by PM-820.	0
165	Pilar de la Mola. Straight on, direction Caló de Sant Agusti.	2.1
160	Pilar de la Mola. Exit town	2.7

150	Refreshment stop.	4
150	Mirador Restaurant. Descent begins	5
30	Caló de Sant Agustí. Descent ends	7.4
30	Caló de Sant Agustí. Exit town	7.7
20	Refreshment stop.	9
15	Refreshment stop	12.7
15	Sant Ferran. Entrance to town, right turn onto Calle Guillem Montgrí, direction Es Pujols.	13.9
5	Es Pujols. Enter town through Avenida Miramar, straight at roundabout, left turn onto Calle Espalmador.	15.6
5	Exit town, direction La Savina	16
3	Refreshment stop.	17.2
3	Platja de Ses Illetes, straight on, direction La Savina.	18.7
3	La Savina, turn right, direction Port.	20.4
2	Arrival Port of La Savina. Paseo de la Marina.	21.1

Refreshments:

Point Km. 4: Water

Point Km. 9: Water, fruit and a 500 ml bottle of isotonic beverage (one per participant).

Point Km. 12,7: Water and fruit.

Point Km. 17,2: Water and possibility to refill the bottle of isotonic beverage

Finish Line Area: Water, fruit, soft drink and sweets.

It is recommended to bring whatever each runner may need for the first kilometers of the course.

Collection of race numbers:

Location: **PORT DE LA SAVINA.** Tent located in the **Passeig de la Marina** (near the finish line), with the following schedule:

Friday 12/05/2022, any time from 10am to 9pm.

Saturday 13/05/2022 from 9am to 3:30pm.

IMPORTANT NOTICE: RACE NUMBERS WILL NOT BE GIVEN AT LA MOLA LIGHTHOUSE.

An official identity document (ID card, passport, driving licence) and knowledge of your designated race number is essential for collection.

Participants who cannot come in person to pick up their race number may authorize another person to pick up their race number using the **official form** that can be downloaded from the website and in the registration confirmation email.

The authorised person must bring **a completed form PRINT**, along with their ID and a photocopy of the participant's ID. **This requirement is essential in order to be able to pick up another person's bib.**

Transfer of Participants: The organization will provide participants with a free shuttle service to the starting line from different points of the island.

At the time of registration you can choose the point from where you want to take the bus. Once the transfer point is chosen in the registration form, **changes can be made, without any inconvenience, when picking up the race number in Formentera.** No changes will be accepted by phone or mail.

All participants, along with the bib number, will be given the ticket corresponding to the departure point indicated on the registration form. In order to access the bus, it will be necessary to show the bib number and hand in this ticket, which must coincide with the bus stop. **This requirement is essential to access the bus.**

Participant transfer points and times:

- La Savina (Ferry Station Parking) at 15:30 hours.
- Es Pujols (c/ Barcelona, next to traffic circle dir. Sant Ferran), at 15:30 hours.
- San Francisco Javier (Sa Sanieta parking - Sup. Eroski) at 16:30 hours.
- Sant Ferran (in front of Hostal Illes Pitiuses), at 16:45 hours.
- Crossroads Es Ca Marí (PM-820), at 16:45 hours.
- Es Caló (dock parking), at 16:45 hours.
- Mariland Crossroads (ascent to La Mola), at 17:00 hours.

Return from the Finish line to points of origin will begin at 7.30pm. from the Ferry Station Parking.

IMPORTANT NOTICE: For participants arriving from Ibiza on Saturday at midday, before entering the bus you must collect your race number from the tent before 3:30pm, so please leave Ibiza with enough time. **PASSENGERS WITHOUT THEIR TICKET AND RACE NUMBER WILL NOT BE ADMITTED.**

Note: The organisation reserves the right to change schedules and collection points for technical reasons, in which case the final schedule will be communicated to participants during the collection of the race numbers.

Race Control: This will be carried out with a chip.

Participants who have a yellow chip may use it once they have coded with the organisation (enter the code in the registration form on the website). That must be placed on the shoe (shoelaces/velcro adhesive), not more than 30 cm from the ground to ensure proper timekeeping. If the participant does not have a chip or it is incorrectly attached the race time cannot be properly recorded.

Participants who do not have their own chip may purchase a single-use chip at the time of registration, which will be given to them attached to the race number. Price chip one single use: 3 €.

Gifts: When picking up the race number, each athlete will receive a souvenir of the event. The size of the T-shirt must be chosen at the time of registration, where you can find the information about the measurements of each size. **For logistical reasons, it is not possible to change t-shirt sizes.**

Whoever finishes the race will be entitled to a medal that can be collected when crossing the finish line.

Cloakroom service: At the start, there will be a bag storage service for participating athletes. The checkroom will remain open until fifteen minutes before the start of the race (17:45 h). Only one bag per participant of maximum 10 kg will be admitted. The participant is encouraged to come to the race with only what is necessary for the race.

The bag must be closed and identified with the label provided by the organization, together with the race number.

In the Finish Line area there will be an area where the bags will be deposited, distributed by number. The withdrawal will be done by showing the race number.

The organization is not responsible for personal belongings left in the cloakroom.

Medical Services There will be a doctor providing medical services. All athletes with physical, respiratory, allergy, etc. issues requiring special attention will have to notify the Organisation before starting the competition and include it on the back of their race number.

All runners participating in the race do so under their own responsibility and declare that they have an acceptable physical condition to participate. The Organisation recommends that all runners undergo a medical and/or stress test before the start of the race.

Ambulance service: There will be an ambulance service at the starting line, tailing the race and at the finishing line.

Race insurance: All officially registered participants will be covered by an insurance policy arranged by the Organisation which will cover any accidents that may occur as a direct consequence of the race but never as the result of a latent ailment or condition, carelessness, negligence, failure to observe the law or the rules, etc. or those produced whilst travelling to or from the place where the race is to take place.

The Organisation declines all responsibility for damages that participants may suffer or cause to others in the time before or after their participation in the race.

Not being covered by the insurance of the organization, it is strictly forbidden to accompany the participants by any type of vehicle, device or on foot. **This includes strollers carrying babies or children.**

Race security: The Local Police of San Francesc, Civil Guard Subsector Traffic, Formentera Civil Protection and the Organisation are responsible for ensuring the safety of the race, the athletes will follow all instructions received from the staff responsible for race security.

Trophies:

- Trophy for the top 3 classified in each of the following categories "Overall Top Male", "Overall Top Female", "Overall Top Local Male", "Overall Top Local Female"

- Trophy for the winner of the other categories according to Article 4 of the regulation.

In this edition trophies are NOT cumulative.

Award Ceremony: At the finishing line (La Savina), at approximately 7.30 pm.

If the qualifying participants are NOT present at the Award Ceremony it shall be construed as a waiver of the trophies. Any delegation to another person by the qualifying participants must be made known and approved by the Organisation, at least half an hour before the Award Ceremony.

Services available to the participant at the finish line: WCs, changing rooms and showers are available at the finishing line in addition to physiotherapy and active recovery services.

RULES

ARTICLE 1 - Registration in the race implies acceptance of these rules.

ARTICLE 2 - These rules may be modified in order to comply with the safety regulations laid down by the health authorities or any other circumstances at the time of the event.

ARTICLE 3 - Minimum age: 18 years old on the day of the competition.

ARTICLE 4 - Categories: A category shall be deemed constituted when 3 or more athletes have registered in it, otherwise the Organisation may cancel it or classify athletes in other categories.

- Overall Top Male.
- Overall Top Female.
- Overall Top Local Male absolute (trophy cumulative with other categories).
- Overall Top Local Female (trophy cumulative with other categories).
- Junior & Promising Male and Female (01/01/2001 – 13/05/2005).
- Senior Male and Female (14/05/1988 – 31/12/2000).
- M35 Male and Female (14/05/1983 – 13/05/1988).
- M40 Male and Female (14/05/1978 – 13/05/1983).
- M45 Male and Female (14/05/1973 – 13/05/1978).
- M50 Male and Female (14/05/1968 – 13/05/1973).
- M55 Male and Female (14/05/1963 – 13/05/1968).
- M60 Male and Female (born before 14/05/1963).

ARTICLE 5 - Trophies:

- Trophy for the top 3 classified in each of the following categories " Overall Top Male", " Overall Top Female", " Overall Top Local Male", " Overall Top Local Female"

- Trophy to the winner of the other categories.

In this edition trophies are not cumulative.

If the qualifying participants are NOT present at the Award Ceremony it shall be construed as a waiver of the trophies. Any delegation to another person by the qualifying participants must be made known and approved by the Organisation, at least half an hour before the Award Ceremony.

ARTICLE 6 - Disqualifications

Athletes who do any of the following will be automatically disqualified from the race:

- Do not wear the official race numbers.
- Do not complete the full race.
- Alter or conceal the advertising on the race number.
- Wear the race number assigned to another athlete.
- Enter the race without their race number.
- Do not listen to instructions given by the Organisation staff.
- Show violent or xenophobic attitudes, carry weapons, or throw litter outside of the permitted areas.

The Organisation may exclude any participants from the race who act in an unsporting way or disrespect the organisers and/or other participants.

Disqualified runners will automatically lose any rights to trophies and medals.

ARTICLE 7 – CONTROL CLOSURE

The organisation establishes time control points at which the participants must follow the instructions given to them by an organiser, including withdrawal from the race.

As a guideline the maximum time is established to pass the following points:

- 19.30 h. PM – 820-2 Sant Ferran crossroads direction Es Pujols (kilometre 13.9 of the race).
- 20.30 h. Entrance La Savina from Es Pujols (kilometre 20.4 of the race).

In the case of exceptional circumstances, the closure of the control time may be modified by the organisation.

ARTICLE 8 - Registration refund policy: Confirmed places are considered definitive, so no cancellations will be accepted for any reason. No race numbers transfers, name changes or distance changes will be accepted.

ARTICLE 9 - By entering the **XIV MITJA MARATÓ POPULAR ILLA DE FORMENTERA**, participants give their consent for the COUNCIL OF FORMENTERA and UNISPORT CONSULTING SL to take photographic and / or audiovisual files for commercial purposes. The images and / or videos will be displayed in the profiles that the company manages in the various social networks or used for marketing campaigns related to the events that UNISPORT CONSULTING SL or its related companies (GERMATUR GESTION SL) can perform.

Personal data will be included in a file owned by CONSELL DE FORMENTERA & UNISPORT CONSULTING SL. Said information will be used to satisfy the service contracted by you and may be assigned to GERMATUR GESTION SL for the satisfaction of the contracted service and for commercial prospecting related to said companies.

You can exercise your ARCO rights (Access, Rectification, Cancellation and Opposition) by writing to the following address: UNISPORT CONSULTING SL - GREMI SABATERS 21 1st floor OFFICE A17 - 07009 - PALMA or by mail to administracion@unisportconsulting.com.

Also, pursuant to the purposes of sporting interests for the worldwide promotion, distribution and exploitation of **Mitja Marató Popular Illa de Formentera** on any device (Internet, advertising, etc.), participants expressly waive, without time limit, in favour of the Organisation, the right to reproduce their name and surname, the participants' position in the general and individual classifications, the category, the sports brand and its image (reproduction of photos during the race, publication of qualifying lists, etc.).

The acceptance of these regulations necessarily implies that the participant authorises the organisers of the **XIV MITJA MARATÓ POPULAR ILLA DE FORMENTERA** to totally or partially record their participation in it, to use their image for the promotion and dissemination of the race in all forms (radio, press, video, photo, DVD, Internet, posters, media, etc.) and gives up all rights to their commercial and advertising use that the Organisation sees fit to run without the participant receiving any financial compensation.

ARTICLE 10 - Disclaimer:

Considering that I have registered for the **XIV MITJA MARATÓ POPULAR ILLA DE FORMENTERA**, I agree to abide by the rules governing the race, in addition to the rules of the race direction and accept the rules found on the Organisation's website. www.marato-formentera.com

Thus:

- I declare that I am solely responsible for all my possessions and sports equipment during the race and any of its activities.
- I affirm and verify that I am physically fit and sufficiently trained to complete this race and have undergone the appropriate medical examinations. Being physically prepared for the competition, I enjoy good general health, and do not have any disease, physical defect or injury that may be aggravated by my participation in this race. If I suffer some kind of injury or other circumstance that could seriously harm my health during the race, I will tell the Organisation as soon as possible.
- I agree to receive at my own cost any medical treatment necessary due to injury, accident and/or illness during the race. Therefore, I am attending at my own will and initiative, fully assuming the risks and consequences of my participation.
- I allow the free use of my name and any image in any publication or media taken during the race.
- I release the Organisation, event directors, employees, sponsors and volunteers of the race from any liability or claim on my part. Including any harm or direct or indirect injury and death. This does not apply if the harm or injury is caused due to wrongdoing or negligence by the Organisation.
- I am in possession of the physical ability, technical skills and resources necessary to ensure my own safety, under the conditions of autonomy in which the race will take place.
- I understand and agree to abide by the rules and security protocols established by the Organisation for the race, and to maintain a responsible behaviour that does not increase the risks for my physical or mental integrity. I will follow the instructions and abide by the decisions made by the Organisation's staff and volunteers (judges, doctors and organisers) regarding security issues.
- I authorise the race Medical Services, to treat me or conduct diagnostic tests on me that I might need whether I am in the condition to request it or not; if they consider I should the race for my own health I will do so.
- My race number is personal and non-transferable, therefore no other participant or any other person can wear it in my place.
- I know that the organising entity reserves the right to accept or decline any participant, even if they have paid the registration fees that will be refunded to me should I not be admitted.
- I agree to follow the general guidelines of respect for the environment:
 - a) Follow the race circuit carefully.
 - b) Not alter natural processes and the natural functioning of ecosystems.
 - c) Not damage the biotic, geological, cultural or general resources of the area.
 - d) Navigate around or avoid environmentally sensitive areas.
 - e) Carry out physiological needs in appropriate places or, in any case, far from exposed areas.
 - f) Not throw away nor leave objects or solid or liquid waste in areas other than designated refuse points.

ARTICLE 11 - The organisers reserve the right to change or modify any information concerning the race or cancel it due to force majeure, publishing it on the official website.

ARTICLE 12 - Any motorised vehicles or bicycles that do not belong to the Organisation are strictly prohibited. Motorised bicycles and official vehicles that follow the race will be visibly identified at all times.

It is strictly forbidden to accompany participants by any type of vehicle, device or on foot. **This includes strollers carrying babies or children.**

ARTICLE 13 - Participants accept each of the articles of these regulations and commit honestly and in fair-play not to anticipating the start time and to cover the full distance before crossing the finishing line.