



# THOMAS COOK IRONMAN 70.3 MALLORCA

Saturday, May 14, 2011

## Results : FPRO

| Rank | Bib | Name                | Pos Cat   | Official Time | Pos   | SWIM  | T1    | Bike splits |         |         | Pos   | BIKE    | Vel       | T2    | Run splits |         |        |        | Pos   | RUN     | Vel       |
|------|-----|---------------------|-----------|---------------|-------|-------|-------|-------------|---------|---------|-------|---------|-----------|-------|------------|---------|--------|--------|-------|---------|-----------|
|      |     |                     |           |               |       |       |       | 35,5 km     | 70,4 km | 90,1 km |       |         |           |       | 5,1 km     | 10,2 km | 15,3km | 21,1km |       |         |           |
| 1    | 45  | Emma-Kate Lidbury   | 1 / FPRO  | 4:33:18       | 26 /  | 24:55 | 02:09 | 1:15:17     | 0:53:13 | 0:27:15 | 181 / | 2:35:43 | 34,7 km/h | 02:27 | 20:32      | 21:02   | 21:09  | 25:26  | 63 /  | 1:28:06 | 4:12 m/km |
| 2    | 31  | Erika Csomor        | 2 / FPRO  | 4:33:50       | 56 /  | 26:42 | 02:34 | 1:15:11     | 0:53:52 | 0:28:00 | 211 / | 2:37:02 | 34,4 km/h | 02:12 | 19:32      | 19:56   | 20:56  | 25:01  | 33 /  | 1:25:23 | 4:04 m/km |
| 3    | 40  | Silvia Felt         | 3 / FPRO  | 4:34:04       | 182 / | 29:15 | 02:19 | 1:14:35     | 0:52:07 | 0:27:34 | 143 / | 2:34:16 | 35,0 km/h | 02:11 | 20:01      | 20:18   | 21:05  | 24:42  | 37 /  | 1:26:05 | 4:06 m/km |
| 4    | 37  | Johanna Daumas      | 4 / FPRO  | 4:35:03       | 16 /  | 23:39 | 02:12 | 1:15:44     | 0:54:06 | 0:29:37 | 265 / | 2:39:25 | 33,9 km/h | 02:28 | 20:36      | 20:29   | 20:44  | 25:33  | 50 /  | 1:27:21 | 4:10 m/km |
| 5    | 38  | Sophie De Groote    | 5 / FPRO  | 4:37:07       | 53 /  | 26:40 | 02:33 | 1:15:07     | 0:53:31 | 0:27:56 | 201 / | 2:36:33 | 34,5 km/h | 02:25 | 20:20      | 21:12   | 21:43  | 25:44  | 73 /  | 1:28:58 | 4:14 m/km |
| 6    | 44  | Dr Tamsin Lewis     | 6 / FPRO  | 4:39:05       | 57 /  | 26:43 | 02:17 | 1:15:18     | 0:54:02 | 0:27:26 | 206 / | 2:36:45 | 34,5 km/h | 02:31 | 20:35      | 21:36   | 22:23  | 26:19  | 86 /  | 1:30:52 | 4:20 m/km |
| 7    | 39  | Susan Dietrich      | 7 / FPRO  | 4:45:49       | 81 /  | 27:31 | 02:19 | 1:17:59     | 0:52:34 | 0:27:49 | 244 / | 2:38:21 | 34,1 km/h | 02:37 | 21:57      | 23:12   | 23:05  | 26:49  | 156 / | 1:35:02 | 4:32 m/km |
| 8    | 34  | Meike Krebs         | 8 / FPRO  | 4:49:01       | 62 /  | 26:52 | 02:23 | 1:18:00     | 0:53:48 | 0:28:47 | 306 / | 2:40:34 | 33,6 km/h | 02:28 | 22:35      | 23:26   | 23:31  | 27:15  | 183 / | 1:36:46 | 4:36 m/km |
| 9    | 41  | Amy Kirkham         | 9 / FPRO  | 4:49:10       | 198 / | 29:30 | 02:41 | 1:19:31     | 0:56:40 | 0:28:38 | 447 / | 2:44:48 | 32,8 km/h | 02:27 | 20:48      | 21:04   | 21:57  | 25:59  | 83 /  | 1:29:47 | 4:17 m/km |
| 10   | 42  | Merja Kiviranta     | 10 / FPRO | 4:50:37       | 55 /  | 26:40 | 03:00 | 1:19:22     | 0:55:31 | 0:29:24 | 427 / | 2:44:15 | 32,9 km/h | 02:31 | 21:54      | 22:12   | 22:38  | 27:29  | 142 / | 1:34:13 | 4:29 m/km |
| 11   | 32  | Heleen Bij de Vaate | 11 / FPRO | 4:52:47       | 348 / | 31:10 | 02:19 | 1:19:07     | 0:54:14 | 0:28:06 | 330 / | 2:41:26 | 33,5 km/h | 02:35 | 21:51      | 23:14   | 23:11  | 27:04  | 163 / | 1:35:20 | 4:32 m/km |
| 12   | 47  | Debbie Verstraeten  | 12 / FPRO | 4:53:11       | 459 / | 31:56 | 02:32 | 1:19:58     | 0:53:59 | 0:28:32 | 367 / | 2:42:28 | 33,2 km/h | 02:33 | 21:51      | 22:03   | 22:33  | 27:18  | 136 / | 1:33:44 | 4:28 m/km |
| 13   | 33  | Yvette Grice        | 13 / FPRO | 4:54:29       | 54 /  | 26:40 | 02:28 | 1:23:26     | 0:57:50 | 0:30:13 | 645 / | 2:51:29 | 31,5 km/h | 02:39 | 21:28      | 21:25   | 21:50  | 26:33  | 93 /  | 1:31:15 | 4:21 m/km |
| 14   | 48  | Joyce Wolfe         | 14 / FPRO | 5:07:21       | 336 / | 31:06 | 02:23 | 1:21:49     | 1:00:38 | 0:30:05 | 687 / | 2:52:32 | 31,3 km/h | 02:54 | 22:20      | 23:20   | 24:02  | 28:48  | 220 / | 1:38:28 | 4:41 m/km |
| 15   | 43  | Venla Koivula       | 15 / FPRO | 5:08:39       | 192 / | 29:24 | 02:25 | 1:23:32     | 0:58:32 | 0:29:46 | 658 / | 2:51:50 | 31,4 km/h | 02:30 | 23:35      | 24:26   | 24:45  | 29:48  | 344 / | 1:42:32 | 4:53 m/km |